

## PRIMARY HEALTH SURVEY

# **Health of New Brunswickers**

ontext: S	ocial and economic factors
Sense of comm	nunity belonging, somewhat strong or very strong %
Provides long-t	erm care for someone %
Has internet ac	ccess at home %
Health liter	racy g medical information
	ation about condition/prescription is hard to understand, always or usually %
Medical an	d dental insurance
No dental insur	ance %
No insurance for	or eye glasses or contact lenses %
No insurance for	or prescription medications %
, Social isola	ation and loneliness
Lonely (based	on loneliness score) %
Lacks compani	onship, some of the time or often %
Feels left out, s	some of the time or often %
Feels isolated,	some of the time or often %
Contributo	rs to feelings of stress in the last 12 months
Time pressures	s or not having enough time %
Physical health	problem or condition %
Emotional or m	ental health problem or condition %
Financial situat	ion %



	Work situation %
	School, college or university %
	Employment status %
	Caring for their own children %
	Caring for others (parents, family or friends) %
	Other personal or family responsibilities %
	Personal relationships %
	Discrimination %
	Personal safety or family's safety %
	Health of family members %
Н	ealth status
*	Quality of life  Life satisfaction, satisfied or very satisfied %
	Perceived health, very good or excellent %  Perceived mental health, very good or excellent %
	reference mental health, very good of excellent 70
Ħ	Self-reported height and weight  Obesity %
<b>2</b>	Prevalence of chronic health conditions  Among list of chronic conditions: arthritis, asthma, chronic pain, emphysema or COPD, cancer, diabetes, depression, mood disorder other than depression, heart disease, stroke, high blood pressure, gastric reflux  One or more chronic health conditions %
	Three or more chronic health conditions %
Ť	Types of chronic health conditions (physical health)  Arthritis %
	Asthma %



	Chronic pain %
	Emphysema/COPD %
	Cancer %
	Diabetes %
	Heart disease %
	Stroke %
	Hypertension %
	Gastric reflux %
	High cholesterol %
<b>4</b>	Types of chronic health conditions (mental health)
	Depression %
	Anxiety %
	Mood disorder (other than depression) %
<b>a</b>	Types of chronic health conditions (memory)
	Someone in household has memory problem %
	Memory problem interferes with day-to-day function $\%$
•	Management of chronic health conditions
•	Confidence in managing their health condition, very confident %
	Knows how to try to prevent further problems with health condition, strongly agree %
<b>%</b>	Injury in the last 12 months
	Has been injured and had to be treated %
Æ	\ Disability
<u></u>	Limited in activities because of a physical or mental condition or a health problem, sometimes or often %
	Developmental disability %



	Dexterity disability %	
	Flexibility disability %	
	Hearing disability %	
	Learning disability %	
	Memory disability %	
	Mental health-related disability %	
	Mobility disability %	
	Pain-related disability %	
,	Seeing disability %	
	Chronic health condition %	
Heal	Ith promotion and prevention	
Talk	ks to health professional about improving health and preventing illness, always or usually %	
Flu shot in the last 12 months		
Adu	ılts %	
Sen	niors %	
For	reening in the last 12 months citizens with diabetes, heart disease, stroke or high blood pressure dimeasurement for blood pressure %	

## **Health behaviours**

Had test for cholesterol %

Had test for blood sugar %

Had measurement for body weight %

## **I** ● Habits and beliefs

Believes their health largely depends on how well they take care of themselves, strongly agrees %





## About this Table

#### Content and description

Data on self-reported information regarding New Brunswickers' demographic context, determinants of health and health status. Topics include: age, sex, gender, immigration status, education and health literacy, economic and social factors, as well as self-reported health status, prevention efforts, health behaviours and use of medication.

#### Why it is important

By better understanding the determinants of health and the health of New Brunswickers, we can better assess the needs of the population, better plan for health services and allocate resources accordingly.

#### Availability of the data

The information for this data table is available at different geographical levels as well as by demographic groups. More information is available on our Primary Health Survey page. Note about 2020 data

The 2020 edition of the Primary Health Survey (PHS) was conducted during the COVID-19 pandemic. While the pandemic did not influence the survey's response rate, the NBHC had to assess the impact of surveying during the pandemic. Accordingly, advanced statistical analyses were performed to allow for comparison between the results obtained in 2020 and those obtained in previous PHS cycles. Some indicators had to be suppressed in the 2020 edition as part of this process. Despite these analyses, users are advised to use the 2020 data with caution, especially when creating estimates for small sub-populations or when comparing it to other PHS editions.

### Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size



Above-average performance



P Below-average performance