

## POPULATION HEALTH

# **Health services**







Zone 3 Fredericton and Woodstock, River Valley Area



Province New Brunswick

Has a primary care provider %   2020	92.0	86.3	8
Adults %   2020	91.1	84.1	8
Seniors %   2020	94.6	92.5	9
Has a family doctor %   2020	88.5	80.4	8
Has a nurse practitioner %   2020	3.6	5.7	
Does not have a primary care provider %	n/a	n/a	
Adults %	n/a	n/a	
Seniors %	n/a	n/a	
Types of services used most often when sick or in nec	ed of care		
Family doctor %   2020	66.0	59.5	5
	8.7	17.2	2
After-hours clinic or walk-in clinic %   2020			
	18.2	9.9	1
Hospital emergency department %   2020	18.2	9.9	1
After-hours clinic or walk-in clinic %   2020  Hospital emergency department %   2020  Types of services used  Virtual consultation (with primary care provider, eVisitNB, Tele-Care 811, etc.) %	<b>18.2</b> n/a	<b>9.9</b> n/a	1



	Community Florenceville-Bristol, Woodstock, Wakefield Area	Zone 3 Fredericton and River Valley Area	<b>Province</b> New Brunswick
Community health centre %   2020	9.2	13.2	13.1
Ambulance services %   2020	7.9	6.4	6.8
Hospital emergency department %   2020	48.3	33.8	38.1
Admitted to a hospital %   2020	9.1	7.8	10.5
Seen a specialist for the first time %   2020	13.3	16.1	17.9
Received home care services, with the cost being covered by the government %   2020	6.2	3.8	4.4
■ Wait time to access services			
Primary care provider - able to have an appointment within 5 days $\%$	n/a	n/a	n/a
Adults %	n/a	n/a	n/a
Seniors %	n/a	n/a	n/a
Hospital emergency department - waited less than 4 hours %   2020	68.5	69.9	65.5
Specialist - waited less than 1 month for a first visit %   2020	38.1	39.2	40.7
Wait time to long term care home placement Days   2019-2020	n/a	67	70
? Reason for using services			
Hospitalization following an injury Rate per 10,000 population   2017-2018 to 2019-2020	91	77	74
Youth - hospitalization following an injury Rate per 10,000 population aged 17 and under   2017-2018 to 2019-2020	32	31	29
Adults - hospitalization following an injury Rate per 10,000 population aged 18 to 64   2017-2018 to 2019-2020	56	44	42
Seniors - hospitalization following an injury Rate per 10,000 population aged 65 and over   2017-2018 to 2019-2020	255	237	208
Hospitalization for mental health disorder Rate per 10,000 population   2017-2018 to 2019-2020	27	36	51
Youth - hospitalization for mental health disorder Rate per 10,000 population aged 17 and under   2017-2018 to 2019-2020	17	26	33



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	on for mental health disorder Rate per 10,000 o 64   2017-2018 to 2019-2020	34	45	64
	tion for mental health disorder Rate per ged 65 and over   2017-2018 to 2019-2020	16	18	28
Avoidable hospitalization under   2016-2017 to 20	Rate per 10,000 population aged 75 and 19-2020	69	47	52
Youth - needed to see of problem %   2023-2024	r talk to someone for a mental or emotional	30.3	34.8	33.1
Saw or talked to a health health, or their use of alc	n professional about their mental or emotiona cohol or drugs %   2020	13.2	16.3	16.1
Adults %   2020		15.5	16.4	17.5
Seniors %   2020		7.8	8.1	7.4
↔  Unmet needs				
Youth - who needed to s emotional problem but d	ee or talk to someone about their mental or idn't %   2023-2024	7.4	7.4	7.0
	needed to see or talk to a health mental health but didn't %   2020	25.9	29.3	32.6
Adults and seniors - who but they did not receive a	o felt that they needed home care services, any %   2020	3.3	2.8	3.0
A Barriers to health	services			
Financial barrier in gettin	ng the health care they needed %   2020	23.1	23.9	26.5
Did not fill a prescription the cost %   2020	for medicine, or skipped doses because of	6.0	5.0	5.8
Skipped dental care bec	ause of costs %   2020	19.4	17.5	20.6
Skipped a medical test, t 2020	reatment or other because of the cost $\%$	2.6	2.8	3.2
Health care services not	available in their area %   2020	17.5	16.3	14.0
Travel over 100 kms to u	use a health service %   2020	27.1	18.4	17.6



