

## POPULATION HEALTH

# Demographic context



## Population Demographics

Land area km <sup>2</sup>   2016	2,665	5,439	71,389
Population density Persons per km <sup>2</sup>   2016	5	5	11
Population Number   2022	12,343	25,057	812,061
0-4 Number   2022	439	870	33,459
5-9 Number   2022	464	985	38,742
10-14 Number   2022	483	1,026	41,870
15-19 Number   2022	516	1,083	41,976
20-24 Number   2022	526	1,174	48,383
25-29 Number   2022	537	1,153	47,961
30-34 Number   2022	592	1,214	48,307
35-39 Number   2022	533	1,101	48,962
40-44 Number   2022	546	1,173	48,999
45-49 Number   2022	621	1,299	51,567
50-54 Number   2022	826	1,679	53,953
55-59 Number   2022	1,130	2,289	61,033
60-64 Number   2022	1,254	2,519	62,767

	<b>Community Dalhousie, Balmoral, Restigouche Area Belledune Area</b>	<b>Zone 5</b>	<b>Province New Brunswick</b>
65-69 Number   2022	<b>1,250</b>	<b>2,346</b>	<b>58,570</b>
70-74 Number   2022	<b>1,021</b>	<b>1,946</b>	<b>49,155</b>
75-79 Number   2022	<b>793</b>	<b>1,521</b>	<b>35,109</b>
80-84 Number   2022	<b>428</b>	<b>876</b>	<b>21,502</b>
85 and over Number   2022	<b>384</b>	<b>803</b>	<b>19,746</b>
Population change from 2016 to 2020 %   2016 to 2020	<b>-1</b>	<b>-1</b>	<b>4</b>
Indigenous %   2021	<b>12.2</b>	<b>10.2</b>	<b>4.4</b>
Immigrant %   2021	<b>1.7</b>	<b>2.0</b>	<b>5.8</b>
Recent immigrant in the last 5 years %   2016 to 2021	<b>0.1</b>	<b>0.4</b>	<b>2.1</b>
Visible minority %   2021	<b>1.0</b>	<b>1.7</b>	<b>5.8</b>
Median age of population Years   2021	<b>55</b>	<b>54</b>	<b>46</b>
Birth rate Rate per 1,000 population   2017 to 2021	<b>7</b>	<b>7</b>	<b>8</b>
Death rate Rate per 1,000 population   2017 to 2021	<b>13</b>	<b>13</b>	<b>10</b>

## Household

Married or living common-law %   2021	<b>59</b>	<b>56</b>	<b>59</b>
Couples with children %   2021	<b>33</b>	<b>34</b>	<b>42</b>
Single parent families %   2021	<b>17</b>	<b>19</b>	<b>16</b>
Average household size Number   2021	<b>2.1</b>	<b>2.1</b>	<b>2.3</b>
Person living alone %   2021	<b>33</b>	<b>35</b>	<b>30</b>
Private household with 5 or more people %   2021	<b>3</b>	<b>4</b>	<b>6</b>

## Dependents

	<b>Community</b> Dalhousie, Balmoral, Restigouche Area Belledune Area	<b>Zone 5</b>	<b>Province</b> New Brunswick
Dependency ratio Rate per 100 people in the working age population   2019	n/a	<b>76</b>	<b>70</b>
Dependent under 20 years %   2019	n/a	<b>16</b>	<b>20</b>
Dependent 65 years and over %   2019	n/a	<b>27</b>	<b>21</b>

## Language

Language most spoken at home - English %   2021	<b>51.3</b>	<b>46.2</b>	<b>69.1</b>
Language most spoken at home - French %   2021	<b>45.6</b>	<b>50.1</b>	<b>26.3</b>
Language most spoken at home - English and French %   2021	<b>2.9</b>	<b>3.1</b>	<b>1.3</b>
Language most spoken at home - indigenous languages %   2021	<b>0.1</b>	<b>0.1</b>	<b>0.2</b>
Language most spoken at home - other languages %   2021	<b>0.2</b>	<b>0.4</b>	<b>1.1</b>
Language most spoken at work - English %   2021	<b>49.4</b>	<b>44.1</b>	<b>75.0</b>
Language most spoken at work - French %   2021	<b>37.3</b>	<b>40.5</b>	<b>21.0</b>
Language most spoken at work - English and French %   2021	<b>13.3</b>	<b>15.4</b>	<b>3.7</b>
Knowledge of official language - English only %   2021	<b>34</b>	<b>30</b>	<b>58</b>
Knowledge of official language - French only %   2021	<b>10</b>	<b>14</b>	<b>8</b>
Knowledge of official language - French and English %   2021	<b>56</b>	<b>56</b>	<b>34</b>
Youth bilingualism - English and French %   2016	<b>60</b>	<b>64</b>	<b>48</b>
Language used during the last consultation with a primary health care provider - English %	n/a	n/a	n/a
Received health care services from a primary care provider in their preferred official language - English %	n/a	n/a	n/a
Language used during the last consultation with a primary health care provider - French %	n/a	n/a	n/a
Received health care services from a primary care provider in their preferred official language - French %	n/a	n/a	n/a

