POPULATION HEALTH
Demographic context
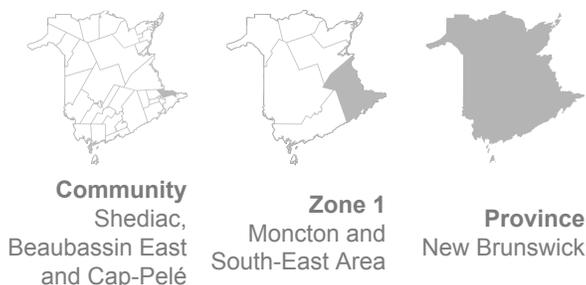
	Community Shediac, Beaubassin East and Cap-Pelé	**Zone 1** Moncton and South-East Area	**Province** New Brunswick
Population Demographics			
Land area km² | 2016	565	10,027	71,389
Population density Persons per km² | 2016	39	23	11
Population Number | 2025	26,778	270,158	869,682
0-4 Number | 2025	928	10,915	34,230
5-9 Number | 2025	1,149	13,726	42,021
10-14 Number | 2025	1,256	14,814	45,927
15-19 Number | 2025	1,136	14,154	45,973
20-24 Number | 2025	1,159	16,955	49,967
25-29 Number | 2025	1,452	18,505	53,755
30-34 Number | 2025	1,637	18,919	55,094
35-39 Number | 2025	1,768	19,666	55,889
40-44 Number | 2025	1,991	19,547	56,031
45-49 Number | 2025	1,710	17,686	53,929
50-54 Number | 2025	1,671	16,465	54,049
55-59 Number | 2025	1,775	15,483	55,145
60-64 Number | 2025	2,191	17,521	64,925

	Community Shediac, Beaubassin East and Cap-Pelé	Zone 1 Moncton and South-East Area	Province New Brunswick
65-69 Number | 2025	2,080	16,405	61,635
70-74 Number | 2025	1,867	14,474	53,108
75-79 Number | 2025	1,430	11,723	42,021
80-84 Number | 2025	859	7,014	24,776
85 and over Number | 2025	719	6,186	21,207
Population change from 2016 to 2020 % | 2016 to 2020	8	7	4
Indigenous % | 2021	2.2	4.0	4.4
Immigrant % | 2021	4.6	7.4	5.8
Recent immigrant in the last 5 years % | 2016 to 2021	1.8	3.3	2.1
Visible minority % | 2021	4.7	8.4	5.8
Median age of population Years | 2021	51	44	46
Birth rate Rate per 1,000 population | 2019 to 2023	7	8	8
Death rate Rate per 1,000 population | 2019 to 2023	10	9	10

Household

Married or living common-law % | 2021	64	60	59
Couples with children % | 2021	38	43	42
Single parent families % | 2021	12	15	16
Average household size Number | 2021	2.2	2.3	2.3
Person living alone % | 2021	27	29	30
Private household with 5 or more people % | 2021	3	5	6

Dependents

	Community Shediac, Beaubassin East and Cap-Pelé	Zone 1 Moncton and South-East Area	Province New Brunswick
Dependency ratio Rate per 100 people in the working age population | 2019	n/a	67	70
Dependent under 20 years % | 2019	n/a	20	20
Dependent 65 years and over % | 2019	n/a	20	21

Language

Language most spoken at home - English % | 2021	34.5	60.5	69.1
Language most spoken at home - French % | 2021	60.2	32.2	26.3
Language most spoken at home - English and French % | 2021	2.8	2.2	1.3
Language most spoken at home - indigenous languages % | 2021	0.0	0.4	0.2
Language most spoken at home - other languages % | 2021	0.7	1.5	1.1
Language most spoken at work - English % | 2021	48.2	71.7	75.0
Language most spoken at work - French % | 2021	42.7	21.8	21.0
Language most spoken at work - English and French % | 2021	8.6	5.9	3.7
Knowledge of official language - English only % | 2021	24	47	58
Knowledge of official language - French only % | 2021	4	3	8
Knowledge of official language - French and English % | 2021	72	50	34
Youth bilingualism - English and French % | 2016	84	63	48
Always received services from a primary care provider in their preferred language - French or English %	n/a	n/a	n/a
Always received services from a primary care provider in their preferred language - English %	n/a	n/a	n/a
Always received services from a primary care provider in their preferred language - French %	n/a	n/a	n/a

Persons with a disability

	Community Shediac, Beaubassin East and Cap-Pelé	Zone 1 Moncton and South-East Area	Province New Brunswick
Self-identifies as a person with a disability or special need % | 2025-2026	6.0	8.2	8.7

♿ Type of disability for adults and seniors

Seeing disability % | 2020	17.7	17.7	19.3
Hearing disability % | 2020	20.7	19.7	18.4
Mobility disability % | 2020	52.4	51.2	56.5
Flexibility disability % | 2020	33.5	44.8	54.1
Dexterity disability % | 2020	16.9	19.3	24.5
Pain-related disability % | 2020	66.2	67.2	72.4
Learning disability % | 2020	14.6	18.6	18.0
Mental health-related disability % | 2020	43.6	36.4	30.4
Memory disability % | 2020	19.6	26.7	25.9

Sexual Identity

Self-identifies as 2SLGBTQIA+ % | 2025-2026	10.1	11.4	11.6

About this Table

Demographic Context describe the people living in a community.

Content and description
Demographic information, such as population count, household structures, language preferences, as well as disability information and sexual minority details.
Why is this important?
Knowing who is part of the community is the first part to understanding the community dynamics.

Availability of the data
Indicators from a variety of sources are collected, organized, and analyzed by the NBHC. These various data sources are used to represent the population health of New Brunswickers. Each have various levels of reliability and limitations as detailed in the Indicator pages.
This information is available for the 33 NBHC Communities, 7 Health Zones and for New Brunswick overall.

The Population Health data tables provide a comprehensive view of the people who live, learn, work and take part in activities and in community life in this area.

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size

⚑ Above-average performance

⚑ Below-average performance