POPULATION HEALTH

Health services



Province
New Brunswick

Access to Services

Has a primary care provider % | 2025	**72.6**
Adults % | 2025	**68.9**
Seniors % | 2025	**82.2**
Has a family doctor % | 2025	**67.9**
Has a nurse practitioner % | 2025	**5.0**
Does not have a primary care provider % | 2025	**27.4**
Adults % | 2025	**31.1**
Seniors % | 2025	**17.8**

Types of services used most often when sick or in need of care

Family doctor % | 2020	**57.0**
After-hours clinic or walk-in clinic % | 2020	**20.5**
Hospital emergency department % | 2020	**10.4**

Types of services used

Virtual consultation (with primary care provider, eVisitNB, Tele-Care 811, etc.) % | 2024	**47.3**
After-hours clinic or walk-in clinic % | 2020	**35.1**
Community health centre % | 2020	**13.1**
Ambulance services % | 2020	**6.8**

	Province New Brunswick
Hospital emergency department % | 2020	**38.1**
Admitted to a hospital % | 2020	**10.5**
Seen a specialist for the first time % | 2020	**17.9**
Received home care services, with the cost being covered by the government % | 2020	**4.4**

Wait time to access services

Primary care provider - able to have an appointment within 5 days % | 2025	**33.7**
Adults % | 2025	**31.0**
Seniors % | 2025	**39.6**
Hospital emergency department - waited less than 4 hours % | 2020	**65.5**
Specialist - waited less than 1 month for a first visit % | 2020	**40.7**
Wait time to long term care home placement Days | 2019-2020	**70**

Reason for using services

Hospitalization following an injury Rate per 100,000 population | 2024-2025	**675**
Youth - hospitalization following an injury Rate per 10,000 population aged 17 and under | 2017-2018 to 2019-2020	**29**
Adults - hospitalization following an injury Rate per 10,000 population aged 18 to 64 | 2017-2018 to 2019-2020	**42**
Seniors - hospitalization following an injury Rate per 10,000 population aged 65 and over | 2017-2018 to 2019-2020	**208**
Hospitalization for mental health disorder Rate per 10,000 population | 2017-2018 to 2019-2020	**51**
Youth - hospitalization for mental health disorder Rate per 10,000 population aged 17 and under | 2017-2018 to 2019-2020	**33**
Adults - hospitalization for mental health disorder Rate per 10,000 population aged 18 to 64 | 2017-2018 to 2019-2020	**64**
Seniors - hospitalization for mental health disorder Rate per 10,000 population aged 65 and over | 2017-2018 to 2019-2020	**28**
Avoidable hospitalization Rate per 10,000 population aged 74 and under | 2016-2017 to 2019-2020	**52**

	Province New Brunswick
Youth - needed to see or talk to someone for a mental or emotional problem % | 2025-2026	**33.3**
Saw or talked to a health professional about their mental or emotional health, or their use of alcohol or drugs % | 2023	**18.2**
Adults % | 2023	**21.8**
Seniors % | 2023	**8.7**

Unmet needs

Youth - who needed to see or talk to someone about their mental or emotional problem but didn't % | 2025-2026	**7.5**
Adults and seniors - who needed to see or talk to a health professional about their mental health but didn't % | 2023	**33.7**
Adults and seniors - who felt that they needed home care services, but they did not receive any % | 2020	**3.0**

Barriers to health services

Financial barrier in getting the health care they needed % | 2020	**26.5**
Did not fill a prescription for medicine, or skipped doses because of the cost % | 2024	**9.2**
Skipped dental care because of costs % | 2020	**20.6**
Skipped a medical test, treatment or other because of the cost % | 2024	**6.4**
Health care services not available in their area % | 2024	**31.0**
Travel over 100 kms to use a health service % | 2024	**17.0**
Transportation problems in getting health care % | 2024	**5.7**
Unable to leave the house due to a health problem % | 2024	**10.5**
Trouble getting medical or rehabilitation equipment or supplies % | 2020	**4.2**
Trouble navigating the health system % | 2024	**18.6**
Have language barrier communicating with a health professional % | 2024	**4.3**
Difficulties in receiving virtual health care - accessing high-speed internet % | 2024	**5.7**

