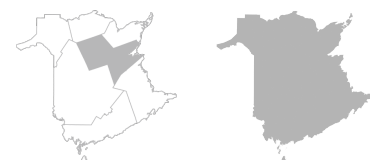


## POPULATION HEALTH

# Demographic context



**Zone 7**  
 Miramichi Area
     
 **Province**  
 New Brunswick

## Population Demographics

Land area km <sup>2</sup>   2016	9,764	71,389
Population density Persons per km <sup>2</sup>   2016	4	11
Population Number   2024	44,387	854,355
0-4 Number   2024	1,610	34,064
5-9 Number   2024	1,935	42,043
10-14 Number   2024	2,137	44,963
15-19 Number   2024	2,162	44,875
20-24 Number   2024	2,262	48,864
25-29 Number   2024	2,352	51,393
30-34 Number   2024	2,348	53,649
35-39 Number   2024	2,308	54,379
40-44 Number   2024	2,428	54,860
45-49 Number   2024	2,657	52,988
50-54 Number   2024	3,079	54,022
55-59 Number   2024	3,342	57,293
60-64 Number   2024	3,730	64,781
65-69 Number   2024	3,630	61,251

	<b>Zone 7 Miramichi Area</b>	<b>Province New Brunswick</b>
70-74 Number   2024	<b>3,206</b>	<b>51,597</b>
75-79 Number   2024	<b>2,422</b>	<b>39,856</b>
80-84 Number   2024	<b>1,448</b>	<b>23,447</b>
85 and over Number   2024	<b>1,331</b>	<b>20,030</b>
Population change from 2016 to 2020 %   2016 to 2020	<b>1</b>	<b>4</b>
Indigenous %   2021	<b>9.5</b>	<b>4.4</b>
Immigrant %   2021	<b>2.6</b>	<b>5.8</b>
Recent immigrant in the last 5 years %   2016 to 2021	<b>0.8</b>	<b>2.1</b>
Visible minority %   2021	<b>2.0</b>	<b>5.8</b>
Median age of population Years   2021	<b>50</b>	<b>46</b>
Birth rate Rate per 1,000 population   2018 to 2022	<b>7</b>	<b>8</b>
Death rate Rate per 1,000 population   2018 to 2022	<b>11</b>	<b>10</b>

## Household

Married or living common-law %   2021	<b>57</b>	<b>59</b>
Couples with children %   2021	<b>40</b>	<b>42</b>
Single parent families %   2021	<b>19</b>	<b>16</b>
Average household size Number   2021	<b>2.2</b>	<b>2.3</b>
Person living alone %   2021	<b>31</b>	<b>30</b>
Private household with 5 or more people %   2021	<b>5</b>	<b>6</b>

## Dependents

Dependency ratio Rate per 100 people in the working age population   2019	<b>75</b>	<b>70</b>
Dependent under 20 years %   2019	<b>18</b>	<b>20</b>
Dependent 65 years and over %   2019	<b>24</b>	<b>21</b>

**Zone 7**  
Miramichi Area

**Province**  
New Brunswick

## Language

Language most spoken at home - English %   2021	78.5	69.1
Language most spoken at home - French %   2021	18.8	26.3
Language most spoken at home - English and French %   2021	1.1	1.3
Language most spoken at home - indigenous languages %   2021	1.1	0.2
Language most spoken at home - other languages %   2021	0.5	1.1
Language most spoken at work - English %   2021	82.2	75.0
Language most spoken at work - French %   2021	14.3	21.0
Language most spoken at work - English and French %   2021	3.0	3.7
Knowledge of official language - English only %   2021	68	58
Knowledge of official language - French only %   2021	3	8
Knowledge of official language - French and English %   2021	28	34
Youth bilingualism - English and French %   2016	37	48
Always received services from a primary care provider in their preferred language - French or English %   2024	92.8	96.6
Always received services from a primary care provider in their preferred language - English %   2024	94.8	97.7
Always received services from a primary care provider in their preferred language - French %   2023	52.7	92.5

## Persons with a disability

Self-identifies as a person with a disability or special need %   2024-2025	7.9	8.4
---	-----	-----

### Type of disability for adults and seniors

Seeing disability %   2020	17.8	19.3
Hearing disability %   2020	17.1	18.4

	<b>Zone 7 Miramichi Area</b>	<b>Province New Brunswick</b>
Mobility disability %   2020	<b>60.1</b>	<b>56.5</b>
Flexibility disability %   2020	<b>53.0</b>	<b>54.1</b>
Dexterity disability %   2020	<b>20.8</b>	<b>24.5</b>
Pain-related disability %   2020	<b>68.6</b>	<b>72.4</b>
Learning disability %   2020	<b>12.7</b>	<b>18.0</b>
Mental health-related disability %   2020	<b>29.5</b>	<b>30.4</b>
Memory disability %   2020	<b>22.2</b>	<b>25.9</b>

## Sexual Identity

Self-identifies as 2SLGBTQIA+ %   2024-2025	<b>12.9</b>	<b>11.9</b>
---	-------------	-------------

# About this Table

Demographic Context describe the people living in a community.

**Content and description**

Demographic information, such as population count, household structures, language preferences, as well as disability information and sexual minority details.

**Why is this important?**

Knowing who is part of the community is the first part to understanding the community dynamics.

**Availability of the data**

Indicators from a variety of sources are collected, organized, and analyzed by the NBHC. These various data sources are used to represent the population health of New Brunswickers. Each have various levels of reliability and limitations as detailed in the Indicator pages.

This information is available for the 33 NBHC Communities, 7 Health Zones and for New Brunswick overall.

----

The Population Health data tables provide a comprehensive view of the people who live, learn, work and take part in activities and in community life in this area.

.....

**Caption**

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size

 Above-average performance

 Below-average performance