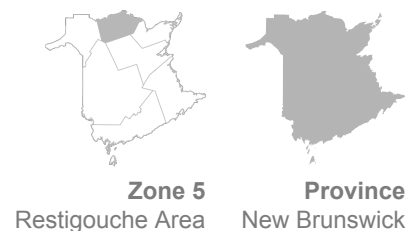


## POPULATION HEALTH

# Demographic context



### Population Demographics

Land area km <sup>2</sup>   2016	5,439	71,389
Population density Persons per km <sup>2</sup>   2016	5	11
Population Number   2023	25,684	834,691
0-4 Number   2023	908	33,988
5-9 Number   2023	1,030	40,886
10-14 Number   2023	1,033	42,976
15-19 Number   2023	1,131	43,163
20-24 Number   2023	1,177	48,123
25-29 Number   2023	1,141	49,466
30-34 Number   2023	1,284	50,571
35-39 Number   2023	1,208	51,616
40-44 Number   2023	1,304	52,147
45-49 Number   2023	1,286	52,105
50-54 Number   2023	1,656	53,742
55-59 Number   2023	2,192	59,468
60-64 Number   2023	2,573	64,204
65-69 Number   2023	2,427	60,826

	<b>Zone 5</b> Restigouche Area	<b>Province</b> New Brunswick
70-74 Number   2023	<b>1,989</b>	<b>50,640</b>
75-79 Number   2023	<b>1,540</b>	<b>37,918</b>
80-84 Number   2023	<b>922</b>	<b>22,780</b>
85 and over Number   2023	<b>883</b>	<b>20,072</b>
Population change from 2016 to 2020 %   2016 to 2020	<b>-1</b>	<b>4</b>
Indigenous %   2021	<b>10.2</b>	<b>4.4</b>
Immigrant %   2021	<b>2.0</b>	<b>5.8</b>
Recent immigrant in the last 5 years %   2016 to 2021	<b>0.4</b>	<b>2.1</b>
Visible minority %   2021	<b>1.7</b>	<b>5.8</b>
Median age of population Years   2021	<b>54</b>	<b>46</b>
Birth rate Rate per 1,000 population   2018 to 2022	<b>7</b>	<b>8</b>
Death rate Rate per 1,000 population   2018 to 2022	<b>14</b>	<b>10</b>

## Household

Married or living common-law %   2021	<b>56</b>	<b>59</b>
Couples with children %   2021	<b>34</b>	<b>42</b>
Single parent families %   2021	<b>19</b>	<b>16</b>
Average household size Number   2021	<b>2.1</b>	<b>2.3</b>
Person living alone %   2021	<b>35</b>	<b>30</b>
Private household with 5 or more people %   2021	<b>4</b>	<b>6</b>

## Dependents

Dependency ratio Rate per 100 people in the working age population   2019	<b>76</b>	<b>70</b>
Dependent under 20 years %   2019	<b>16</b>	<b>20</b>
Dependent 65 years and over %   2019	<b>27</b>	<b>21</b>

**Zone 5**  
Restigouche Area      **Province**  
New Brunswick

## Language

Language most spoken at home - English %   2021	<b>46.2</b>	<b>69.1</b>
Language most spoken at home - French %   2021	<b>50.1</b>	<b>26.3</b>
Language most spoken at home - English and French %   2021	<b>3.1</b>	<b>1.3</b>
Language most spoken at home - indigenous languages %   2021	<b>0.1</b>	<b>0.2</b>
Language most spoken at home - other languages %   2021	<b>0.4</b>	<b>1.1</b>
Language most spoken at work - English %   2021	<b>44.1</b>	<b>75.0</b>
Language most spoken at work - French %   2021	<b>40.5</b>	<b>21.0</b>
Language most spoken at work - English and French %   2021	<b>15.4</b>	<b>3.7</b>
Knowledge of official language - English only %   2021	<b>30</b>	<b>58</b>
Knowledge of official language - French only %   2021	<b>14</b>	<b>8</b>
Knowledge of official language - French and English %   2021	<b>56</b>	<b>34</b>
Youth bilingualism - English and French %   2016	<b>64</b>	<b>48</b>
Always received services from a primary care provider in their preferred language - French or English %   2023	<b>89.5</b>	<b>95.1</b>
Always received services from a primary care provider in their preferred language - English %   2023	<b>91.0</b>	<b>96.0</b>
Always received services from a primary care provider in their preferred language - French %   2023	<b>87.7</b>	<b>92.5</b>

## Persons with a disability

Self-identifies as a person with a disability or special need %   2024-2025	<b>8.2</b>	<b>8.4</b>
<b>🦿 Type of disability for adults and seniors</b>		
Seeing disability %   2020	<b>20.7</b>	<b>19.3</b>
Hearing disability %   2020	<b>18.2</b>	<b>18.4</b>

	<b>Zone 5</b> Restigouche Area	<b>Province</b> New Brunswick
Mobility disability %   2020	<b>51.8</b>	<b>56.5</b>
Flexibility disability %   2020	<b>61.2</b>	<b>54.1</b>
Dexterity disability %   2020	<b>28.3</b>	<b>24.5</b>
Pain-related disability %   2020	<b>74.3</b>	<b>72.4</b>
Learning disability %   2020	<b>22.7</b>	<b>18.0</b>
Mental health-related disability %   2020	<b>27.2</b>	<b>30.4</b>
Memory disability %   2020	<b>26.1</b>	<b>25.9</b>

## Sexual Identity

Self-identifies as 2SLGBTQIA+ %   2024-2025	<b>12.1</b>	<b>11.9</b>
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## About this Table

Demographic Context describe the people living in a community.

### **Content and description**

Demographic information, such as population count, household structures, language preferences, as well as disability information and sexual minority details.

### **Why is this important?**

Knowing who is part of the community is the first part to understanding the community dynamics.

### **Availability of the data**

Indicators from a variety of sources are collected, organized, and analyzed by the NBHC. These various data sources are used to represent the population health of New Brunswickers. Each have various levels of reliability and limitations as detailed in the Indicator pages.

This information is available for the 33 NBHC Communities, 7 Health Zones and for New Brunswick overall.

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The Population Health data tables provide a comprehensive view of the people who live, learn, work and take part in activities and in community life in this area.

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### **Caption**

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size

 Above-average performance

 Below-average performance