

### POPULATION HEALTH

# **Demographic context**







Zone 3 Fredericton and River Valley Area



**Province** New Brunswick

and area km²   2016	4,306	23,211	71,389
Population density Persons per km²   2016	2	8	1
Population Number   2022	9,364	191,061	812,06
0-4 Number   2022	382	8,618	33,45
5-9 Number   2022	452	9,920	38,74
10-14 Number   2022	491	10,643	41,87
15-19 Number   2022	516	10,640	41,97
20-24 Number   2022	575	12,238	48,38
25-29 Number   2022	345	13,330	47,96
30-34 Number   2022	385	12,517	48,30
35-39 Number   2022	383	12,270	48,96
40-44 Number   2022	464	11,769	48,99
45-49 Number   2022	563	11,933	51,56
50-54 Number   2022	616	12,319	53,95
55-59 Number   2022	711	13,318	61,03
60-64 Number   2022	877	13,322	62,76



	Community Perth-Andover, Plaster Rock, Tobique Area	Zone 3 Fredericton and River Valley Area	<b>Province</b> New Brunswick
65-69 Number   2022	866	12,186	58,570
70-74 Number   2022	644	10,206	49,155
75-79 Number   2022	536	7,401	35,109
80-84 Number   2022	275	4,415	21,502
85 and over Number   2022	283	4,016	19,746
Population change from 2016 to 2020 %   2016 to 2020	-1	5	4
Indigenous %   2021	14.6	5.1	4.4
Immigrant %   2021	4.7	7.1	5.8
Recent immigrant in the last 5 years %   2016 to 2021	0.4	2.4	2.1
Visible minority %   2021	1.0	6.4	5.8
Median age of population Years   2021	51	43	46
Birth rate Rate per 1,000 population   2014 to 2018	9	10	8
Death rate Rate per 1,000 population   2014 to 2018	13	9	9
Household			
Married or living common-law %   2021	60	60	59
Couples with children %   2021	36	44	42
Single parent families %   2021	18	15	16
Average household size Number   2021	2.2	2.3	2.3
Person living alone %   2021	30	28	30
Private household with 5 or more people %   2021	7	7	6

## Dependents



	Community Perth-Andover, Plaster Rock, Tobique Area	Zone 3 Fredericton and River Valley Area	<b>Province</b> New Brunswick
<b>Dependency ratio</b> Rate per 100 people in the working age population   2019	n/a	67	70
Dependent under 20 years %   2019	n/a	21	20
Dependent 65 years and over %   2019	n/a	19	21
Language			
Language most spoken at home - English %   2021	93.5	92.6	69.1
Language most spoken at home - French %   2021	3.1	3.0	26.3
Language most spoken at home - English and French %   2021	0.6	0.6	1.3
Language most spoken at home - indigenous languages %   2021	1.2	0.2	0.2
Language most spoken at home - other languages %   2021	0.3	1.3	1.1
Language most spoken at work - English %   2021	95.9	97.1	75.0
Language most spoken at work - French %   2021	2.3	1.6	21.0
Language most spoken at work - English and French %   2021	0.8	1.1	3.7
Knowledge of official language - English only $\%$   2021	86	81	58
Knowledge of official language - French only %   2021	1	0	8
Knowledge of official language - French and English $\%$   2021	13	19	34
Youth bilingualism - English and French %   2016	24	36	48
Language used during the last consultation with a primary health care provider - English $\%$	n/a	n/a	n/a
Received health care services from a primary care provider in their preferred official language - English $\%$	n/a	n/a	n/a
Language used during the last consultation with a primary health care provider - French $\%$	n/a	n/a	n/a
Received health care services from a primary care provider in their preferred official language - French $\%$	n/a	n/a	n/a



Community Perth-Andover, Plaster Rock, Tobique Area

Zone 3
Fredericton and
River Valley Area

**Province** New Brunswick

rsons with a disability			
Children diagnosed with special education needs %   2019-2020	n/a	n/a	n/
Autism/Asperger's syndrome %   2016-2017	4.6	3.0	3.
Behavioural disorder %   2016-2017	0.7	0.7	1.
Blind or low vision %   2016-2017	0.0	0.3	0
Deaf or hard-of-hearing %   2016-2017	0.5	0.4	0
Attention deficit hyperactivity disorder (ADHD) or attention deficit disorder (ADD) $\% \mid$ 2019-2020	n/a	n/a	n
Intellectual disability %   2016-2017	0.0	0.2	0
Language/speech impairment %   2016-2017	1.0	2.4	2
Learning disability %   2016-2017	1.4	1.7	2
Physical disability %   2016-2017	0.5	0.4	C
Mental illness (depression, anxiety, bipolar disorder) %   2016-2017	0.0	0.3	(
Gifted %   2016-2017	0.7	0.3	(
Other %   2016-2017	0.9	2.1	2
outh diagnosed with special education needs %   2022-2023	36.4	36.1	3
Autism/Asperger's syndrome %   2022-2023	4.7	3.8	;
Behavioural disorder %   2022-2023	1.7	2.3	4
Blind or low vision %   2022-2023	4.0	4.2	,
Deaf or hard-of-hearing %   2022-2023	2.2	1.6	•
Attention deficit hyperactivity disorder (ADHD) or attention deficit disorder (ADD) $\% \mid 2022-2023$	11.0	13.5	14
Intellectual disability %   2021-2022	0.0	0.5	(
Language/speech impairment %   2022-2023	1.9	2.0	•



	Community Perth-Andover, Plaster Rock, Tobique Area	Zone 3 Fredericton and River Valley Area	<b>Province</b> New Brunswick
Learning disability %   2022-2023	2.5	5.6	6.1
Physical disability %   2015-2016	1.1	0.8	0.6
Mental illness (depression, anxiety, bipolar disorder) %   2022-2023	20.1	20.0	17.9
Gifted %   2022-2023	4.5	3.1	2.8
Other %   2022-2023	2.4	3.0	2.9
Adults and seniors - with a disability %   2020	31.1	27.1	25.1
Adults %   2020	27.6	22.4	20.8
Seniors %   2020	38.1	39.3	35.6
Self-identifies as a person with a disability or special need %   2023-2024	6.5	8.7	8.0
& Type of disability for adults and seniors Seeing disability %   2020	22.9	19.3	19.3
Hearing disability %   2020	23.9	19.5	18.4
Mobility disability %   2020	70.4	57.1	56.5
Flexibility disability %   2020	63.5	57.5	54.1
Dexterity disability %   2020	19.0	25.2	24.5
Pain-related disability %   2020	73.1	70.5	72.4
Learning disability %   2020	17.0	18.2	18.0
Mental health-related disability %   2020	24.7	29.1	30.4
Memory disability %   2020	20.0	26.6	25.9
Sexual Identity			
Self-identifies as 2SLGBTQIA+ %   2023-2024	14.9	14.6	13.3



## About this Table

Demographic Context describe the people living in a community.

#### Content and description

Demographic information, such as population count, household structures, language preferences, as well as disability information and sexual minority details.

## Why is this important?

Knowing who is part of the community is the first part to understanding the community dynamics.

#### Availability of the data

Indicators from a variety of sources are collected, organized, and analyzed by the NBHC. These various data sources are used to represent the population health of New Brunswickers. Each have various levels of reliability and limitations as detailed in the Indicator pages.

This information is available for the 33 NBHC Communities, 7 Health Zones and for New Brunswick overall.

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The Population Health data tables provide a comprehensive view of the people who live, learn, work and take part in activities and in community life in this area.

#### Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size