POPULATION HEALTH
Demographic context

Community
Shediac,
Beaubassin East
and Cap-Pelé

Zone 1
Moncton and
South-East Area

Province
New Brunswick
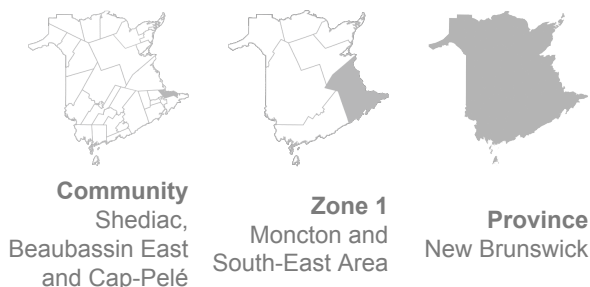
Population Demographics

	Community	Zone 1	Province
Land area km² | 2016	565	10,027	71,389
Population density Persons per km² | 2016	39	23	11
Population Number | 2023	24,968	252,408	834,691
0-4 Number | 2023	876	10,404	33,988
5-9 Number | 2023	1,068	12,884	40,886
10-14 Number | 2023	1,118	13,323	42,976
15-19 Number | 2023	1,026	12,991	43,163
20-24 Number | 2023	1,065	15,612	48,123
25-29 Number | 2023	1,243	16,019	49,466
30-34 Number | 2023	1,430	16,670	50,571
35-39 Number | 2023	1,550	17,548	51,616
40-44 Number | 2023	1,758	17,568	52,147
45-49 Number | 2023	1,553	16,432	52,105
50-54 Number | 2023	1,594	15,814	53,742
55-59 Number | 2023	1,890	16,443	59,468
60-64 Number | 2023	2,179	17,374	64,204

	Community Shediac, Beaubassin East and Cap-Pelé	Zone 1 Moncton and South-East Area	Province New Brunswick
65-69 Number | 2023	2,084	16,391	60,826
70-74 Number | 2023	1,783	13,932	50,640
75-79 Number | 2023	1,294	10,650	37,918
80-84 Number | 2023	787	6,513	22,780
85 and over Number | 2023	670	5,840	20,072
Population change from 2016 to 2020 % | 2016 to 2020	8	7	4
Indigenous % | 2021	2.2	4.0	4.4
Immigrant % | 2021	4.6	7.4	5.8
Recent immigrant in the last 5 years % | 2016 to 2021	1.8	3.3	2.1
Visible minority % | 2021	4.7	8.4	5.8
Median age of population Years | 2021	51	44	46
Birth rate Rate per 1,000 population | 2017 to 2021	7	8	8
Death rate Rate per 1,000 population | 2017 to 2021	10	9	10

Household

Married or living common-law % | 2021	64	60	59
Couples with children % | 2021	38	43	42
Single parent families % | 2021	12	15	16
Average household size Number | 2021	2.2	2.3	2.3
Person living alone % | 2021	27	29	30
Private household with 5 or more people % | 2021	3	5	6

Dependents

	Community Shediac, Beaubassin East and Cap-Pelé	Zone 1 Moncton and South-East Area	Province New Brunswick
Dependency ratio Rate per 100 people in the working age population | 2019	n/a	67	70
Dependent under 20 years % | 2019	n/a	20	20
Dependent 65 years and over % | 2019	n/a	20	21

Language

Language most spoken at home - English % | 2021	34.5	60.5	69.1
Language most spoken at home - French % | 2021	60.2	32.2	26.3
Language most spoken at home - English and French % | 2021	2.8	2.2	1.3
Language most spoken at home - indigenous languages % | 2021	0.0	0.4	0.2
Language most spoken at home - other languages % | 2021	0.7	1.5	1.1
Language most spoken at work - English % | 2021	48.2	71.7	75.0
Language most spoken at work - French % | 2021	42.7	21.8	21.0
Language most spoken at work - English and French % | 2021	8.6	5.9	3.7
Knowledge of official language - English only % | 2021	24	47	58
Knowledge of official language - French only % | 2021	4	3	8
Knowledge of official language - French and English % | 2021	72	50	34
Youth bilingualism - English and French % | 2016	84	63	48
Always received services from a primary care provider in their preferred language - French or English %	n/a	n/a	n/a
Always received services from a primary care provider in their preferred language - English %	n/a	n/a	n/a
Always received services from a primary care provider in their preferred language - French %	n/a	n/a	n/a

