POPULATION HEALTH

Demographic context

Community Fredericton	Zone 3 Fredericton and River Valley Area	Province New Brunswick

Population Demographics

Land area km² | 2016	**133**	**23,211**	**71,389**
Population density Persons per km² | 2016	**484**	**8**	**11**
Population Number | 2022	**66,879**	**191,061**	**812,061**
0-4 Number | 2022	**2,808**	**8,618**	**33,459**
5-9 Number | 2022	**3,081**	**9,920**	**38,742**
10-14 Number | 2022	**3,256**	**10,643**	**41,870**
15-19 Number | 2022	**3,644**	**10,640**	**41,976**
20-24 Number | 2022	**5,705**	**12,238**	**48,383**
25-29 Number | 2022	**6,257**	**13,330**	**47,961**
30-34 Number | 2022	**4,999**	**12,517**	**48,307**
35-39 Number | 2022	**4,573**	**12,270**	**48,962**
40-44 Number | 2022	**4,149**	**11,769**	**48,999**
45-49 Number | 2022	**3,950**	**11,933**	**51,567**
50-54 Number | 2022	**3,676**	**12,319**	**53,953**
55-59 Number | 2022	**3,939**	**13,318**	**61,033**
60-64 Number | 2022	**3,839**	**13,322**	**62,767**
65-69 Number | 2022	**3,623**	**12,186**	**58,570**

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70-74 Number | 2022	**3,266**	**10,206**	**49,155**
75-79 Number | 2022	**2,617**	**7,401**	**35,109**
80-84 Number | 2022	**1,733**	**4,415**	**21,502**
85 and over Number | 2022	**1,764**	**4,016**	**19,746**
Population change from 2016 to 2020 % | 2016 to 2020	**9**	**5**	**4**
Indigenous % | 2021	**3.5**	**5.1**	**4.4**
Immigrant % | 2021	**12.6**	**7.1**	**5.8**
Recent immigrant in the last 5 years % | 2016 to 2021	**5.6**	**2.4**	**2.1**
Visible minority % | 2021	**14.0**	**6.4**	**5.8**
Median age of population Years | 2021	**39**	**43**	**46**
Birth rate Rate per 1,000 population | 2017 to 2021	**9**	**9**	**8**
Death rate Rate per 1,000 population | 2017 to 2021	**10**	**9**	**10**

Household

Married or living common-law % | 2021	**55**	**60**	**59**
Couples with children % | 2021	**43**	**44**	**42**
Single parent families % | 2021	**16**	**15**	**16**
Average household size Number | 2021	**2.2**	**2.3**	**2.3**
Person living alone % | 2021	**34**	**28**	**30**
Private household with 5 or more people % | 2021	**6**	**7**	**6**

Dependents

Dependency ratio Rate per 100 people in the working age population | 2019	n/a	**67**	**70**
Dependent under 20 years % | 2019	n/a	**21**	**20**

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Dependent 65 years and over % | 2019	n/a	**19**	**21**

Language

Language most spoken at home - English % | 2021	**87.8**	**92.6**	**69.1**
Language most spoken at home - French % | 2021	**3.0**	**3.0**	**26.3**
Language most spoken at home - English and French % | 2021	**0.8**	**0.6**	**1.3**
Language most spoken at home - indigenous languages % | 2021	**0.0**	**0.2**	**0.2**
Language most spoken at home - other languages % | 2021	**2.7**	**1.3**	**1.1**
Language most spoken at work - English % | 2021	**96.5**	**97.1**	**75.0**
Language most spoken at work - French % | 2021	**1.7**	**1.6**	**21.0**
Language most spoken at work - English and French % | 2021	**1.3**	**1.1**	**3.7**
Knowledge of official language - English only % | 2021	**75**	**81**	**58**
Knowledge of official language - French only % | 2021	**0**	**0**	**8**
Knowledge of official language - French and English % | 2021	**24**	**19**	**34**
Youth bilingualism - English and French % | 2016	**47**	**36**	**48**
Language used during the last consultation with a primary health care provider - English %	n/a	n/a	n/a
Received health care services from a primary care provider in their preferred official language - English %	n/a	n/a	n/a
Language used during the last consultation with a primary health care provider - French %	n/a	n/a	n/a
Received health care services from a primary care provider in their preferred official language - French %	n/a	n/a	n/a

