

POPULATION HEALTH
Health services



Province
New Brunswick

Access to Services

Has a primary care provider % 2024	77.2
Adults % 2024	74.6
Seniors % 2024	83.8
Has a family doctor % 2024	74.2
Has a nurse practitioner % 2024	3.5
Does not have a primary care provider % 2024	22.8
Adults % 2024	25.4
Seniors % 2024	16.2

 **Types of services used most often when sick or in need of care**

Family doctor % 2020	57.0
After-hours clinic or walk-in clinic % 2020	20.5
Hospital emergency department % 2020	10.4

 **Types of services used**

Virtual consultation (with primary care provider, eVisitNB, Tele-Care 811, etc.) % 2024	47.3
After-hours clinic or walk-in clinic % 2020	35.1
Community health centre % 2020	13.1
Ambulance services % 2020	6.8

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Hospital emergency department % 2020	38.1
Admitted to a hospital % 2020	10.5
Seen a specialist for the first time % 2020	17.9
Received home care services, with the cost being covered by the government % 2020	4.4

⌚ Wait time to access services

Primary care provider - able to have an appointment within 5 days % 2024	34.2
Adults % 2024	32.2
Seniors % 2024	38.6
Hospital emergency department - waited less than 4 hours % 2020	65.5
Specialist - waited less than 1 month for a first visit % 2020	40.7
Wait time to long term care home placement Days 2019-2020	70

❓ Reason for using services

Hospitalization following an injury Rate per 10,000 population 2017-2018 to 2019-2020	74
Youth - hospitalization following an injury Rate per 10,000 population aged 17 and under 2017-2018 to 2019-2020	29
Adults - hospitalization following an injury Rate per 10,000 population aged 18 to 64 2017-2018 to 2019-2020	42
Seniors - hospitalization following an injury Rate per 10,000 population aged 65 and over 2017-2018 to 2019-2020	208
Hospitalization for mental health disorder Rate per 10,000 population 2017-2018 to 2019-2020	51
Youth - hospitalization for mental health disorder Rate per 10,000 population aged 17 and under 2017-2018 to 2019-2020	33
Adults - hospitalization for mental health disorder Rate per 10,000 population aged 18 to 64 2017-2018 to 2019-2020	64
Seniors - hospitalization for mental health disorder Rate per 10,000 population aged 65 and over 2017-2018 to 2019-2020	28
Avoidable hospitalization Rate per 10,000 population aged 74 and under 2016-2017 to 2019-2020	52

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Youth - needed to see or talk to someone for a mental or emotional problem % 2023-2024	33.1
Saw or talked to a health professional about their mental or emotional health, or their use of alcohol or drugs % 2023	18.2
Adults % 2023	21.8
Seniors % 2023	8.7

↔| Unmet needs

Youth - who needed to see or talk to someone about their mental or emotional problem but didn't % 2023-2024	7.0
Adults and seniors - who needed to see or talk to a health professional about their mental health but didn't % 2023	33.7
Adults and seniors - who felt that they needed home care services, but they did not receive any % 2020	3.0

⚠ Barriers to health services

Financial barrier in getting the health care they needed % 2020	26.5
Did not fill a prescription for medicine, or skipped doses because of the cost % 2024	9.2
Skipped dental care because of costs % 2020	20.6
Skipped a medical test, treatment or other because of the cost % 2024	6.4
Health care services not available in their area % 2024	31.0
Travel over 100 kms to use a health service % 2024	17.0
Transportation problems in getting health care % 2024	5.7
Unable to leave the house due to a health problem % 2024	10.5
Trouble getting medical or rehabilitation equipment or supplies % 2020	4.2
Trouble navigating the health system % 2024	18.6
Have language barrier communicating with a health professional % 2024	4.3
Difficulties in receiving virtual health care - accessing high-speed internet % 2024	5.7

⚠ Barriers to mental health services

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Services not available in their area % 2024	38.6
Wait time for the services was too long % 2024	57.5
Were too busy % 2024	41.2
Services not available at a convenient time for me % 2024	43.7
Could not afford the cost, or insurance did not cover enough % 2024	37.2
Did not know how or where to get help % 2024	51.0
Were concerned about what others would think % 2024	19.8
Thought the problem would go away on its own % 2024	48.8
Other reasons % 2024	28.0

Experiences with Services

🔍 Screening and prevention

Newborn and infant - universal hearing screening % 2019-2020	91
Kindergarten children - meet immunization requirements % 2019-2020	73
Grade 7 female students - immunized with complete series of HPV immunization % 2017-2018	75
Have seen or talked to a dental professional in the last 12 months % 2020	69.7
Adults % 2020	67.0
Seniors % 2020	60.0
Consulted with primary care provider in the last 12 months % 2024	88.0
Adults % 2024	85.5
Seniors % 2024	93.8
Talk to a health professional about improving health and preventing illness, always or usually % 2020	26.3
Adults % 2020	25.2
Seniors % 2020	28.6

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Flu shot in the last 12 months % 2020	46.5
Adults % 2020	39.5
Seniors % 2020	65.9
Breast cancer screening % 2021 to 2023	52
Pap test % 2014 to 2017	65
Very confident in managing their health condition % 2024	34.2
Adults % 2024	32.4
Seniors % 2024	37.4

Communication

Primary care provider - always explains things in a way that they can understand % 2024	70.4
Primary care provider - spent enough time with them, always % 2024	54.5
Primary care provider - limits the number of problems they can discuss in a visit % 2024	24.6
Verbal information about condition/prescription is easy to understand, always or usually % 2020	91.7
Adults % 2020	91.2
Seniors % 2020	93.3
Written information about condition/prescription is hard to understand, always or usually % 2020	12.3
Adults % 2020	11.9
Seniors % 2020	13.1
Virtual consultation - was able to communicate their health concerns as well as they would have in-person % 2024	71.4
Adults % 2024	70.6
Seniors % 2024	73.5
Know what their prescribed medications do, strongly agree % 2024	48.2
Pharmacists - help the most in understanding how to take their medications % 2020	70.1
Primary care provider - always helps them coordinate the care from other providers % 2024	58.5

★ Favourable rating of services received

Citizens - provide a favourable rating for overall health care services received % 2024	55.5
Adults % 2024	49.9
Seniors % 2024	69.5

About this Table

Health Services are designed to prevent and treat diseases which impact population health. Access to care or services at the right place, the right time and based on the respective needs is a key aspect of quality of service that influences the health of individuals.

Content and description

Information on access to services, such as the types of services used most often, the reason for using the services, unmet needs and barriers to these services as well as some wait time information. Experiences with the Health Services include screening and prevention use, communication with service providers, coordination of services and evaluation of services received are also available here.

Why is this important?

Understanding how these health services are delivered in New Brunswick communities can help us understand the variability in health service access and quality.

Availability of the data

Indicators from a variety of sources are collected, organized, and analyzed by the NBHC. These data sources are used to represent the population health of New Brunswickers. Each have various levels of reliability and limitations as detailed in the Indicator pages. The information for this data table is available for the 33 NBHC Communities, 7 Health Zones and for New Brunswick overall.

The Population Health data table series provides comprehensive view about the people who live, learn, work, take part in activities and in community life in this area.

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size

 Above-average performance

 Below-average performance