

POPULATION HEALTH

Demographic context



Zone 2
Fundy Shore and
Saint John Area



Province
New Brunswick

Population Demographics

Land area km ² 2016	10,402	71,389
Population density Persons per km ² 2016	17	11
Population Number 2024	190,642	854,355
0-4 Number 2024	8,208	34,064
5-9 Number 2024	9,922	42,043
10-14 Number 2024	10,634	44,963
15-19 Number 2024	10,735	44,875
20-24 Number 2024	10,181	48,864
25-29 Number 2024	10,977	51,393
30-34 Number 2024	11,954	53,649
35-39 Number 2024	12,148	54,379
40-44 Number 2024	11,958	54,860
45-49 Number 2024	11,962	52,988
50-54 Number 2024	12,267	54,022
55-59 Number 2024	13,057	57,293
60-64 Number 2024	14,726	64,781
65-69 Number 2024	13,724	61,251

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70-74 Number 2024	11,094	51,597
75-79 Number 2024	8,291	39,856
80-84 Number 2024	4,853	23,447
85 and over Number 2024	3,951	20,030
Population change from 2016 to 2020 % 2016 to 2020	4	4
Indigenous % 2021	2.5	4.4
Immigrant % 2021	6.4	5.8
Recent immigrant in the last 5 years % 2016 to 2021	2.0	2.1
Visible minority % 2021	6.2	5.8
Median age of population Years 2021	45	46
Birth rate Rate per 1,000 population 2019 to 2023	8	8
Death rate Rate per 1,000 population 2019 to 2023	11	10

Household

Married or living common-law % 2021	59	59
Couples with children % 2021	44	42
Single parent families % 2021	17	16
Average household size Number 2021	2.3	2.3
Person living alone % 2021	30	30
Private household with 5 or more people % 2021	7	6

Dependents

Dependency ratio Rate per 100 people in the working age population 2019	70	70
Dependent under 20 years % 2019	21	20

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Dependent 65 years and over % | 2019

20**21**

Language

Language most spoken at home - English % 2021	95.5	69.1
Language most spoken at home - French % 2021	0.9	26.3
Language most spoken at home - English and French % 2021	0.3	1.3
Language most spoken at home - indigenous languages % 2021	0.0	0.2
Language most spoken at home - other languages % 2021	1.2	1.1
Language most spoken at work - English % 2021	98.5	75.0
Language most spoken at work - French % 2021	0.9	21.0
Language most spoken at work - English and French % 2021	0.4	3.7
Knowledge of official language - English only % 2021	85	58
Knowledge of official language - French only % 2021	0	8
Knowledge of official language - French and English % 2021	14	34
Youth bilingualism - English and French % 2016	37	48
Always received services from a primary care provider in their preferred language - French or English % 2024	99.0	96.6
Always received services from a primary care provider in their preferred language - English % 2024	99.6	97.7
Always received services from a primary care provider in their preferred language - French % 2024	S	93.4

Persons with a disability

Self-identifies as a person with a disability or special need % 2024-2025	10.2	8.4
& Type of disability for adults and seniors		
Seeing disability % 2020	22.0	19.3

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Hearing disability % 2020	17.4	18.4
Mobility disability % 2020	62.2	56.5
Flexibility disability % 2020	58.5	54.1
Dexterity disability % 2020	27.1	24.5
Pain-related disability % 2020	77.9	72.4
Learning disability % 2020	15.2	18.0
Mental health-related disability % 2020	29.3	30.4
Memory disability % 2020	25.2	25.9

Sexual Identity

Self-identifies as 2SLGBTQIA+ % 2024-2025	12.8	11.9
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About this Table

Demographic Context describe the people living in a community.

Content and description

Demographic information, such as population count, household structures, language preferences, as well as disability information and sexual minority details.

Why is this important?

Knowing who is part of the community is the first part to understanding the community dynamics.

Availability of the data

Indicators from a variety of sources are collected, organized, and analyzed by the NBHC. These various data sources are used to represent the population health of New Brunswickers. Each have various levels of reliability and limitations as detailed in the Indicator pages.

This information is available for the 33 NBHC Communities, 7 Health Zones and for New Brunswick overall.

The Population Health data tables provide a comprehensive view of the people who live, learn, work and take part in activities and in community life in this area.

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size

 Above-average performance

 Below-average performance