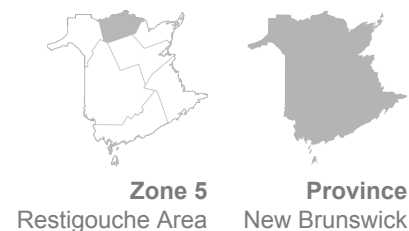


## POPULATION HEALTH

# Demographic context



**Zone 5**  
Restigouche Area

**Province**  
New Brunswick

### Population Demographics

Land area km <sup>2</sup>   2016	<b>5,439</b>	<b>71,389</b>
Population density Persons per km <sup>2</sup>   2016	<b>5</b>	<b>11</b>
Population Number   2023	<b>25,684</b>	<b>834,691</b>
0-4 Number   2023	<b>908</b>	<b>33,988</b>
5-9 Number   2023	<b>1,030</b>	<b>40,886</b>
10-14 Number   2023	<b>1,033</b>	<b>42,976</b>
15-19 Number   2023	<b>1,131</b>	<b>43,163</b>
20-24 Number   2023	<b>1,177</b>	<b>48,123</b>
25-29 Number   2023	<b>1,141</b>	<b>49,466</b>
30-34 Number   2023	<b>1,284</b>	<b>50,571</b>
35-39 Number   2023	<b>1,208</b>	<b>51,616</b>
40-44 Number   2023	<b>1,304</b>	<b>52,147</b>
45-49 Number   2023	<b>1,286</b>	<b>52,105</b>
50-54 Number   2023	<b>1,656</b>	<b>53,742</b>
55-59 Number   2023	<b>2,192</b>	<b>59,468</b>
60-64 Number   2023	<b>2,573</b>	<b>64,204</b>
65-69 Number   2023	<b>2,427</b>	<b>60,826</b>

	Zone 5 Restigouche Area	Province New Brunswick
70-74 Number   2023	1,989	50,640
75-79 Number   2023	1,540	37,918
80-84 Number   2023	922	22,780
85 and over Number   2023	883	20,072
Population change from 2016 to 2020 %   2016 to 2020	-1	4
Indigenous %   2021	10.2	4.4
Immigrant %   2021	2.0	5.8
Recent immigrant in the last 5 years %   2016 to 2021	0.4	2.1
Visible minority %   2021	1.7	5.8
Median age of population Years   2021	54	46
Birth rate Rate per 1,000 population   2017 to 2021	7	8
Death rate Rate per 1,000 population   2017 to 2021	13	10

## Household

Married or living common-law %   2021	56	59
Couples with children %   2021	34	42
Single parent families %   2021	19	16
Average household size Number   2021	2.1	2.3
Person living alone %   2021	35	30
Private household with 5 or more people %   2021	4	6

## Dependents

Dependency ratio Rate per 100 people in the working age population   2019	76	70
Dependent under 20 years %   2019	16	20
Dependent 65 years and over %   2019	27	21

**Zone 5**  
Restigouche Area      **Province**  
New Brunswick

## Language

Language most spoken at home - English %   2021	<b>46.2</b>	<b>69.1</b>
Language most spoken at home - French %   2021	<b>50.1</b>	<b>26.3</b>
Language most spoken at home - English and French %   2021	<b>3.1</b>	<b>1.3</b>
Language most spoken at home - indigenous languages %   2021	<b>0.1</b>	<b>0.2</b>
Language most spoken at home - other languages %   2021	<b>0.4</b>	<b>1.1</b>
Language most spoken at work - English %   2021	<b>44.1</b>	<b>75.0</b>
Language most spoken at work - French %   2021	<b>40.5</b>	<b>21.0</b>
Language most spoken at work - English and French %   2021	<b>15.4</b>	<b>3.7</b>
Knowledge of official language - English only %   2021	<b>30</b>	<b>58</b>
Knowledge of official language - French only %   2021	<b>14</b>	<b>8</b>
Knowledge of official language - French and English %   2021	<b>56</b>	<b>34</b>
Youth bilingualism - English and French %   2016	<b>64</b>	<b>48</b>
Always received services from a primary care provider in their preferred language - French or English %   2023	<b>89.5</b>	<b>95.1</b>
Always received services from a primary care provider in their preferred language - English %   2023	<b>91.0</b>	<b>96.0</b>
Always received services from a primary care provider in their preferred language - French %   2023	<b>87.7</b>	<b>92.5</b>

