

POPULATION HEALTH

Social and economic factors



Community
Hillsborough,
Riverside-Albert,
Alma Area



Zone 1
Moncton and
South-East Area



Province
New Brunswick

Family and Social Support

Family and friends

Parents - report eating dinner (evening meal) with their children % 2016-2017	62.6	56.3	55.7
Children - with mental fitness needs highly satisfied by family % 2024-2025	79.5	79.1	78.7
Children - with mental fitness needs highly satisfied by friends % 2024-2025	87.5	88.0	88.0
Youth - eat an evening meal together with family, friends or guardians % 2023-2024	44.0	45.9	44.1
Youth - enjoy my cultural and family traditions % 2023-2024	50.9	54.5	53.3
Youth - my parent or caregiver knows a lot about me % 2023-2024	42.2	51.3	51.0
Youth - my family stands by me during difficult times % 2023-2024	44.9	50.1	51.0
Youth - with mental fitness needs highly satisfied by family % 2024-2025	78.5	83.1	82.3
Youth - my friends stand by me during difficult times % 2023-2024	44.1	39.5	39.6
Youth - with mental fitness needs highly satisfied by friends % 2024-2025	76.5	85.1	83.9
Youth - have people I look up to % 2023-2024	47.4	45.9	46.0
Adults and seniors - lack companionship some of the time or often % 2020	26.3	34.6	36.6

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Adults and seniors - feel left out some of the time or often % 2020	18.6	30.3	31.2
Adults and seniors - feel isolated some of the time or often % 2020	19.5	28.0	31.2
Adults and seniors - provide long-term care to someone % 2020	10.8	7.7	9.1
School and/or work			
Children - feel teachers treat me fairly % 2024-2025	68.5	67.5	66.6
Children - feel safe at school % 2024-2025	61.5	70.3	69.6
Children - feel connected to my school % 2024-2025	60.6	61.1	60.7
Children - with mental fitness needs highly satisfied by school % 2024-2025	65.8	68.4	65.4
Youth - participate in activities or groups organized by school % 2024-2025	67.8	57.0	61.1
Youth - feel teachers treat me fairly % 2024-2025	83.0	83.8	81.8
Youth - feel safe at school % 2024-2025	73.4	78.5	76.0
Youth - feel connected to my school % 2024-2025	83.8	88.7	86.8
Youth - with mental fitness needs highly satisfied by school % 2024-2025	52.1	63.2	59.4
Youth - have opportunities to develop skills that will be useful later in life (like job skills and skills to care for others) % 2023-2024	40.7	40.9	40.6
Community			
Youth - volunteer outside school without being paid % 2024-2025	67.2	56.9	59.1
Youth - treated fairly in my community % 2023-2024	29.2	35.5	34.9
Youth - participate in activities or groups not organized by school % 2024-2025	69.1	63.1	64.6
Youth - know where to go in my community to get help % 2023-2024	28.0	27.7	27.1
Youth - sense of community belonging, somewhat strong or very strong Number 2023-2024	18.0	18.3	18.1

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Have internet access at home % 2020	81.7	95.5	96.9
Adults % 2020	84.5	97.8	95.7
Seniors % 2020	76.4	88.6	85.7
Difficulties accessing a computer, tablet, or smartphone (when getting virtual care) %	n/a	n/a	n/a
Adults %	n/a	n/a	n/a
Seniors %	n/a	n/a	n/a

Community Safety

_CHILDREN

Victim of bullying % 2024-2025	53.2	32.4	33.5
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YOUTH

It is safe for younger children to play outside during the day % 2023-2024	71.4	72.2	71.3
Victim of bullying % 2024-2025	59.7	45.8	47.3
Victim of dating violence % 2024-2025	19.0	11.2	13.4
Sexually violated % 2024-2025	13.4	11.6	12.5

ADULTS AND SENIORS

Crimes against persons Rate per 1,000 population 2019	18	17	16
Crimes against property Rate per 1,000 population 2019	53	47	33

Stress

REASONS FOR STRESS IN ADULTS

Time pressures or not having enough time % 2020	38.7	50.5	45.6
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	Community Hillsborough, Riverside-Albert, Alma Area	Zone 1 Moncton and South-East Area	Province New Brunswick
Physical health problem or condition % 2020	31.6	29.9	27.6
Emotional or mental health problem or condition % 2020	28.1	31.0	27.1
Financial situation % 2020	28.7	41.0	36.7
Work situation % 2020	48.3	43.9	38.9
Caring for others - parents, family or friends % 2020	18.1	31.1	27.9
Other personal or family responsibilities % 2020	27.6	29.8	27.0
Health of family members % 2020	44.1	44.0	41.8

② Reasons for stress in seniors

Time pressures or not having enough time % 2020	11.4	14.0	14.1
Physical health problem or condition % 2020	28.3	24.1	24.9
Emotional or mental health problem or condition % 2020	12.1	12.9	12.1
Financial situation % 2020	17.4	17.8	14.9
Work situation % 2020	7.2	6.7	5.1
Caring for others - parents, family or friends % 2020	17.5	20.2	19.4
Other personal or family responsibilities % 2020	12.4	16.6	16.1
Health of family members % 2020	28.1	34.9	33.8

