

POPULATION HEALTH

Social and economic factors







Community Oromocto, Gagetown, Junction Area

Zone 3 Fredericton and Fredericton River Valley Area

Province New Brunswick

Family and Social Support

* Family and friends

THE Family and Triends			
Parents - report eating dinner (evening meal) with their children $\% \mid 2016\text{-}2017$	62.4	57.3	55.7
Children - with mental fitness needs highly satisfied by family % 2023-2024	73.0	75.6	77.2
Children - with mental fitness needs highly satisfied by friends % 2023-2024	86.3	87.6	87.8
Youth - eat an evening meal together with family, friends or guardians % 2023-2024	43.8	41.1	44.1
Youth - enjoy my cultural and family traditions % 2023-2024	47.8	53.7	53.3
Youth - my parent or caregiver knows a lot about me % 2023-2024	44.2	49.3	51.0
Youth - my family stands by me during difficult times % 2023-2024	46.6	51.7	51.0
Youth - with mental fitness needs highly satisfied by family % 2023-2024	75.0	80.1	81.3
Youth - my friends stand by me during difficult times % 2023-2024	37.9	39.3	39.6
Youth - with mental fitness needs highly satisfied by friends % 2023-2024	81.0	83.8	83.8
Youth - have people I look up to % 2023-2024	40.4	45.1	46.0



Adults and seniors - lack companionship some of the time or often %	36.6
2020 37.3 39.5	
Adults and seniors - feel left out some of the time or often % 2020 33.0 33.7	31.2
Adults and seniors - feel isolated some of the time or often % 2020 34.4 36.5	31.2
Adults and seniors - provide long-term care to someone % 2020 10.2 7.9	9.1
School and/or work	
Children - feel teachers treat me fairly % 2022-2023 65.7 70.1	68.0
Children - feel safe at school % 2022-2023 68.2 70.3	69.6
Children - feel connected to my school % 2022-2023 61.0 61.6	60.3
Children - with mental fitness needs highly satisfied by school % 60.4 60.1	64.6
Youth - participate in activities or groups organized by school % 57.9 64.0	62.1
Youth - feel teachers treat me fairly % 2023-2024 75.3 80.0	80.8
Youth - feel safe at school % 2023-2024 55.4 71.6	75.0
Youth - feel connected to my school % 2023-2024 77.4 84.8	86.6
Youth - with mental fitness needs highly satisfied by school % 47.2 53.8	58.5
Youth - have opportunities to develop skills that will be useful later in life (like job skills and skills to care for others) % 2023-2024 37.4 40.7	40.6
○ Community	
Youth - volunteer outside school without being paid % 2023-2024 56.7 63.7	62.0
Youth - treated fairly in my community % 2023-2024 30.3 35.2	34.9
Youth - participate in activities or groups not organized by school % 60.6 66.0	64.8
Youth - know where to go in my community to get help % 2023-2024 24.3 27.1	27.1



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Youth - sense of community belonging, somewhat strong or very strong Number 2023-2024	17.3	18.0	18.1
Have internet access at home % 2020	92.5	97.4	96.9
Adults % 2020	94.9	95.9	95.7
Seniors % 2020	88.2	86.0	85.7
Difficulties accessing a computer, tablet, or smartphone (when getting virtual care) $\%$	n/a	n/a	n/a
Adults %	n/a	n/a	n/a
Seniors %	n/a	n/a	n/a
∱∳ Children Victim of bullying % 2023-2024	37.1	36.6	35.0
† Youth			
It is safe for younger children to play outside during the day $\% \mid 2023\text{-}2024$	67.2	71.6	71.3
Victim of bullying % 2023-2024	51.1	48.9	48.2
Victim of dating violence % 2022-2023	24.1	22.4	19.8
Sexually violated % 2022-2023	17.5	15.0	14.1
Adults and seniors			
Crimes against persons Rate per 1,000 population 2019	21	14	16
Crimes against property Rate per 1,000 population 2019	45	28	33

Stress



Community

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Reasons for stress in adults			
Time pressures or not having enough time % 2020	43.5	47.5	45.6
Physical health problem or condition % 2020	34.3	27.9	27.6
Emotional or mental health problem or condition % 2020	35.8	28.2	27.1
Financial situation % 2020	35.5	35.3	36.7
Work situation % 2020	35.2	39.5	38.9
Caring for others - parents, family or friends % 2020	26.8	25.6	27.9
Other personal or family responsibilities % 2020	32.3	27.9	27.0
Health of family members % 2020	37.5	41.7	41.8
Reasons for stress in seniors			
Time pressures or not having enough time % 2020	12.6	12.1	14.1
Physical health problem or condition % 2020	28.9	25.7	24.9
Emotional or mental health problem or condition % 2020	16.9	12.8	12.1
Financial situation % 2020	16.2	13.4	14.9
Work situation % 2020	4.0	5.6	5.1
Caring for others - parents, family or friends % 2020	20.3	19.0	19.4
Other personal or family responsibilities % 2020	17.4	16.2	16.1
Health of family members % 2020	30.3	32.7	33.8
ducation			
Children and youth			
Approved child care spaces - infants (1 and under) Rate per 100 population aged 1 and under 2019	19	16	18



