POPULATION HEALTH

Demographic context

Zone 1
Moncton and
South-East Area

Province
New Brunswick
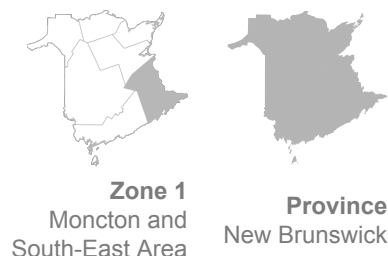
Population Demographics

	Zone 1	Province
Land area km² | 2016	10,027	71,389
Population density Persons per km² | 2016	23	11
Population Number | 2024	262,591	854,355
0-4 Number | 2024	10,521	34,064
5-9 Number | 2024	13,503	42,043
10-14 Number | 2024	14,219	44,963
15-19 Number | 2024	13,634	44,875
20-24 Number | 2024	15,971	48,864
25-29 Number | 2024	17,130	51,393
30-34 Number | 2024	18,141	53,649
35-39 Number | 2024	18,903	54,379
40-44 Number | 2024	18,980	54,860
45-49 Number | 2024	17,014	52,988
50-54 Number | 2024	16,313	54,022
55-59 Number | 2024	15,997	57,293
60-64 Number | 2024	17,630	64,781
65-69 Number | 2024	16,447	61,251

	Zone 1 Moncton and South-East Area	Province New Brunswick
70-74 Number | 2024	14,285	51,597
75-79 Number | 2024	11,245	39,856
80-84 Number | 2024	6,731	23,447
85 and over Number | 2024	5,927	20,030
Population change from 2016 to 2020 % | 2016 to 2020	7	4
Indigenous % | 2021	4.0	4.4
Immigrant % | 2021	7.4	5.8
Recent immigrant in the last 5 years % | 2016 to 2021	3.3	2.1
Visible minority % | 2021	8.4	5.8
Median age of population Years | 2021	44	46
Birth rate Rate per 1,000 population | 2018 to 2022	8	8
Death rate Rate per 1,000 population | 2018 to 2022	9	10

Household

	Zone 1	Province
Married or living common-law % | 2021	60	59
Couples with children % | 2021	43	42
Single parent families % | 2021	15	16
Average household size Number | 2021	2.3	2.3
Person living alone % | 2021	29	30
Private household with 5 or more people % | 2021	5	6

Dependents

	Zone 1	Province
Dependency ratio Rate per 100 people in the working age population | 2019	67	70
Dependent under 20 years % | 2019	20	20

	Zone 1 Moncton and South-East Area	Province New Brunswick
Dependent 65 years and over % | 2019	20	21

Language

Language most spoken at home - English % | 2021	60.5	69.1
Language most spoken at home - French % | 2021	32.2	26.3
Language most spoken at home - English and French % | 2021	2.2	1.3
Language most spoken at home - indigenous languages % | 2021	0.4	0.2
Language most spoken at home - other languages % | 2021	1.5	1.1
Language most spoken at work - English % | 2021	71.7	75.0
Language most spoken at work - French % | 2021	21.8	21.0
Language most spoken at work - English and French % | 2021	5.9	3.7
Knowledge of official language - English only % | 2021	47	58
Knowledge of official language - French only % | 2021	3	8
Knowledge of official language - French and English % | 2021	50	34
Youth bilingualism - English and French % | 2016	63	48
Always received services from a primary care provider in their preferred language - French or English % | 2024	95.8	96.6
Always received services from a primary care provider in their preferred language - English % | 2024	96.6	97.7
Always received services from a primary care provider in their preferred language - French % | 2024	94.3	93.4

Persons with a disability

Self-identifies as a person with a disability or special need % | 2024-2025	7.7	8.4

♿ Type of disability for adults and seniors

Seeing disability % | 2020	17.7	19.3

	Zone 1 Moncton and South-East Area	Province New Brunswick
Hearing disability % | 2020	19.7	18.4
Mobility disability % | 2020	51.2	56.5
Flexibility disability % | 2020	44.8	54.1
Dexterity disability % | 2020	19.3	24.5
Pain-related disability % | 2020	67.2	72.4
Learning disability % | 2020	18.6	18.0
Mental health-related disability % | 2020	36.4	30.4
Memory disability % | 2020	26.7	25.9

Sexual Identity

Self-identifies as 2SLGBTQIA+ % | 2024-2025	11.4	11.9

About this Table

Demographic Context describe the people living in a community.

Content and description
Demographic information, such as population count, household structures, language preferences, as well as disability information and sexual minority details.
Why is this important?
Knowing who is part of the community is the first part to understanding the community dynamics.

Availability of the data
Indicators from a variety of sources are collected, organized, and analyzed by the NBHC. These various data sources are used to represent the population health of New Brunswickers. Each have various levels of reliability and limitations as detailed in the Indicator pages.
This information is available for the 33 NBHC Communities, 7 Health Zones and for New Brunswick overall.

The Population Health data tables provide a comprehensive view of the people who live, learn, work and take part in activities and in community life in this area.

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size

⚑ Above-average performance

⚑ Below-average performance