

POPULATION HEALTH
Demographic context



Population Demographics

Land area km ² 2016	10,027	71,389
Population density Persons per km ² 2016	23	11
Population Number 2023	252,408	834,691
0-4 Number 2023	10,404	33,988
5-9 Number 2023	12,884	40,886
10-14 Number 2023	13,323	42,976
15-19 Number 2023	12,991	43,163
20-24 Number 2023	15,612	48,123
25-29 Number 2023	16,019	49,466
30-34 Number 2023	16,670	50,571
35-39 Number 2023	17,548	51,616
40-44 Number 2023	17,568	52,147
45-49 Number 2023	16,432	52,105
50-54 Number 2023	15,814	53,742
55-59 Number 2023	16,443	59,468
60-64 Number 2023	17,374	64,204
65-69 Number 2023	16,391	60,826

	Zone 1 Moncton and South-East Area	Province New Brunswick
70-74 Number 2023	13,932	50,640
75-79 Number 2023	10,650	37,918
80-84 Number 2023	6,513	22,780
85 and over Number 2023	5,840	20,072
Population change from 2016 to 2020 % 2016 to 2020	7	4
Indigenous % 2021	4.0	4.4
Immigrant % 2021	7.4	5.8
Recent immigrant in the last 5 years % 2016 to 2021	3.3	2.1
Visible minority % 2021	8.4	5.8
Median age of population Years 2021	44	46
Birth rate Rate per 1,000 population 2017 to 2021	8	8
Death rate Rate per 1,000 population 2017 to 2021	9	10

Household

Married or living common-law % 2021	60	59
Couples with children % 2021	43	42
Single parent families % 2021	15	16
Average household size Number 2021	2.3	2.3
Person living alone % 2021	29	30
Private household with 5 or more people % 2021	5	6

Dependents

Dependency ratio Rate per 100 people in the working age population 2019	67	70
Dependent under 20 years % 2019	20	20

	Zone 1 Moncton and South-East Area	Province New Brunswick
Dependent 65 years and over % 2019	20	21

Language

Language most spoken at home - English % 2021	60.5	69.1
Language most spoken at home - French % 2021	32.2	26.3
Language most spoken at home - English and French % 2021	2.2	1.3
Language most spoken at home - indigenous languages % 2021	0.4	0.2
Language most spoken at home - other languages % 2021	1.5	1.1
Language most spoken at work - English % 2021	71.7	75.0
Language most spoken at work - French % 2021	21.8	21.0
Language most spoken at work - English and French % 2021	5.9	3.7
Knowledge of official language - English only % 2021	47	58
Knowledge of official language - French only % 2021	3	8
Knowledge of official language - French and English % 2021	50	34
Youth bilingualism - English and French % 2016	63	48
Always received services from a primary care provider in their preferred language - French or English % 2023	94.1	95.1
Always received services from a primary care provider in their preferred language - English % 2023	93.3	96.0
Always received services from a primary care provider in their preferred language - French % 2023	95.6	92.5

Persons with a disability

Children diagnosed with special education needs % 2019-2020	n/a	n/a
Autism/Asperger's syndrome % 2016-2017	2.2	3.1
Behavioural disorder % 2016-2017	0.9	1.0

	Zone 1 Moncton and South-East Area	Province New Brunswick
Blind or low vision % 2016-2017	0.2	0.2
Deaf or hard-of-hearing % 2016-2017	0.5	0.4
Attention deficit hyperactivity disorder (ADHD) or attention deficit disorder (ADD) % 2019-2020	n/a	n/a
Intellectual disability % 2016-2017	0.3	0.3
Language/speech impairment % 2016-2017	2.9	2.6
Learning disability % 2016-2017	3.3	2.8
Physical disability % 2016-2017	0.4	0.3
Mental illness (depression, anxiety, bipolar disorder) % 2016-2017	0.3	0.3
Gifted % 2016-2017	0.8	0.4
Other % 2016-2017	2.2	2.4
Youth diagnosed with special education needs % 2022-2023	34.9	35.3
Autism/Asperger's syndrome % 2022-2023	3.2	3.7
Behavioural disorder % 2022-2023	2.2	2.3
Blind or low vision % 2022-2023	3.8	3.9
Deaf or hard-of-hearing % 2022-2023	1.4	1.5
Attention deficit hyperactivity disorder (ADHD) or attention deficit disorder (ADD) % 2022-2023	14.6	14.0
Intellectual disability % 2022-2023	0.6	0.6
Language/speech impairment % 2022-2023	1.9	1.9
Learning disability % 2022-2023	6.7	6.1
Physical disability % 2022-2023	1.1	1.2
Mental illness (depression, anxiety, bipolar disorder) % 2022-2023	17.0	17.9
Gifted % 2022-2023	2.8	2.8
Other % 2022-2023	3.0	2.9

	Zone 1 Moncton and South-East Area	Province New Brunswick
Adults and seniors who identify as persons with a disability or special need % 2023	8.5	9.1
Adults % 2023	8.7	9.2
Seniors % 2023	7.9	8.9
Self-identifies as a person with a disability or special need % 2023-2024	7.4	8.0

Type of disability for adults and seniors

Seeing disability % 2020	17.7	19.3
Hearing disability % 2020	19.7	18.4
Mobility disability % 2020	51.2	56.5
Flexibility disability % 2020	44.8	54.1
Dexterity disability % 2020	19.3	24.5
Pain-related disability % 2020	67.2	72.4
Learning disability % 2020	18.6	18.0
Mental health-related disability % 2020	36.4	30.4
Memory disability % 2020	26.7	25.9

Sexual Identity

Self-identifies as 2SLGBTQIA+ % 2023-2024	13.4	13.3
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About this Table

Demographic Context describe the people living in a community.

Content and description

Demographic information, such as population count, household structures, language preferences, as well as disability information and sexual minority details.

Why is this important?

Knowing who is part of the community is the first part to understanding the community dynamics.

Availability of the data

Indicators from a variety of sources are collected, organized, and analyzed by the NBHC. These various data sources are used to represent the population health of New Brunswickers. Each have various levels of reliability and limitations as detailed in the Indicator pages.

This information is available for the 33 NBHC Communities, 7 Health Zones and for New Brunswick overall.


The Population Health data tables provide a comprehensive view of the people who live, learn, work and take part in activities and in community life in this area.

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size

 Above-average performance

 Below-average performance