

POPULATION HEALTH

Demographic context



Community
Fredericton



Zone 3
Fredericton and
River Valley Area



Province
New Brunswick

Population Demographics

Land area km ² 2016	133	23,211	71,389
Population density Persons per km ² 2016	484	8	11
Population Number 2024	72,700	198,682	854,355
0-4 Number 2024	2,891	8,675	34,064
5-9 Number 2024	3,574	10,510	42,043
10-14 Number 2024	3,672	11,246	44,963
15-19 Number 2024	4,131	11,443	44,875
20-24 Number 2024	6,398	12,451	48,864
25-29 Number 2024	6,590	13,394	51,393
30-34 Number 2024	5,500	13,088	53,649
35-39 Number 2024	5,097	12,979	54,379
40-44 Number 2024	4,915	12,847	54,860
45-49 Number 2024	4,185	12,018	52,988
50-54 Number 2024	3,957	12,261	54,022
55-59 Number 2024	3,654	12,709	57,293
60-64 Number 2024	4,086	14,036	64,781
65-69 Number 2024	3,815	12,951	61,251

	Community Fredericton	Zone 3 Fredericton and River Valley Area	Province New Brunswick
70-74 Number 2024	3,513	10,776	51,597
75-79 Number 2024	2,923	8,317	39,856
80-84 Number 2024	2,035	4,924	23,447
85 and over Number 2024	1,764	4,057	20,030
Population change from 2016 to 2020 % 2016 to 2020	9	5	4
Indigenous % 2021	3.5	5.1	4.4
Immigrant % 2021	12.6	7.1	5.8
Recent immigrant in the last 5 years % 2016 to 2021	5.6	2.4	2.1
Visible minority % 2021	14.0	6.4	5.8
Median age of population Years 2021	39	43	46
Birth rate Rate per 1,000 population 2018 to 2022	9	9	8
Death rate Rate per 1,000 population 2018 to 2022	10	10	10

Household

Married or living common-law % 2021	55	60	59
Couples with children % 2021	43	44	42
Single parent families % 2021	16	15	16
Average household size Number 2021	2.2	2.3	2.3
Person living alone % 2021	34	28	30
Private household with 5 or more people % 2021	6	7	6

Dependents

Dependency ratio Rate per 100 people in the working age population 2019	n/a	67	70
Dependent under 20 years % 2019	n/a	21	20

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Dependent 65 years and over % 2019	n/a	19

Language

Language most spoken at home - English % 2021	87.8	92.6	69.1
Language most spoken at home - French % 2021	3.0	3.0	26.3
Language most spoken at home - English and French % 2021	0.8	0.6	1.3
Language most spoken at home - indigenous languages % 2021	0.0	0.2	0.2
Language most spoken at home - other languages % 2021	2.7	1.3	1.1
Language most spoken at work - English % 2021	96.5	97.1	75.0
Language most spoken at work - French % 2021	1.7	1.6	21.0
Language most spoken at work - English and French % 2021	1.3	1.1	3.7
Knowledge of official language - English only % 2021	75	81	58
Knowledge of official language - French only % 2021	0	0	8
Knowledge of official language - French and English % 2021	24	19	34
Youth bilingualism - English and French % 2016	47	36	48
Always received services from a primary care provider in their preferred language - French or English %	n/a	n/a	n/a
Always received services from a primary care provider in their preferred language - English %	n/a	n/a	n/a
Always received services from a primary care provider in their preferred language - French %	n/a	n/a	n/a

Persons with a disability

Self-identifies as a person with a disability or special need % 2024-2025	9.2	9.6	8.4
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👤 Type of disability for adults and seniors

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Seeing disability % 2020	17.4	19.3	19.3
Hearing disability % 2020	13.2	19.5	18.4
Mobility disability % 2020	40.4	57.1	56.5
Flexibility disability % 2020	48.3	57.5	54.1
Dexterity disability % 2020	27.0	25.2	24.5
Pain-related disability % 2020	59.5	70.5	72.4
Learning disability % 2020	18.0	18.2	18.0
Mental health-related disability % 2020	28.3	29.1	30.4
Memory disability % 2020	22.7	26.6	25.9

Sexual Identity

Self-identifies as 2SLGBTQIA+ % 2024-2025	13.3	13.4	11.9
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About this Table

Demographic Context describe the people living in a community.

Content and description

Demographic information, such as population count, household structures, language preferences, as well as disability information and sexual minority details.

Why is this important?

Knowing who is part of the community is the first part to understanding the community dynamics.

Availability of the data

Indicators from a variety of sources are collected, organized, and analyzed by the NBHC. These various data sources are used to represent the population health of New Brunswickers. Each have various levels of reliability and limitations as detailed in the Indicator pages.

This information is available for the 33 NBHC Communities, 7 Health Zones and for New Brunswick overall.

The Population Health data tables provide a comprehensive view of the people who live, learn, work and take part in activities and in community life in this area.

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Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size

 Above-average performance

 Below-average performance