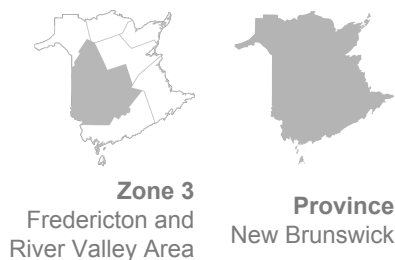


## POPULATION HEALTH

# Health services



### Access to Services

Has a primary care provider %   2023	67.8	79.3
Adults %   2023	64.2	75.9
Seniors %   2023	78.8	88.1
Has a family doctor %   2023	62.2	76.0
Has a nurse practitioner %   2023	5.8	3.6
Does not have a primary care provider %   2023	32.2	20.7
Adults %   2023	35.8	24.1
Seniors %   2023	21.2	11.9

### ♥ Types of services used most often when sick or in need of care

Family doctor %   2020	59.5	57.0
After-hours clinic or walk-in clinic %   2020	17.2	20.5
Hospital emergency department %   2020	9.9	10.4

### ♥ Types of services used

Virtual consultation (with primary care provider, eVisitNB, Tele-Care 811, etc.) %   2023	48.1	44.6
After-hours clinic or walk-in clinic %   2020	27.7	35.1
Community health centre %   2020	13.2	13.1

	<b>Zone 3</b> Fredericton and River Valley Area	<b>Province</b> New Brunswick
Ambulance services %   2020	<b>6.4</b>	<b>6.8</b>
Hospital emergency department %   2020	<b>33.8</b>	<b>38.1</b>
Admitted to a hospital %   2020	<b>7.8</b>	<b>10.5</b>
Seen a specialist for the first time %   2020	<b>16.1</b>	<b>17.9</b>
Received home care services, with the cost being covered by the government %   2020	<b>3.8</b>	<b>4.4</b>

### **Wait time to access services**

Primary care provider - able to have an appointment within 5 days %   2023	<b>27.5</b>	<b>31.4</b>
Adults %   2023	<b>25.9</b>	<b>28.5</b>
Seniors %   2023	<b>31.3</b>	<b>38.0</b>
Hospital emergency department - waited less than 4 hours %   2020	<b>69.9</b>	<b>65.5</b>
Specialist - waited less than 1 month for a first visit %   2020	<b>39.2</b>	<b>40.7</b>
Wait time to long term care home placement Days   2019-2020	<b>67</b>	<b>70</b>

### **Reason for using services**

Hospitalization following an injury Rate per 10,000 population   2017-2018 to 2019-2020	<b>77</b>	<b>74</b>
Youth - hospitalization following an injury Rate per 10,000 population aged 17 and under   2017-2018 to 2019-2020	<b>31</b>	<b>29</b>
Adults - hospitalization following an injury Rate per 10,000 population aged 18 to 64   2017-2018 to 2019-2020	<b>44</b>	<b>42</b>
Seniors - hospitalization following an injury Rate per 10,000 population aged 65 and over   2017-2018 to 2019-2020	<b>237</b>	<b>208</b>
Hospitalization for mental health disorder Rate per 10,000 population   2017-2018 to 2019-2020	<b>36</b>	<b>51</b>
Youth - hospitalization for mental health disorder Rate per 10,000 population aged 17 and under   2017-2018 to 2019-2020	<b>26</b>	<b>33</b>
Adults - hospitalization for mental health disorder Rate per 10,000 population aged 18 to 64   2017-2018 to 2019-2020	<b>45</b>	<b>64</b>

	Zone 3 Fredericton and River Valley Area	Province New Brunswick
Seniors - hospitalization for mental health disorder Rate per 10,000 population aged 65 and over   2017-2018 to 2019-2020	18	28
Avoidable hospitalization Rate per 10,000 population aged 75 and under   2016-2017 to 2019-2020	47	52
Youth - needed to see or talk to someone for a mental or emotional problem %   2023-2024	34.8	33.1
Saw or talked to a health professional about their mental or emotional health, or their use of alcohol or drugs %   2023	19.8	18.2
Adults %   2023	23.4	21.8
Seniors %   2023	8.8	8.7
<b>↔ Unmet needs</b>		
Youth - who needed to see or talk to someone about their mental or emotional problem but didn't %   2023-2024	7.4	7.0
Adults and seniors - who needed to see or talk to a health professional about their mental health but didn't %   2023	36.6	33.7
Adults and seniors - who felt that they needed home care services, but they did not receive any %   2020	2.8	3.0
<b>⚠ Barriers to health services</b>		
Financial barrier in getting the health care they needed %   2020	23.9	26.5
Did not fill a prescription for medicine, or skipped doses because of the cost %   2023	8.9	8.9
Skipped dental care because of costs %   2020	17.5	20.6
Skipped a medical test, treatment or other because of the cost %   2023	6.8	7.1
Health care services not available in their area %   2023	36.4	30.1
Travel over 100 kms to use a health service %   2023	18.2	16.5
Transportation problems in getting health care %   2023	7.4	7.0
Unable to leave the house due to a health problem %   2023	14.7	12.4
Trouble getting medical or rehabilitation equipment or supplies %   2020	4.2	4.2

	<b>Zone 3</b> Fredericton and River Valley Area	<b>Province</b> New Brunswick
Trouble navigating the health system %   2023	<b>28.4</b>	<b>18.8</b>
Have language barrier communicating with a health professional %   2023	<b>3.0</b>	<b>4.6</b>
Difficulties in receiving virtual health care - accessing high-speed internet %   2023	<b>5.3</b>	<b>6.3</b>


