

POPULATION HEALTH

Demographic context



Community
Sackville,
Dorchester, Port
Elgin Area



Zone 1
Moncton and
South-East Area



Province
New Brunswick

Population Demographics

Land area km ² 2016	1,233	10,027	71,389
Population density Persons per km ² 2016	9	23	11
Population Number 2025	12,243	270,158	869,682
0-4 Number 2025	415	10,915	34,230
5-9 Number 2025	535	13,726	42,021
10-14 Number 2025	605	14,814	45,927
15-19 Number 2025	628	14,154	45,973
20-24 Number 2025	958	16,955	49,967
25-29 Number 2025	733	18,505	53,755
30-34 Number 2025	750	18,919	55,094
35-39 Number 2025	790	19,666	55,889
40-44 Number 2025	777	19,547	56,031
45-49 Number 2025	713	17,686	53,929
50-54 Number 2025	738	16,465	54,049
55-59 Number 2025	722	15,483	55,145
60-64 Number 2025	920	17,521	64,925

	Community Sackville, Dorchester, Port Elgin Area	Zone 1 Moncton and South-East Area	Province New Brunswick
65-69 Number 2025	913	16,405	61,635
70-74 Number 2025	732	14,474	53,108
75-79 Number 2025	562	11,723	42,021
80-84 Number 2025	435	7,014	24,776
85 and over Number 2025	317	6,186	21,207
Population change from 2016 to 2020 % 2016 to 2020	6	7	4
Indigenous % 2021	3.1	4.0	4.4
Immigrant % 2021	6.1	7.4	5.8
Recent immigrant in the last 5 years % 2016 to 2021	1.0	3.3	2.1
Visible minority % 2021	4.6	8.4	5.8
Median age of population Years 2021	48	44	46
Birth rate Rate per 1,000 population 2019 to 2023	5	8	8
Death rate Rate per 1,000 population 2019 to 2023	8	9	10

Household

Married or living common-law % 2021	61	60	59
Couples with children % 2021	38	43	42
Single parent families % 2021	13	15	16
Average household size Number 2021	2.2	2.3	2.3
Person living alone % 2021	31	29	30
Private household with 5 or more people % 2021	6	5	6

Dependents

	Community Sackville, Dorchester, Port Elgin Area	Zone 1 Moncton and South-East Area	Province New Brunswick
Dependency ratio Rate per 100 people in the working age population 2019	n/a	67	70
Dependent under 20 years % 2019	n/a	20	20
Dependent 65 years and over % 2019	n/a	20	21

Language

Language most spoken at home - English % 2021	94.9	60.5	69.1
Language most spoken at home - French % 2021	2.1	32.2	26.3
Language most spoken at home - English and French % 2021	0.5	2.2	1.3
Language most spoken at home - indigenous languages % 2021	0.0	0.4	0.2
Language most spoken at home - other languages % 2021	1.4	1.5	1.1
Language most spoken at work - English % 2021	96.0	71.7	75.0
Language most spoken at work - French % 2021	2.6	21.8	21.0
Language most spoken at work - English and French % 2021	1.2	5.9	3.7
Knowledge of official language - English only % 2021	81	47	58
Knowledge of official language - French only % 2021	0	3	8
Knowledge of official language - French and English % 2021	19	50	34
Youth bilingualism - English and French % 2016	40	63	48
Always received services from a primary care provider in their preferred language - French or English %	n/a	n/a	n/a
Always received services from a primary care provider in their preferred language - English %	n/a	n/a	n/a
Always received services from a primary care provider in their preferred language - French %	n/a	n/a	n/a

Persons with a disability

	Community Sackville, Dorchester, Port Elgin Area	Zone 1 Moncton and South-East Area	Province New Brunswick
Self-identifies as a person with a disability or special need % 2025-2026	12.5	8.2	8.7

Type of disability for adults and seniors

Seeing disability % 2020	21.5	17.7	19.3
Hearing disability % 2020	30.0	19.7	18.4
Mobility disability % 2020	54.0	51.2	56.5
Flexibility disability % 2020	49.2	44.8	54.1
Dexterity disability % 2020	28.4	19.3	24.5
Pain-related disability % 2020	67.3	67.2	72.4
Learning disability % 2020	31.0	18.6	18.0
Mental health-related disability % 2020	30.4	36.4	30.4
Memory disability % 2020	26.2	26.7	25.9

Sexual Identity

Self-identifies as 2SLGBTQIA+ % 2025-2026	16.5	11.4	11.6
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About this Table

Demographic Context describe the people living in a community.

Content and description

Demographic information, such as population count, household structures, language preferences, as well as disability information and sexual minority details.

Why is this important?

Knowing who is part of the community is the first part to understanding the community dynamics.

Availability of the data

Indicators from a variety of sources are collected, organized, and analyzed by the NBHC. These various data sources are used to represent the population health of New Brunswickers. Each have various levels of reliability and limitations as detailed in the Indicator pages.

This information is available for the 33 NBHC Communities, 7 Health Zones and for New Brunswick overall.

The Population Health data tables provide a comprehensive view of the people who live, learn, work and take part in activities and in community life in this area.

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size

 Above-average performance

 Below-average performance