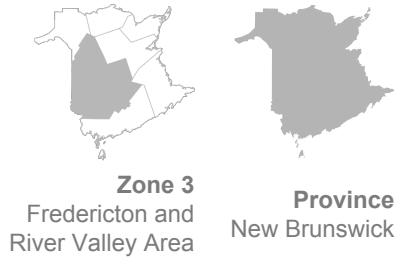


POPULATION HEALTH
Demographic context



Population Demographics

Land area km ² 2016	23,211	71,389
Population density Persons per km ² 2016	8	11
Population Number 2022	191,061	812,061
0-4 Number 2022	8,618	33,459
5-9 Number 2022	9,920	38,742
10-14 Number 2022	10,643	41,870
15-19 Number 2022	10,640	41,976
20-24 Number 2022	12,238	48,383
25-29 Number 2022	13,330	47,961
30-34 Number 2022	12,517	48,307
35-39 Number 2022	12,270	48,962
40-44 Number 2022	11,769	48,999
45-49 Number 2022	11,933	51,567
50-54 Number 2022	12,319	53,953
55-59 Number 2022	13,318	61,033
60-64 Number 2022	13,322	62,767
65-69 Number 2022	12,186	58,570

	Zone 3 Fredericton and River Valley Area	Province New Brunswick
70-74 Number 2022	10,206	49,155
75-79 Number 2022	7,401	35,109
80-84 Number 2022	4,415	21,502
85 and over Number 2022	4,016	19,746
Population change from 2016 to 2020 % 2016 to 2020	5	4
Indigenous % 2021	5.1	4.4
Immigrant % 2021	7.1	5.8
Recent immigrant in the last 5 years % 2016 to 2021	2.4	2.1
Visible minority % 2021	6.4	5.8
Median age of population Years 2021	43	46
Birth rate Rate per 1,000 population 2017 to 2021	9	8
Death rate Rate per 1,000 population 2017 to 2021	9	10

Household

Married or living common-law % 2021	60	59
Couples with children % 2021	44	42
Single parent families % 2021	15	16
Average household size Number 2021	2.3	2.3
Person living alone % 2021	28	30
Private household with 5 or more people % 2021	7	6

Dependents

Dependency ratio Rate per 100 people in the working age population 2019	67	70
Dependent under 20 years % 2019	21	20

Zone 3
Fredericton and
River Valley Area

Province
New Brunswick

Dependent 65 years and over % | 2019 **19** **21**

Language

Language most spoken at home - English % 2021	92.6	69.1
Language most spoken at home - French % 2021	3.0	26.3
Language most spoken at home - English and French % 2021	0.6	1.3
Language most spoken at home - indigenous languages % 2021	0.2	0.2
Language most spoken at home - other languages % 2021	1.3	1.1
Language most spoken at work - English % 2021	97.1	75.0
Language most spoken at work - French % 2021	1.6	21.0
Language most spoken at work - English and French % 2021	1.1	3.7
Knowledge of official language - English only % 2021	81	58
Knowledge of official language - French only % 2021	0	8
Knowledge of official language - French and English % 2021	19	34
Youth bilingualism - English and French % 2016	36	48
Always received services from a primary care provider in their preferred language - French or English % 2023	96.1	95.1
Always received services from a primary care provider in their preferred language - English % 2023	97.6	96.0
Always received services from a primary care provider in their preferred language - French % 2023	S	92.5

Persons with a disability

Children diagnosed with special education needs % 2019-2020	n/a	n/a
Autism/Asperger's syndrome % 2016-2017	3.0	3.1
Behavioural disorder % 2016-2017	0.7	1.0

	Zone 3 Fredericton and River Valley Area	Province New Brunswick
Blind or low vision % 2016-2017	0.3	0.2
Deaf or hard-of-hearing % 2016-2017	0.4	0.4
Attention deficit hyperactivity disorder (ADHD) or attention deficit disorder (ADD) % 2019-2020	n/a	n/a
Intellectual disability % 2016-2017	0.2	0.3
Language/speech impairment % 2016-2017	2.4	2.6
Learning disability % 2016-2017	1.7	2.8
Physical disability % 2016-2017	0.4	0.3
Mental illness (depression, anxiety, bipolar disorder) % 2016-2017	0.3	0.3
Gifted % 2016-2017	0.3	0.4
Other % 2016-2017	2.1	2.4
Youth diagnosed with special education needs % 2022-2023	36.1	35.3
Autism/Asperger's syndrome % 2022-2023	3.8	3.7
Behavioural disorder % 2022-2023	2.3	2.3
Blind or low vision % 2022-2023	4.2	3.9
Deaf or hard-of-hearing % 2022-2023	1.6	1.5
Attention deficit hyperactivity disorder (ADHD) or attention deficit disorder (ADD) % 2022-2023	13.5	14.0
Intellectual disability % 2022-2023	0.6	0.6
Language/speech impairment % 2022-2023	2.0	1.9
Learning disability % 2022-2023	5.6	6.1
Physical disability % 2022-2023	1.3	1.2
Mental illness (depression, anxiety, bipolar disorder) % 2022-2023	20.0	17.9
Gifted % 2022-2023	3.1	2.8
Other % 2022-2023	3.0	2.9

	Zone 3 Fredericton and River Valley Area	Province New Brunswick
Adults and seniors who identify as persons with a disability or special need % 2023	10.5	9.1
Adults % 2023	10.4	9.2
Seniors % 2023	10.9	8.9
Self-identifies as a person with a disability or special need % 2023-2024	8.7	8.0

Type of disability for adults and seniors

Seeing disability % 2020	19.3	19.3
Hearing disability % 2020	19.5	18.4
Mobility disability % 2020	57.1	56.5
Flexibility disability % 2020	57.5	54.1
Dexterity disability % 2020	25.2	24.5
Pain-related disability % 2020	70.5	72.4
Learning disability % 2020	18.2	18.0
Mental health-related disability % 2020	29.1	30.4
Memory disability % 2020	26.6	25.9

Sexual Identity

Self-identifies as 2SLGBTQIA+ % 2023-2024	14.6	13.3
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About this Table

Demographic Context describe the people living in a community.

Content and description

Demographic information, such as population count, household structures, language preferences, as well as disability information and sexual minority details.

Why is this important?

Knowing who is part of the community is the first part to understanding the community dynamics.

Availability of the data

Indicators from a variety of sources are collected, organized, and analyzed by the NBHC. These various data sources are used to represent the population health of New Brunswickers. Each have various levels of reliability and limitations as detailed in the Indicator pages.

This information is available for the 33 NBHC Communities, 7 Health Zones and for New Brunswick overall.

The Population Health data tables provide a comprehensive view of the people who live, learn, work and take part in activities and in community life in this area.

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size

 Above-average performance

 Below-average performance