

POPULATION HEALTH

# Demographic context



**Community**  
New Maryland,  
Kingsclear,  
Lincoln Area



**Zone 3**  
Fredericton and  
River Valley Area



**Province**  
New Brunswick

## Population Demographics

Land area km <sup>2</sup>   2016	<b>2,317</b>	<b>23,211</b>	<b>71,389</b>
Population density Persons per km <sup>2</sup>   2016	<b>12</b>	<b>8</b>	<b>11</b>
Population Number   2025	<b>19,096</b>	<b>199,904</b>	<b>869,682</b>
18-64 %   2025	<b>61.8</b>	<b>60.3</b>	<b>59.4</b>
65+ %   2025	<b>17.1</b>	<b>21.1</b>	<b>23.3</b>
18+ %   2025	<b>78.9</b>	<b>81.4</b>	<b>82.7</b>
0-4 Number   2025	<b>845</b>	<b>8,584</b>	<b>34,230</b>
5-9 Number   2025	<b>1,105</b>	<b>10,254</b>	<b>42,021</b>
10-14 Number   2025	<b>1,324</b>	<b>11,243</b>	<b>45,927</b>
15-19 Number   2025	<b>1,295</b>	<b>11,593</b>	<b>45,973</b>
20-24 Number   2025	<b>915</b>	<b>12,313</b>	<b>49,967</b>
25-29 Number   2025	<b>1,028</b>	<b>13,748</b>	<b>53,755</b>
30-34 Number   2025	<b>1,155</b>	<b>13,378</b>	<b>55,094</b>
35-39 Number   2025	<b>1,294</b>	<b>13,140</b>	<b>55,889</b>
40-44 Number   2025	<b>1,372</b>	<b>13,060</b>	<b>56,031</b>
45-49 Number   2025	<b>1,303</b>	<b>12,183</b>	<b>53,929</b>

	Community New Maryland, Kingsclear, Lincoln Area	Zone 3 Fredericton and River Valley Area	Province New Brunswick
50-54 Number   2025	1,310	12,044	54,049
55-59 Number   2025	1,280	12,251	55,145
60-64 Number   2025	1,356	13,970	64,925
65-69 Number   2025	1,194	12,950	61,635
70-74 Number   2025	1,022	11,131	53,108
75-79 Number   2025	722	8,666	42,021
80-84 Number   2025	357	5,134	24,776
85 and over Number   2025	219	4,262	21,207
Population change from 2016 to 2020 %   2016 to 2020	5	5	4
Indigenous %   2021	8.2	5.1	4.4
Immigrant %   2021	4.1	7.1	5.8
Recent immigrant in the last 5 years %   2016 to 2021	0.6	2.4	2.1
Visible minority %   2021	2.4	6.4	5.8
Median age of population Years   2021	43	43	46
Birth rate Rate per 1,000 population   2019 to 2023	9	9	8
Death rate Rate per 1,000 population   2019 to 2023	6	10	10

## Household

Married or living common-law %   2021	66	60	59
Couples with children %   2021	48	44	42
Single parent families %   2021	14	15	16
Average household size Number   2021	2.6	2.3	2.3
Person living alone %   2021	19	28	30
Private household with 5 or more people %   2021	7	7	6

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## Dependents

Dependency ratio Rate per 100 people in the working age population   2019	n/a	<b>67</b>	<b>70</b>
Dependent under 20 years %   2019	n/a	<b>21</b>	<b>20</b>
Dependent 65 years and over %   2019	n/a	<b>19</b>	<b>21</b>

## Language

Language most spoken at home - English %   2021	<b>92.8</b>	<b>92.6</b>	<b>69.1</b>
Language most spoken at home - French %   2021	<b>5.4</b>	<b>3.0</b>	<b>26.3</b>
Language most spoken at home - English and French %   2021	<b>0.9</b>	<b>0.6</b>	<b>1.3</b>
Language most spoken at home - indigenous languages %   2021	<b>0.4</b>	<b>0.2</b>	<b>0.2</b>
Language most spoken at home - other languages %   2021	<b>0.6</b>	<b>1.3</b>	<b>1.1</b>
Language most spoken at work - English %   2021	<b>95.8</b>	<b>97.1</b>	<b>75.0</b>
Language most spoken at work - French %   2021	<b>2.6</b>	<b>1.6</b>	<b>21.0</b>
Language most spoken at work - English and French %   2021	<b>1.4</b>	<b>1.1</b>	<b>3.7</b>
Knowledge of official language - English only %   2021	<b>77</b>	<b>81</b>	<b>58</b>
Knowledge of official language - French only %   2021	<b>1</b>	<b>0</b>	<b>8</b>
Knowledge of official language - French and English %   2021	<b>23</b>	<b>19</b>	<b>34</b>
Youth bilingualism - English and French %   2016	<b>44</b>	<b>36</b>	<b>48</b>
Always received services from a primary care provider in their preferred language - French or English %	n/a	n/a	n/a
Always received services from a primary care provider in their preferred language - English %	n/a	n/a	n/a
Always received services from a primary care provider in their preferred language - French %	n/a	n/a	n/a

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## Persons with a disability

Self-identifies as a person with a disability or special need %   2025-2026	<b>8.6</b>	<b>9.6</b>	<b>8.7</b>
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### Type of disability for adults and seniors

Seeing disability %   2020	<b>16.6</b>	<b>19.3</b>	<b>19.3</b>
Hearing disability %   2020	<b>20.0</b>	<b>19.5</b>	<b>18.4</b>
Mobility disability %   2020	<b>54.6</b>	<b>57.1</b>	<b>56.5</b>
Flexibility disability %   2020	<b>51.8</b>	<b>57.5</b>	<b>54.1</b>
Dexterity disability %   2020	<b>20.8</b>	<b>25.2</b>	<b>24.5</b>
Pain-related disability %   2020	<b>61.3</b>	<b>70.5</b>	<b>72.4</b>
Learning disability %   2020	<b>17.9</b>	<b>18.2</b>	<b>18.0</b>
Mental health-related disability %   2020	<b>33.2</b>	<b>29.1</b>	<b>30.4</b>
Memory disability %   2020	<b>23.7</b>	<b>26.6</b>	<b>25.9</b>

## Sexual Identity

Self-identifies as 2SLGBTQIA+ %   2025-2026	<b>13.8</b>	<b>12.9</b>	<b>11.6</b>
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## About this Table

Demographic Context describe the people living in a community.

### **Content and description**

Demographic information, such as population count, household structures, language preferences, as well as disability information and sexual minority details.

### **Why is this important?**

Knowing who is part of the community is the first part to understanding the community dynamics.

### **Availability of the data**

Indicators from a variety of sources are collected, organized, and analyzed by the NBHC. These various data sources are used to represent the population health of New Brunswickers. Each have various levels of reliability and limitations as detailed in the Indicator pages.

This information is available for the 33 NBHC Communities, 7 Health Zones and for New Brunswick overall.

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The Population Health data tables provide a comprehensive view of the people who live, learn, work and take part in activities and in community life in this area.

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### **Caption**

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size

 Above-average performance

 Below-average performance