POPULATION HEALTH
Demographic context

Community
Douglas, Saint Marys, Doaktown Area

Zone 3
Fredericton and River Valley Area

Province
New Brunswick
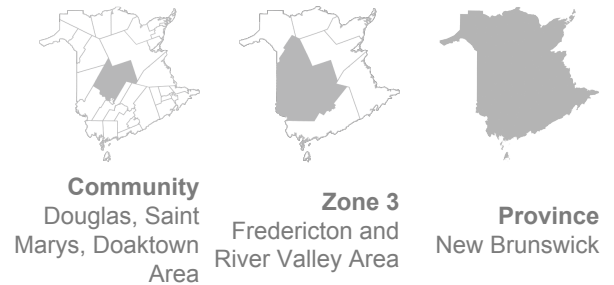
Population Demographics

	Community	Zone 3	Province
Land area km² | 2016	6,544	23,211	71,389
Population density Persons per km² | 2016	3	8	11
Population Number | 2023	17,598	195,133	834,691
0-4 Number | 2023	787	8,679	33,988
5-9 Number | 2023	1,038	10,373	40,886
10-14 Number | 2023	1,080	10,706	42,976
15-19 Number | 2023	1,045	10,952	43,163
20-24 Number | 2023	748	12,488	48,123
25-29 Number | 2023	806	13,166	49,466
30-34 Number | 2023	1,011	12,551	50,571
35-39 Number | 2023	1,142	12,609	51,616
40-44 Number | 2023	1,175	12,200	52,147
45-49 Number | 2023	1,154	11,814	52,105
50-54 Number | 2023	1,267	12,286	53,742
55-59 Number | 2023	1,360	13,158	59,468
60-64 Number | 2023	1,320	13,823	64,204

	Community Douglas, Saint Marys, Doaktown Area	Zone 3 Fredericton and River Valley Area	Province New Brunswick
65-69 Number | 2023	1,199	12,871	60,826
70-74 Number | 2023	988	10,567	50,640
75-79 Number | 2023	726	7,900	37,918
80-84 Number | 2023	412	4,841	22,780
85 and over Number | 2023	340	4,149	20,072
Population change from 2016 to 2020 % | 2016 to 2020	5	5	4
Indigenous % | 2021	4.7	5.1	4.4
Immigrant % | 2021	3.1	7.1	5.8
Recent immigrant in the last 5 years % | 2016 to 2021	0.4	2.4	2.1
Visible minority % | 2021	1.9	6.4	5.8
Median age of population Years | 2021	46	43	46
Birth rate Rate per 1,000 population | 2017 to 2021	9	9	8
Death rate Rate per 1,000 population | 2017 to 2021	7	9	10

Household

Married or living common-law % | 2021	66	60	59
Couples with children % | 2021	46	44	42
Single parent families % | 2021	14	15	16
Average household size Number | 2021	2.5	2.3	2.3
Person living alone % | 2021	21	28	30
Private household with 5 or more people % | 2021	7	7	6

Dependents

	Community Douglas, Saint Marys, Doaktown Area	Zone 3 Fredericton and River Valley Area	Province New Brunswick
Dependency ratio Rate per 100 people in the working age population | 2019	n/a	67	70
Dependent under 20 years % | 2019	n/a	21	20
Dependent 65 years and over % | 2019	n/a	19	21

Language

	Community	Zone 3	Province
Language most spoken at home - English % | 2021	96.0	92.6	69.1
Language most spoken at home - French % | 2021	2.7	3.0	26.3
Language most spoken at home - English and French % | 2021	0.5	0.6	1.3
Language most spoken at home - indigenous languages % | 2021	0.0	0.2	0.2
Language most spoken at home - other languages % | 2021	0.4	1.3	1.1
Language most spoken at work - English % | 2021	98.1	97.1	75.0
Language most spoken at work - French % | 2021	1.2	1.6	21.0
Language most spoken at work - English and French % | 2021	0.6	1.1	3.7
Knowledge of official language - English only % | 2021	85	81	58
Knowledge of official language - French only % | 2021	0	0	8
Knowledge of official language - French and English % | 2021	15	19	34
Youth bilingualism - English and French % | 2016	28	36	48
Always received services from a primary care provider in their preferred language - French or English %	n/a	n/a	n/a
Always received services from a primary care provider in their preferred language - English %	n/a	n/a	n/a
Always received services from a primary care provider in their preferred language - French %	n/a	n/a	n/a

