

## POPULATION HEALTH

# Social and economic factors







**Zone 3**Fredericton and
River Valley Area



**Province** New Brunswick

## Family and Social Support

## †††† Family and friends

TH Failing and menus			
Parents - report eating dinner (evening meal) with their children $\% \mid 2019\text{-}2020$	47.1	n/a	n/a
Children - with mental fitness needs highly satisfied by family $\% \mid 2023\text{-}2024$	70.4	75.6	77.2
Children - with mental fitness needs highly satisfied by friends $\% \mid 2023\text{-}2024$	90.8	87.6	87.8
Youth - eat an evening meal together with family, friends or guardians %   2023-2024	31.9	41.1	44.1
Youth - enjoy my cultural and family traditions %   2023-2024	41.5	53.7	53.3
Youth - my parent or caregiver knows a lot about me %   2023-2024	40.5	49.3	51.0
Youth - my family stands by me during difficult times $\% \mid$ 2023-2024	40.9	51.7	51.0
Youth - with mental fitness needs highly satisfied by family $\% \mid 2023\text{-}2024$	71.6	80.1	81.3
Youth - my friends stand by me during difficult times $\%$   2023-2024	32.5	39.3	39.6
Youth - with mental fitness needs highly satisfied by friends $\% \mid 2023\text{-}2024$	75.6	83.8	83.8
Youth - have people I look up to %   2023-2024	36.9	45.1	46.0
Adults and seniors - lack companionship some of the time or often $\%$ $\mid$ 2020	41.9	39.5	36.6



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Adults and seniors - feel left out some of the time or often $\% \mid$ 2020	31.8	33.7	31.2
Adults and seniors - feel isolated some of the time or often $\% \mid$ 2020	30.8	36.5	31.2
Adults and seniors - provide long-term care to someone %   2020	8.2	7.9	9.1
School and/or work			
Children - feel teachers treat me fairly %   2022-2023	61.2	70.1	68.0
Children - feel safe at school %   2022-2023	65.9	70.3	69.6
Children - feel connected to my school %   2022-2023	53.3	61.6	60.3
Children - with mental fitness needs highly satisfied by school %   2023-2024	54.3	60.1	64.6
Youth - participate in activities or groups organized by school %   2023-2024	64.9	64.0	62.1
Youth - feel teachers treat me fairly %   2023-2024	80.3	80.0	80.8
Youth - feel safe at school %   2023-2024	71.0	71.6	75.0
Youth - feel connected to my school %   2023-2024	81.9	84.8	86.6
Youth - with mental fitness needs highly satisfied by school $\% \mid$ 2023-2024	43.4	53.8	58.5
Youth - have opportunities to develop skills that will be useful later in life (like job skills and skills to care for others) %   2023-2024	32.2	40.7	40.6
○ Community			
Youth - volunteer outside school without being paid %   2023-2024	64.8	63.7	62.0
Youth - treated fairly in my community %   2023-2024	25.9	35.2	34.9
Youth - participate in activities or groups not organized by school % 2023-2024	62.4	66.0	64.8
Youth - know where to go in my community to get help %   2023-202	4 20.0	27.1	27.1
Youth - sense of community belonging, somewhat strong or very strong Number   2023-2024	17.2	18.0	18.1



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Have internet access at home %   2020	81.3	97.4	96.9
Adults %   2020	90.7	95.9	95.7
Seniors %   2020	76.0	86.0	85.7
Difficulties accessing a computer, tablet, or smartphone (when getting virtual care) $\%$	n/a	n/a	n/a
Adults %	n/a	n/a	n/a
Seniors %	n/a	n/a	n/a
Community Safety			
∱∳ Children			
Victim of bullying %   2023-2024	49.3	36.6	35.0
∯ Youth			
It is safe for younger children to play outside during the day $\% \mid$ 2023-2024	69.0	71.6	71.3
Victim of bullying %   2023-2024	55.1	48.9	48.2
Victim of dating violence %   2022-2023	22.3	22.4	19.8
Sexually violated %   2022-2023	16.6	15.0	14.1
Adults and seniors			
Crimes against persons Rate per 1,000 population   2019	14	14	16
Crimes against property Rate per 1,000 population   2019	25	28	33
Stress			
② Reasons for stress in adults			
Time pressures or not having enough time %   2020	48.8	47.5	45.6



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Physical health problem or condition $\% \mid 2020$	22.6	27.9	27.6
Emotional or mental health problem or condition %   2020	40.3	28.2	27.1
Financial situation %   2020	33.3	35.3	36.7
Work situation %   2020	34.1	39.5	38.9
Caring for others - parents, family or friends %   2020	24.0	25.6	27.9
Other personal or family responsibilities %   2020	27.3	27.9	27.0
Health of family members %   2020	50.2	41.7	41.8
? Reasons for stress in seniors			
Time pressures or not having enough time %   2020	13.5	12.1	14.1
Physical health problem or condition %   2020	25.9	25.7	24.9
Emotional or mental health problem or condition %   2020	16.2	12.8	12.1
Financial situation %   2020	14.5	13.4	14.9
Work situation %   2020	5.1	5.6	5.1
Caring for others - parents, family or friends %   2020	19.7	19.0	19.4
Other personal or family responsibilities %   2020	21.3	16.2	16.1
Health of family members %   2020	30.3	32.7	33.8
Education			
∯ Children and youth			
Approved child care spaces - infants (1 and under) Rate per 100 population aged 1 and under   2019	11	16	18
Approved child care spaces - preschool (2-4 years) Rate per 100 population aged 2 to 4   2019	39	58	60
Approved child care spaces - school-age (5-12 years) Rate per 100 population aged 5 to 12   2019	7	27	29



