

POPULATION HEALTH

# Social and economic factors



**Community**  
Fredericton



**Zone 3**  
Fredericton and River Valley Area





**Province**  
New Brunswick

## Family and Social Support

### Family and friends

Parents - report eating dinner (evening meal) with their children %   2016-2017	56.7	57.3	55.7
Children - with mental fitness needs highly satisfied by family %   2025-2026	82.0	79.6	79.3
Children - with mental fitness needs highly satisfied by friends %   2025-2026	87.9	87.3	87.1
Youth - eat an evening meal together with family, friends or guardians %   2025-2026	46.8	46.6	49.3
Youth - enjoy my cultural and family traditions %   2023-2024	57.2	53.7	53.3
Youth - my parent or caregiver knows a lot about me %   2023-2024	51.0	49.3	51.0
Youth - my family stands by me during difficult times %   2023-2024	54.5	51.7	51.0
Youth - with mental fitness needs highly satisfied by family %   2025-2026	83.8	81.8	83.3
Youth - my friends stand by me during difficult times %   2023-2024	39.8	39.3	39.6
Youth - with mental fitness needs highly satisfied by friends %   2025-2026	85.2	83.4	84.4
Youth - have people I look up to %   2023-2024	45.0	45.1	46.0
Adults and seniors - lack companionship some of the time or often %   2020	34.7	39.5	36.6

	Community Fredericton	Zone 3 Fredericton and River Valley Area	Province New Brunswick
Adults and seniors - feel left out some of the time or often %   2020	33.2	33.7	31.2
Adults and seniors - feel isolated some of the time or often %   2020	36.4	36.5	31.2
Adults and seniors - provide long-term care to someone %   2020	7.6	7.9	9.1
<b> School and/or work</b>			
Children - feel teachers treat me fairly %   2025-2026	65.0	62.1	63.0
Children - feel safe at school %   2025-2026	68.4	65.8	68.3
Children - feel connected to my school %   2025-2026	59.3	55.9	57.8
Children - with mental fitness needs highly satisfied by school %   2025-2026	63.3	60.6	65.4
Youth - participate in activities or groups organized by school %   2024-2025	59.8	63.0	61.1
Youth - feel teachers treat me fairly %   2025-2026	84.7	83.2	84.3
Youth - feel safe at school %   2025-2026	76.4	76.6	80.8
Youth - feel connected to my school %   2025-2026	90.2	88.6	89.8
Youth - with mental fitness needs highly satisfied by school %   2025-2026	61.1	57.7	62.2
Youth - have opportunities to develop skills that will be useful later in life (like job skills and skills to care for others) %   2023-2024	40.9	40.7	40.6
<b> Community</b>			
Youth - volunteer outside school without being paid %   2024-2025	62.0	61.9	59.1
Youth - treated fairly in my community %   2023-2024	37.5	35.2	34.9
Youth - participate in activities or groups not organized by school %   2024-2025	64.0	64.9	64.6
Youth - know where to go in my community to get help %   2023-2024	27.3	27.1	27.1
Youth - sense of community belonging, somewhat strong or very strong Number   2025-2026	18.3	18.0	18.1
Have internet access at home %   2020	95.9	97.4	96.9

	Community Fredericton	Zone 3 Fredericton and River Valley Area	Province New Brunswick
Adults %   2020	97.1	95.9	95.7
Seniors %   2020	91.5	86.0	85.7
Difficulties accessing a computer, tablet, or smartphone (when getting virtual care) %	n/a	n/a	n/a
Adults %	n/a	n/a	n/a
Seniors %	n/a	n/a	n/a

## Community Safety

### Children

Victim of bullying %   2025-2026	30.3	36.8	34.9
----------------------------------	------	------	------

### Youth

It is safe for younger children to play outside during the day %   2025-2026	71.8	70.0	70.2
Victim of bullying %   2025-2026	45.9	48.9	47.3
Victim of dating violence %   2025-2026	11.8	13.2	12.3
Sexually violated %   2025-2026	9.6	11.3	11.6

### Adults and seniors

Crimes against persons Rate per 1,000 population   2019	15	14	16
Crimes against property Rate per 1,000 population   2019	32	28	33

## Stress

### Reasons for stress in adults

Time pressures or not having enough time %   2020	53.0	47.5	45.6
Physical health problem or condition %   2020	21.9	27.9	27.6
Emotional or mental health problem or condition %   2020	25.3	28.2	27.1

	Community Fredericton	Zone 3 Fredericton and River Valley Area	Province New Brunswick
Financial situation %   2020	39.1	35.3	36.7
Work situation %   2020	42.4	39.5	38.9
Caring for others - parents, family or friends %   2020	25.1	25.6	27.9
Other personal or family responsibilities %   2020	30.5	27.9	27.0
Health of family members %   2020	42.1	41.7	41.8

### ? Reasons for stress in seniors

Time pressures or not having enough time %   2020	13.1	12.1	14.1
Physical health problem or condition %   2020	25.7	25.7	24.9
Emotional or mental health problem or condition %   2020	10.5	12.8	12.1
Financial situation %   2020	10.5	13.4	14.9
Work situation %   2020	6.1	5.6	5.1
Caring for others - parents, family or friends %   2020	20.9	19.0	19.4
Other personal or family responsibilities %   2020	12.9	16.2	16.1
Health of family members %   2020	33.7	32.7	33.8

