Demographic context

Community
Dalhousie, Balmoral, Belledune Area

Zone 5
Restigouche Area

Province
New Brunswick

Population Demographics

	Community	Zone 5	Province
Land area km² | 2016	2,665	5,439	71,389
Population density Persons per km² | 2016	5	5	11
Population Number | 2024	12,679	25,785	854,355
0-4 Number | 2024	420	854	34,064
5-9 Number | 2024	528	1,057	42,043
10-14 Number | 2024	519	1,063	44,963
15-19 Number | 2024	521	1,136	44,875
20-24 Number | 2024	548	1,178	48,864
25-29 Number | 2024	521	1,138	51,393
30-34 Number | 2024	599	1,334	53,649
35-39 Number | 2024	603	1,269	54,379
40-44 Number | 2024	660	1,328	54,860
45-49 Number | 2024	586	1,283	52,988
50-54 Number | 2024	814	1,640	54,022
55-59 Number | 2024	1,028	2,037	57,293
60-64 Number | 2024	1,321	2,581	64,781

	Community Dalhousie, Balmoral, Belledune Area	Zone 5 Restigouche Area	Province New Brunswick
65-69 Number | 2024	1,227	2,435	61,251
70-74 Number | 2024	1,050	2,009	51,597
75-79 Number | 2024	837	1,586	39,856
80-84 Number | 2024	471	993	23,447
85 and over Number | 2024	426	864	20,030
Population change from 2016 to 2020 % | 2016 to 2020	-1	-1	4
Indigenous % | 2021	12.2	10.2	4.4
Immigrant % | 2021	1.7	2.0	5.8
Recent immigrant in the last 5 years % | 2016 to 2021	0.1	0.4	2.1
Visible minority % | 2021	1.0	1.7	5.8
Median age of population Years | 2021	55	54	46
Birth rate Rate per 1,000 population | 2019 to 2023	6	6	8
Death rate Rate per 1,000 population | 2019 to 2023	13	14	10

Household

Married or living common-law % | 2021	59	56	59
Couples with children % | 2021	33	34	42
Single parent families % | 2021	17	19	16
Average household size Number | 2021	2.1	2.1	2.3
Person living alone % | 2021	33	35	30
Private household with 5 or more people % | 2021	3	4	6

Dependents

	Community Dalhousie, Balmoral, Belledune Area	Zone 5 Restigouche Area	Province New Brunswick
Dependency ratio Rate per 100 people in the working age population | 2019	n/a	76	70
Dependent under 20 years % | 2019	n/a	16	20
Dependent 65 years and over % | 2019	n/a	27	21

Language

	Community Dalhousie, Balmoral, Belledune Area	Zone 5 Restigouche Area	Province New Brunswick
Language most spoken at home - English % | 2021	51.3	46.2	69.1
Language most spoken at home - French % | 2021	45.6	50.1	26.3
Language most spoken at home - English and French % | 2021	2.9	3.1	1.3
Language most spoken at home - indigenous languages % | 2021	0.1	0.1	0.2
Language most spoken at home - other languages % | 2021	0.2	0.4	1.1
Language most spoken at work - English % | 2021	49.4	44.1	75.0
Language most spoken at work - French % | 2021	37.3	40.5	21.0
Language most spoken at work - English and French % | 2021	13.3	15.4	3.7
Knowledge of official language - English only % | 2021	34	30	58
Knowledge of official language - French only % | 2021	10	14	8
Knowledge of official language - French and English % | 2021	56	56	34
Youth bilingualism - English and French % | 2016	60	64	48
Always received services from a primary care provider in their preferred language - French or English %	n/a	n/a	n/a
Always received services from a primary care provider in their preferred language - English %	n/a	n/a	n/a
Always received services from a primary care provider in their preferred language - French %	n/a	n/a	n/a

Persons with a disability

	Community Dalhousie, Balmoral, Belledune Area	Zone 5 Restigouche Area	Province New Brunswick
Self-identifies as a person with a disability or special need % | 2024-2025	8.6	8.2	8.4

♿ Type of disability for adults and seniors

	Community Dalhousie, Balmoral, Belledune Area	Zone 5 Restigouche Area	Province New Brunswick
Seeing disability % | 2020	21.8	20.7	19.3
Hearing disability % | 2020	13.9	18.2	18.4
Mobility disability % | 2020	52.5	51.8	56.5
Flexibility disability % | 2020	60.5	61.2	54.1
Dexterity disability % | 2020	30.3	28.3	24.5
Pain-related disability % | 2020	66.6	74.3	72.4
Learning disability % | 2020	18.5	22.7	18.0
Mental health-related disability % | 2020	25.3	27.2	30.4
Memory disability % | 2020	20.9	26.1	25.9

Sexual Identity

	Community Dalhousie, Balmoral, Belledune Area	Zone 5 Restigouche Area	Province New Brunswick
Self-identifies as 2SLGBTQIA+ % | 2024-2025	13.0	12.1	11.9

About this Table

Demographic Context describe the people living in a community.

Content and description
Demographic information, such as population count, household structures, language preferences, as well as disability information and sexual minority details.
Why is this important?
Knowing who is part of the community is the first part to understanding the community dynamics.

Availability of the data
Indicators from a variety of sources are collected, organized, and analyzed by the NBHC. These various data sources are used to represent the population health of New Brunswickers. Each have various levels of reliability and limitations as detailed in the Indicator pages.
This information is available for the 33 NBHC Communities, 7 Health Zones and for New Brunswick overall.

The Population Health data tables provide a comprehensive view of the people who live, learn, work and take part in activities and in community life in this area.

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size

Above-average performance

Below-average performance