

POPULATION HEALTH

Social and economic factors



Community
Nackawic,
McAdam,
Canterbury Area



Zone 3
Fredericton and
River Valley Area



Province
New Brunswick

Family and Social Support

Family and friends

Parents - report eating dinner (evening meal) with their children % 2016-2017	57.0	57.3	55.7
Children - with mental fitness needs highly satisfied by family % 2023-2024	76.8	75.6	77.2
Children - with mental fitness needs highly satisfied by friends % 2023-2024	85.6	87.6	87.8
Youth - eat an evening meal together with family, friends or guardians % 2023-2024	39.3	41.1	44.1
Youth - enjoy my cultural and family traditions % 2023-2024	46.6	53.7	53.3
Youth - my parent or caregiver knows a lot about me % 2023-2024	50.2	49.3	51.0
Youth - my family stands by me during difficult times % 2023-2024	52.7	51.7	51.0
Youth - with mental fitness needs highly satisfied by family % 2023-2024	79.1	80.1	81.3
Youth - my friends stand by me during difficult times % 2023-2024	41.2	39.3	39.6
Youth - with mental fitness needs highly satisfied by friends % 2023-2024	84.4	83.8	83.8
Youth - have people I look up to % 2023-2024	49.0	45.1	46.0
Adults and seniors - lack companionship some of the time or often % 2020	40.8	39.5	36.6

	Community Nackawic, McAdam, Canterbury Area	Zone 3 Fredericton and River Valley Area	Province New Brunswick
Adults and seniors - feel left out some of the time or often % 2020	35.2	33.7	31.2
Adults and seniors - feel isolated some of the time or often % 2020	29.5	36.5	31.2
Adults and seniors - provide long-term care to someone % 2020	7.5	7.9	9.1

School and/or work

Children - feel teachers treat me fairly % 2022-2023	75.1	70.1	68.0
Children - feel safe at school % 2022-2023	74.1	70.3	69.6
Children - feel connected to my school % 2022-2023	66.1	61.6	60.3
Children - with mental fitness needs highly satisfied by school % 2023-2024	60.2	60.1	64.6
Youth - participate in activities or groups organized by school % 2023-2024	65.7	64.0	62.1
Youth - feel teachers treat me fairly % 2023-2024	83.5	80.0	80.8
Youth - feel safe at school % 2023-2024	78.0	71.6	75.0
Youth - feel connected to my school % 2023-2024	87.5	84.8	86.6
Youth - with mental fitness needs highly satisfied by school % 2023-2024	56.4	53.8	58.5
Youth - have opportunities to develop skills that will be useful later in life (like job skills and skills to care for others) % 2023-2024	42.1	40.7	40.6

Community

Youth - volunteer outside school without being paid % 2023-2024	64.4	63.7	62.0
Youth - treated fairly in my community % 2023-2024	35.9	35.2	34.9
Youth - participate in activities or groups not organized by school % 2023-2024	62.1	66.0	64.8
Youth - know where to go in my community to get help % 2023-2024	29.6	27.1	27.1
Youth - sense of community belonging, somewhat strong or very strong Number 2023-2024	18.5	18.0	18.1

	Community Nackawic, McAdam, Canterbury Area	Zone 3 Fredericton and River Valley Area	Province New Brunswick
Have internet access at home % 2020	84.2	97.4	96.9
Adults % 2020	90.9	95.9	95.7
Seniors % 2020	82.3	86.0	85.7
Difficulties accessing a computer, tablet, or smartphone (when getting virtual care) %	n/a	n/a	n/a
Adults %	n/a	n/a	n/a
Seniors %	n/a	n/a	n/a

Community Safety

Children

Victim of bullying % 2023-2024	33.0	36.6	35.0
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Youth

It is safe for younger children to play outside during the day % 2023-2024	76.9	71.6	71.3
Victim of bullying % 2023-2024	51.3	48.9	48.2
Victim of dating violence % 2022-2023	20.1	22.4	19.8
Sexually violated % 2022-2023	16.6	15.0	14.1

Adults and seniors

Crimes against persons Rate per 1,000 population 2019	5	14	16
Crimes against property Rate per 1,000 population 2019	11	28	33

Stress

Reasons for stress in adults

Time pressures or not having enough time % 2020	36.3	47.5	45.6
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	Community Nackawic, McAdam, Canterbury Area	Zone 3 Fredericton and River Valley Area	Province New Brunswick
Physical health problem or condition % 2020	29.7	27.9	27.6
Emotional or mental health problem or condition % 2020	27.6	28.2	27.1
Financial situation % 2020	41.4	35.3	36.7
Work situation % 2020	40.0	39.5	38.9
Caring for others - parents, family or friends % 2020	30.2	25.6	27.9
Other personal or family responsibilities % 2020	22.7	27.9	27.0
Health of family members % 2020	40.3	41.7	41.8

? Reasons for stress in seniors

Time pressures or not having enough time % 2020	14.5	12.1	14.1
Physical health problem or condition % 2020	25.8	25.7	24.9
Emotional or mental health problem or condition % 2020	14.6	12.8	12.1
Financial situation % 2020	13.7	13.4	14.9
Work situation % 2020	6.5	5.6	5.1
Caring for others - parents, family or friends % 2020	22.7	19.0	19.4
Other personal or family responsibilities % 2020	21.5	16.2	16.1
Health of family members % 2020	35.9	32.7	33.8