Barriers to mental health services

	Province New Brunswick
Services not available in their area % | 2025	**41.3**
Wait time for the services was too long % | 2025	**57.2**
Were too busy % | 2025	**38.1**
Services not available at a convenient time for me % | 2025	**43.2**
Could not afford the cost, or insurance did not cover enough % | 2025	**33.0**
Did not know how or where to get help % | 2025	**47.4**
Were concerned about what others would think % | 2025	**17.7**
Thought the problem would go away on its own % | 2025	**39.1**
Other reasons % | 2025	**36.6**

Experiences with Services

Screening and prevention

Newborn and infant - universal hearing screening % | 2019-2020	**91**
Kindergarten children - meet immunization requirements % | 2019-2020	**73**
Grade 7 female students - immunized with complete series of HPV immunization % | 2017-2018	**75**
Have seen or talked to a dental professional in the last 12 months % | 2020	**69.7**
Adults % | 2020	**67.0**
Seniors % | 2020	**60.0**
Consulted with primary care provider in the last 12 months % | 2025	**89.3**
Adults % | 2025	**87.3**
Seniors % | 2025	**93.8**
Talk to a health professional about improving health and preventing illness, always or usually % | 2020	**26.3**
Adults % | 2020	**25.2**
Seniors % | 2020	**28.6**

	Province New Brunswick
Flu shot in the last 12 months % | 2020	**46.5**
Adults % | 2020	**39.5**
Seniors % | 2020	**65.9**
Breast cancer screening % | 2023-2025	**54.5**
Pap test % | 2021-2024	**57.1**
Very confident in managing their health condition % | 2024	**34.2**
Adults % | 2024	**32.4**
Seniors % | 2024	**37.4**

Communication

Primary care provider - always explains things in a way that they can understand % | 2025	**69.3**
Primary care provider - spent enough time with them, always % | 2025	**52.1**
Primary care provider - limits the number of problems they can discuss in a visit % | 2025	**26.2**
Verbal information about condition/prescription is easy to understand, always or usually % | 2020	**91.7**
Adults % | 2020	**91.2**
Seniors % | 2020	**93.3**
Written information about condition/prescription is hard to understand, always or usually % | 2020	**12.3**
Adults % | 2020	**11.9**
Seniors % | 2020	**13.1**
Virtual consultation - was able to communicate their health concerns as well as they would have in-person % | 2024	**71.4**
Adults % | 2024	**70.6**
Seniors % | 2024	**73.5**
Know what their prescribed medications do, strongly agree % | 2024	**48.2**
Pharmacists - help the most in understanding how to take their medications % | 2020	**70.1**
Primary care provider - always helps them coordinate the care from other providers % | 2025	**55.6**

	Province
	New Brunswick

★ Favourable rating of services received

Citizens - provide a favourable rating for overall health care services received % | 2025	**58.2**
Adults % | 2025	**52.9**
Seniors % | 2025	**71.3**

About this Table

Health Services are designed to prevent and treat diseases which impact population health.
Access to care or services at the right place, the right time and based on the respective needs is a key aspect of quality of service that influences the health of individuals.

Content and description

Information on access to services, such as the types of services used most often, the reason for using the services, unmet needs and barriers to these services as well as some wait time information. Experiences with the Health Services include screening and prevention use, communication with service providers, coordination of services and evaluation of services received are also available here.

Why is this important?

Understanding how these health services are delivered in New Brunswick communities can help us understand the variability in health service access and quality.

Availability of the data

Indicators from a variety of sources are collected, organized, and analyzed by the NBHC. These data sources are used to represent the population health of New Brunswickers. Each have various levels of reliability and limitations as detailed in the Indicator pages. The information for this data table is available for the 33 NBHC Communities, 7 Health Zones and for New Brunswick overall.

The Population Health data table series provides comprehensive view about the people who live, learn, work, take part in activities and in community life in this area.

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size

Above-average performance

Below-average performance