POPULATION HEALTH

Demographic context

Community
Minto, Chipman, Cambridge-Narrows Area

Zone 3
Fredericton and River Valley Area

Province
New Brunswick
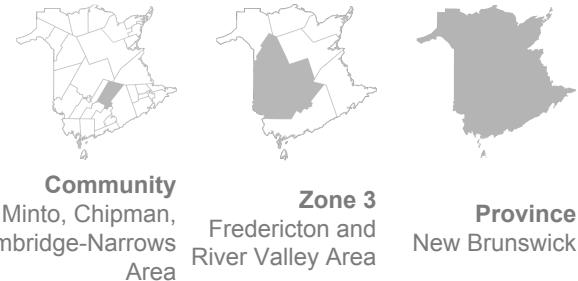
Population Demographics

	Community	Zone 3	Province
Land area km² | 2016	1,951	23,211	71,389
Population density Persons per km² | 2016	4	8	11
Population Number | 2024	9,685	198,682	854,355
0-4 Number | 2024	343	8,675	34,064
5-9 Number | 2024	390	10,510	42,043
10-14 Number | 2024	440	11,246	44,963
15-19 Number | 2024	431	11,443	44,875
20-24 Number | 2024	362	12,451	48,864
25-29 Number | 2024	391	13,394	51,393
30-34 Number | 2024	420	13,088	53,649
35-39 Number | 2024	451	12,979	54,379
40-44 Number | 2024	412	12,847	54,860
45-49 Number | 2024	524	12,018	52,988
50-54 Number | 2024	655	12,261	54,022
55-59 Number | 2024	792	12,709	57,293
60-64 Number | 2024	1,036	14,036	64,781

	Community Minto, Chipman, Cambridge-Narrows Area	Zone 3 Fredericton and River Valley Area	Province New Brunswick
65-69 Number | 2024	957	12,951	61,251
70-74 Number | 2024	805	10,776	51,597
75-79 Number | 2024	689	8,317	39,856
80-84 Number | 2024	312	4,924	23,447
85 and over Number | 2024	275	4,057	20,030
Population change from 2016 to 2020 % | 2016 to 2020	-1	5	4
Indigenous % | 2021	2.2	5.1	4.4
Immigrant % | 2021	3.5	7.1	5.8
Recent immigrant in the last 5 years % | 2016 to 2021	0.5	2.4	2.1
Visible minority % | 2021	1.5	6.4	5.8
Median age of population Years | 2021	56	43	46
Birth rate Rate per 1,000 population | 2019 to 2023	7	9	8
Death rate Rate per 1,000 population | 2019 to 2023	17	10	10

Household

	Community Minto, Chipman, Cambridge-Narrows Area	Zone 3 Fredericton and River Valley Area	Province New Brunswick
Married or living common-law % | 2021	61	60	59
Couples with children % | 2021	31	44	42
Single parent families % | 2021	16	15	16
Average household size Number | 2021	2.1	2.3	2.3
Person living alone % | 2021	32	28	30
Private household with 5 or more people % | 2021	4	7	6

Dependents

	Community Minto, Chipman, Cambridge-Narrows Area	Zone 3 Fredericton and River Valley Area	Province New Brunswick
Dependency ratio Rate per 100 people in the working age population | 2019	n/a	67	70
Dependent under 20 years % | 2019	n/a	21	20
Dependent 65 years and over % | 2019	n/a	19	21

Language

Language most spoken at home - English % | 2021	98.6	92.6	69.1
Language most spoken at home - French % | 2021	0.6	3.0	26.3
Language most spoken at home - English and French % | 2021	0.0	0.6	1.3
Language most spoken at home - indigenous languages % | 2021	0.0	0.2	0.2
Language most spoken at home - other languages % | 2021	0.6	1.3	1.1
Language most spoken at work - English % | 2021	99.3	97.1	75.0
Language most spoken at work - French % | 2021	0.2	1.6	21.0
Language most spoken at work - English and French % | 2021	0.2	1.1	3.7
Knowledge of official language - English only % | 2021	91	81	58
Knowledge of official language - French only % | 2021	0	0	8
Knowledge of official language - French and English % | 2021	9	19	34
Youth bilingualism - English and French % | 2016	13	36	48
Always received services from a primary care provider in their preferred language - French or English %	n/a	n/a	n/a
Always received services from a primary care provider in their preferred language - English %	n/a	n/a	n/a
Always received services from a primary care provider in their preferred language - French %	n/a	n/a	n/a

Persons with a disability

	Community Minto, Chipman, Cambridge-Narrows Area	Zone 3 Fredericton and River Valley Area	Province New Brunswick
Self-identifies as a person with a disability or special need % | 2024-2025	**11.5**	**9.6**	**8.4**

♿ Type of disability for adults and seniors

Seeing disability % | 2020	**20.9**	**19.3**	**19.3**
Hearing disability % | 2020	**17.9**	**19.5**	**18.4**
Mobility disability % | 2020	**63.6**	**57.1**	**56.5**
Flexibility disability % | 2020	**65.9**	**57.5**	**54.1**
Dexterity disability % | 2020	**25.6**	**25.2**	**24.5**
Pain-related disability % | 2020	**78.4**	**70.5**	**72.4**
Learning disability % | 2020	**15.1**	**18.2**	**18.0**
Mental health-related disability % | 2020	**21.5**	**29.1**	**30.4**
Memory disability % | 2020	**36.1**	**26.6**	**25.9**

Sexual Identity

Self-identifies as 2SLGBTQIA+ % | 2024-2025	**16.2**	**13.4**	**11.9**

About this Table

Demographic Context describe the people living in a community.

Content and description
Demographic information, such as population count, household structures, language preferences, as well as disability information and sexual minority details.
Why is this important?
Knowing who is part of the community is the first part to understanding the community dynamics.

Availability of the data
Indicators from a variety of sources are collected, organized, and analyzed by the NBHC. These various data sources are used to represent the population health of New Brunswickers. Each have various levels of reliability and limitations as detailed in the Indicator pages.
This information is available for the 33 NBHC Communities, 7 Health Zones and for New Brunswick overall.

The Population Health data tables provide a comprehensive view of the people who live, learn, work and take part in activities and in community life in this area.

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size

⚑ Above-average performance

⚑ Below-average performance