

POPULATION HEALTH

Demographic context



Community
Fredericton



Zone 3
Fredericton and
River Valley Area



Province
New Brunswick

Population Demographics

Land area km ² 2016	133	23,211	71,389
Population density Persons per km ² 2016	484	8	11
Population Number 2020	64,180	184,397	781,476
0-4 Number 2020	2,870	8,640	33,582
5-9 Number 2020	3,065	9,916	38,199
10-14 Number 2020	3,120	10,173	40,354
15-19 Number 2020	3,492	10,306	40,662
20-24 Number 2020	5,279	11,585	43,490
25-29 Number 2020	5,754	12,308	43,981
30-34 Number 2020	4,537	11,568	44,703
35-39 Number 2020	4,359	11,689	46,655
40-44 Number 2020	3,972	11,451	48,179
45-49 Number 2020	3,924	11,945	51,551
50-54 Number 2020	3,632	12,138	54,044
55-59 Number 2020	4,128	13,793	63,300
60-64 Number 2020	3,827	13,051	61,514

	Community Fredericton	Zone 3 Fredericton and River Valley Area	Province New Brunswick
65-69 Number 2020	3,519	11,559	55,477
70-74 Number 2020	3,159	9,847	46,962
75-79 Number 2020	2,311	6,445	30,462
80-84 Number 2020	1,611	4,100	19,475
85 and over Number 2020	1,621	3,883	18,886
Population change from 2016 to 2020 % 2016 to 2020	9	5	4
Indigenous % 2016	3.2	4.8	4.0
Immigrant % 2016	11.3	6.4	4.6
Recent immigrant from 2011 to 2016 % 2016	4.4	1.8	1.3
Visible minority % 2016	10.2	4.5	3.4
Median age of population Years 2016	40	43	46
Birth rate Rate per 1,000 population 2014 to 2018	10	10	8
Death rate Rate per 1,000 population 2014 to 2018	9	9	9

Household

Married or living common-law % 2016	55	61	60
Couples with children % 2016	44	45	43
Single parent families % 2016	17	15	16
Average household size Number 2016	2.2	2.3	2.3
Person living alone % 2016	32	27	28
Private household with 5 or more people % 2016	5	6	5

Dependents

Dependency ratio Rate per 100 people in the working age population 2019	n/a	67	70
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	Community Fredericton	Zone 3 Fredericton and River Valley Area	Province New Brunswick
Dependent under 20 years % 2019	n/a	21	20
Dependent 65 years and over % 2019	n/a	19	21

Language

Language most spoken at home - English % 2016	88.0	92.7	68.9
Language most spoken at home - French % 2016	3.9	3.5	27.9
Language most spoken at home - English and French % 2016	0.6	0.4	0.9
Language most spoken at home - indigenous languages % 2016	0.0	0.0	0.1
Language most spoken at home - other languages % 2016	6.0	2.6	1.6
Language most spoken at work - English % 2016	95.4	96.5	73.7
Language most spoken at work - French % 2016	2.0	1.6	21.6
Language most spoken at work - English and French % 2016	1.7	1.4	4.4
Knowledge of official language - English only % 2016	75	81	57
Knowledge of official language - French only % 2016	0	0	8
Knowledge of official language - French and English % 2016	23	18	34
Youth bilingualism - English and French % 2016	47	36	48
Language chosen when accessing services - English % 2020	93.9	94.4	70.3
Always receive health care services in the official language of their choice - English % 2020	96.3	97.7	95.7
Language chosen when accessing services - French % 2020	3.5	3.8	24.2
Always receive health care services in the official language of their choice - French % 2017	37.3	38.3	74.7

Persons with a disability

Children diagnosed with special education needs % 2019-2020	n/a	n/a	n/a
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Autism/Asperger's syndrome % 2016-2017	3.0	3.0	3.1
Behavioural disorder % 2016-2017	0.5	0.7	1.0
Blind or low vision % 2016-2017	0.3	0.3	0.2
Deaf or hard-of-hearing % 2016-2017	0.4	0.4	0.4
Attention deficit hyperactivity disorder (ADHD) or attention deficit disorder (ADD) % 2019-2020	n/a	n/a	n/a
Intellectual disability % 2016-2017	0.2	0.2	0.3
Language/speech impairment % 2016-2017	2.6	2.4	2.6
Learning disability % 2016-2017	1.3	1.7	2.8
Physical disability % 2016-2017	0.6	0.4	0.3
Mental illness (depression, anxiety, bipolar disorder) % 2016-2017	0.4	0.3	0.3
Gifted % 2016-2017	0.3	0.3	0.4
Other % 2016-2017	1.9	2.1	2.4
Youth diagnosed with special education needs % 2022-2023	35.7	36.1	35.3
Autism/Asperger's syndrome % 2022-2023	3.6	3.8	3.7
Behavioural disorder % 2022-2023	2.2	2.3	2.3
Blind or low vision % 2022-2023	4.1	4.2	3.9
Deaf or hard-of-hearing % 2022-2023	1.4	1.6	1.5
Attention deficit hyperactivity disorder (ADHD) or attention deficit disorder (ADD) % 2022-2023	14.0	13.5	14.0
Intellectual disability % 2022-2023	0.6	0.6	0.6
Language/speech impairment % 2022-2023	1.9	2.0	1.9
Learning disability % 2022-2023	5.2	5.6	6.1
Physical disability % 2022-2023	1.3	1.3	1.2
Mental illness (depression, anxiety, bipolar disorder) % 2022-2023	20.1	20.0	17.9

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Gifted % 2022-2023	3.0	3.1	2.8
Other % 2022-2023	3.0	3.0	2.9
Adults and seniors - with a disability % 2020	22.7	27.1	25.1
Adults % 2020	19.1	22.4	20.8
Seniors % 2020	34.9	39.3	35.6

Type of disability for adults and seniors

Seeing disability % 2020	17.4	19.3	19.3
Hearing disability % 2020	13.2	19.5	18.4
Mobility disability % 2020	40.4	57.1	56.5
Flexibility disability % 2020	48.3	57.5	54.1
Dexterity disability % 2020	27.0	25.2	24.5
Pain-related disability % 2020	59.5	70.5	72.4
Learning disability % 2020	18.0	18.2	18.0
Mental health-related disability % 2020	28.3	29.1	30.4
Memory disability % 2020	22.7	26.6	25.9

Sexual Identity

Youth - minority sexual identity % 2022-2023	23.3	23.0	21.2
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About this Table

Demographic Context describe the people living in a community.

Content and description

Demographic information, such as population count, household structures, language preferences, as well as disability information and sexual minority details.

Why is this important?

Knowing who is part of the community is the first part to understanding the community dynamics.

Availability of the data

Indicators from a variety of sources are collected, organized, and analyzed by the NBHC. These various data sources are used to represent the population health of New Brunswickers. Each have various levels of reliability and limitations as detailed in the Indicator pages. This information is available for the 33 NBHC Communities, 7 Health Zones and for New Brunswick overall.

The Population Health data tables provide a comprehensive view of the people who live, learn, work and take part in activities and in community life in this area.

Caption

n/a = Not applicable / not available

S = Data was suppressed due to low respondent counts