

POPULATION HEALTH

Demographic context



Zone 3
Fredericton and
River Valley Area



Province
New Brunswick

Population Demographics

Land area km ² 2016	23,211	71,389
Population density Persons per km ² 2016	8	11
Population Number 2023	195,133	834,691
0-4 Number 2023	8,679	33,988
5-9 Number 2023	10,373	40,886
10-14 Number 2023	10,706	42,976
15-19 Number 2023	10,952	43,163
20-24 Number 2023	12,488	48,123
25-29 Number 2023	13,166	49,466
30-34 Number 2023	12,551	50,571
35-39 Number 2023	12,609	51,616
40-44 Number 2023	12,200	52,147
45-49 Number 2023	11,814	52,105
50-54 Number 2023	12,286	53,742
55-59 Number 2023	13,158	59,468
60-64 Number 2023	13,823	64,204
65-69 Number 2023	12,871	60,826

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70-74 Number 2023	10,567	50,640
75-79 Number 2023	7,900	37,918
80-84 Number 2023	4,841	22,780
85 and over Number 2023	4,149	20,072
Population change from 2016 to 2020 % 2016 to 2020	5	4
Indigenous % 2021	5.1	4.4
Immigrant % 2021	7.1	5.8
Recent immigrant in the last 5 years % 2016 to 2021	2.4	2.1
Visible minority % 2021	6.4	5.8
Median age of population Years 2021	43	46
Birth rate Rate per 1,000 population 2017 to 2021	9	8
Death rate Rate per 1,000 population 2017 to 2021	9	10

Household

Married or living common-law % 2021	60	59
Couples with children % 2021	44	42
Single parent families % 2021	15	16
Average household size Number 2021	2.3	2.3
Person living alone % 2021	28	30
Private household with 5 or more people % 2021	7	6

Dependents

Dependency ratio Rate per 100 people in the working age population 2019	67	70
Dependent under 20 years % 2019	21	20

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Dependent 65 years and over % | 2019 **19** **21**

Language

Language most spoken at home - English % 2021	92.6	69.1
Language most spoken at home - French % 2021	3.0	26.3
Language most spoken at home - English and French % 2021	0.6	1.3
Language most spoken at home - indigenous languages % 2021	0.2	0.2
Language most spoken at home - other languages % 2021	1.3	1.1
Language most spoken at work - English % 2021	97.1	75.0
Language most spoken at work - French % 2021	1.6	21.0
Language most spoken at work - English and French % 2021	1.1	3.7
Knowledge of official language - English only % 2021	81	58
Knowledge of official language - French only % 2021	0	8
Knowledge of official language - French and English % 2021	19	34
Youth bilingualism - English and French % 2016	36	48
Always received services from a primary care provider in their preferred language - French or English % 2023	96.1	95.1
Always received services from a primary care provider in their preferred language - English % 2023	97.6	96.0
Always received services from a primary care provider in their preferred language - French % 2023	S	92.5

Persons with a disability

Children diagnosed with special education needs % 2019-2020	n/a	n/a
Autism/Asperger's syndrome % 2016-2017	3.0	3.1
Behavioural disorder % 2016-2017	0.7	1.0

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Blind or low vision % 2016-2017	0.3	0.2
Deaf or hard-of-hearing % 2016-2017	0.4	0.4
Attention deficit hyperactivity disorder (ADHD) or attention deficit disorder (ADD) % 2019-2020	n/a	n/a
Intellectual disability % 2016-2017	0.2	0.3
Language/speech impairment % 2016-2017	2.4	2.6
Learning disability % 2016-2017	1.7	2.8
Physical disability % 2016-2017	0.4	0.3
Mental illness (depression, anxiety, bipolar disorder) % 2016-2017	0.3	0.3
Gifted % 2016-2017	0.3	0.4
Other % 2016-2017	2.1	2.4
Youth diagnosed with special education needs % 2022-2023	36.1	35.3
Autism/Asperger's syndrome % 2022-2023	3.8	3.7
Behavioural disorder % 2022-2023	2.3	2.3
Blind or low vision % 2022-2023	4.2	3.9
Deaf or hard-of-hearing % 2022-2023	1.6	1.5
Attention deficit hyperactivity disorder (ADHD) or attention deficit disorder (ADD) % 2022-2023	13.5	14.0
Intellectual disability % 2022-2023	0.6	0.6
Language/speech impairment % 2022-2023	2.0	1.9
Learning disability % 2022-2023	5.6	6.1
Physical disability % 2022-2023	1.3	1.2
Mental illness (depression, anxiety, bipolar disorder) % 2022-2023	20.0	17.9
Gifted % 2022-2023	3.1	2.8
Other % 2022-2023	3.0	2.9

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Adults and seniors who identify as persons with a disability or special need % 2023	10.5	9.1
Adults % 2023	10.4	9.2
Seniors % 2023	10.9	8.9
Self-identifies as a person with a disability or special need % 2023-2024	8.7	8.0

Type of disability for adults and seniors

Seeing disability % 2020	19.3	19.3
Hearing disability % 2020	19.5	18.4
Mobility disability % 2020	57.1	56.5
Flexibility disability % 2020	57.5	54.1
Dexterity disability % 2020	25.2	24.5
Pain-related disability % 2020	70.5	72.4
Learning disability % 2020	18.2	18.0
Mental health-related disability % 2020	29.1	30.4
Memory disability % 2020	26.6	25.9

Sexual Identity

Self-identifies as 2SLGBTQIA+ % 2023-2024	14.6	13.3
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About this Table

Demographic Context describe the people living in a community.

Content and description

Demographic information, such as population count, household structures, language preferences, as well as disability information and sexual minority details.

Why is this important?

Knowing who is part of the community is the first part to understanding the community dynamics.

Availability of the data

Indicators from a variety of sources are collected, organized, and analyzed by the NBHC. These various data sources are used to represent the population health of New Brunswickers. Each have various levels of reliability and limitations as detailed in the Indicator pages.

This information is available for the 33 NBHC Communities, 7 Health Zones and for New Brunswick overall.


The Population Health data tables provide a comprehensive view of the people who live, learn, work and take part in activities and in community life in this area.

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size

 Above-average performance

 Below-average performance