POPULATION HEALTH
Demographic context

Community
Shediac, Beaubassin East and Cap-Pelé

Zone 1
Moncton and South-East Area

Province
New Brunswick
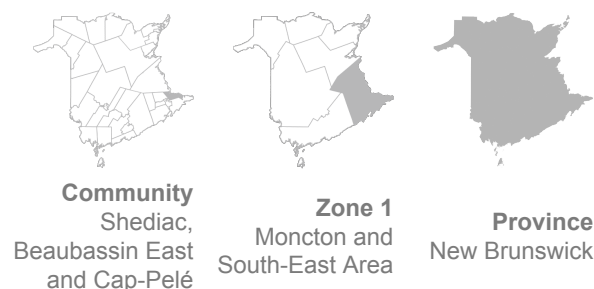
Population Demographics

	Community	Zone 1	Province
Land area km² | 2016	565	10,027	71,389
Population density Persons per km² | 2016	39	23	11
Population Number | 2024	25,338	262,591	854,355
0-4 Number | 2024	869	10,521	34,064
5-9 Number | 2024	1,089	13,503	42,043
10-14 Number | 2024	1,174	14,219	44,963
15-19 Number | 2024	1,059	13,634	44,875
20-24 Number | 2024	1,050	15,971	48,864
25-29 Number | 2024	1,293	17,130	51,393
30-34 Number | 2024	1,541	18,141	53,649
35-39 Number | 2024	1,658	18,903	54,379
40-44 Number | 2024	1,869	18,980	54,860
45-49 Number | 2024	1,582	17,014	52,988
50-54 Number | 2024	1,612	16,313	54,022
55-59 Number | 2024	1,774	15,997	57,293
60-64 Number | 2024	2,161	17,630	64,781

	Community Shediac, Beaubassin East and Cap-Pelé	Zone 1 Moncton and South-East Area	Province New Brunswick
65-69 Number | 2024	2,030	16,447	61,251
70-74 Number | 2024	1,781	14,285	51,597
75-79 Number | 2024	1,326	11,245	39,856
80-84 Number | 2024	795	6,731	23,447
85 and over Number | 2024	675	5,927	20,030
Population change from 2016 to 2020 % | 2016 to 2020	8	7	4
Indigenous % | 2021	2.2	4.0	4.4
Immigrant % | 2021	4.6	7.4	5.8
Recent immigrant in the last 5 years % | 2016 to 2021	1.8	3.3	2.1
Visible minority % | 2021	4.7	8.4	5.8
Median age of population Years | 2021	51	44	46
Birth rate Rate per 1,000 population | 2019 to 2023	7	8	8
Death rate Rate per 1,000 population | 2019 to 2023	10	9	10

Household

	Community Shediac, Beaubassin East and Cap-Pelé	Zone 1 Moncton and South-East Area	Province New Brunswick
Married or living common-law % | 2021	64	60	59
Couples with children % | 2021	38	43	42
Single parent families % | 2021	12	15	16
Average household size Number | 2021	2.2	2.3	2.3
Person living alone % | 2021	27	29	30
Private household with 5 or more people % | 2021	3	5	6

Dependents

New Brunswick Health Council | Conseil de la santé du Nouveau-Brunswick

	Community Shediac, Beaubassin East and Cap-Pelé	Zone 1 Moncton and South-East Area	Province New Brunswick
Dependency ratio Rate per 100 people in the working age population | 2019	n/a	67	70
Dependent under 20 years % | 2019	n/a	20	20
Dependent 65 years and over % | 2019	n/a	20	21

Language

	Community	Zone 1	Province
Language most spoken at home - English % | 2021	34.5	60.5	69.1
Language most spoken at home - French % | 2021	60.2	32.2	26.3
Language most spoken at home - English and French % | 2021	2.8	2.2	1.3
Language most spoken at home - indigenous languages % | 2021	0.0	0.4	0.2
Language most spoken at home - other languages % | 2021	0.7	1.5	1.1
Language most spoken at work - English % | 2021	48.2	71.7	75.0
Language most spoken at work - French % | 2021	42.7	21.8	21.0
Language most spoken at work - English and French % | 2021	8.6	5.9	3.7
Knowledge of official language - English only % | 2021	24	47	58
Knowledge of official language - French only % | 2021	4	3	8
Knowledge of official language - French and English % | 2021	72	50	34
Youth bilingualism - English and French % | 2016	84	63	48
Always received services from a primary care provider in their preferred language - French or English %	n/a	n/a	n/a
Always received services from a primary care provider in their preferred language - English %	n/a	n/a	n/a
Always received services from a primary care provider in their preferred language - French %	n/a	n/a	n/a

Persons with a disability

	Community Shediac, Beaubassin East and Cap-Pelé	Zone 1 Moncton and South-East Area	Province New Brunswick
Self-identifies as a person with a disability or special need % | 2024-2025	4.8	7.7	8.4

♿ Type of disability for adults and seniors

	Community Shediac, Beaubassin East and Cap-Pelé	Zone 1 Moncton and South-East Area	Province New Brunswick
Seeing disability % | 2020	17.7	17.7	19.3
Hearing disability % | 2020	20.7	19.7	18.4
Mobility disability % | 2020	52.4	51.2	56.5
Flexibility disability % | 2020	33.5	44.8	54.1
Dexterity disability % | 2020	16.9	19.3	24.5
Pain-related disability % | 2020	66.2	67.2	72.4
Learning disability % | 2020	14.6	18.6	18.0
Mental health-related disability % | 2020	43.6	36.4	30.4
Memory disability % | 2020	19.6	26.7	25.9

Sexual Identity

	Community Shediac, Beaubassin East and Cap-Pelé	Zone 1 Moncton and South-East Area	Province New Brunswick
Self-identifies as 2SLGBTQIA+ % | 2024-2025	8.8	11.4	11.9

About this Table

Demographic Context describe the people living in a community.

Content and description
Demographic information, such as population count, household structures, language preferences, as well as disability information and sexual minority details.
Why is this important?
Knowing who is part of the community is the first part to understanding the community dynamics.

Availability of the data
Indicators from a variety of sources are collected, organized, and analyzed by the NBHC. These various data sources are used to represent the population health of New Brunswickers. Each have various levels of reliability and limitations as detailed in the Indicator pages.
This information is available for the 33 NBHC Communities, 7 Health Zones and for New Brunswick overall.

The Population Health data tables provide a comprehensive view of the people who live, learn, work and take part in activities and in community life in this area.

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size

⚑ Above-average performance

⚑ Below-average performance