

POPULATION HEALTH
Demographic context



Province
 New Brunswick

Population Demographics

Land area km ² 2016	71,389
Population density Persons per km ² 2016	11
Population Number 2025	869,682
0-4 Number 2025	34,230
5-9 Number 2025	42,021
10-14 Number 2025	45,927
15-19 Number 2025	45,973
20-24 Number 2025	49,967
25-29 Number 2025	53,755
30-34 Number 2025	55,094
35-39 Number 2025	55,889
40-44 Number 2025	56,031
45-49 Number 2025	53,929
50-54 Number 2025	54,049
55-59 Number 2025	55,145
60-64 Number 2025	64,925
65-69 Number 2025	61,635

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70-74 Number 2025	53,108
75-79 Number 2025	42,021
80-84 Number 2025	24,776
85 and over Number 2025	21,207
Population change from 2016 to 2020 % 2016 to 2020	4
Indigenous % 2021	4.4
Immigrant % 2021	5.8
Recent immigrant in the last 5 years % 2016 to 2021	2.1
Visible minority % 2021	5.8
Median age of population Years 2021	46
Birth rate Rate per 1,000 population 2019 to 2023	8
Death rate Rate per 1,000 population 2019 to 2023	10

Household

Married or living common-law % 2021	59
Couples with children % 2021	42
Single parent families % 2021	16
Average household size Number 2021	2.3
Person living alone % 2021	30
Private household with 5 or more people % 2021	6

Dependents

Dependency ratio Rate per 100 people in the working age population 2019	70
Dependent under 20 years % 2019	20
Dependent 65 years and over % 2019	21

Language

Language most spoken at home - English % 2021	69.1
Language most spoken at home - French % 2021	26.3
Language most spoken at home - English and French % 2021	1.3
Language most spoken at home - indigenous languages % 2021	0.2
Language most spoken at home - other languages % 2021	1.1
Language most spoken at work - English % 2021	75.0
Language most spoken at work - French % 2021	21.0
Language most spoken at work - English and French % 2021	3.7
Knowledge of official language - English only % 2021	58
Knowledge of official language - French only % 2021	8
Knowledge of official language - French and English % 2021	34
Youth bilingualism - English and French % 2016	48
Always received services from a primary care provider in their preferred language - French or English % 2024	96.6
Always received services from a primary care provider in their preferred language - English % 2024	97.7
Always received services from a primary care provider in their preferred language - French % 2024	93.4

Persons with a disability

Self-identifies as a person with a disability or special need % 2025-2026	8.7
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Type of disability for adults and seniors

Seeing disability % 2020	19.3
Hearing disability % 2020	18.4
Mobility disability % 2020	56.5

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Flexibility disability % 2020	54.1
Dexterity disability % 2020	24.5
Pain-related disability % 2020	72.4
Learning disability % 2020	18.0
Mental health-related disability % 2020	30.4
Memory disability % 2020	25.9

Sexual Identity

Self-identifies as 2SLGBTQIA+ % 2025-2026	11.6
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About this Table

Demographic Context describe the people living in a community.

Content and description

Demographic information, such as population count, household structures, language preferences, as well as disability information and sexual minority details.

Why is this important?

Knowing who is part of the community is the first part to understanding the community dynamics.

Availability of the data

Indicators from a variety of sources are collected, organized, and analyzed by the NBHC. These various data sources are used to represent the population health of New Brunswickers. Each have various levels of reliability and limitations as detailed in the Indicator pages.

This information is available for the 33 NBHC Communities, 7 Health Zones and for New Brunswick overall.

The Population Health data tables provide a comprehensive view of the people who live, learn, work and take part in activities and in community life in this area.

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size

 Above-average performance

 Below-average performance