Persons with a disability

	Community Shediac, Beaubassin East and Cap-Pelé	Zone 1 Moncton and South-East Area	Province New Brunswick
Children diagnosed with special education needs % | 2019-2020	n/a	n/a	n/a
Autism/Asperger's syndrome % | 2016-2017	1.3	2.2	3.1
Behavioural disorder % | 2016-2017	0.8	0.9	1.0
Blind or low vision % | 2016-2017	0.0	0.2	0.2
Deaf or hard-of-hearing % | 2016-2017	0.5	0.5	0.4
Attention deficit hyperactivity disorder (ADHD) or attention deficit disorder (ADD) % | 2019-2020	n/a	n/a	n/a
Intellectual disability % | 2016-2017	0.3	0.3	0.3
Language/speech impairment % | 2016-2017	3.7	2.9	2.6
Learning disability % | 2016-2017	4.9	3.3	2.8
Physical disability % | 2016-2017	0.2	0.4	0.3
Mental illness (depression, anxiety, bipolar disorder) % | 2016-2017	0.1	0.3	0.3
Gifted % | 2016-2017	0.4	0.8	0.4
Other % | 2016-2017	2.1	2.2	2.4
Youth diagnosed with special education needs % | 2022-2023	28.4	34.9	35.3
Autism/Asperger's syndrome % | 2022-2023	3.0	3.2	3.7
Behavioural disorder % | 2022-2023	1.8	2.2	2.3
Blind or low vision % | 2022-2023	1.7	3.8	3.9
Deaf or hard-of-hearing % | 2022-2023	1.7	1.4	1.5
Attention deficit hyperactivity disorder (ADHD) or attention deficit disorder (ADD) % | 2022-2023	9.2	14.6	14.0
Intellectual disability % | 2022-2023	S	0.6	0.6
Language/speech impairment % | 2022-2023	1.5	1.9	1.9
Learning disability % | 2022-2023	6.8	6.7	6.1

	Community Shediac, Beaubassin East and Cap-Pelé	Zone 1 Moncton and South-East Area	Province New Brunswick
Physical disability %	2022-2023	0.9	1.1	1.2
Mental illness (depression, anxiety, bipolar disorder) %	2022-2023	14.0	17.0	17.9
Gifted %	2022-2023	1.6	2.8	2.8
Other %	2022-2023	2.0	3.0	2.9
Adults and seniors who identify as persons with a disability or special need %	n/a	n/a	n/a
Adults %	n/a	n/a	n/a
Seniors %	n/a	n/a	n/a
Self-identifies as a person with a disability or special need %	2023-2024	4.7	7.4	8.0

♿ Type of disability for adults and seniors

Seeing disability %	2020	17.7	17.7	19.3
Hearing disability %	2020	20.7	19.7	18.4
Mobility disability %	2020	52.4	51.2	56.5
Flexibility disability %	2020	33.5	44.8	54.1
Dexterity disability %	2020	16.9	19.3	24.5
Pain-related disability %	2020	66.2	67.2	72.4
Learning disability %	2020	14.6	18.6	18.0
Mental health-related disability %	2020	43.6	36.4	30.4
Memory disability %	2020	19.6	26.7	25.9

Sexual Identity

Self-identifies as 2SLGBTQIA+ %	2023-2024	10.8	13.4	13.3

About this Table

Demographic Context describe the people living in a community.

Content and description
Demographic information, such as population count, household structures, language preferences, as well as disability information and sexual minority details.
Why is this important?
Knowing who is part of the community is the first part to understanding the community dynamics.

Availability of the data
Indicators from a variety of sources are collected, organized, and analyzed by the NBHC. These various data sources are used to represent the population health of New Brunswickers. Each have various levels of reliability and limitations as detailed in the Indicator pages.
This information is available for the 33 NBHC Communities, 7 Health Zones and for New Brunswick overall.

The Population Health data tables provide a comprehensive view of the people who live, learn, work and take part in activities and in community life in this area.

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size

⚑ Above-average performance

⚑ Below-average performance