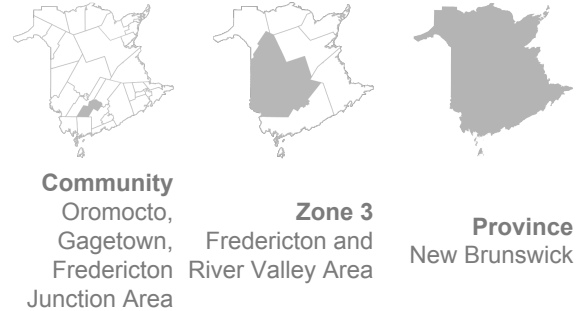


POPULATION HEALTH



# Social and economic factors



## Family and Social Support

### Family and friends

Parents - report eating dinner (evening meal) with their children %   2016-2017	<b>62.4</b>	<b>57.3</b>	<b>55.7</b>
Children - with mental fitness needs highly satisfied by family %   2025-2026	<b>75.1</b>	<b>79.6</b>	<b>79.3</b>
Children - with mental fitness needs highly satisfied by friends %   2025-2026	<b>85.9</b>	<b>87.3</b>	<b>87.1</b>
Youth - eat an evening meal together with family, friends or guardians %   2025-2026	<b>47.9</b>	<b>46.6</b>	<b>49.3</b>
Youth - enjoy my cultural and family traditions %   2023-2024	<b>47.8</b>	<b>53.7</b>	<b>53.3</b>
Youth - my parent or caregiver knows a lot about me %   2023-2024	<b>44.2</b>	<b>49.3</b>	<b>51.0</b>
Youth - my family stands by me during difficult times %   2023-2024	<b>46.6</b>	<b>51.7</b>	<b>51.0</b>
Youth - with mental fitness needs highly satisfied by family %   2025-2026	<b>77.8</b>	<b>81.8</b>	<b>83.3</b>
Youth - my friends stand by me during difficult times %   2023-2024	<b>37.9</b>	<b>39.3</b>	<b>39.6</b>
Youth - with mental fitness needs highly satisfied by friends %   2025-2026	<b>82.2</b>	<b>83.4</b>	<b>84.4</b>
Youth - have people I look up to %   2023-2024	<b>40.4</b>	<b>45.1</b>	<b>46.0</b>

	Community Oromocto, Gagetown, Fredericton Junction Area	Zone 3 Fredericton and River Valley Area	Province New Brunswick
Adults and seniors - lack companionship some of the time or often %   2020	37.3	39.5	36.6
Adults and seniors - feel left out some of the time or often %   2020	33.0	33.7	31.2
Adults and seniors - feel isolated some of the time or often %   2020	34.4	36.5	31.2
Adults and seniors - provide long-term care to someone %   2020	10.2	7.9	9.1
<b> School and/or work</b>			
Children - feel teachers treat me fairly %   2025-2026	59.8	62.1	63.0
Children - feel safe at school %   2025-2026	62.6	65.8	68.3
Children - feel connected to my school %   2025-2026	52.8	55.9	57.8
Children - with mental fitness needs highly satisfied by school %   2025-2026	60.6	60.6	65.4
Youth - participate in activities or groups organized by school %   2024-2025	57.0	63.0	61.1
Youth - feel teachers treat me fairly %   2025-2026	80.5	83.2	84.3
Youth - feel safe at school %   2025-2026	70.8	76.6	80.8
Youth - feel connected to my school %   2025-2026	86.1	88.6	89.8
Youth - with mental fitness needs highly satisfied by school %   2025-2026	50.5	57.7	62.2
Youth - have opportunities to develop skills that will be useful later in life (like job skills and skills to care for others) %   2023-2024	37.4	40.7	40.6
<b> Community</b>			
Youth - volunteer outside school without being paid %   2024-2025	57.6	61.9	59.1
Youth - treated fairly in my community %   2023-2024	30.3	35.2	34.9
Youth - participate in activities or groups not organized by school %   2024-2025	58.8	64.9	64.6
Youth - know where to go in my community to get help %   2023-2024	24.3	27.1	27.1

