POPULATION HEALTH
Social and economic factors

Community
Perth-Andover, Plaster Rock, Tobique Area

Zone 3
Fredericton and River Valley Area

Province
New Brunswick
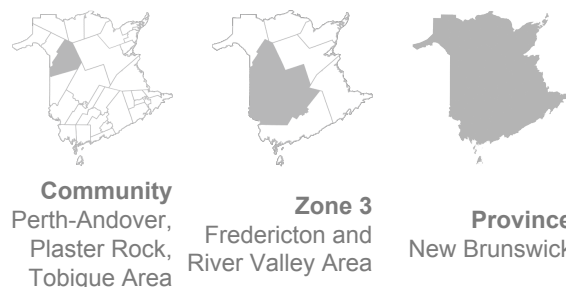
Family and Social Support

👪 Family and friends

	Community	Zone 3	Province
Parents - report eating dinner (evening meal) with their children % | 2016-2017	49.4	57.3	55.7
Children - with mental fitness needs highly satisfied by family % | 2023-2024	75.3	75.6	77.2
Children - with mental fitness needs highly satisfied by friends % | 2023-2024	87.7	87.6	87.8
Youth - eat an evening meal together with family, friends or guardians % | 2023-2024	30.0	41.1	44.1
Youth - enjoy my cultural and family traditions % | 2023-2024	45.3	53.7	53.3
Youth - my parent or caregiver knows a lot about me % | 2023-2024	42.8	49.3	51.0
Youth - my family stands by me during difficult times % | 2023-2024	41.5	51.7	51.0
Youth - with mental fitness needs highly satisfied by family % | 2023-2024	72.6	80.1	81.3
Youth - my friends stand by me during difficult times % | 2023-2024	31.6	39.3	39.6
Youth - with mental fitness needs highly satisfied by friends % | 2023-2024	78.0	83.8	83.8
Youth - have people I look up to % | 2023-2024	42.2	45.1	46.0
Adults and seniors - lack companionship some of the time or often % | 2020	30.6	39.5	36.6

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	Community Perth-Andover, Plaster Rock, Tobique Area	Zone 3 Fredericton and River Valley Area	Province New Brunswick
Adults and seniors - feel left out some of the time or often % | 2020	30.0	33.7	31.2
Adults and seniors - feel isolated some of the time or often % | 2020	33.5	36.5	31.2
Adults and seniors - provide long-term care to someone % | 2020	10.1	7.9	9.1

🏫 School and/or work

Children - feel teachers treat me fairly % | 2022-2023	71.9	70.1	68.0
Children - feel safe at school % | 2022-2023	67.8	70.3	69.6
Children - feel connected to my school % | 2022-2023	61.1	61.6	60.3
Children - with mental fitness needs highly satisfied by school % | 2023-2024	53.5	60.1	64.6
Youth - participate in activities or groups organized by school % | 2023-2024	63.8	64.0	62.1
Youth - feel teachers treat me fairly % | 2023-2024	71.9	80.0	80.8
Youth - feel safe at school % | 2023-2024	64.6	71.6	75.0
Youth - feel connected to my school % | 2023-2024	78.7	84.8	86.6
Youth - with mental fitness needs highly satisfied by school % | 2023-2024	42.1	53.8	58.5
Youth - have opportunities to develop skills that will be useful later in life (like job skills and skills to care for others) % | 2023-2024	30.7	40.7	40.6

⭘ Community

Youth - volunteer outside school without being paid % | 2023-2024	59.1	63.7	62.0
Youth - treated fairly in my community % | 2023-2024	22.2	35.2	34.9
Youth - participate in activities or groups not organized by school % | 2023-2024	64.0	66.0	64.8
Youth - know where to go in my community to get help % | 2023-2024	19.4	27.1	27.1
Youth - sense of community belonging, somewhat strong or very strong Number | 2023-2024	16.1	18.0	18.1

