POPULATION HEALTH

Social and economic factors

Province
New Brunswick

Family and Social Support

Family and friends

Parents - report eating dinner (evening meal) with their children % | 2016-2017	**55.7**
Children - with mental fitness needs highly satisfied by family % | 2023-2024	**77.2**
Children - with mental fitness needs highly satisfied by friends % | 2023-2024	**87.8**
Youth - eat an evening meal together with family, friends or guardians % | 2023-2024	**44.1**
Youth - enjoy my cultural and family traditions % | 2023-2024	**53.3**
Youth - my parent or caregiver knows a lot about me % | 2023-2024	**51.0**
Youth - my family stands by me during difficult times % | 2023-2024	**51.0**
Youth - with mental fitness needs highly satisfied by family % | 2023-2024	**81.3**
Youth - my friends stand by me during difficult times % | 2023-2024	**39.6**
Youth - with mental fitness needs highly satisfied by friends % | 2023-2024	**83.8**
Youth - have people I look up to % | 2023-2024	**46.0**
Adults and seniors - lack companionship some of the time or often % | 2020	**36.6**
Adults and seniors - feel left out some of the time or often % | 2020	**31.2**
Adults and seniors - feel isolated some of the time or often % | 2020	**31.2**
Adults and seniors - provide long-term care to someone % | 2020	**9.1**

School and/or work

	Province New Brunswick
Children - feel teachers treat me fairly % | 2022-2023	**68.0**
Children - feel safe at school % | 2022-2023	**69.6**
Children - feel connected to my school % | 2022-2023	**60.3**
Children - with mental fitness needs highly satisfied by school % | 2023-2024	**64.6**
Youth - participate in activities or groups organized by school % | 2023-2024	**62.1**
Youth - feel teachers treat me fairly % | 2023-2024	**80.8**
Youth - feel safe at school % | 2023-2024	**75.0**
Youth - feel connected to my school % | 2023-2024	**86.6**
Youth - with mental fitness needs highly satisfied by school % | 2023-2024	**58.5**
Youth - have opportunities to develop skills that will be useful later in life (like job skills and skills to care for others) % | 2023-2024	**40.6**

Community

Youth - volunteer outside school without being paid % | 2023-2024	**62.0**
Youth - treated fairly in my community % | 2023-2024	**34.9**
Youth - participate in activities or groups not organized by school % | 2023-2024	**64.8**
Youth - know where to go in my community to get help % | 2023-2024	**27.1**
Youth - sense of community belonging, somewhat strong or very strong Number | 2023-2024	**18.1**
Have internet access at home % | 2020	**96.9**
Adults % | 2020	**95.7**
Seniors % | 2020	**85.7**
Difficulties accessing a computer, tablet, or smartphone (when getting virtual care) % | 2022	**11.0**
Adults % | 2022	**7.3**
Seniors % | 2022	**21.6**

Community Safety

	Province New Brunswick
Children	
Victim of bullying % | 2023-2024	**35.0**
Youth	
It is safe for younger children to play outside during the day % | 2023-2024	**71.3**
Victim of bullying % | 2023-2024	**48.2**
Victim of dating violence % | 2022-2023	**19.8**
Sexually violated % | 2022-2023	**14.1**
Adults and seniors	
Crimes against persons Rate per 1,000 population | 2019	**16**
Crimes against property Rate per 1,000 population | 2019	**33**

Stress

	Province New Brunswick
Reasons for stress in adults	
Time pressures or not having enough time % | 2020	**45.6**
Physical health problem or condition % | 2020	**27.6**
Emotional or mental health problem or condition % | 2020	**27.1**
Financial situation % | 2020	**36.7**
Work situation % | 2020	**38.9**
Caring for others - parents, family or friends % | 2020	**27.9**
Other personal or family responsibilities % | 2020	**27.0**
Health of family members % | 2020	**41.8**
Reasons for stress in seniors	
Time pressures or not having enough time % | 2020	**14.1**
Physical health problem or condition % | 2020	**24.9**

	Province New Brunswick
Emotional or mental health problem or condition % | 2020	**12.1**
Financial situation % | 2020	**14.9**
Work situation % | 2020	**5.1**
Caring for others - parents, family or friends % | 2020	**19.4**
Other personal or family responsibilities % | 2020	**16.1**
Health of family members % | 2020	**33.8**

