

POPULATION HEALTH

# Demographic context



**Zone 1**  
Moncton and  
South-East Area



**Province**  
New Brunswick

## Population Demographics

Land area km <sup>2</sup>   2016	10,027	71,389
Population density Persons per km <sup>2</sup>   2016	23	11
Population Number   2025	270,158	869,682
0-4 Number   2025	10,915	34,230
5-9 Number   2025	13,726	42,021
10-14 Number   2025	14,814	45,927
15-19 Number   2025	14,154	45,973
20-24 Number   2025	16,955	49,967
25-29 Number   2025	18,505	53,755
30-34 Number   2025	18,919	55,094
35-39 Number   2025	19,666	55,889
40-44 Number   2025	19,547	56,031
45-49 Number   2025	17,686	53,929
50-54 Number   2025	16,465	54,049
55-59 Number   2025	15,483	55,145
60-64 Number   2025	17,521	64,925
65-69 Number   2025	16,405	61,635

	Zone 1 Moncton and South-East Area	Province New Brunswick
70-74 Number   2025	14,474	53,108
75-79 Number   2025	11,723	42,021
80-84 Number   2025	7,014	24,776
85 and over Number   2025	6,186	21,207
Population change from 2016 to 2020 %   2016 to 2020	7	4
Indigenous %   2021	4.0	4.4
Immigrant %   2021	7.4	5.8
Recent immigrant in the last 5 years %   2016 to 2021	3.3	2.1
Visible minority %   2021	8.4	5.8
Median age of population Years   2021	44	46
Birth rate Rate per 1,000 population   2019 to 2023	8	8
Death rate Rate per 1,000 population   2019 to 2023	9	10

## Household

Married or living common-law %   2021	60	59
Couples with children %   2021	43	42
Single parent families %   2021	15	16
Average household size Number   2021	2.3	2.3
Person living alone %   2021	29	30
Private household with 5 or more people %   2021	5	6

## Dependents

Dependency ratio Rate per 100 people in the working age population   2019	67	70
Dependent under 20 years %   2019	20	20

	Zone 1 Moncton and South-East Area	Province New Brunswick
Dependent 65 years and over %   2019	20	21

## Language

Language most spoken at home - English %   2021	60.5	69.1
Language most spoken at home - French %   2021	32.2	26.3
Language most spoken at home - English and French %   2021	2.2	1.3
Language most spoken at home - indigenous languages %   2021	0.4	0.2
Language most spoken at home - other languages %   2021	1.5	1.1
Language most spoken at work - English %   2021	71.7	75.0
Language most spoken at work - French %   2021	21.8	21.0
Language most spoken at work - English and French %   2021	5.9	3.7
Knowledge of official language - English only %   2021	47	58
Knowledge of official language - French only %   2021	3	8
Knowledge of official language - French and English %   2021	50	34
Youth bilingualism - English and French %   2016	63	48
Always received services from a primary care provider in their preferred language - French or English %   2024	95.8	96.6
Always received services from a primary care provider in their preferred language - English %   2024	96.6	97.7
Always received services from a primary care provider in their preferred language - French %   2024	94.3	93.4

## Persons with a disability

Self-identifies as a person with a disability or special need %   2025-2026	8.2	8.7
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### 🦿 Type of disability for adults and seniors

Seeing disability %   2020	17.7	19.3
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	<b>Zone 1</b> Moncton and South-East Area	<b>Province</b> New Brunswick
Hearing disability %   2020	<b>19.7</b>	<b>18.4</b>
Mobility disability %   2020	<b>51.2</b>	<b>56.5</b>
Flexibility disability %   2020	<b>44.8</b>	<b>54.1</b>
Dexterity disability %   2020	<b>19.3</b>	<b>24.5</b>
Pain-related disability %   2020	<b>67.2</b>	<b>72.4</b>
Learning disability %   2020	<b>18.6</b>	<b>18.0</b>
Mental health-related disability %   2020	<b>36.4</b>	<b>30.4</b>
Memory disability %   2020	<b>26.7</b>	<b>25.9</b>

## Sexual Identity

Self-identifies as 2SLGBTQIA+ %   2025-2026	<b>11.4</b>	<b>11.6</b>
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## About this Table

Demographic Context describe the people living in a community.

### **Content and description**

Demographic information, such as population count, household structures, language preferences, as well as disability information and sexual minority details.

### **Why is this important?**

Knowing who is part of the community is the first part to understanding the community dynamics.

### **Availability of the data**

Indicators from a variety of sources are collected, organized, and analyzed by the NBHC. These various data sources are used to represent the population health of New Brunswickers. Each have various levels of reliability and limitations as detailed in the Indicator pages.

This information is available for the 33 NBHC Communities, 7 Health Zones and for New Brunswick overall.

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The Population Health data tables provide a comprehensive view of the people who live, learn, work and take part in activities and in community life in this area.

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### **Caption**

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size

 Above-average performance

 Below-average performance