### **Barriers to mental health services**

Services not available in their area %   2023	<b>39.3</b>	<b>37.0</b>
Wait time for the services was too long %   2023	<b>53.6</b>	<b>55.0</b>
Were too busy %   2023	<b>40.2</b>	<b>43.7</b>
Services not available at a convenient time for me %   2023	<b>46.5</b>	<b>43.0</b>
Could not afford the cost, or insurance did not cover enough %   2023	<b>37.3</b>	<b>40.9</b>
Did not know how or where to get help %   2023	<b>57.3</b>	<b>52.7</b>
Were concerned about what others would think %   2023	<b>27.8</b>	<b>27.3</b>
Thought the problem would go away on its own %   2023	<b>62.1</b>	<b>54.5</b>
Other reasons %   2023	<b>29.6</b>	<b>26.0</b>

## Experiences with Services

### **Screening and prevention**

Newborn and infant - universal hearing screening %   2019-2020	<b>98</b>	<b>91</b>
Kindergarten children - meet immunization requirements %   2019-2020	<b>76</b>	<b>73</b>
Grade 7 female students - immunized with complete series of HPV immunization %   2017-2018	<b>70</b>	<b>75</b>
Have seen or talked to a dental professional in the last 12 months %   2020	<b>72.0</b>	<b>69.7</b>
Adults %   2020	<b>67.6</b>	<b>67.0</b>
Seniors %   2020	<b>63.9</b>	<b>60.0</b>
Consulted with primary care provider in the last 12 months %   2023	<b>89.2</b>	<b>89.8</b>

	<b>Zone 3</b> Fredericton and River Valley Area	<b>Province</b> New Brunswick
Adults %   2023	<b>86.9</b>	<b>87.8</b>
Seniors %   2023	<b>94.9</b>	<b>94.4</b>
Talk to a health professional about improving health and preventing illness, always or usually %   2020	<b>26.6</b>	<b>26.3</b>
Adults %   2020	<b>25.9</b>	<b>25.2</b>
Seniors %   2020	<b>27.6</b>	<b>28.6</b>
Flu shot in the last 12 months %   2020	<b>51.6</b>	<b>46.5</b>
Adults %   2020	<b>45.2</b>	<b>39.5</b>
Seniors %   2020	<b>73.0</b>	<b>65.9</b>
Breast cancer screening %   2021 to 2023	<b>49</b>	<b>52</b>
Pap test %   2014 to 2017	<b>67</b>	<b>65</b>
Very confident in managing their health condition %   2023	<b>30.2</b>	<b>33.7</b>
Adults %   2023	<b>26.9</b>	<b>31.6</b>
Seniors %   2023	<b>37.0</b>	<b>37.6</b>
<b> Communication</b>		
Primary care provider - always explains things in a way that they can understand %   2023	<b>71.3</b>	<b>68.2</b>
Primary care provider - spent enough time with them, always %   2023	<b>54.1</b>	<b>52.0</b>
Primary care provider - limits the number of problems they can discuss in a visit %   2023	<b>22.2</b>	<b>24.4</b>
Verbal information about condition/prescription is easy to understand, always or usually %   2020	<b>92.3</b>	<b>91.7</b>
Adults %   2020	<b>91.6</b>	<b>91.2</b>
Seniors %   2020	<b>94.6</b>	<b>93.3</b>
Written information about condition/prescription is hard to understand, always or usually %   2020	<b>11.3</b>	<b>12.3</b>
Adults %   2020	<b>10.3</b>	<b>11.9</b>

	Zone 3 Fredericton and River Valley Area	Province New Brunswick
Seniors %   2020	13.7	13.1
Virtual consultation - was able to communicate their health concerns as well as they would have in-person %   2023	70.9	73.8
Adults %   2023	67.9	71.6
Seniors %   2023	79.8	79.7
Know what their prescribed medications do, strongly agree %   2023	41.7	47.8
Pharmacists - help the most in understanding how to take their medications %   2020	67.5	70.1
Primary care provider - always helps them coordinate the care from other providers %   2023	60.9	57.2
<b>★ Favourable rating of services received</b>		
Citizens - provide a favourable rating for overall health care services received %   2023	54.3	58.0
Adults %   2023	49.7	53.2
Seniors %   2023	67.7	70.3

## About this Table

Health Services are designed to prevent and treat diseases which impact population health. Access to care or services at the right place, the right time and based on the respective needs is a key aspect of quality of service that influences the health of individuals.

### **Content and description**

Information on access to services, such as the types of services used most often, the reason for using the services, unmet needs and barriers to these services as well as some wait time information. Experiences with the Health Services include screening and prevention use, communication with service providers, coordination of services and evaluation of services received are also available here.

### **Why is this important?**

Understanding how these health services are delivered in New Brunswick communities can help us understand the variability in health service access and quality.

### **Availability of the data**

Indicators from a variety of sources are collected, organized, and analyzed by the NBHC. These data sources are used to represent the population health of New Brunswickers. Each have various levels of reliability and limitations as detailed in the Indicator pages. The information for this data table is available for the 33 NBHC Communities, 7 Health Zones and for New Brunswick overall.

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The Population Health data table series provides comprehensive view about the people who live, learn, work, take part in activities and in community life in this area.

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### **Caption**

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size

 Above-average performance

 Below-average performance