

POPULATION HEALTH
Health services



Province
 New Brunswick

Access to Services

Have a family doctor % 2020	86.0
Have a nurse practitioner % 2020	4.4

Types of services used most often when sick or in need of care

Family doctor % 2020	57.0
After-hours clinic or walk-in clinic % 2020	20.5
Hospital emergency department % 2020	10.4

Types of services used

Tele-Care 811 % 2020	14.5
After-hours clinic or walk-in clinic % 2020	35.1
Community health centre % 2020	13.1
Ambulance services % 2020	6.8
Hospital emergency department % 2020	38.1
Admitted to a hospital % 2020	10.5
Seen a specialist for the first time % 2020	17.9
Received home care services, with the cost being covered by the government % 2020	4.4

Reason for using services



	Province New Brunswick
Hospitalization following an injury Rate per 10,000 population 2017-2018 to 2019-2020	74
Youth - hospitalization following an injury Rate per 10,000 population aged 17 and under 2017-2018 to 2019-2020	29
Adults - hospitalization following an injury Rate per 10,000 population aged 18 to 64 2017-2018 to 2019-2020	42
Seniors - hospitalization following an injury Rate per 10,000 population aged 65 and over 2017-2018 to 2019-2020	208
Hospitalization for mental health disorder Rate per 10,000 population 2017-2018 to 2019-2020	51
Youth - hospitalization for mental health disorder Rate per 10,000 population aged 17 and under 2017-2018 to 2019-2020	33
Adults - hospitalization for mental health disorder Rate per 10,000 population aged 18 to 64 2017-2018 to 2019-2020	64
Seniors - hospitalization for mental health disorder Rate per 10,000 population aged 65 and over 2017-2018 to 2019-2020	28
Avoidable hospitalization Rate per 10,000 population aged 75 and under 2016-2017 to 2019-2020	52
Youth - needed to see or talk to someone for a mental or emotional problem % 2021-2022	34.1
Saw or talked to a health professional about their mental or emotional health, or their use of alcohol or drugs % 2020	16.1
Adults % 2020	17.5
Seniors % 2020	7.4

↔ Unmet needs

Youth - who needed to see or talk to someone about their mental or emotional problem but didn't % 2021-2022	6.5
Adults and seniors - who needed to see or talk to a health professional about their mental health but didn't % 2020	32.6
Adults and seniors - who felt that they needed home care services, but they did not receive any % 2020	3.0

⚠ Barriers to health services

Financial barrier in getting the health care they needed % 2020	26.5
Did not fill a prescription for medicine, or skipped doses because of the cost % 2020	5.8

	Province New Brunswick
Skipped dental care because of costs % 2020	20.6
Skipped a medical test, treatment or other because of the cost % 2020	3.2
Health care services not available in their area % 2020	14.0
Travel over 100 kms to use a health service % 2020	17.6
Transportation problems in getting health care % 2020	5.5
Unable to leave the house due to a health problem % 2020	11.2
Trouble getting medical or rehabilitation equipment or supplies % 2020	4.2
Trouble navigating the health system % 2020	7.6
Have language barrier communicating with a health professional % 2020	3.8
 Barriers to mental health services	
Services not available in their area % 2020	13.7
Wait time for the services was too long % 2020	23.8
Were too busy % 2020	25.4
Services not available at a convenient time for me % 2020	16.3
Could not afford the cost, or insurance did not cover enough % 2020	17.7
Did not know how or where to get help % 2020	19.8
Were concerned about what others would think % 2020	15.3
Other reasons % 2020	28.6
 Wait time to access services	
Family doctor - waited 5 days or less to have an appointment % 2020	50.8
Adults % 2020	49.8
Seniors % 2020	57.9
Hospital emergency department - waited less than 4 hours % 2020	65.5
Specialist - waited less than 1 month for a first visit % 2020	40.7

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Wait time to long term care home placement Days | 2019-2020

70

Experiences with Services

Screening and prevention

Newborn and infant - universal hearing screening % | 2019-2020 91

Kindergarten children - meet immunization requirements % | 2019-2020 73

Grade 7 female students - immunized with complete series of HPV immunization % | 2017-2018 75

Have seen or talked to a dental professional in the last 12 months % | 2020 69.7

Adults % | 2020 67.0

Seniors % | 2020 60.0

Have visited their family doctor in the last 12 months % | 2020 87.2

Adults % | 2020 84.5

Seniors % | 2020 94.2

Talk to a health professional about improving health and preventing illness, always or usually % | 2020 26.3

Adults % | 2020 25.2

Seniors % | 2020 28.6

Flu shot in the last 12 months % | 2020 46.5

Adults % | 2020 39.5

Seniors % | 2020 65.9

Breast cancer screening % | 2015 to 2017 59

Pap test % | 2014 to 2017 65

Adults - very confident in managing their health condition % | 2020 40.2

Communication

Family doctor - always explains things in a way that they can understand % | 2020 75.7

	Province New Brunswick
Family doctor - always gives them enough time to discuss % 2020	66.9
Family doctor - always involves them in decisions about their health care % 2020	71.8
Verbal information about condition/prescription is easy to understand, always or usually % 2020	91.7
Adults % 2020	91.2
Seniors % 2020	93.3
Written information about condition/prescription is hard to understand, always or usually % 2020	12.3
Adults % 2020	11.9
Seniors % 2020	13.1
Know what their prescribed medications do, strongly agree % 2020	49.6
Pharmacists - help the most in understanding how to take their medications % 2020	70.1
Family doctor - always helps them coordinate the care from other providers % 2020	68.7
★ Favourable rating of services received	
Citizens - provide a favourable rating for overall health care services received % 2020	66.2
Adults % 2020	63.5
Seniors % 2020	80.7
Family doctor - always helps them coordinate the care from other providers % 2020	68.7

About this Table

Health Services are designed to prevent and treat diseases which impact population health. Access to care or services at the right place, the right time and based on the respective needs is a key aspect of quality of service that influences the health of individuals.

Content and description

Information on access to services, such as the types of services used most often, the reason for using the services, unmet needs and barriers to these services as well as some wait time information. Experiences with the Health Services include screening and prevention use, communication with service providers, coordination of services and evaluation of services received are also available here.

Why is this important?

Understanding how these health services are delivered in New Brunswick communities can help us understand the variability in health service access and quality.

Availability of the data

Indicators from a variety of sources are collected, organized, and analyzed by the NBHC. These data sources are used to represent the population health of New Brunswickers. Each have various levels of reliability and limitations as detailed in the Indicator pages.

The information for this data table is available for the 33 NBHC Communities, 7 Health Zones and for New Brunswick overall.

The Population Health data table series provides comprehensive view about the people who live, learn, work, take part in activities and in community life in this area.

Caption

n/a = Not applicable / not available

S = Data was suppressed due to low respondent counts