POPULATION HEALTH
Demographic context

Community
New Maryland, Kingsclear, Lincoln Area

Zone 3
Fredericton and River Valley Area

Province
New Brunswick
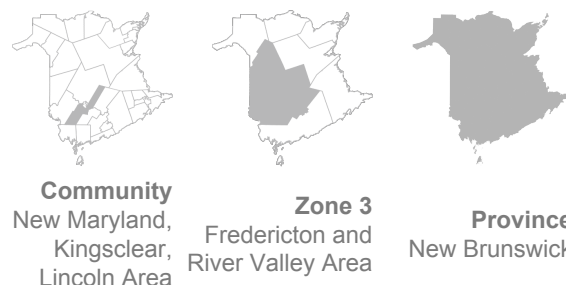
Population Demographics

	Community	Zone 3	Province
Land area km² | 2016	2,317	23,211	71,389
Population density Persons per km² | 2016	12	8	11
Population Number | 2024	29,913	198,682	854,355
0-4 Number | 2024	1,402	8,675	34,064
5-9 Number | 2024	1,757	10,510	42,043
10-14 Number | 2024	1,980	11,246	44,963
15-19 Number | 2024	1,949	11,443	44,875
20-24 Number | 2024	1,457	12,451	48,864
25-29 Number | 2024	1,652	13,394	51,393
30-34 Number | 2024	2,011	13,088	53,649
35-39 Number | 2024	2,113	12,979	54,379
40-44 Number | 2024	2,166	12,847	54,860
45-49 Number | 2024	2,025	12,018	52,988
50-54 Number | 2024	2,118	12,261	54,022
55-59 Number | 2024	2,136	12,709	57,293
60-64 Number | 2024	2,148	14,036	64,781

	Community New Maryland, Kingsclear, Lincoln Area	Zone 3 Fredericton and River Valley Area	Province New Brunswick
65-69 Number | 2024	1,834	12,951	61,251
70-74 Number | 2024	1,453	10,776	51,597
75-79 Number | 2024	962	8,317	39,856
80-84 Number | 2024	463	4,924	23,447
85 and over Number | 2024	287	4,057	20,030
Population change from 2016 to 2020 % | 2016 to 2020	5	5	4
Indigenous % | 2021	8.2	5.1	4.4
Immigrant % | 2021	4.1	7.1	5.8
Recent immigrant in the last 5 years % | 2016 to 2021	0.6	2.4	2.1
Visible minority % | 2021	2.4	6.4	5.8
Median age of population Years | 2021	43	43	46
Birth rate Rate per 1,000 population | 2019 to 2023	9	9	8
Death rate Rate per 1,000 population | 2019 to 2023	6	10	10

Household

Married or living common-law % | 2021	66	60	59
Couples with children % | 2021	48	44	42
Single parent families % | 2021	14	15	16
Average household size Number | 2021	2.6	2.3	2.3
Person living alone % | 2021	19	28	30
Private household with 5 or more people % | 2021	7	7	6

Dependents

	Community New Maryland, Kingsclear, Lincoln Area	Zone 3 Fredericton and River Valley Area	Province New Brunswick
Dependency ratio Rate per 100 people in the working age population | 2019	n/a	67	70
Dependent under 20 years % | 2019	n/a	21	20
Dependent 65 years and over % | 2019	n/a	19	21

Language

	Community New Maryland, Kingsclear, Lincoln Area	Zone 3 Fredericton and River Valley Area	Province New Brunswick
Language most spoken at home - English % | 2021	92.8	92.6	69.1
Language most spoken at home - French % | 2021	5.4	3.0	26.3
Language most spoken at home - English and French % | 2021	0.9	0.6	1.3
Language most spoken at home - indigenous languages % | 2021	0.4	0.2	0.2
Language most spoken at home - other languages % | 2021	0.6	1.3	1.1
Language most spoken at work - English % | 2021	95.8	97.1	75.0
Language most spoken at work - French % | 2021	2.6	1.6	21.0
Language most spoken at work - English and French % | 2021	1.4	1.1	3.7
Knowledge of official language - English only % | 2021	77	81	58
Knowledge of official language - French only % | 2021	1	0	8
Knowledge of official language - French and English % | 2021	23	19	34
Youth bilingualism - English and French % | 2016	44	36	48
Always received services from a primary care provider in their preferred language - French or English %	n/a	n/a	n/a
Always received services from a primary care provider in their preferred language - English %	n/a	n/a	n/a
Always received services from a primary care provider in their preferred language - French %	n/a	n/a	n/a

Persons with a disability

	Community New Maryland, Kingsclear, Lincoln Area	Zone 3 Fredericton and River Valley Area	Province New Brunswick
Self-identifies as a person with a disability or special need % | 2024-2025	8.4	9.6	8.4

♿ Type of disability for adults and seniors

Seeing disability % | 2020	16.6	19.3	19.3
Hearing disability % | 2020	20.0	19.5	18.4
Mobility disability % | 2020	54.6	57.1	56.5
Flexibility disability % | 2020	51.8	57.5	54.1
Dexterity disability % | 2020	20.8	25.2	24.5
Pain-related disability % | 2020	61.3	70.5	72.4
Learning disability % | 2020	17.9	18.2	18.0
Mental health-related disability % | 2020	33.2	29.1	30.4
Memory disability % | 2020	23.7	26.6	25.9

Sexual Identity

Self-identifies as 2SLGBTQIA+ % | 2024-2025	11.7	13.4	11.9

About this Table

Demographic Context describe the people living in a community.

Content and description
Demographic information, such as population count, household structures, language preferences, as well as disability information and sexual minority details.
Why is this important?
Knowing who is part of the community is the first part to understanding the community dynamics.

Availability of the data
Indicators from a variety of sources are collected, organized, and analyzed by the NBHC. These various data sources are used to represent the population health of New Brunswickers. Each have various levels of reliability and limitations as detailed in the Indicator pages.
This information is available for the 33 NBHC Communities, 7 Health Zones and for New Brunswick overall.

The Population Health data tables provide a comprehensive view of the people who live, learn, work and take part in activities and in community life in this area.

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size

Above-average performance

Below-average performance