Education

Children and youth

Approved child care spaces - infants (1 and under) Rate per 100 population aged 1 and under | 2019	**18**
Approved child care spaces - preschool (2-4 years) Rate per 100 population aged 2 to 4 | 2019	**60**
Approved child care spaces - school-age (5-12 years) Rate per 100 population aged 5 to 12 | 2019	**29**
Kindergarten school readiness % | 2018-2019	**85**
Youth - school marks above average or excellent (80% or more) % | 2018-2019	**62.7**
School dropout rate % | 2018-2019	**1.0**

Adults and seniors

Difficulty understanding written information about a medical condition or prescription, always or usually % | 2020	**12.3**
Highest level completed of education - less than high school % | 2021	**11**
Highest level completed of education - high school or equivalent % | 2021	**29**
Highest level completed of education - postsecondary certificate, diploma or degree % | 2021	**60**

Employment

Labour force

Participation rate % | 2021	**60**

	Province New Brunswick
Employment rate % | 2021	**54**

Employment status

Employee % | 2021	**88**
Self-employed % | 2021	**10**
Work a full year, full time % | 2021	**53**
Work part of the year and/or part time % | 2021	**47**
Students with part-time jobs outside of school % | 2018-2019	**33.7**
Absence days of full-time employees in a year due to illness and disability Days | 2020	**10**
Absence days of full-time employees in a year due to personal or family responsibilities Days | 2020	**1.6**

Income

$ Household income

Household income - less than $25,000 % | 2021	**11**
Household income - $25,000 to $59,999 % | 2021	**31**
Household income - $60,000 and more % | 2021	**58**
Median household income $ | 2021	**70,000**
Median household income per household habitant $ per person | 2021	**30,435**
Median lone-parent family income $ | 2021	**35,600**
Live in low-income household % | 2021	**14**
Youth - live in low-income household (0-17 years) % | 2021	**16**
...Children - live in low-income household (0-5 years) % | 2021	**18**
Adults - live in low-income household % | 2021	**11**
Seniors - live in low-income household % | 2021	**22**
Family resilience to financial shock - debt to asset ratio % | 2019	**15**

	Province New Brunswick
Composition of total income	
Families with children receiving social assistance or welfare benefits % | 2020	**5**
Population receiving Employment Insurance % | 2020	**6**
Composition of total income of the population in private households -market income (employment, investments, retirement, etc.) % | 2021	**78**
Composition of total income of the population in private households - government transfer payments (pension, old age security, employment insurance, child benefits, etc.) % | 2021	**22**
Food security	
Children - eat at a breakfast or snack program at school % | 2023-2024	**51.6**
Youth - report going to school or to bed hungry because there is not enough food at home, often or always % | 2023-2024	**7.0**
Food insecurity - moderate to severe % | 2015 to 2019	n/a
Seniors - food insecurity - moderate to severe % | 2015 to 2019	n/a
Housing security	
Median monthly shelter costs - rented residence $ | 2021	**870**
Median monthly shelter costs - owned residence $ | 2021	**935**
Tenants in subsidized housing % | 2021	**13**
Spending 30% or more of household total income on shelter costs % | 2021	**13**
Cost associated with health needs	
No insurance for prescription medications % | 2020	**15.6**
Did not fill a prescription for medicine, or skipped doses because of the cost % | 2020	**5.8**
Other purchasing practices	
Purchasing practices - alcohol sales $ per person aged 19 and over | 2019-2020	**480**
Purchasing practices - lottery sales $ per person aged 19 and over | 2019-2020	**526**
Purchasing practices - cannabis sales $ per person aged 19 and over | 2019-2020	**70**

	Province New Brunswick
Average debt owed at graduation - college graduate $ | 2015	**15,100**
Average debt owed at graduation - university degree graduate $ | 2015	**40,000**
College graduates with large debt at graduation of $25,000 and over % | 2015	**17**
University degree graduates with large debt at graduation of $25,000 and over % | 2015	**72**

About this Table

Social and economic factors, such as education, stable jobs, and strong social networks are fundamental to achieving long and healthy lives.

Content and description

Information on family and social support, community safety and stress, by age group. Information regarding education, employment, and income is also available here.

Why is this important?

Social and economic factors can significantly affect how well and how long we live. They can affect our ability to make healthy choices, afford housing, manage stress, and more.

Availability of the data

Indicators from a variety of sources are collected, organized, and analyzed by the NBHC. These data sources are used to represent the population health of New Brunswickers. Each have various levels of reliability and limitations as detailed in the Indicator pages.
The information for this data table is available for the 33 NBHC Communities, 7 Health Zones and for New Brunswick overall.

The Population Health data table series provides comprehensive view about the people who live, learn, work, take part in activities and in community life in this area.

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size

Above-average performance

Below-average performance