Persons with a disability

	Community Douglas, Saint Marys, Doaktown Area	Zone 3 Fredericton and River Valley Area	Province New Brunswick
Children diagnosed with special education needs % | 2019-2020	**10.3**	n/a	n/a
Autism/Asperger's syndrome % | 2019-2020	**2.4**	n/a	n/a
Behavioural disorder % | 2019-2020	**2.2**	n/a	n/a
Blind or low vision % | 2019-2020	**1.1**	n/a	n/a
Deaf or hard-of-hearing % | 2019-2020	**0.0**	n/a	n/a
Attention deficit hyperactivity disorder (ADHD) or attention deficit disorder (ADD) % | 2019-2020	**5.7**	n/a	n/a
Intellectual disability % | 2019-2020	**0.0**	n/a	n/a
Language/speech impairment % | 2019-2020	**2.6**	n/a	n/a
Learning disability % | 2019-2020	**1.4**	n/a	n/a
Physical disability % | 2019-2020	**0.0**	n/a	n/a
Mental illness (depression, anxiety, bipolar disorder) % | 2019-2020	**1.4**	n/a	n/a
Gifted % | 2019-2020	**0.0**	n/a	n/a
Other % | 2019-2020	**1.3**	n/a	n/a
Youth diagnosed with special education needs % | 2022-2023	**39.8**	36.1	35.3
Autism/Asperger's syndrome % | 2022-2023	**5.0**	3.8	3.7
Behavioural disorder % | 2022-2023	**2.3**	2.3	2.3
Blind or low vision % | 2022-2023	**7.6**	4.2	3.9
Deaf or hard-of-hearing % | 2022-2023	**3.2**	1.6	1.5
Attention deficit hyperactivity disorder (ADHD) or attention deficit disorder (ADD) % | 2022-2023	**12.3**	13.5	14.0
Intellectual disability % | 2018-2019	**0.0**	0.4	0.4
Language/speech impairment % | 2022-2023	**3.0**	2.0	1.9
Learning disability % | 2022-2023	**5.3**	5.6	6.1

	Community Douglas, Saint Marys, Doaktown Area	Zone 3 Fredericton and River Valley Area	Province New Brunswick
Physical disability % | 2022-2023	2.5	1.3	1.2
Mental illness (depression, anxiety, bipolar disorder) % | 2022-2023	21.5	20.0	17.9
Gifted % | 2022-2023	7.0	3.1	2.8
Other % | 2022-2023	4.2	3.0	2.9
Adults and seniors who identify as persons with a disability or special need %	n/a	n/a	n/a
Adults %	n/a	n/a	n/a
Seniors %	n/a	n/a	n/a
Self-identifies as a person with a disability or special need % | 2023-2024	6.6	8.7	8.0

♿ Type of disability for adults and seniors

Seeing disability % | 2020	22.4	19.3	19.3
Hearing disability % | 2020	21.0	19.5	18.4
Mobility disability % | 2020	54.9	57.1	56.5
Flexibility disability % | 2020	55.3	57.5	54.1
Dexterity disability % | 2020	25.9	25.2	24.5
Pain-related disability % | 2020	58.8	70.5	72.4
Learning disability % | 2020	11.0	18.2	18.0
Mental health-related disability % | 2020	24.4	29.1	30.4
Memory disability % | 2020	15.4	26.6	25.9

Sexual Identity

Self-identifies as 2SLGBTQIA+ % | 2023-2024	11.4	14.6	13.3

New Brunswick Health Council | Conseil de la santé du Nouveau-Brunswick

About this Table

Demographic Context describe the people living in a community.

Content and description
Demographic information, such as population count, household structures, language preferences, as well as disability information and sexual minority details.
Why is this important?
Knowing who is part of the community is the first part to understanding the community dynamics.

Availability of the data
Indicators from a variety of sources are collected, organized, and analyzed by the NBHC. These various data sources are used to represent the population health of New Brunswickers. Each have various levels of reliability and limitations as detailed in the Indicator pages.
This information is available for the 33 NBHC Communities, 7 Health Zones and for New Brunswick overall.

The Population Health data tables provide a comprehensive view of the people who live, learn, work and take part in activities and in community life in this area.

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size

🚩 Above-average performance

🚩 Below-average performance