	Community Oromocto, Gagetown, Fredericton Junction Area	Zone 3 Fredericton and River Valley Area	Province New Brunswick
Youth - sense of community belonging, somewhat strong or very strong Number   2025-2026	17.5	18.0	18.1
Have internet access at home %   2020	92.5	97.4	96.9
Adults %   2020	94.9	95.9	95.7
Seniors %   2020	88.2	86.0	85.7
Difficulties accessing a computer, tablet, or smartphone (when getting virtual care) %	n/a	n/a	n/a
Adults %	n/a	n/a	n/a
Seniors %	n/a	n/a	n/a

## Community Safety

### Children

Victim of bullying %   2025-2026	37.1	36.8	34.9
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### Youth

It is safe for younger children to play outside during the day %   2025-2026	69.8	70.0	70.2
Victim of bullying %   2025-2026	53.6	48.9	47.3
Victim of dating violence %   2025-2026	15.6	13.2	12.3
Sexually violated %   2025-2026	14.2	11.3	11.6

### Adults and seniors

Crimes against persons Rate per 1,000 population   2019	21	14	16
Crimes against property Rate per 1,000 population   2019	45	28	33

## Stress

Community Oromocto, Gagetown, Fredericton Junction Area	Zone 3 Fredericton and River Valley Area	Province New Brunswick
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### ? Reasons for stress in adults

Time pressures or not having enough time %   2020	43.5	47.5	45.6
Physical health problem or condition %   2020	34.3	27.9	27.6
Emotional or mental health problem or condition %   2020	35.8	28.2	27.1
Financial situation %   2020	35.5	35.3	36.7
Work situation %   2020	35.2	39.5	38.9
Caring for others - parents, family or friends %   2020	26.8	25.6	27.9
Other personal or family responsibilities %   2020	32.3	27.9	27.0
Health of family members %   2020	37.5	41.7	41.8

### ? Reasons for stress in seniors

Time pressures or not having enough time %   2020	12.6	12.1	14.1
Physical health problem or condition %   2020	28.9	25.7	24.9
Emotional or mental health problem or condition %   2020	16.9	12.8	12.1
Financial situation %   2020	16.2	13.4	14.9
Work situation %   2020	4.0	5.6	5.1
Caring for others - parents, family or friends %   2020	20.3	19.0	19.4
Other personal or family responsibilities %   2020	17.4	16.2	16.1
Health of family members %   2020	30.3	32.7	33.8

## Education

### 👤 Children and youth

Approved child care spaces - infants (1 and under) Rate per 100 population aged 1 and under   2019	19	16	18
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	Community Oromocto, Gagetown, Fredericton Junction Area	Zone 3 Fredericton and River Valley Area	Province New Brunswick
Approved child care spaces - preschool (2-4 years) Rate per 100 population aged 2 to 4   2019	64	58	60
Approved child care spaces - school-age (5-12 years) Rate per 100 population aged 5 to 12   2019	30	27	29
Kindergarten school readiness %   2018-2019	89	92	85
Youth - school marks above average or excellent (80% or more) %   2018-2019	64.9	67.1	62.7
School dropout rate %   2018-2019	1.1	1.4	1.0

### Adults and seniors

Difficulty understanding written information about a medical condition or prescription, always or usually %   2020	14.4	11.3	12.3
Highest level completed of education - less than high school %   2021	9	8	11
Highest level completed of education - high school or equivalent %   2021	39	30	29
Highest level completed of education - postsecondary certificate, diploma or degree %   2021	52	62	60

## Employment

### Labour force

Participation rate %   2021	64	62	60
Employment rate %   2021	60	57	54

### Employment status

Employee %   2021	93	88	88
Self-employed %   2021	5	10	10
Work a full year, full time %   2021	63	57	53
Work part of the year and/or part time %   2021	37	43	47

	Community Oromocto, Gagetown, Fredericton Junction Area	Zone 3 Fredericton and River Valley Area	Province New Brunswick
Students with part-time jobs outside of school %   2018-2019	25.1	29.5	33.7
Absence days of full-time employees in a year due to illness and disability Days   2020	n/a	n/a	10
Absence days of full-time employees in a year due to personal or family responsibilities Days   2020	n/a	n/a	1.6

