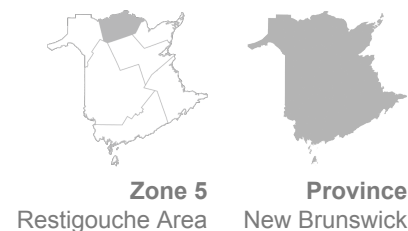


POPULATION HEALTH

Demographic context



Population Demographics

Land area km ² 2016	5,439	71,389
Population density Persons per km ² 2016	5	11
Population Number 2022	25,057	812,061
0-4 Number 2022	870	33,459
5-9 Number 2022	985	38,742
10-14 Number 2022	1,026	41,870
15-19 Number 2022	1,083	41,976
20-24 Number 2022	1,174	48,383
25-29 Number 2022	1,153	47,961
30-34 Number 2022	1,214	48,307
35-39 Number 2022	1,101	48,962
40-44 Number 2022	1,173	48,999
45-49 Number 2022	1,299	51,567
50-54 Number 2022	1,679	53,953
55-59 Number 2022	2,289	61,033
60-64 Number 2022	2,519	62,767
65-69 Number 2022	2,346	58,570

	Zone 5 Restigouche Area	Province New Brunswick
70-74 Number 2022	1,946	49,155
75-79 Number 2022	1,521	35,109
80-84 Number 2022	876	21,502
85 and over Number 2022	803	19,746
Population change from 2016 to 2020 % 2016 to 2020	-1	4
Indigenous % 2021	10.2	4.4
Immigrant % 2021	2.0	5.8
Recent immigrant in the last 5 years % 2016 to 2021	0.4	2.1
Visible minority % 2021	1.7	5.8
Median age of population Years 2021	54	46
Birth rate Rate per 1,000 population 2017 to 2021	7	8
Death rate Rate per 1,000 population 2017 to 2021	13	10

Household

Married or living common-law % 2021	56	59
Couples with children % 2021	34	42
Single parent families % 2021	19	16
Average household size Number 2021	2.1	2.3
Person living alone % 2021	35	30
Private household with 5 or more people % 2021	4	6

Dependents

Dependency ratio Rate per 100 people in the working age population 2019	76	70
Dependent under 20 years % 2019	16	20
Dependent 65 years and over % 2019	27	21

Zone 5
Restigouche Area

Province
New Brunswick

Language

Language most spoken at home - English % 2021	46.2	69.1
Language most spoken at home - French % 2021	50.1	26.3
Language most spoken at home - English and French % 2021	3.1	1.3
Language most spoken at home - indigenous languages % 2021	0.1	0.2
Language most spoken at home - other languages % 2021	0.4	1.1
Language most spoken at work - English % 2021	44.1	75.0
Language most spoken at work - French % 2021	40.5	21.0
Language most spoken at work - English and French % 2021	15.4	3.7
Knowledge of official language - English only % 2021	30	58
Knowledge of official language - French only % 2021	14	8
Knowledge of official language - French and English % 2021	56	34
Youth bilingualism - English and French % 2016	64	48
Language used during the last consultation with a primary health care provider - English % 2022	43.3	70.4
Received health care services from a primary care provider in their preferred official language - English % 2022	87.0	95.6
Language used during the last consultation with a primary health care provider - French % 2022	56.2	28.9
Received health care services from a primary care provider in their preferred official language - French % 2022	85.9	81.2

Persons with a disability

Children diagnosed with special education needs % 2019-2020	n/a	n/a
Autism/Asperger's syndrome % 2016-2017	2.4	3.1
Behavioural disorder % 2016-2017	0.9	1.0

	Zone 5 Restigouche Area	Province New Brunswick
Blind or low vision % 2016-2017	0.4	0.2
Deaf or hard-of-hearing % 2016-2017	0.7	0.4
Attention deficit hyperactivity disorder (ADHD) or attention deficit disorder (ADD) % 2019-2020	n/a	n/a
Intellectual disability % 2016-2017	0.2	0.3
Language/speech impairment % 2016-2017	2.4	2.6
Learning disability % 2016-2017	3.6	2.8
Physical disability % 2016-2017	0.0	0.3
Mental illness (depression, anxiety, bipolar disorder) % 2016-2017	0.8	0.3
Gifted % 2016-2017	0.0	0.4
Other % 2016-2017	3.3	2.4
Youth diagnosed with special education needs % 2022-2023	36.5	35.3
Autism/Asperger's syndrome % 2022-2023	4.3	3.7
Behavioural disorder % 2022-2023	2.8	2.3
Blind or low vision % 2022-2023	3.7	3.9
Deaf or hard-of-hearing % 2022-2023	2.0	1.5
Attention deficit hyperactivity disorder (ADHD) or attention deficit disorder (ADD) % 2022-2023	13.9	14.0
Intellectual disability % 2021-2022	0.7	0.5
Language/speech impairment % 2022-2023	2.4	1.9
Learning disability % 2022-2023	7.2	6.1
Physical disability % 2022-2023	1.5	1.2
Mental illness (depression, anxiety, bipolar disorder) % 2022-2023	18.6	17.9
Gifted % 2022-2023	2.5	2.8
Other % 2022-2023	3.2	2.9

	Zone 5 Restigouche Area	Province New Brunswick
Adults and seniors - with a disability % 2022	31.4	27.0
Adults % 2022	27.6	23.9
Seniors % 2022	38.5	35.3
Self-identifies as a person with a disability or special need % 2023-2024	8.7	8.0

Type of disability for adults and seniors

Seeing disability % 2020	20.7	19.3
Hearing disability % 2020	18.2	18.4
Mobility disability % 2020	51.8	56.5
Flexibility disability % 2020	61.2	54.1
Dexterity disability % 2020	28.3	24.5
Pain-related disability % 2020	74.3	72.4
Learning disability % 2020	22.7	18.0
Mental health-related disability % 2020	27.2	30.4
Memory disability % 2020	26.1	25.9

Sexual Identity

Self-identifies as 2SLGBTQIA+ % 2023-2024	13.5	13.3
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About this Table

Demographic Context describe the people living in a community.

Content and description

Demographic information, such as population count, household structures, language preferences, as well as disability information and sexual minority details.

Why is this important?

Knowing who is part of the community is the first part to understanding the community dynamics.

Availability of the data

Indicators from a variety of sources are collected, organized, and analyzed by the NBHC. These various data sources are used to represent the population health of New Brunswickers. Each have various levels of reliability and limitations as detailed in the Indicator pages.

This information is available for the 33 NBHC Communities, 7 Health Zones and for New Brunswick overall.

The Population Health data tables provide a comprehensive view of the people who live, learn, work and take part in activities and in community life in this area.

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Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size

 Above-average performance

 Below-average performance