

POPULATION HEALTH

Social and economic factors



Family and Social Support

ក្សា Family and friends

Parents - report eating dinner (evening meal) with their children % 2016-2017	55.7
Children - with mental fitness needs highly satisfied by family $\% \mid 2024\text{-}2025$	78.7
Children - with mental fitness needs highly satisfied by friends % 2024-2025	88.0
Youth - eat an evening meal together with family, friends or guardians % 2023-2024	44.1
Youth - enjoy my cultural and family traditions % 2023-2024	53.3
Youth - my parent or caregiver knows a lot about me % 2023-2024	51.0
Youth - my family stands by me during difficult times % 2023-2024	51.0
Youth - with mental fitness needs highly satisfied by family % 2024-2025	82.3
Youth - my friends stand by me during difficult times % 2023-2024	39.6
Youth - with mental fitness needs highly satisfied by friends % 2024-2025	83.9
Youth - have people I look up to % 2023-2024	46.0
Adults and seniors - lack companionship some of the time or often % 2020	36.6
Adults and seniors - feel left out some of the time or often % 2020	31.2
Adults and seniors - feel isolated some of the time or often % 2020	31.2
Adults and seniors - provide long-term care to someone % 2020	9.1

School and/or work



Province New Brunswick Children - feel teachers treat me fairly % | 2024-2025 66.6 Children - feel safe at school % | 2024-2025 69.6 Children - feel connected to my school % | 2024-2025 60.7 Children - with mental fitness needs highly satisfied by school % | 2024-2025 65.4 Youth - participate in activities or groups organized by school % | 2024-2025 61.1 Youth - feel teachers treat me fairly % | 2024-2025 81.8 Youth - feel safe at school % | 2024-2025 76.0 Youth - feel connected to my school % | 2024-2025 86.8 Youth - with mental fitness needs highly satisfied by school % | 2024-2025 59.4 Youth - have opportunities to develop skills that will be useful later in life (like job skills and skills to care for 40.6 others) % | 2023-2024 Community Youth - volunteer outside school without being paid % | 2024-2025 59.1 Youth - treated fairly in my community $\% \mid 2023\text{-}2024$ 34.9 Youth - participate in activities or groups not organized by school % | 2024-2025 64.6 Youth - know where to go in my community to get help % | 2023-2024 27.1 18.1 Youth - sense of community belonging, somewhat strong or very strong Number | 2023-2024 Have internet access at home % | 2020 96.9 Adults % | 2020 95.7 Seniors % | 2020 85.7 Difficulties accessing a computer, tablet, or smartphone (when getting virtual care) % | 2024 7.4 Adults % | 2024 4.2 Seniors % | 2024 15.9

Community Safety



Province New Brunswick

Victim of bullying % 2024-2025 47.3 Victim of dating violence % 2024-2025 13.4 Sexually violated % 2024-2025 12.5 Adults and seniors Crimes against persons Rate per 1,000 population 2019 16 Crimes against property Rate per 1,000 population 2019 33 Stress Reasons for stress in adults Time pressures or not having enough time % 2020 45.6 Physical health problem or condition % 2020 27.6 Emotional or mental health problem or condition % 2020 27.1	ii	Children	
It is safe for younger children to play outside during the day % 2023-2024 Victim of bullying % 2024-2025 Victim of dating violence % 2024-2025 \$2exually violated % 2024-2025 Adults and seniors Crimes against persons Rate per 1,000 population 2019 Crimes against property Rate per 1,000 population 2019 \$33\$ Stress Passons for stress in adults Time pressures or not having enough time % 2020 Emotional or mental health problem or condition % 2020 Emotional or mental health problem or condition % 2020 Caring for others - parents, family or friends % 2020 Caring for others - parents, family or friends % 2020 Health of family members % 2020 Reasons for stress in seniors Time pressures or not having enough time % 2020 14.1		Victim of bullying % 2024-2025	33.5
Victim of bullying % 2024-2025 47.3 Victim of dating violence % 2024-2025 13.4 Sexually violated % 2024-2025 12.5 † Adults and seniors	Ŕ	Youth	
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Sexually violated % 2024-2025 12.5 Adults and seniors Crimes against persons Rate per 1,000 population 2019 16 Crimes against property Rate per 1,000 population 2019 33 Stress Reasons for stress in adults Time pressures or not having enough time % 2020 45.6 Physical health problem or condition % 2020 27.6 Emotional or mental health problem or condition % 2020 36.7 Work situation % 2020 36.7 Work situation % 2020 27.9 Other personal or family responsibilities % 2020 27.9 Health of family members % 2020 41.8 Reasons for stress in seniors Time pressures or not having enough time % 2020 14.1		Victim of bullying % 2024-2025	47.3
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Time pressures or not having enough time % 2020 45.6 Physical health problem or condition % 2020 27.6 Emotional or mental health problem or condition % 2020 27.1 Financial situation % 2020 36.7 Work situation % 2020 38.9 Caring for others - parents, family or friends % 2020 27.9 Other personal or family responsibilities % 2020 27.0 Health of family members % 2020 41.8 Physical health problem or condition % 2020 27.9 Reasons for stress in seniors Time pressures or not having enough time % 2020 14.1	S	tress	
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Caring for others - parents, family or friends % 2020 Other personal or family responsibilities % 2020 Health of family members % 2020 41.8 Reasons for stress in seniors Time pressures or not having enough time % 2020 14.1		Financial situation % 2020	36.7
Other personal or family responsibilities % 2020 Health of family members % 2020 41.8 Reasons for stress in seniors Time pressures or not having enough time % 2020 14.1		Work situation % 2020	38.9
Health of family members % 2020 7 Reasons for stress in seniors Time pressures or not having enough time % 2020 14.1		Caring for others - parents, family or friends % 2020	27.9
? Reasons for stress in seniors Time pressures or not having enough time % 2020 14.1		Other personal or family responsibilities % 2020	27.0
Time pressures or not having enough time % 2020		Health of family members % 2020	41.8
	?	Reasons for stress in seniors	
Physical health problem or condition % 2020		Time pressures or not having enough time % 2020	14.1
		Physical health problem or condition % 2020	24.9