Education

👤 Children and youth

Approved child care spaces - infants (1 and under) Rate per 100 population aged 1 and under 2019	8	16	18
Approved child care spaces - preschool (2-4 years) Rate per 100 population aged 2 to 4 2019	23	58	60
Approved child care spaces - school-age (5-12 years) Rate per 100 population aged 5 to 12 2019	8	27	29

	Community Nackawic, McAdam, Canterbury Area	Zone 3 Fredericton and River Valley Area	Province New Brunswick
Kindergarten school readiness % 2018-2019	96	92	85
Youth - school marks above average or excellent (80% or more) % 2018-2019	59.1	67.1	62.7
School dropout rate % 2018-2019	0.9	1.4	1.0
👤 Adults and seniors			
Difficulty understanding written information about a medical condition or prescription, always or usually % 2020	13.6	11.3	12.3
Highest level completed of education - less than high school % 2021	12	8	11
Highest level completed of education - high school or equivalent % 2021	34	30	29
Highest level completed of education - postsecondary certificate, diploma or degree % 2021	54	62	60

Employment

👤 Labour force

Participation rate % 2021	54	62	60
Employment rate % 2021	49	57	54

💼 Employment status

Employee % 2021	86	88	88
Self-employed % 2021	12	10	10
Work a full year, full time % 2021	52	57	53
Work part of the year and/or part time % 2021	48	43	47
Students with part-time jobs outside of school % 2018-2019	35.9	29.5	33.7
Absence days of full-time employees in a year due to illness and disability Days 2020	n/a	n/a	10

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Absence days of full-time employees in a year due to personal or family responsibilities Days 2020	n/a	n/a	1.6

Income

\$ Household income

Household income - less than \$25,000 % 2021	11	9	11
Household income - \$25,000 to \$59,999 % 2021	32	29	31
Household income - \$60,000 and more % 2021	57	61	58
Median household income \$ 2021	68,500	74,500	70,000
Median household income per household habitant \$ per person 2021	29,783	32,391	30,435
Median lone-parent family income \$ 2021	33,600	38,400	35,600
Live in low-income household % 2021	17	13	14
Youth - live in low-income household (0-17 years) % 2021	19	15	16
...Children - live in low-income household (0-5 years) % 2021	21	16	18
Adults - live in low-income household % 2021	13	11	11
Seniors - live in low-income household % 2021	24	19	22
Family resilience to financial shock - debt to asset ratio % 2019	S	14	15

\$ Composition of total income

Families with children receiving social assistance or welfare benefits % 2020	3	4	5
Population receiving Employment Insurance % 2020	5	4	6
Composition of total income of the population in private households - market income (employment, investments, retirement, etc.) % 2021	76	81	78
Composition of total income of the population in private households - government transfer payments (pension, old age security, employment insurance, child benefits, etc.) % 2021	24	19	22

	Community Nackawic, McAdam, Canterbury Area	Zone 3 Fredericton and River Valley Area	Province New Brunswick
🍴 Food security			
Children - eat at a breakfast or snack program at school % 2023-2024	74.8	60.9	51.6
Youth - report going to school or to bed hungry because there is not enough food at home, often or always % 2023-2024	6.7	6.0	7.0
Food insecurity - moderate to severe % 2015 to 2019	n/a	10	n/a
Seniors - food insecurity - moderate to severe % 2015 to 2019	n/a	4	n/a
🏠 Housing security			
Median monthly shelter costs - rented residence \$ 2021	580	960	870
Median monthly shelter costs - owned residence \$ 2021	742	949	935
Tenants in subsidized housing % 2021	7	11	13
Spending 30% or more of household total income on shelter costs % 2021	8	12	13
💰 Cost associated with health needs			
No insurance for prescription medications % 2020	16.2	12.6	15.6
Did not fill a prescription for medicine, or skipped doses because of the cost % 2020	4.5	5.0	5.8
🛒 Other purchasing practices			
Purchasing practices - alcohol sales \$ per person aged 19 and over 2019-2020	712	434	480
Purchasing practices - lottery sales \$ per person aged 19 and over 2019-2020	n/a	n/a	526
Purchasing practices - cannabis sales \$ per person aged 19 and over 2019-2020	n/a	60	70
Average debt owed at graduation - college graduate \$ 2015	n/a	n/a	15,100
Average debt owed at graduation - university degree graduate \$ 2015	n/a	n/a	40,000
College graduates with large debt at graduation of \$25,000 and over % 2015	n/a	n/a	17

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University degree graduates with large debt at graduation of \$25,000 and over % 2015	n/a	n/a	72

About this Table

Social and economic factors, such as education, stable jobs, and strong social networks are fundamental to achieving long and healthy lives.

Content and description

Information on family and social support, community safety and stress, by age group.

Information regarding education, employment, and income is also available here.

Why is this important?

Social and economic factors can significantly affect how well and how long we live. They can affect our ability to make healthy choices, afford housing, manage stress, and more.

Availability of the data

Indicators from a variety of sources are collected, organized, and analyzed by the NBHC.

These data sources are used to represent the population health of New Brunswickers. Each have various levels of reliability and limitations as detailed in the Indicator pages.

The information for this data table is available for the 33 NBHC Communities, 7 Health Zones and for New Brunswick overall.

The Population Health data table series provides comprehensive view about the people who live, learn, work, take part in activities and in community life in this area.

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size

 Above-average performance

 Below-average performance