	Community Perth-Andover, Plaster Rock, Tobique Area	Zone 3 Fredericton and River Valley Area	Province New Brunswick
Have internet access at home % | 2020	87.8	97.4	96.9
Adults % | 2020	92.6	95.9	95.7
Seniors % | 2020	77.0	86.0	85.7
Difficulties accessing a computer, tablet, or smartphone (when getting virtual care) %	n/a	n/a	n/a
Adults %	n/a	n/a	n/a
Seniors %	n/a	n/a	n/a

Community Safety

👫 Children

Victim of bullying % | 2023-2024	42.0	36.6	35.0

🧍 Youth

It is safe for younger children to play outside during the day % | 2023-2024	52.8	71.6	71.3
Victim of bullying % | 2023-2024	55.6	48.9	48.2
Victim of dating violence % | 2022-2023	20.4	22.4	19.8
Sexually violated % | 2022-2023	14.5	15.0	14.1

🧍 Adults and seniors

Crimes against persons Rate per 1,000 population | 2019	29	14	16
Crimes against property Rate per 1,000 population | 2019	43	28	33

Stress

❓ Reasons for stress in adults

Time pressures or not having enough time % | 2020	38.6	47.5	45.6

	Community Perth-Andover, Plaster Rock, Tobique Area	Zone 3 Fredericton and River Valley Area	Province New Brunswick
Physical health problem or condition % | 2020	36.0	27.9	27.6
Emotional or mental health problem or condition % | 2020	21.4	28.2	27.1
Financial situation % | 2020	28.4	35.3	36.7
Work situation % | 2020	30.3	39.5	38.9
Caring for others - parents, family or friends % | 2020	22.0	25.6	27.9
Other personal or family responsibilities % | 2020	23.0	27.9	27.0
Health of family members % | 2020	35.3	41.7	41.8

⑦ Reasons for stress in seniors

Time pressures or not having enough time % | 2020	14.4	12.1	14.1
Physical health problem or condition % | 2020	26.1	25.7	24.9
Emotional or mental health problem or condition % | 2020	14.3	12.8	12.1
Financial situation % | 2020	18.6	13.4	14.9
Work situation % | 2014	8.0	5.8	4.7
Caring for others - parents, family or friends % | 2020	19.9	19.0	19.4
Other personal or family responsibilities % | 2020	10.6	16.2	16.1
Health of family members % | 2020	29.8	32.7	33.8

Education

🧍 Children and youth

Approved child care spaces - infants (1 and under) Rate per 100 population aged 1 and under | 2019	0	16	18
Approved child care spaces - preschool (2-4 years) Rate per 100 population aged 2 to 4 | 2019	13	58	60
Approved child care spaces - school-age (5-12 years) Rate per 100 population aged 5 to 12 | 2019	6	27	29

	Community Perth-Andover, Plaster Rock, Tobique Area	Zone 3 Fredericton and River Valley Area	Province New Brunswick
Kindergarten school readiness %	2018-2019	77	92	85
Youth - school marks above average or excellent (80% or more) %	2018-2019	53.6	67.1	62.7
School dropout rate %	2018-2019	1.7	1.4	1.0

🧍 Adults and seniors

Difficulty understanding written information about a medical condition or prescription, always or usually %	2020	15.3	11.3	12.3
Highest level completed of education - less than high school %	2021	15	8	11
Highest level completed of education - high school or equivalent %	2021	41	30	29
Highest level completed of education - postsecondary certificate, diploma or degree %	2021	44	62	60

Employment

🔨 Labour force

Participation rate %	2021	50	62	60
Employment rate %	2021	43	57	54

💼 Employment status

Employee %	2021	86	88	88
Self-employed %	2021	11	10	10
Work a full year, full time %	2021	48	57	53
Work part of the year and/or part time %	2021	52	43	47
Students with part-time jobs outside of school %	2018-2019	34.5	29.5	33.7
Absence days of full-time employees in a year due to illness and disability Days	2020	n/a	n/a	10

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	Community Perth-Andover, Plaster Rock, Tobique Area	Zone 3 Fredericton and River Valley Area	Province New Brunswick
Absence days of full-time employees in a year due to personal or family responsibilities Days | 2020	n/a	n/a	1.6

