

POPULATION HEALTH

Demographic context



Community
Moncton



Zone 1
Moncton and
South-East Area



Province
New Brunswick

Population Demographics

Land area km ² 2016	722	10,027	71,389
Population density Persons per km ² 2016	125	23	11
Population Number 2025	114,616	270,158	869,682
0-4 Number 2025	4,898	10,915	34,230
5-9 Number 2025	6,144	13,726	42,021
10-14 Number 2025	6,300	14,814	45,927
15-19 Number 2025	6,107	14,154	45,973
20-24 Number 2025	8,572	16,955	49,967
25-29 Number 2025	9,544	18,505	53,755
30-34 Number 2025	9,218	18,919	55,094
35-39 Number 2025	9,074	19,666	55,889
40-44 Number 2025	8,568	19,547	56,031
45-49 Number 2025	7,472	17,686	53,929
50-54 Number 2025	6,621	16,465	54,049
55-59 Number 2025	5,748	15,483	55,145
60-64 Number 2025	6,301	17,521	64,925
65-69 Number 2025	5,714	16,405	61,635

	Community Moncton	Zone 1 Moncton and South-East Area	Province New Brunswick
70-74 Number 2025	5,156	14,474	53,108
75-79 Number 2025	4,207	11,723	42,021
80-84 Number 2025	2,532	7,014	24,776
85 and over Number 2025	2,440	6,186	21,207
Population change from 2016 to 2020 % 2016 to 2020	9	7	4
Indigenous % 2021	2.6	4.0	4.4
Immigrant % 2021	10.1	7.4	5.8
Recent immigrant in the last 5 years % 2016 to 2021	5.1	3.3	2.1
Visible minority % 2021	13.3	8.4	5.8
Median age of population Years 2021	41	44	46
Birth rate Rate per 1,000 population 2019 to 2023	9	8	8
Death rate Rate per 1,000 population 2019 to 2023	9	9	10

Household

Married or living common-law % 2021	56	60	59
Couples with children % 2021	45	43	42
Single parent families % 2021	17	15	16
Average household size Number 2021	2.2	2.3	2.3
Person living alone % 2021	31	29	30
Private household with 5 or more people % 2021	6	5	6

Dependents

Dependency ratio Rate per 100 people in the working age population 2019	n/a	67	70
Dependent under 20 years % 2019	n/a	20	20

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Dependent 65 years and over % 2019	n/a	20	21

Language

Language most spoken at home - English % 2021	68.9	60.5	69.1
Language most spoken at home - French % 2021	21.2	32.2	26.3
Language most spoken at home - English and French % 2021	2.6	2.2	1.3
Language most spoken at home - indigenous languages % 2021	0.0	0.4	0.2
Language most spoken at home - other languages % 2021	2.2	1.5	1.1
Language most spoken at work - English % 2021	80.4	71.7	75.0
Language most spoken at work - French % 2021	13.6	21.8	21.0
Language most spoken at work - English and French % 2021	5.5	5.9	3.7
Knowledge of official language - English only % 2021	53	47	58
Knowledge of official language - French only % 2021	3	3	8
Knowledge of official language - French and English % 2021	44	50	34
Youth bilingualism - English and French % 2016	57	63	48
Always received services from a primary care provider in their preferred language - French or English %	n/a	n/a	n/a
Always received services from a primary care provider in their preferred language - English %	n/a	n/a	n/a
Always received services from a primary care provider in their preferred language - French %	n/a	n/a	n/a

Persons with a disability

Self-identifies as a person with a disability or special need % 2025-2026	8.0	8.2	8.7
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🦿 Type of disability for adults and seniors

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Seeing disability % 2020	16.5	17.7	19.3
Hearing disability % 2020	16.5	19.7	18.4
Mobility disability % 2020	49.4	51.2	56.5
Flexibility disability % 2020	41.6	44.8	54.1
Dexterity disability % 2020	16.6	19.3	24.5
Pain-related disability % 2020	70.0	67.2	72.4
Learning disability % 2020	17.6	18.6	18.0
Mental health-related disability % 2020	36.9	36.4	30.4
Memory disability % 2020	27.7	26.7	25.9

Sexual Identity

Self-identifies as 2SLGBTQIA+ % 2025-2026	11.8	11.4	11.6
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About this Table

Demographic Context describe the people living in a community.

Content and description

Demographic information, such as population count, household structures, language preferences, as well as disability information and sexual minority details.

Why is this important?

Knowing who is part of the community is the first part to understanding the community dynamics.

Availability of the data

Indicators from a variety of sources are collected, organized, and analyzed by the NBHC. These various data sources are used to represent the population health of New Brunswickers. Each have various levels of reliability and limitations as detailed in the Indicator pages.

This information is available for the 33 NBHC Communities, 7 Health Zones and for New Brunswick overall.

The Population Health data tables provide a comprehensive view of the people who live, learn, work and take part in activities and in community life in this area.

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size

 Above-average performance

 Below-average performance