

POPULATION HEALTH

Demographic context



Community
Fredericton



Zone 3
Fredericton and
River Valley Area



Province
New Brunswick

Population Demographics

Land area km ² 2016	133	23,211	71,389
Population density Persons per km ² 2016	484	8	11
Population Number 2022	66,879	191,061	812,061
0-4 Number 2022	2,808	8,618	33,459
5-9 Number 2022	3,081	9,920	38,742
10-14 Number 2022	3,256	10,643	41,870
15-19 Number 2022	3,644	10,640	41,976
20-24 Number 2022	5,705	12,238	48,383
25-29 Number 2022	6,257	13,330	47,961
30-34 Number 2022	4,999	12,517	48,307
35-39 Number 2022	4,573	12,270	48,962
40-44 Number 2022	4,149	11,769	48,999
45-49 Number 2022	3,950	11,933	51,567
50-54 Number 2022	3,676	12,319	53,953
55-59 Number 2022	3,939	13,318	61,033
60-64 Number 2022	3,839	13,322	62,767
65-69 Number 2022	3,623	12,186	58,570

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70-74 Number 2022	3,266	10,206	49,155
75-79 Number 2022	2,617	7,401	35,109
80-84 Number 2022	1,733	4,415	21,502
85 and over Number 2022	1,764	4,016	19,746
Population change from 2016 to 2020 % 2016 to 2020	9	5	4
Indigenous % 2021	3.5	5.1	4.4
Immigrant % 2021	12.6	7.1	5.8
Recent immigrant in the last 5 years % 2016 to 2021	5.6	2.4	2.1
Visible minority % 2021	14.0	6.4	5.8
Median age of population Years 2021	39	43	46
Birth rate Rate per 1,000 population 2017 to 2021	9	9	8
Death rate Rate per 1,000 population 2017 to 2021	10	9	10

Household

Married or living common-law % 2021	55	60	59
Couples with children % 2021	43	44	42
Single parent families % 2021	16	15	16
Average household size Number 2021	2.2	2.3	2.3
Person living alone % 2021	34	28	30
Private household with 5 or more people % 2021	6	7	6

Dependents

Dependency ratio Rate per 100 people in the working age population 2019	n/a	67	70
Dependent under 20 years % 2019	n/a	21	20

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Dependent 65 years and over % 2019	n/a	19	21

Language

Language most spoken at home - English % 2021	87.8	92.6	69.1
Language most spoken at home - French % 2021	3.0	3.0	26.3
Language most spoken at home - English and French % 2021	0.8	0.6	1.3
Language most spoken at home - indigenous languages % 2021	0.0	0.2	0.2
Language most spoken at home - other languages % 2021	2.7	1.3	1.1
Language most spoken at work - English % 2021	96.5	97.1	75.0
Language most spoken at work - French % 2021	1.7	1.6	21.0
Language most spoken at work - English and French % 2021	1.3	1.1	3.7
Knowledge of official language - English only % 2021	75	81	58
Knowledge of official language - French only % 2021	0	0	8
Knowledge of official language - French and English % 2021	24	19	34
Youth bilingualism - English and French % 2016	47	36	48
Always received services from a primary care provider in their preferred language - French or English %	n/a	n/a	n/a
Always received services from a primary care provider in their preferred language - English %	n/a	n/a	n/a
Always received services from a primary care provider in their preferred language - French %	n/a	n/a	n/a

Persons with a disability

Children diagnosed with special education needs % 2019-2020	n/a	n/a	n/a
Autism/Asperger's syndrome % 2016-2017	3.0	3.0	3.1
Behavioural disorder % 2016-2017	0.5	0.7	1.0

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Blind or low vision % 2016-2017	0.3	0.3	0.2
Deaf or hard-of-hearing % 2016-2017	0.4	0.4	0.4
Attention deficit hyperactivity disorder (ADHD) or attention deficit disorder (ADD) % 2019-2020	n/a	n/a	n/a
Intellectual disability % 2016-2017	0.2	0.2	0.3
Language/speech impairment % 2016-2017	2.6	2.4	2.6
Learning disability % 2016-2017	1.3	1.7	2.8
Physical disability % 2016-2017	0.6	0.4	0.3
Mental illness (depression, anxiety, bipolar disorder) % 2016-2017	0.4	0.3	0.3
Gifted % 2016-2017	0.3	0.3	0.4
Other % 2016-2017	1.9	2.1	2.4
Youth diagnosed with special education needs % 2022-2023	35.7	36.1	35.3
Autism/Asperger's syndrome % 2022-2023	3.6	3.8	3.7
Behavioural disorder % 2022-2023	2.2	2.3	2.3
Blind or low vision % 2022-2023	4.1	4.2	3.9
Deaf or hard-of-hearing % 2022-2023	1.4	1.6	1.5
Attention deficit hyperactivity disorder (ADHD) or attention deficit disorder (ADD) % 2022-2023	14.0	13.5	14.0
Intellectual disability % 2022-2023	0.6	0.6	0.6
Language/speech impairment % 2022-2023	1.9	2.0	1.9
Learning disability % 2022-2023	5.2	5.6	6.1
Physical disability % 2022-2023	1.3	1.3	1.2
Mental illness (depression, anxiety, bipolar disorder) % 2022-2023	20.1	20.0	17.9
Gifted % 2022-2023	3.0	3.1	2.8
Other % 2022-2023	3.0	3.0	2.9

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Adults and seniors who identify as persons with a disability or special need %	n/a	n/a	n/a
Adults %	n/a	n/a	n/a
Seniors %	n/a	n/a	n/a
Self-identifies as a person with a disability or special need % 2023-2024	8.4	8.7	8.0

& Type of disability for adults and seniors

Seeing disability % 2020	17.4	19.3	19.3
Hearing disability % 2020	13.2	19.5	18.4
Mobility disability % 2020	40.4	57.1	56.5
Flexibility disability % 2020	48.3	57.5	54.1
Dexterity disability % 2020	27.0	25.2	24.5
Pain-related disability % 2020	59.5	70.5	72.4
Learning disability % 2020	18.0	18.2	18.0
Mental health-related disability % 2020	28.3	29.1	30.4
Memory disability % 2020	22.7	26.6	25.9

Sexual Identity

Self-identifies as 2SLGBTQIA+ % 2023-2024	14.3	14.6	13.3
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About this Table

Demographic Context describe the people living in a community.

Content and description

Demographic information, such as population count, household structures, language preferences, as well as disability information and sexual minority details.

Why is this important?

Knowing who is part of the community is the first part to understanding the community dynamics.

Availability of the data

Indicators from a variety of sources are collected, organized, and analyzed by the NBHC. These various data sources are used to represent the population health of New Brunswickers. Each have various levels of reliability and limitations as detailed in the Indicator pages.

This information is available for the 33 NBHC Communities, 7 Health Zones and for New Brunswick overall.

The Population Health data tables provide a comprehensive view of the people who live, learn, work and take part in activities and in community life in this area.

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size

 Above-average performance

 Below-average performance