## Income

### \$ Household income

Household income - less than \$25,000 %   2021	5	9	11
Household income - \$25,000 to \$59,999 %   2021	23	29	31
Household income - \$60,000 and more %   2021	72	61	58
Median household income \$   2021	85,000	74,500	70,000
Median household income per household habitant \$ per person   2021	34,000	32,391	30,435
Median lone-parent family income \$   2021	49,200	38,400	35,600
Live in low-income household %   2021	8	13	14
Youth - live in low-income household (0-17 years) %   2021	9	15	16
...Children - live in low-income household (0-5 years) %   2021	8	16	18
Adults - live in low-income household %   2021	6	11	11
Seniors - live in low-income household %   2021	13	19	22
Family resilience to financial shock - debt to asset ratio %   2019	S	14	15

### \$ Composition of total income

Families with children receiving social assistance or welfare benefits %   2020	2	4	5
Population receiving Employment Insurance %   2020	3	4	6

	Community Oromocto, Gagetown, Fredericton Junction Area	Zone 3 Fredericton and River Valley Area	Province New Brunswick
Composition of total income of the population in private households - market income (employment, investments, retirement, etc.) %   2021	84	81	78
Composition of total income of the population in private households - government transfer payments (pension, old age security, employment insurance, child benefits, etc.) %   2021	16	19	22
<b>🍴 Food security</b>			
Children - eat at a breakfast or snack program at school %   2025-2026	66.4	66.8	61.8
Youth - report going to school or to bed hungry because there is not enough food at home, often or always %   2025-2026	5.5	4.5	5.2
Food insecurity - moderate to severe %   2015 to 2019	n/a	10	n/a
Seniors - food insecurity - moderate to severe %   2015 to 2019	n/a	4	n/a
<b>🏠 Housing security</b>			
Median monthly shelter costs - rented residence \$   2021	912	960	870
Median monthly shelter costs - owned residence \$   2021	1,000	949	935
Tenants in subsidized housing %   2021	19	11	13
Spending 30% or more of household total income on shelter costs %   2021	7	12	13
<b>💰 Cost associated with health needs</b>			
No insurance for prescription medications %   2020	10.9	12.6	15.6
Did not fill a prescription for medicine, or skipped doses because of the cost %   2020	5.2	5.0	5.8
<b>🛒 Other purchasing practices</b>			
Purchasing practices - alcohol sales \$ per person aged 19 and over   2019-2020	349	434	480
Purchasing practices - lottery sales \$ per person aged 19 and over   2019-2020	n/a	n/a	526

	<b>Community</b> Oromocto, Gagetown, Fredericton Junction Area	<b>Zone 3</b> Fredericton and River Valley Area	<b>Province</b> New Brunswick
Purchasing practices - cannabis sales \$ per person aged 19 and over   2019-2020	<b>119</b>	<b>60</b>	<b>70</b>
Average debt owed at graduation - college graduate \$   2015	n/a	n/a	<b>15,100</b>
Average debt owed at graduation - university degree graduate \$   2015	n/a	n/a	<b>40,000</b>
College graduates with large debt at graduation of \$25,000 and over %   2015	n/a	n/a	<b>17</b>
University degree graduates with large debt at graduation of \$25,000 and over %   2015	n/a	n/a	<b>72</b>

## About this Table

Social and economic factors, such as education, stable jobs, and strong social networks are fundamental to achieving long and healthy lives.

### **Content and description**

Information on family and social support, community safety and stress, by age group.

Information regarding education, employment, and income is also available here.

### **Why is this important?**

Social and economic factors can significantly affect how well and how long we live. They can affect our ability to make healthy choices, afford housing, manage stress, and more.

### **Availability of the data**

Indicators from a variety of sources are collected, organized, and analyzed by the NBHC.

These data sources are used to represent the population health of New Brunswickers. Each have various levels of reliability and limitations as detailed in the Indicator pages.

The information for this data table is available for the 33 NBHC Communities, 7 Health Zones and for New Brunswick overall.

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The Population Health data table series provides comprehensive view about the people who live, learn, work, take part in activities and in community life in this area.

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### **Caption**

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size

 Above-average performance

 Below-average performance