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Kindergarten school readiness %   2018-2019	94	92	85
Youth - school marks above average or excellent (80% or more) %   2018-2019	64.6	67.1	62.7
School dropout rate %   2018-2019	0.0	1.4	1.0
∯ Adults and seniors			
Difficulty understanding written information about a medical condition or prescription, always or usually $\%\mid 2020$	14.4	11.3	12.3
Highest level completed of education - less than high school %   202	13	8	11
Highest level completed of education - high school or equivalent $\% \mid$ 2021	36	30	29
Highest level completed of education - postsecondary certificate, diploma or degree %   2021	51	62	60
Employment			
Labour force		20	
Participation rate %   2021	50	62	60
Employment rate %   2021	43	57	54
<b>■</b> Employment status			
Employee %   2021	84	88	88
Self-employed %   2021	12	10	10
Work a full year, full time %   2021	49	57	53
Work part of the year and/or part time %   2021	51	43	47
Students with part-time jobs outside of school %   2018-2019	24.9	29.5	33.7
Absence days of full-time employees in a year due to illness and disability Days   2020	n/a	n/a	10



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River Valley Area

**Province** New Brunswick

Absence days of full-time employees in a year due to personal or family responsibilities  $\mathsf{Days} \mid 2020$ 

n/a

n/a

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Household income			
Household income - less than \$25,000 %   2021	15	9	
Household income - \$25,000 to \$59,999 %   2021	36	29	
Household income - \$60,000 and more %   2021	49	61	
Median household income \$   2021	59,600	74,500	70,0
Median household income per household habitant \$ per person   2021	28,381	32,391	30,4
Median lone-parent family income \$   2021	29,600	38,400	35,6
Live in low-income household %   2021	19	13	
Youth - live in low-income household (0-17 years) %   2021	21	15	
Children - live in low-income household (0-5 years) %   2021	26	16	
Adults - live in low-income household %   2021	14	11	
Seniors - live in low-income household %   2021	27	19	
Family resilience to financial shock - debt to asset ratio %   2019	S	14	
Composition of total income			
Families with children receiving social assistance or welfare benefits %   2020	7	4	
Population receiving Employment Insurance %   2020	6	4	
Composition of total income of the population in private households - market income (employment, investments, retirement, etc.) %   2021	71	81	
Composition of total income of the population in private households - government transfer payments (pension, old age security,	29	19	



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<b>X</b> Food s	security
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Children - eat at a breakfast or snack program at school %   2023-2024	85.2	60.9	51.6
Youth - report going to school or to bed hungry because there is not enough food at home, often or always %   2023-2024	10.4	6.0	7.0
Food insecurity - moderate to severe %   2015 to 2019	n/a	10	n/a
Seniors - food insecurity - moderate to severe %   2015 to 2019	n/a	4	n/a
Housing security			
Median monthly shelter costs - rented residence \$   2021	576	960	870
Median monthly shelter costs - owned residence \$   2021	631	949	935
Tenants in subsidized housing %   2021	11	11	13
Spending 30% or more of household total income on shelter costs %   2021	9	12	13
Cost associated with health needs			
No insurance for prescription medications %   2020	15.2	12.6	15.6
Did not fill a prescription for medicine, or skipped doses because of the cost %   2020	4.8	5.0	5.8
ধু Other purchasing practices			
Purchasing practices - alcohol sales \$ per person aged 19 and over   2019-2020	704	434	480
Purchasing practices - lottery sales \$ per person aged 19 and over   2019-2020	n/a	n/a	526
Purchasing practices - cannabis sales \$ per person aged 19 and over   2019-2020	n/a	60	70
Average debt owed at graduation - college graduate \$   2015	n/a	n/a	15,100
Average debt owed at graduation - university degree graduate \$   2015	n/a	n/a	40,000



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College graduates with large debt at graduation of \$25,000 and over $\% \mid 2015$	n/a	n/a	17
University degree graduates with large debt at graduation of \$25,000 and over $\% \mid$ 2015	n/a	n/a	72



## **About this Table**

Social and economic factors, such as education, stable jobs, and strong social networks are fundamental to achieving long and healthy lives.

#### Content and description

Information on family and social support, community safety and stress, by age group. Information regarding education, employment, and income is also available here.

## Why is this important?

Social and economic factors can significantly affect how well and how long we live. They can affect our ability to make healthy choices, afford housing, manage stress, and more.

#### Availability of the data

Indicators from a variety of sources are collected, organized, and analyzed by the NBHC. These data sources are used to represent the population health of New Brunswickers. Each have various levels of reliability and limitations as detailed in the Indicator pages. The information for this data table is available for the 33 NBHC Communities, 7 Health Zones and for New Brunswick overall.

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The Population Health data table series provides comprehensive view about the people who live, learn, work, take part in activities and in community life in this area.

### Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size

Above-average performance

Below-average performance