

POPULATION HEALTH

Demographic context







Zone 3 Fredericton and River Valley Area



Province New Brunswick

and area km² 2016	4,306	23,211	71,389
Population density Persons per km² 2016	2	8	11
Population Number 2023	9,502	195,133	834,691
0-4 Number 2023	370	8,679	33,988
5-9 Number 2023	443	10,373	40,886
10-14 Number 2023	532	10,706	42,976
15-19 Number 2023	485	10,952	43,163
20-24 Number 2023	430	12,488	48,123
25-29 Number 2023	439	13,166	49,466
30-34 Number 2023	411	12,551	50,571
35-39 Number 2023	380	12,609	51,616
40-44 Number 2023	459	12,200	52,147
45-49 Number 2023	589	11,814	52,105
50-54 Number 2023	603	12,286	53,742
55-59 Number 2023	760	13,158	59,468
60-64 Number 2023	870	13,823	64,204



	Community Perth-Andover, Plaster Rock, Tobique Area	Zone 3 Fredericton and River Valley Area	Province New Brunswick
65-69 Number 2023	953	12,871	60,826
70-74 Number 2023	704	10,567	50,640
75-79 Number 2023	524	7,900	37,918
80-84 Number 2023	299	4,841	22,780
85 and over Number 2023	251	4,149	20,072
Population change from 2016 to 2020 % 2016 to 2020	-1	5	4
Indigenous % 2021	14.6	5.1	4.4
Immigrant % 2021	4.7	7.1	5.8
Recent immigrant in the last 5 years % 2016 to 2021	0.4	2.4	2.1
Visible minority % 2021	1.0	6.4	5.8
Median age of population Years 2021	51	43	46
Birth rate Rate per 1,000 population 2017 to 2021	9	9	8
Death rate Rate per 1,000 population 2017 to 2021	14	9	10
Household			
Married or living common-law % 2021	60	60	59
Couples with children % 2021	36	44	42
Single parent families % 2021	18	15	16
Average household size Number 2021	2.2	2.3	2.3
Person living alone % 2021	30	28	30
Private household with 5 or more people % 2021	7	7	6

Dependents



	Community Perth-Andover, Plaster Rock, Tobique Area	Zone 3 Fredericton and River Valley Area	Province New Brunswick
Dependency ratio Rate per 100 people in the working age population 2019	n/a	67	70
Dependent under 20 years % 2019	n/a	21	20
Dependent 65 years and over % 2019	n/a	19	21
Language			
Language most spoken at home - English % 2021	93.5	92.6	69.1
Language most spoken at home - French % 2021	3.1	3.0	26.3
Language most spoken at home - English and French % 2021	0.6	0.6	1.3
Language most spoken at home - indigenous languages % 2021	1.2	0.2	0.2
Language most spoken at home - other languages % 2021	0.3	1.3	1.1
Language most spoken at work - English % 2021	95.9	97.1	75.0
Language most spoken at work - French % 2021	2.3	1.6	21.0
Language most spoken at work - English and French % 2021	0.8	1.1	3.7
Knowledge of official language - English only % 2021	86	81	58
Knowledge of official language - French only $\% \mid$ 2021	1	0	8
Knowledge of official language - French and English % 2021	13	19	34
Youth bilingualism - English and French % 2016	24	36	48
Always received services from a primary care provider in their preferred language - French or English $\%$	n/a	n/a	n/a
Always received services from a primary care provider in their preferred language - English $\%$	n/a	n/a	n/a
Always received services from a primary care provider in their preferred language - French $\%$	n/a	n/a	n/a

Persons with a disability



	Community Perth-Andover, Plaster Rock, Tobique Area	Zone 3 Fredericton and River Valley Area	Province New Brunswick
Children diagnosed with special education needs % 2019-2020	n/a	n/a	n/a
Autism/Asperger's syndrome % 2016-2017	4.6	3.0	3.1
Behavioural disorder % 2016-2017	0.7	0.7	1.0
Blind or low vision % 2016-2017	0.0	0.3	0.2
Deaf or hard-of-hearing % 2016-2017	0.5	0.4	0.4
Attention deficit hyperactivity disorder (ADHD) or attention deficit disorder (ADD) % 2019-2020	n/a	n/a	n/a
Intellectual disability % 2016-2017	0.0	0.2	0.3
Language/speech impairment % 2016-2017	1.0	2.4	2.6
Learning disability % 2016-2017	1.4	1.7	2.8
Physical disability % 2016-2017	0.5	0.4	0.3
Mental illness (depression, anxiety, bipolar disorder) % 2016-2017	0.0	0.3	0.3
Gifted % 2016-2017	0.7	0.3	0.4
Other % 2016-2017	0.9	2.1	2.4
Youth diagnosed with special education needs % 2022-2023	36.4	36.1	35.3
Autism/Asperger's syndrome % 2022-2023	4.7	3.8	3.7
Behavioural disorder % 2022-2023	1.7	2.3	2.3
Blind or low vision % 2022-2023	4.0	4.2	3.9
Deaf or hard-of-hearing % 2022-2023	2.2	1.6	1.5
Attention deficit hyperactivity disorder (ADHD) or attention deficit disorder (ADD) $\% \mid 2022\text{-}2023$	11.0	13.5	14.0
Intellectual disability % 2021-2022	0.0	0.5	0.5
Language/speech impairment % 2022-2023	1.9	2.0	1.9
Learning disability % 2022-2023	2.5	5.6	6.1



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Physical disability % 2015-2016	1.1	0.8	0.6
Mental illness (depression, anxiety, bipolar disorder) % 2022-2023	20.1	20.0	17.9
Gifted % 2022-2023	4.5	3.1	2.8
Other % 2022-2023	2.4	3.0	2.9
Adults and seniors who identify as persons with a disability or special need $\%$	n/a	n/a	n/a
Adults %	n/a	n/a	n/a
Seniors %	n/a	n/a	n/a
Self-identifies as a person with a disability or special need % 2023-2024	6.5	8.7	8.0
♣ Type of disability for adults and seniors Seeing disability % 2020	22.9	19.3	19.3
Hearing disability % 2020	23.9	19.5	18.4
Mobility disability % 2020	70.4	57.1	56.5
Flexibility disability % 2020	63.5	57.5	54.1
Dexterity disability % 2020	19.0	25.2	24.5
Pain-related disability % 2020	73.1	70.5	72.4
Learning disability % 2020	17.0	18.2	18.0
Mental health-related disability % 2020	24.7	29.1	30.4
Memory disability % 2020	20.0	26.6	25.9
Sexual Identity			
Self-identifies as 2SLGBTQIA+ % 2023-2024	14.9	14.6	13.3



About this Table

Demographic Context describe the people living in a community.

Content and description

Demographic information, such as population count, household structures, language preferences, as well as disability information and sexual minority details.

Why is this important?

Knowing who is part of the community is the first part to understanding the community dynamics.

Availability of the data

Indicators from a variety of sources are collected, organized, and analyzed by the NBHC. These various data sources are used to represent the population health of New Brunswickers. Each have various levels of reliability and limitations as detailed in the Indicator pages.

This information is available for the 33 NBHC Communities, 7 Health Zones and for New Brunswick overall.

The Population Health data tables provide a comprehensive view of the people who live, learn, work and take part in activities and in community life in this area.

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size



Above-average performance

P Below-average performance