Education

① Children and youth

Approved child care spaces - infants (1 and under) Rate per 100 population aged 1 and under 2019	0	20	18
Approved child care spaces - preschool (2-4 years) Rate per 100 population aged 2 to 4 2019	32	63	60
Approved child care spaces - school-age (5-12 years) Rate per 100 population aged 5 to 12 2019	16	34	29

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Kindergarten school readiness % 2018-2019	75	79	85
Youth - school marks above average or excellent (80% or more) % 2018-2019	54.9	60.4	62.7
School dropout rate % 2018-2019	0.0	0.7	1.0
Adults and seniors			
Difficulty understanding written information about a medical condition or prescription, always or usually % 2020	10.4	13.0	12.3
Highest level completed of education - less than high school % 2021	12	10	11
Highest level completed of education - high school or equivalent % 2021	39	27	29
Highest level completed of education - postsecondary certificate, diploma or degree % 2021	49	63	60

Employment

Labour force

Participation rate % 2021	56	63	60
Employment rate % 2021	46	57	54

Employment status

Employee % 2021	86	88	88
Self-employed % 2021	11	10	10
Work a full year, full time % 2021	50	54	53
Work part of the year and/or part time % 2021	50	46	47
Students with part-time jobs outside of school % 2018-2019	35.1	34.5	33.7
Absence days of full-time employees in a year due to illness and disability Days 2020	n/a	n/a	10

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Absence days of full-time employees in a year due to personal or family responsibilities Days 2020	n/a	n/a	1.6
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Income

\$ Household income

Household income - less than \$25,000 % 2021	9	10	11
Household income - \$25,000 to \$59,999 % 2021	38	30	31
Household income - \$60,000 and more % 2021	53	60	58
Median household income \$ 2021	64,000	73,000	70,000
Median household income per household habitant \$ per person 2021	29,091	31,739	30,435
Median lone-parent family income \$ 2021	34,800	37,200	35,600
Live in low-income household % 2021	16	13	14
Youth - live in low-income household (0-17 years) % 2021	21	15	16
...Children - live in low-income household (0-5 years) % 2021	25	18	18
Adults - live in low-income household % 2021	12	10	11
Seniors - live in low-income household % 2021	22	19	22
Family resilience to financial shock - debt to asset ratio % 2019	S	16	15

\$ Composition of total income

Families with children receiving social assistance or welfare benefits % 2020	4	4	5
Population receiving Employment Insurance % 2020	7	5	6
Composition of total income of the population in private households - market income (employment, investments, retirement, etc.) % 2021	70	79	78
Composition of total income of the population in private households - government transfer payments (pension, old age security, employment insurance, child benefits, etc.) % 2021	30	21	22

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☒ Food security

Children - eat at a breakfast or snack program at school % 2024-2025	78.3	50.3	52.9
Youth - report going to school or to bed hungry because there is not enough food at home, often or always % 2024-2025	4.6	5.5	5.4
Food insecurity - moderate to severe % 2015 to 2019	n/a	9	n/a
Seniors - food insecurity - moderate to severe % 2015 to 2019	n/a	4	n/a

🏠 Housing security

Median monthly shelter costs - rented residence \$ 2021	780	968	870
Median monthly shelter costs - owned residence \$ 2021	719	1,036	935
Tenants in subsidized housing % 2021	16	11	13
Spending 30% or more of household total income on shelter costs % 2021	9	15	13

💲 Cost associated with health needs

No insurance for prescription medications % 2020	19.9	12.0	15.6
Did not fill a prescription for medicine, or skipped doses because of the cost % 2020	5.0	6.4	5.8

₩ Other purchasing practices

Purchasing practices - alcohol sales \$ per person aged 19 and over 2019-2020	491	536	480
Purchasing practices - lottery sales \$ per person aged 19 and over 2019-2020	n/a	n/a	526
Purchasing practices - cannabis sales \$ per person aged 19 and over 2019-2020	n/a	83	70
Average debt owed at graduation - college graduate \$ 2015	n/a	n/a	15,100
Average debt owed at graduation - university degree graduate \$ 2015	n/a	n/a	40,000
College graduates with large debt at graduation of \$25,000 and over % 2015	n/a	n/a	17

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University degree graduates with large debt at graduation of \$25,000 and over % 2015	n/a	n/a	72

About this Table

Social and economic factors, such as education, stable jobs, and strong social networks are fundamental to achieving long and healthy lives.

Content and description

Information on family and social support, community safety and stress, by age group.

Information regarding education, employment, and income is also available here.

Why is this important?

Social and economic factors can significantly affect how well and how long we live. They can affect our ability to make healthy choices, afford housing, manage stress, and more.

Availability of the data

Indicators from a variety of sources are collected, organized, and analyzed by the NBHC.

These data sources are used to represent the population health of New Brunswickers. Each have various levels of reliability and limitations as detailed in the Indicator pages.

The information for this data table is available for the 33 NBHC Communities, 7 Health Zones and for New Brunswick overall.

The Population Health data table series provides comprehensive view about the people who live, learn, work, take part in activities and in community life in this area.

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size

 Above-average performance

 Below-average performance