

POPULATION HEALTH
Demographic context



Province
 New Brunswick

Population Demographics

Land area km ² 2016	71,389
Population density Persons per km ² 2016	11
Population Number 2022	812,061
0-4 Number 2022	33,459
5-9 Number 2022	38,742
10-14 Number 2022	41,870
15-19 Number 2022	41,976
20-24 Number 2022	48,383
25-29 Number 2022	47,961
30-34 Number 2022	48,307
35-39 Number 2022	48,962
40-44 Number 2022	48,999
45-49 Number 2022	51,567
50-54 Number 2022	53,953
55-59 Number 2022	61,033
60-64 Number 2022	62,767
65-69 Number 2022	58,570

	Province New Brunswick
70-74 Number 2022	49,155
75-79 Number 2022	35,109
80-84 Number 2022	21,502
85 and over Number 2022	19,746
Population change from 2016 to 2020 % 2016 to 2020	4
Indigenous % 2021	4.4
Immigrant % 2021	5.8
Recent immigrant in the last 5 years % 2016 to 2021	2.1
Visible minority % 2021	5.8
Median age of population Years 2021	46
Birth rate Rate per 1,000 population 2014 to 2018	8
Death rate Rate per 1,000 population 2014 to 2018	9

Household

Married or living common-law % 2021	59
Couples with children % 2021	42
Single parent families % 2021	16
Average household size Number 2021	2.3
Person living alone % 2021	30
Private household with 5 or more people % 2021	6

Dependents

Dependency ratio Rate per 100 people in the working age population 2019	70
Dependent under 20 years % 2019	20
Dependent 65 years and over % 2019	21

Province
New Brunswick

Language

Language most spoken at home - English % 2021	69.1
Language most spoken at home - French % 2021	26.3
Language most spoken at home - English and French % 2021	1.3
Language most spoken at home - indigenous languages % 2021	0.2
Language most spoken at home - other languages % 2021	1.1
Language most spoken at work - English % 2021	75.0
Language most spoken at work - French % 2021	21.0
Language most spoken at work - English and French % 2021	3.7
Knowledge of official language - English only % 2021	58
Knowledge of official language - French only % 2021	8
Knowledge of official language - French and English % 2021	34
Youth bilingualism - English and French % 2016	48
Language used during the last consultation with a primary health care provider - English % 2022	70.4
Received health care services from a primary care provider in their preferred official language - English % 2022	95.6
Language used during the last consultation with a primary health care provider - French % 2022	28.9
Received health care services from a primary care provider in their preferred official language - French % 2022	81.2

Persons with a disability

Children diagnosed with special education needs % 2019-2020	n/a
Autism/Asperger's syndrome % 2016-2017	3.1
Behavioural disorder % 2016-2017	1.0
Blind or low vision % 2016-2017	0.2

	Province New Brunswick
Deaf or hard-of-hearing % 2016-2017	0.4
Attention deficit hyperactivity disorder (ADHD) or attention deficit disorder (ADD) % 2019-2020	n/a
Intellectual disability % 2016-2017	0.3
Language/speech impairment % 2016-2017	2.6
Learning disability % 2016-2017	2.8
Physical disability % 2016-2017	0.3
Mental illness (depression, anxiety, bipolar disorder) % 2016-2017	0.3
Gifted % 2016-2017	0.4
Other % 2016-2017	2.4
Youth diagnosed with special education needs % 2022-2023	35.3
Autism/Asperger's syndrome % 2022-2023	3.7
Behavioural disorder % 2022-2023	2.3
Blind or low vision % 2022-2023	3.9
Deaf or hard-of-hearing % 2022-2023	1.5
Attention deficit hyperactivity disorder (ADHD) or attention deficit disorder (ADD) % 2022-2023	14.0
Intellectual disability % 2022-2023	0.6
Language/speech impairment % 2022-2023	1.9
Learning disability % 2022-2023	6.1
Physical disability % 2022-2023	1.2
Mental illness (depression, anxiety, bipolar disorder) % 2022-2023	17.9
Gifted % 2022-2023	2.8
Other % 2022-2023	2.9
Adults and seniors - with a disability % 2022	27.0
Adults % 2022	23.9

Province
New Brunswick

 Seniors % | 2022 **35.3**

 Self-identifies as a person with a disability or special need % | 2023-2024 **8.0**

Type of disability for adults and seniors

 Seeing disability % | 2020 **19.3**

 Hearing disability % | 2020 **18.4**

 Mobility disability % | 2020 **56.5**

 Flexibility disability % | 2020 **54.1**

 Dexterity disability % | 2020 **24.5**

 Pain-related disability % | 2020 **72.4**

 Learning disability % | 2020 **18.0**

 Mental health-related disability % | 2020 **30.4**

 Memory disability % | 2020 **25.9**

Sexual Identity

 Self-identifies as 2SLGBTQIA+ % | 2023-2024 **13.3**

About this Table

Demographic Context describe the people living in a community.

Content and description

Demographic information, such as population count, household structures, language preferences, as well as disability information and sexual minority details.

Why is this important?

Knowing who is part of the community is the first part to understanding the community dynamics.

Availability of the data

Indicators from a variety of sources are collected, organized, and analyzed by the NBHC. These various data sources are used to represent the population health of New Brunswickers. Each have various levels of reliability and limitations as detailed in the Indicator pages.

This information is available for the 33 NBHC Communities, 7 Health Zones and for New Brunswick overall.

The Population Health data tables provide a comprehensive view of the people who live, learn, work and take part in activities and in community life in this area.

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size