

POPULATION HEALTH

Demographic context



Community
Saint John,
Simonds and
Musquash



Zone 2
Fundy Shore and
Saint John Area



Province
New Brunswick

Population Demographics

Land area km ² 2016	832	10,402	71,389
Population density Persons per km ² 2016	92	17	11
Population Number 2025	83,634	194,688	869,682
0-4 Number 2025	3,484	8,191	34,230
5-9 Number 2025	4,316	9,980	42,021
10-14 Number 2025	4,617	10,946	45,927
15-19 Number 2025	4,455	11,048	45,973
20-24 Number 2025	4,797	10,476	49,967
25-29 Number 2025	6,118	11,114	53,755
30-34 Number 2025	6,448	12,159	55,094
35-39 Number 2025	6,205	12,483	55,889
40-44 Number 2025	5,704	12,246	56,031
45-49 Number 2025	5,096	12,111	53,929
50-54 Number 2025	4,913	12,472	54,049
55-59 Number 2025	4,813	12,569	55,145
60-64 Number 2025	6,077	15,092	64,925

	Community Saint John, Simonds and Musquash	Zone 2 Fundy Shore and Saint John Area	Province New Brunswick
65-69 Number 2025	5,424	13,956	61,635
70-74 Number 2025	4,351	11,626	53,108
75-79 Number 2025	3,321	8,863	42,021
80-84 Number 2025	1,949	5,105	24,776
85 and over Number 2025	1,546	4,251	21,207
Population change from 2016 to 2020 % 2016 to 2020	5	4	4
Indigenous % 2021	2.8	2.5	4.4
Immigrant % 2021	7.7	6.4	5.8
Recent immigrant in the last 5 years % 2016 to 2021	3.4	2.0	2.1
Visible minority % 2021	10.3	6.2	5.8
Median age of population Years 2021	43	45	46
Birth rate Rate per 1,000 population 2019 to 2023	8	8	8
Death rate Rate per 1,000 population 2019 to 2023	13	11	10

Household

Married or living common-law % 2021	52	59	59
Couples with children % 2021	43	44	42
Single parent families % 2021	22	17	16
Average household size Number 2021	2.2	2.3	2.3
Person living alone % 2021	35	30	30
Private household with 5 or more people % 2021	6	7	6

Dependents

	Community Saint John, Simonds and Musquash	Zone 2 Fundy Shore and Saint John Area	Province New Brunswick
Dependency ratio Rate per 100 people in the working age population 2019	n/a	70	70
Dependent under 20 years % 2019	n/a	21	20
Dependent 65 years and over % 2019	n/a	20	21

Language

Language most spoken at home - English % 2021	93.0	95.5	69.1
Language most spoken at home - French % 2021	1.0	0.9	26.3
Language most spoken at home - English and French % 2021	0.4	0.3	1.3
Language most spoken at home - indigenous languages % 2021	0.0	0.0	0.2
Language most spoken at home - other languages % 2021	1.8	1.2	1.1
Language most spoken at work - English % 2021	98.1	98.5	75.0
Language most spoken at work - French % 2021	1.0	0.9	21.0
Language most spoken at work - English and French % 2021	0.5	0.4	3.7
Knowledge of official language - English only % 2021	86	85	58
Knowledge of official language - French only % 2021	0	0	8
Knowledge of official language - French and English % 2021	13	14	34
Youth bilingualism - English and French % 2016	32	37	48
Always received services from a primary care provider in their preferred language - French or English %	n/a	n/a	n/a
Always received services from a primary care provider in their preferred language - English %	n/a	n/a	n/a
Always received services from a primary care provider in their preferred language - French %	n/a	n/a	n/a

Persons with a disability

	Community Saint John, Simonds and Musquash	Zone 2 Fundy Shore and Saint John Area	Province New Brunswick
Self-identifies as a person with a disability or special need % 2025-2026	10.2	10.1	8.7
& Type of disability for adults and seniors			
Seeing disability % 2020	25.0	22.0	19.3
Hearing disability % 2020	15.0	17.4	18.4
Mobility disability % 2020	58.0	62.2	56.5
Flexibility disability % 2020	51.4	58.5	54.1
Dexterity disability % 2020	26.9	27.1	24.5
Pain-related disability % 2020	70.0	77.9	72.4
Learning disability % 2020	14.8	15.2	18.0
Mental health-related disability % 2020	30.2	29.3	30.4
Memory disability % 2020	24.0	25.2	25.9

Sexual Identity

Self-identifies as 2SLGBTQIA+ % 2025-2026	14.0	12.5	11.6
---	------	------	------

About this Table

Demographic Context describe the people living in a community.

Content and description

Demographic information, such as population count, household structures, language preferences, as well as disability information and sexual minority details.

Why is this important?

Knowing who is part of the community is the first part to understanding the community dynamics.

Availability of the data

Indicators from a variety of sources are collected, organized, and analyzed by the NBHC. These various data sources are used to represent the population health of New Brunswickers. Each have various levels of reliability and limitations as detailed in the Indicator pages.

This information is available for the 33 NBHC Communities, 7 Health Zones and for New Brunswick overall.

The Population Health data tables provide a comprehensive view of the people who live, learn, work and take part in activities and in community life in this area.

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size

 Above-average performance

 Below-average performance