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Transportation problems in getting health care %   2020	7.8	5.6	5.5
Unable to leave the house due to a health problem %   2020	13.7	11.6	11.2
Trouble getting medical or rehabilitation equipment or supplies %   2020	1.8	4.2	4.2
Trouble navigating the health system %   2020	8.0	8.3	7.6
Have language barrier communicating with a health professional $\% \mid$ 2020	3.6	2.6	3.8
Difficulties in receiving virtual health care - accessing high-speed internet $\%$	n/a	n/a	n/a
▲ Barriers to mental health services			
Services not available in their area %   2020	S	20.9	13.7
Wait time for the services was too long %   2020	S	29.2	23.8
Were too busy %   2020	S	19.4	25.4
Services not available at a convenient time for me %   2020	S	18.9	16.3
Could not afford the cost, or insurance did not cover enough %   202	0 S	12.3	17.7
Did not know how or where to get help %   2020	S	24.4	19.8
Were concerned about what others would think %   2020	S	22.5	15.3
Thought the problem would go away on its own %	n/a	n/a	n/a
Other reasons %	n/a	n/a	n/a
Experiences with Services			
Screening and prevention			
Newborn and infant - universal hearing screening %   2019-2020	n/a	98	91
Kindergarten children - meet immunization requirements %   2019-2020	n/a	76	73



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Grade 7 female students - immunized with complete series of HPV immunization $\% \mid 2017\text{-}2018$	n/a	70	75
Have seen or talked to a dental professional in the last 12 months $\%$ 2020	59.7	72.0	69.7
Adults %   2020	60.8	67.6	67.0
Seniors %   2020	56.2	63.9	60.0
Consulted with primary care provider in the last 12 months %	n/a	n/a	n/a
Adults %	n/a	n/a	n/a
Seniors %	n/a	n/a	n/a
Talk to a health professional about improving health and preventing illness, always or usually $\%\mid$ 2020	29.7	26.6	26.3
Adults %   2020	25.5	25.9	25.2
Seniors %   2020	31.7	27.6	28.6
Flu shot in the last 12 months %   2020	51.1	51.6	46.5
Adults %   2020	45.7	45.2	39.5
Seniors %   2020	67.5	73.0	65.9
Breast cancer screening %	n/a	n/a	n/a
Pap test %   2014 to 2017	n/a	67	65
Very confident in managing their health condition %   2020	40.7	42.5	40.7
Adults %   2020	39.3	41.5	39.3
Seniors %   2020	43.7	43.4	43.4
€ Communication			
Primary care provider - always explains things in a way that they can understand $\%$	n/a	n/a	n/a
Primary care provider - spent enough time with them, always $\%$	n/a	n/a	n/a



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Primary care provider - limits the number of problems they can discuss in a visit $\%$	n/a	n/a	n/a
Verbal information about condition/prescription is easy to understand always or usually $\% \mid$ 2020	d, 88.3	92.3	91.7
Adults %   2020	86.9	91.6	91.2
Seniors %   2020	92.6	94.6	93.3
Written information about condition/prescription is hard to understand always or usually $\% \mid 2020$	<sup>d,</sup> 10.9	11.3	12.3
Adults %   2020	10.7	10.3	11.9
Seniors %   2020	11.5	13.7	13.1
Virtual consultation - was able to communicate their health concerns as well as they would have in-person $\%$	n/a	n/a	n/a
Adults %	n/a	n/a	n/a
Seniors %	n/a	n/a	n/a
Know what their prescribed medications do, strongly agree %   2020	52.0	54.8	49.6
Pharmacists - help the most in understanding how to take their medications $\% \mid 2020$	66.5	67.5	70.1
Primary care provider - always helps them coordinate the care from other providers $\%$	n/a	n/a	n/a
★ Favourable rating of services received			
Citizens - provide a favourable rating for overall health care services received $\%$	n/a	n/a	n/a
Adults %	n/a	n/a	n/a
Seniors %	n/a	n/a	n/a



## About this Table

Health Services are designed to prevent and treat diseases which impact population health. Access to care or services at the right place, the right time and based on the respective needs is a key aspect of quality of service that influences the health of individuals.

#### Content and description

Information on access to services, such as the types of services used most often, the reason for using the services, unmet needs and barriers to these services as well as some wait time information. Experiences with the Health Services include screening and prevention use, communication with service providers, coordination of services and evaluation of services received are also available here.

### Why is this important?

Understanding how these health services are delivered in New Brunswick communities can help us understand the variability in health service access and quality.

#### Availability of the data

Indicators from a variety of sources are collected, organized, and analyzed by the NBHC. These data sources are used to represent the population health of New Brunswickers. Each have various levels of reliability and limitations as detailed in the Indicator pages. The information for this data table is available for the 33 NBHC Communities, 7 Health Zones and for New Brunswick overall.

The Population Health data table series provides comprehensive view about the people who live, learn, work, take part in activities and in community life in this area.

#### Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size



Above-average performance



Below-average performance