## Persons with a disability

Children diagnosed with special education needs %   2019-2020	n/a	n/a
Autism/Asperger's syndrome %   2016-2017	<b>2.4</b>	<b>3.1</b>
Behavioural disorder %   2016-2017	<b>0.9</b>	<b>1.0</b>
Blind or low vision %   2016-2017	<b>0.4</b>	<b>0.2</b>

	<b>Zone 5</b> Restigouche Area	<b>Province</b> New Brunswick
Deaf or hard-of-hearing %   2016-2017	<b>0.7</b>	<b>0.4</b>
Attention deficit hyperactivity disorder (ADHD) or attention deficit disorder (ADD) %   2019-2020	n/a	n/a
Intellectual disability %   2016-2017	<b>0.2</b>	<b>0.3</b>
Language/speech impairment %   2016-2017	<b>2.4</b>	<b>2.6</b>
Learning disability %   2016-2017	<b>3.6</b>	<b>2.8</b>
Physical disability %   2016-2017	<b>0.0</b>	<b>0.3</b>
Mental illness (depression, anxiety, bipolar disorder) %   2016-2017	<b>0.8</b>	<b>0.3</b>
Gifted %   2016-2017	<b>0.0</b>	<b>0.4</b>
Other %   2016-2017	<b>3.3</b>	<b>2.4</b>
Youth diagnosed with special education needs %   2022-2023	<b>36.5</b>	<b>35.3</b>
Autism/Asperger's syndrome %   2022-2023	<b>4.3</b>	<b>3.7</b>
Behavioural disorder %   2022-2023	<b>2.8</b>	<b>2.3</b>
Blind or low vision %   2022-2023	<b>3.7</b>	<b>3.9</b>
Deaf or hard-of-hearing %   2022-2023	<b>2.0</b>	<b>1.5</b>
Attention deficit hyperactivity disorder (ADHD) or attention deficit disorder (ADD) %   2022-2023	<b>13.9</b>	<b>14.0</b>
Intellectual disability %   2021-2022	<b>0.7</b>	<b>0.5</b>
Language/speech impairment %   2022-2023	<b>2.4</b>	<b>1.9</b>
Learning disability %   2022-2023	<b>7.2</b>	<b>6.1</b>
Physical disability %   2022-2023	<b>1.5</b>	<b>1.2</b>
Mental illness (depression, anxiety, bipolar disorder) %   2022-2023	<b>18.6</b>	<b>17.9</b>
Gifted %   2022-2023	<b>2.5</b>	<b>2.8</b>
Other %   2022-2023	<b>3.2</b>	<b>2.9</b>
Adults and seniors who identify as persons with a disability or special need %   2023	<b>8.9</b>	<b>9.1</b>

	Zone 5 Restigouche Area	Province New Brunswick
Adults %   2023	8.5	9.2
Seniors %   2023	9.6	8.9
Self-identifies as a person with a disability or special need %   2023-2024	8.7	8.0

### Type of disability for adults and seniors

Seeing disability %   2020	20.7	19.3
Hearing disability %   2020	18.2	18.4
Mobility disability %   2020	51.8	56.5
Flexibility disability %   2020	61.2	54.1
Dexterity disability %   2020	28.3	24.5
Pain-related disability %   2020	74.3	72.4
Learning disability %   2020	22.7	18.0
Mental health-related disability %   2020	27.2	30.4
Memory disability %   2020	26.1	25.9

## Sexual Identity

Self-identifies as 2SLGBTQIA+ %   2023-2024	13.5	13.3
---	------	------

## About this Table

Demographic Context describe the people living in a community.

### **Content and description**

Demographic information, such as population count, household structures, language preferences, as well as disability information and sexual minority details.

### **Why is this important?**

Knowing who is part of the community is the first part to understanding the community dynamics.

### **Availability of the data**

Indicators from a variety of sources are collected, organized, and analyzed by the NBHC. These various data sources are used to represent the population health of New Brunswickers. Each have various levels of reliability and limitations as detailed in the Indicator pages.

This information is available for the 33 NBHC Communities, 7 Health Zones and for New Brunswick overall.

----

The Population Health data tables provide a comprehensive view of the people who live, learn, work and take part in activities and in community life in this area.

---

### **Caption**

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size

 Above-average performance

 Below-average performance