<b>Community</b> Dalhousie, Balmoral, Restigouche Area Belledune Area	<b>Zone 5</b>	<b>Province</b> New Brunswick
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## Persons with a disability

Children diagnosed with special education needs %   2019-2020	n/a	n/a	n/a
Autism/Asperger's syndrome %   2016-2017	1.3	2.4	3.1
Behavioural disorder %   2016-2017	0.3	0.9	1.0
Blind or low vision %   2016-2017	0.3	0.4	0.2
Deaf or hard-of-hearing %   2016-2017	0.8	0.7	0.4
Attention deficit hyperactivity disorder (ADHD) or attention deficit disorder (ADD) %   2019-2020	n/a	n/a	n/a
Intellectual disability %   2016-2017	0.0	0.2	0.3
Language/speech impairment %   2016-2017	1.8	2.4	2.6
Learning disability %   2016-2017	2.2	3.6	2.8
Physical disability %   2016-2017	0.0	0.0	0.3
Mental illness (depression, anxiety, bipolar disorder) %   2016-2017	0.2	0.8	0.3
Gifted %   2016-2017	0.0	0.0	0.4
Other %   2016-2017	2.6	3.3	2.4
Youth diagnosed with special education needs %   2022-2023	35.0	36.5	35.3
Autism/Asperger's syndrome %   2022-2023	3.6	4.3	3.7
Behavioural disorder %   2022-2023	2.7	2.8	2.3
Blind or low vision %   2022-2023	4.3	3.7	3.9
Deaf or hard-of-hearing %   2022-2023	1.9	2.0	1.5
Attention deficit hyperactivity disorder (ADHD) or attention deficit disorder (ADD) %   2022-2023	12.8	13.9	14.0
Intellectual disability %   2018-2019	1.1	0.9	0.4
Language/speech impairment %   2022-2023	3.1	2.4	1.9

	<b>Community Dalhousie, Balmoral, Restigouche Area Belledune Area</b>	<b>Zone 5</b>	<b>Province New Brunswick</b>
Learning disability %   2022-2023	<b>7.5</b>	<b>7.2</b>	<b>6.1</b>
Physical disability %   2022-2023	<b>S</b>	<b>1.5</b>	<b>1.2</b>
Mental illness (depression, anxiety, bipolar disorder) %   2022-2023	<b>18.6</b>	<b>18.6</b>	<b>17.9</b>
Gifted %   2022-2023	<b>2.1</b>	<b>2.5</b>	<b>2.8</b>
Other %   2022-2023	<b>3.4</b>	<b>3.2</b>	<b>2.9</b>
Adults and seniors - with a disability %   2020	<b>28.0</b>	<b>31.7</b>	<b>25.1</b>
Adults %   2020	<b>23.9</b>	<b>24.2</b>	<b>20.8</b>
Seniors %   2020	<b>36.4</b>	<b>38.8</b>	<b>35.6</b>
Self-identifies as a person with a disability or special need %   2023-2024	<b>6.6</b>	<b>8.7</b>	<b>8.0</b>

### **& Type of disability for adults and seniors**

Seeing disability %   2020	<b>21.8</b>	<b>20.7</b>	<b>19.3</b>
Hearing disability %   2020	<b>13.9</b>	<b>18.2</b>	<b>18.4</b>
Mobility disability %   2020	<b>52.5</b>	<b>51.8</b>	<b>56.5</b>
Flexibility disability %   2020	<b>60.5</b>	<b>61.2</b>	<b>54.1</b>
Dexterity disability %   2020	<b>30.3</b>	<b>28.3</b>	<b>24.5</b>
Pain-related disability %   2020	<b>66.6</b>	<b>74.3</b>	<b>72.4</b>
Learning disability %   2020	<b>18.5</b>	<b>22.7</b>	<b>18.0</b>
Mental health-related disability %   2020	<b>25.3</b>	<b>27.2</b>	<b>30.4</b>
Memory disability %   2020	<b>20.9</b>	<b>26.1</b>	<b>25.9</b>

## **Sexual Identity**

Self-identifies as 2SLGBTQIA+ %   2023-2024	<b>14.0</b>	<b>13.5</b>	<b>13.3</b>
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# About this Table

Demographic Context describe the people living in a community.

**Content and description**

Demographic information, such as population count, household structures, language preferences, as well as disability information and sexual minority details.

**Why is this important?**

Knowing who is part of the community is the first part to understanding the community dynamics.

**Availability of the data**

Indicators from a variety of sources are collected, organized, and analyzed by the NBHC. These various data sources are used to represent the population health of New Brunswickers. Each have various levels of reliability and limitations as detailed in the Indicator pages.


This information is available for the 33 NBHC Communities, 7 Health Zones and for New Brunswick overall.


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The Population Health data tables provide a comprehensive view of the people who live, learn, work and take part in activities and in community life in this area.

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**Caption**

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size

 Above-average performance

 Below-average performance