Persons with a disability

Children diagnosed with special education needs % | 2019-2020	n/a	n/a	n/a
Autism/Asperger's syndrome % | 2016-2017	**3.0**	**3.0**	**3.1**

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Behavioural disorder % | 2016-2017	**0.5**	**0.7**	**1.0**
Blind or low vision % | 2016-2017	**0.3**	**0.3**	**0.2**
Deaf or hard-of-hearing % | 2016-2017	**0.4**	**0.4**	**0.4**
Attention deficit hyperactivity disorder (ADHD) or attention deficit disorder (ADD) % | 2019-2020	n/a	n/a	n/a
Intellectual disability % | 2016-2017	**0.2**	**0.2**	**0.3**
Language/speech impairment % | 2016-2017	**2.6**	**2.4**	**2.6**
Learning disability % | 2016-2017	**1.3**	**1.7**	**2.8**
Physical disability % | 2016-2017	**0.6**	**0.4**	**0.3**
Mental illness (depression, anxiety, bipolar disorder) % | 2016-2017	**0.4**	**0.3**	**0.3**
Gifted % | 2016-2017	**0.3**	**0.3**	**0.4**
Other % | 2016-2017	**1.9**	**2.1**	**2.4**
Youth diagnosed with special education needs % | 2022-2023	**35.7**	**36.1**	**35.3**
Autism/Asperger's syndrome % | 2022-2023	**3.6**	**3.8**	**3.7**
Behavioural disorder % | 2022-2023	**2.2**	**2.3**	**2.3**
Blind or low vision % | 2022-2023	**4.1**	**4.2**	**3.9**
Deaf or hard-of-hearing % | 2022-2023	**1.4**	**1.6**	**1.5**
Attention deficit hyperactivity disorder (ADHD) or attention deficit disorder (ADD) % | 2022-2023	**14.0**	**13.5**	**14.0**
Intellectual disability % | 2022-2023	**0.6**	**0.6**	**0.6**
Language/speech impairment % | 2022-2023	**1.9**	**2.0**	**1.9**
Learning disability % | 2022-2023	**5.2**	**5.6**	**6.1**
Physical disability % | 2022-2023	**1.3**	**1.3**	**1.2**
Mental illness (depression, anxiety, bipolar disorder) % | 2022-2023	**20.1**	**20.0**	**17.9**
Gifted % | 2022-2023	**3.0**	**3.1**	**2.8**

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Other % | 2022-2023	**3.0**	**3.0**	**2.9**
Adults and seniors - with a disability % | 2020	**22.7**	**27.1**	**25.1**
Adults % | 2020	**19.1**	**22.4**	**20.8**
Seniors % | 2020	**34.9**	**39.3**	**35.6**
Self-identifies as a person with a disability or special need % | 2023-2024	**8.4**	**8.7**	**8.0**
Type of disability for adults and seniors			
Seeing disability % | 2020	**17.4**	**19.3**	**19.3**
Hearing disability % | 2020	**13.2**	**19.5**	**18.4**
Mobility disability % | 2020	**40.4**	**57.1**	**56.5**
Flexibility disability % | 2020	**48.3**	**57.5**	**54.1**
Dexterity disability % | 2020	**27.0**	**25.2**	**24.5**
Pain-related disability % | 2020	**59.5**	**70.5**	**72.4**
Learning disability % | 2020	**18.0**	**18.2**	**18.0**
Mental health-related disability % | 2020	**28.3**	**29.1**	**30.4**
Memory disability % | 2020	**22.7**	**26.6**	**25.9**
Sexual Identity			
Self-identifies as 2SLGBTQIA+ % | 2023-2024	**14.3**	**14.6**	**13.3**

About this Table

Demographic Context describe the people living in a community.

Content and description
Demographic information, such as population count, household structures, language preferences, as well as disability information and sexual minority details.
Why is this important?
Knowing who is part of the community is the first part to understanding the community dynamics.

Availability of the data
Indicators from a variety of sources are collected, organized, and analyzed by the NBHC. These various data sources are used to represent the population health of New Brunswickers. Each have various levels of reliability and limitations as detailed in the Indicator pages.
This information is available for the 33 NBHC Communities, 7 Health Zones and for New Brunswick overall.

The Population Health data tables provide a comprehensive view of the people who live, learn, work and take part in activities and in community life in this area.

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size

Above-average performance

Below-average performance