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Approved child care spaces - preschool (2-4 years) Rate per 100 population aged 2 to 4 2019	64	58	60
Approved child care spaces - school-age (5-12 years) Rate per 100 population aged 5 to 12 2019	30	27	29
Kindergarten school readiness % 2018-2019	89	92	85
Youth - school marks above average or excellent (80% or more) % 2018-2019	64.9	67.1	62.7
School dropout rate % 2018-2019	1.1	1.4	1.0
Adults and seniors			
Difficulty understanding written information about a medical condition or prescription, always or usually $\%\mid 2020$	14.4	11.3	12.3
Highest level completed of education - less than high school % 2021	9	8	11
Highest level completed of education - high school or equivalent $\% \mid$ 2021	39	30	29
Highest level completed of education - postsecondary certificate, diploma or degree $\% \mid 2021$	52	62	60
Employment			
Participation rate % 2021	64	62	60
Employment rate % 2021	60	57	54
= Employment status			
Employee % 2021	93	88	88
Self-employed % 2021	5	10	10
Work a full year, full time % 2021	63	57	53
Work part of the year and/or part time $\%$ 2021	37	43	47



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Students with part-time jobs outside of school % 2018-2019	25.1	29.5	33.7
Absence days of full-time employees in a year due to illness and disability Days 2020	n/a	n/a	10
Absence days of full-time employees in a year due to personal or family responsibilities Days 2020	n/a	n/a	1.6
ncome			
Household income			
Household income - less than \$25,000 % 2021	5	9	11
Household income - \$25,000 to \$59,999 % 2021	23	29	31
Household income - \$60,000 and more % 2021	72	61	58
Median household income \$ 2021	85,000	74,500	70,000
Median household income per household habitant \$ per person 2021	34,000	32,391	30,435
Median lone-parent family income \$ 2021	49,200	38,400	35,600
Live in low-income household % 2021	8	13	14
Youth - live in low-income household (0-17 years) % 2021	9	15	16
Children - live in low-income household (0-5 years) % 2021	8	16	18
Adults - live in low-income household % 2021	6	11	11
Seniors - live in low-income household % 2021	13	19	22
Family resilience to financial shock - debt to asset ratio % 2019	S	14	15
Composition of total income			
Families with children receiving social assistance or welfare benefits $\%\mid 2020$	2	4	5

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Population receiving Employment Insurance % | 2020

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Composition of total income of the population in private households - market income (employment, investments, retirement, etc.) $\%\mid$ 2021	84	81	78
Composition of total income of the population in private households - government transfer payments (pension, old age security, employments insurance, child benefits, etc.) % 2021	nt 16	19	22
★ Food security			
Children - eat at a breakfast or snack program at school % 2023-202	65.5	60.9	51.6
Youth - report going to school or to bed hungry because there is not enough food at home, often or always $\% \mid 2023\text{-}2024$	6.9	6.0	7.0
Food insecurity - moderate to severe % 2015 to 2019	n/a	10	n/a
Seniors - food insecurity - moderate to severe % 2015 to 2019	n/a	4	n/a
★ Housing security			
Median monthly shelter costs - rented residence \$ 2021	912	960	870
Median monthly shelter costs - owned residence \$ 2021	1,000	949	935
Tenants in subsidized housing % 2021	19	11	13
Spending 30% or more of household total income on shelter costs % 2021	7	12	13
\$ Cost associated with health needs			
No insurance for prescription medications $\% \mid 2020$	10.9	12.6	15.6
Did not fill a prescription for medicine, or skipped doses because of the cost $\%\mid$ 2020	ne 5.2	5.0	5.8
₩ Other purchasing practices			
Purchasing practices - alcohol sales \$ per person aged 19 and over 2019-2020	349	434	480
Purchasing practices - lottery sales \$ per person aged 19 and over 2019-2020	n/a	n/a	526



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Purchasing practices - cannabis sales \$ per person aged 19 and over 2019-2020	119	60	70
Average debt owed at graduation - college graduate \$ 2015	n/a	n/a	15,100
Average debt owed at graduation - university degree graduate \$ 2015	n/a	n/a	40,000
College graduates with large debt at graduation of \$25,000 and over $\%$ \mid 2015	n/a	n/a	17
University degree graduates with large debt at graduation of \$25,000 and over $\% \mid 2015$	n/a	n/a	72



About this Table

Social and economic factors, such as education, stable jobs, and strong social networks are fundamental to achieving long and healthy lives.

Content and description

Information on family and social support, community safety and stress, by age group. Information regarding education, employment, and income is also available here.

Why is this important?

Social and economic factors can significantly affect how well and how long we live. They can affect our ability to make healthy choices, afford housing, manage stress, and more.

Availability of the data

Indicators from a variety of sources are collected, organized, and analyzed by the NBHC. These data sources are used to represent the population health of New Brunswickers. Each have various levels of reliability and limitations as detailed in the Indicator pages. The information for this data table is available for the 33 NBHC Communities, 7 Health Zones and for New Brunswick overall.

The Population Health data table series provides comprehensive view about the people who live, learn, work, take part in activities and in community life in this area.

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size

Above-average performance

Below-average performance