

POPULATION HEALTH

Demographic context



Community
Oromocto,
Gagetown,
Fredericton
Junction Area



Zone 3
Fredericton and
River Valley Area



Province
New Brunswick

Population Demographics

Land area km ² 2016	1,323	23,211	71,389
Population density Persons per km ² 2016	14	8	11
Population Number 2025	29,059	199,904	869,682
18-64 % 2025	60.9	60.3	59.4
65+ % 2025	17.3	21.1	23.3
18+ % 2025	78.2	81.4	82.7
0-4 Number 2025	1,522	8,584	34,230
5-9 Number 2025	1,730	10,254	42,021
10-14 Number 2025	1,763	11,243	45,927
15-19 Number 2025	1,652	11,593	45,973
20-24 Number 2025	1,517	12,313	49,967
25-29 Number 2025	1,809	13,748	53,755
30-34 Number 2025	2,321	13,378	55,094
35-39 Number 2025	2,321	13,140	55,889
40-44 Number 2025	2,121	13,060	56,031
45-49 Number 2025	1,883	12,183	53,929

	Community Oromocto, Gagetown, Fredericton Junction Area	Zone 3 Fredericton and River Valley Area	Province New Brunswick
50-54 Number 2025	1,700	12,044	54,049
55-59 Number 2025	1,813	12,251	55,145
60-64 Number 2025	2,063	13,970	64,925
65-69 Number 2025	1,700	12,950	61,635
70-74 Number 2025	1,208	11,131	53,108
75-79 Number 2025	901	8,666	42,021
80-84 Number 2025	546	5,134	24,776
85 and over Number 2025	489	4,262	21,207
Population change from 2016 to 2020 % 2016 to 2020	4	5	4
Indigenous % 2021	6.2	5.1	4.4
Immigrant % 2021	3.0	7.1	5.8
Recent immigrant in the last 5 years % 2016 to 2021	0.3	2.4	2.1
Visible minority % 2021	2.6	6.4	5.8
Median age of population Years 2021	37	43	46
Birth rate Rate per 1,000 population 2019 to 2023	11	9	8
Death rate Rate per 1,000 population 2019 to 2023	8	10	10

Household

Married or living common-law % 2021	63	60	59
Couples with children % 2021	49	44	42
Single parent families % 2021	14	15	16
Average household size Number 2021	2.5	2.3	2.3
Person living alone % 2021	25	28	30

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Private household with 5 or more people % 2021	8	7	6

Dependents

Dependency ratio Rate per 100 people in the working age population 2019	n/a	67	70
Dependent under 20 years % 2019	n/a	21	20
Dependent 65 years and over % 2019	n/a	19	21

Language

Language most spoken at home - English % 2021	92.9	92.6	69.1
Language most spoken at home - French % 2021	5.7	3.0	26.3
Language most spoken at home - English and French % 2021	0.7	0.6	1.3
Language most spoken at home - indigenous languages % 2021	0.1	0.2	0.2
Language most spoken at home - other languages % 2021	0.8	1.3	1.1
Language most spoken at work - English % 2021	96.0	97.1	75.0
Language most spoken at work - French % 2021	2.4	1.6	21.0
Language most spoken at work - English and French % 2021	1.6	1.1	3.7
Knowledge of official language - English only % 2021	79	81	58
Knowledge of official language - French only % 2021	1	0	8
Knowledge of official language - French and English % 2021	20	19	34
Youth bilingualism - English and French % 2016	37	36	48
Always received services from a primary care provider in their preferred language - French or English %	n/a	n/a	n/a
Always received services from a primary care provider in their preferred language - English %	n/a	n/a	n/a

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Always received services from a primary care provider in their preferred language - French %	n/a	n/a	n/a

Persons with a disability

Self-identifies as a person with a disability or special need % 2025-2026	12.9	9.6	8.7
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🦿 Type of disability for adults and seniors

Seeing disability % 2020	18.2	19.3	19.3
Hearing disability % 2020	22.8	19.5	18.4
Mobility disability % 2020	64.9	57.1	56.5
Flexibility disability % 2020	58.4	57.5	54.1
Dexterity disability % 2020	26.8	25.2	24.5
Pain-related disability % 2020	77.0	70.5	72.4
Learning disability % 2020	28.2	18.2	18.0
Mental health-related disability % 2020	56.2	29.1	30.4
Memory disability % 2020	33.3	26.6	25.9

Sexual Identity

Self-identifies as 2SLGBTQIA+ % 2025-2026	15.9	12.9	11.6
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About this Table

Demographic Context describe the people living in a community.

Content and description

Demographic information, such as population count, household structures, language preferences, as well as disability information and sexual minority details.

Why is this important?

Knowing who is part of the community is the first part to understanding the community dynamics.

Availability of the data

Indicators from a variety of sources are collected, organized, and analyzed by the NBHC. These various data sources are used to represent the population health of New Brunswickers. Each have various levels of reliability and limitations as detailed in the Indicator pages.

This information is available for the 33 NBHC Communities, 7 Health Zones and for New Brunswick overall.


The Population Health data tables provide a comprehensive view of the people who live, learn, work and take part in activities and in community life in this area.

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size

 Above-average performance

 Below-average performance