## Education

### 👤 Children and youth

Approved child care spaces - infants (1 and under) Rate per 100 population aged 1 and under   2019	25	16	18
Approved child care spaces - preschool (2-4 years) Rate per 100 population aged 2 to 4   2019	97	58	60
Approved child care spaces - school-age (5-12 years) Rate per 100 population aged 5 to 12   2019	53	27	29
Kindergarten school readiness %   2018-2019	93	92	85
Youth - school marks above average or excellent (80% or more) %   2018-2019	69.1	67.1	62.7

	Community Fredericton	Zone 3 Fredericton and River Valley Area	Province New Brunswick
School dropout rate %   2018-2019	1.8	1.4	1.0
<b>👤 Adults and seniors</b>			
Difficulty understanding written information about a medical condition or prescription, always or usually %   2020	10.3	11.3	12.3
Highest level completed of education - less than high school %   2021	5	8	11
Highest level completed of education - high school or equivalent %   2021	22	30	29
Highest level completed of education - postsecondary certificate, diploma or degree %   2021	73	62	60

## Employment

### 👤 Labour force

Participation rate %   2021	66	62	60
Employment rate %   2021	60	57	54

### 👤 Employment status

Employee %   2021	88	88	88
Self-employed %   2021	10	10	10
Work a full year, full time %   2021	56	57	53
Work part of the year and/or part time %   2021	44	43	47
Students with part-time jobs outside of school %   2018-2019	28.6	29.5	33.7
Absence days of full-time employees in a year due to illness and disability Days   2020	n/a	n/a	10
Absence days of full-time employees in a year due to personal or family responsibilities Days   2020	n/a	n/a	1.6

## Income

	Community Fredericton	Zone 3 Fredericton and River Valley Area	Province New Brunswick
<b>\$ Household income</b>			
Household income - less than \$25,000 %   2021	10	9	11
Household income - \$25,000 to \$59,999 %   2021	30	29	31
Household income - \$60,000 and more %   2021	60	61	58
Median household income \$   2021	73,000	74,500	70,000
Median household income per household habitant \$ per person   2021	33,182	32,391	30,435
Median lone-parent family income \$   2021	41,600	38,400	35,600
Live in low-income household %   2021	13	13	14
Youth - live in low-income household (0-17 years) %   2021	17	15	16
...Children - live in low-income household (0-5 years) %   2021	17	16	18
Adults - live in low-income household %   2021	13	11	11
Seniors - live in low-income household %   2021	13	19	22
Family resilience to financial shock - debt to asset ratio %   2019	12	14	15
<b>\$ Composition of total income</b>			
Families with children receiving social assistance or welfare benefits %   2020	6	4	5
Population receiving Employment Insurance %   2020	3	4	6
Composition of total income of the population in private households - market income (employment, investments, retirement, etc.) %   2021	83	81	78
Composition of total income of the population in private households - government transfer payments (pension, old age security, employment insurance, child benefits, etc.) %   2021	17	19	22
<b>🍴 Food security</b>			
Children - eat at a breakfast or snack program at school %   2025-2026	62.5	66.8	61.8
Youth - report going to school or to bed hungry because there is not enough food at home, often or always %   2025-2026	4.5	4.5	5.2

	Community Fredericton	Zone 3 Fredericton and River Valley Area	Province New Brunswick
Food insecurity - moderate to severe %   2015 to 2019	n/a	10	n/a
Seniors - food insecurity - moderate to severe %   2015 to 2019	n/a	4	n/a
<b>🏠 Housing security</b>			
Median monthly shelter costs - rented residence \$   2021	1,080	960	870
Median monthly shelter costs - owned residence \$   2021	1,189	949	935
Tenants in subsidized housing %   2021	9	11	13
Spending 30% or more of household total income on shelter costs %   2021	20	12	13
<b>💰 Cost associated with health needs</b>			
No insurance for prescription medications %   2020	11.4	12.6	15.6
Did not fill a prescription for medicine, or skipped doses because of the cost %   2020	4.8	5.0	5.8
<b>🛒 Other purchasing practices</b>			
Purchasing practices - alcohol sales \$ per person aged 19 and over   2019-2020	505	434	480
Purchasing practices - lottery sales \$ per person aged 19 and over   2019-2020	n/a	n/a	526
Purchasing practices - cannabis sales \$ per person aged 19 and over   2019-2020	106	60	70
Average debt owed at graduation - college graduate \$   2015	n/a	n/a	15,100
Average debt owed at graduation - university degree graduate \$   2015	n/a	n/a	40,000
College graduates with large debt at graduation of \$25,000 and over %   2015	n/a	n/a	17
University degree graduates with large debt at graduation of \$25,000 and over %   2015	n/a	n/a	72

## About this Table

Social and economic factors, such as education, stable jobs, and strong social networks are fundamental to achieving long and healthy lives.

### Content and description

Information on family and social support, community safety and stress, by age group. Information regarding education, employment, and income is also available here.

### Why is this important?

Social and economic factors can significantly affect how well and how long we live. They can affect our ability to make healthy choices, afford housing, manage stress, and more.

### Availability of the data

Indicators from a variety of sources are collected, organized, and analyzed by the NBHC. These data sources are used to represent the population health of New Brunswickers. Each have various levels of reliability and limitations as detailed in the Indicator pages. The information for this data table is available for the 33 NBHC Communities, 7 Health Zones and for New Brunswick overall.

----

The Population Health data table series provides comprehensive view about the people who live, learn, work, take part in activities and in community life in this area.

### Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size

 Above-average performance

 Below-average performance