	Provin New Brunsw
Emotional or mental health problem or condition % 2020	12
Financial situation % 2020	1
Work situation % 2020	
Caring for others - parents, family or friends % 2020	1
Other personal or family responsibilities % 2020	1
Health of family members % 2020	3
ducation	
Children and youth	
Approved child care spaces - infants (1 and under) Rate per 100 population aged 1 and under 2019	
Approved child care spaces - preschool (2-4 years) Rate per 100 population aged 2 to 4 2019	
Approved child care spaces - school-age (5-12 years) Rate per 100 population aged 5 to 12 2019	
Kindergarten school readiness % 2018-2019	
Youth - school marks above average or excellent (80% or more) % 2018-2019	6
School dropout rate % 2018-2019	
Adults and seniors	
Difficulty understanding written information about a medical condition or prescription, always or usually $\% \mid 2020$	1
Highest level completed of education - less than high school % 2021	
Highest level completed of education - high school or equivalent % 2021	
Highest level completed of education - postsecondary certificate, diploma or degree % 2021	
mployment	
Labour force	
Labour force	

Participation rate % | 2021

60

Median lone-parent family income \$ | 2021

Live in low-income household % | 2021



ProvinceNew Brunswick

	New Brunswick
Employment rate % 2021	54
■ Employment status	
Employee % 2021	88
Self-employed % 2021	10
Work a full year, full time % 2021	53
Work part of the year and/or part time % 2021	47
Students with part-time jobs outside of school % 2018-2019	33.7
Absence days of full-time employees in a year due to illness and disability Days 2020	10
Absence days of full-time employees in a year due to personal or family responsibilities Days 2020	1.6
ncome	
Household income	
Household income - less than \$25,000 % 2021	11
Household income - \$25,000 to \$59,999 % 2021	31
Household income - \$60,000 and more % 2021	58
Median household income \$ 2021	70,000
Median household income per household habitant \$ per person 2021	30,435

Data downloaded from the NBHC website on December 2, 2025 More information available at: https://nbhc.ca/table/social-and-economic-factors?cuts=NB

Youth - live in low-income household (0-17 years) % | 2021

Adults - live in low-income household % | 2021

Seniors - live in low-income household % | 2021

Family resilience to financial shock - debt to asset ratio % | 2019

...Children - live in low-income household (0-5 years) % | 2021

35,600

14

16

18

11

22

15



Province New Brunswick

\$ Composition of total income	
Families with children receiving social assistance or welfare benefits % 2020	5
Population receiving Employment Insurance % 2020	6
Composition of total income of the population in private households -market income (employment, investments, retirement, etc.) $\%\mid 2021$	78
Composition of total income of the population in private households - government transfer payments (pension, old age security, employment insurance, child benefits, etc.) % 2021	22
★ Food security	
Children - eat at a breakfast or snack program at school % 2024-2025	52.9
Youth - report going to school or to bed hungry because there is not enough food at home, often or always $\%$ \mid 2024-2025	5.4
Food insecurity - moderate to severe % 2015 to 2019	n/a
Seniors - food insecurity - moderate to severe % 2015 to 2019	n/a
ft Housing security	
Median monthly shelter costs - rented residence \$ 2021	870
Median monthly shelter costs - owned residence \$ 2021	935
Tenants in subsidized housing % 2021	13
Spending 30% or more of household total income on shelter costs % 2021	13
\$ Cost associated with health needs	
No insurance for prescription medications % 2020	15.6
Did not fill a prescription for medicine, or skipped doses because of the cost % 2024	9.2
₩ Other purchasing practices	
Purchasing practices - alcohol sales \$ per person aged 19 and over 2019-2020	480
Purchasing practices - lottery sales \$ per person aged 19 and over 2019-2020	526
Purchasing practices - cannabis sales \$ per person aged 19 and over 2019-2020	70



Province New Brunswick

Average debt owed at graduation - college graduate \$ 2015	15,100
Average debt owed at graduation - university degree graduate \$ 2015	40,000
College graduates with large debt at graduation of \$25,000 and over % 2015	17
University degree graduates with large debt at graduation of \$25,000 and over % 2015	72



About this Table

Social and economic factors, such as education, stable jobs, and strong social networks are fundamental to achieving long and healthy lives.

Content and description

Information on family and social support, community safety and stress, by age group. Information regarding education, employment, and income is also available here.

Why is this important?

Social and economic factors can significantly affect how well and how long we live. They can affect our ability to make healthy choices, afford housing, manage stress, and more.

Availability of the data

Indicators from a variety of sources are collected, organized, and analyzed by the NBHC. These data sources are used to represent the population health of New Brunswickers. Each have various levels of reliability and limitations as detailed in the Indicator pages. The information for this data table is available for the 33 NBHC Communities, 7 Health Zones and for New Brunswick overall.

The Population Health data table series provides comprehensive view about the people who live, learn, work, take part in activities and in community life in this area.

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size

Above-average performance

Below-average performance