Income

$ Household income

Household income - less than $25,000 % | 2021	15	9	11
Household income - $25,000 to $59,999 % | 2021	39	29	31
Household income - $60,000 and more % | 2021	46	61	58
Median household income $ | 2021	55,600	74,500	70,000
Median household income per household habitant $ per person | 2021	25,273	32,391	30,435
Median lone-parent family income $ | 2021	27,600	38,400	35,600
Live in low-income household % | 2021	22	13	14
Youth - live in low-income household (0-17 years) % | 2021	24	15	16
...Children - live in low-income household (0-5 years) % | 2021	24	16	18
Adults - live in low-income household % | 2021	17	11	11
Seniors - live in low-income household % | 2021	31	19	22
Family resilience to financial shock - debt to asset ratio % | 2019	S	14	15

$ Composition of total income

Families with children receiving social assistance or welfare benefits % | 2020	7	4	5
Population receiving Employment Insurance % | 2020	6	4	6
Composition of total income of the population in private households - market income (employment, investments, retirement, etc.) % | 2021	68	81	78
Composition of total income of the population in private households - government transfer payments (pension, old age security, employment insurance, child benefits, etc.) % | 2021	32	19	22

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	Community Perth-Andover, Plaster Rock, Tobique Area	Zone 3 Fredericton and River Valley Area	Province New Brunswick
🍴 Food security			
Children - eat at a breakfast or snack program at school % | 2023-2024	**75.1**	**60.9**	**51.6**
Youth - report going to school or to bed hungry because there is not enough food at home, often or always % | 2023-2024	**7.0**	**6.0**	**7.0**
Food insecurity - moderate to severe % | 2015 to 2019	n/a	**10**	n/a
Seniors - food insecurity - moderate to severe % | 2015 to 2019	n/a	**4**	n/a
🏠 Housing security			
Median monthly shelter costs - rented residence $ | 2021	**626**	**960**	**870**
Median monthly shelter costs - owned residence $ | 2021	**583**	**949**	**935**
Tenants in subsidized housing % | 2021	**18**	**11**	**13**
Spending 30% or more of household total income on shelter costs % | 2021	**8**	**12**	**13**
$ Cost associated with health needs			
No insurance for prescription medications % | 2020	**19.3**	**12.6**	**15.6**
Did not fill a prescription for medicine, or skipped doses because of the cost % | 2020	**5.4**	**5.0**	**5.8**
🛒 Other purchasing practices			
Purchasing practices - alcohol sales $ per person aged 19 and over | 2019-2020	**120**	**434**	**480**
Purchasing practices - lottery sales $ per person aged 19 and over | 2019-2020	n/a	n/a	**526**
Purchasing practices - cannabis sales $ per person aged 19 and over | 2019-2020	**208**	**60**	**70**
Average debt owed at graduation - college graduate $ | 2015	n/a	n/a	**15,100**
Average debt owed at graduation - university degree graduate $ | 2015	n/a	n/a	**40,000**
College graduates with large debt at graduation of $25,000 and over % | 2015	n/a	n/a	**17**

	Community Perth-Andover, Plaster Rock, Tobique Area	Zone 3 Fredericton and River Valley Area	Province New Brunswick
University degree graduates with large debt at graduation of $25,000 and over %	2015	n/a	n/a	**72**

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About this Table

Social and economic factors, such as education, stable jobs, and strong social networks are fundamental to achieving long and healthy lives.

Content and description

Information on family and social support, community safety and stress, by age group. Information regarding education, employment, and income is also available here.

Why is this important?

Social and economic factors can significantly affect how well and how long we live. They can affect our ability to make healthy choices, afford housing, manage stress, and more.

Availability of the data

Indicators from a variety of sources are collected, organized, and analyzed by the NBHC. These data sources are used to represent the population health of New Brunswickers. Each have various levels of reliability and limitations as detailed in the Indicator pages.

The information for this data table is available for the 33 NBHC Communities, 7 Health Zones and for New Brunswick overall.

The Population Health data table series provides comprehensive view about the people who live, learn, work, take part in activities and in community life in this area.

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size