

POPULATION HEALTH

Social and economic factors





Zone 1 Moncton and South-East Area

Province New Brunswick

Family and Social Support

†††† Family and friends

TIT I alliny and mends		
Parents - report eating dinner (evening meal) with their children % 2016-2017	56.3	55.7
Children - with mental fitness needs highly satisfied by family $\% \mid 2024\text{-}2025$	79.1	78.7
Children - with mental fitness needs highly satisfied by friends % 2024-2025	88.0	88.0
Youth - eat an evening meal together with family, friends or guardians % 2023-2024	45.9	44.1
Youth - enjoy my cultural and family traditions % 2023-2024	54.5	53.3
Youth - my parent or caregiver knows a lot about me % 2023-2024	51.3	51.0
Youth - my family stands by me during difficult times % 2023-2024	50.1	51.0
Youth - with mental fitness needs highly satisfied by family $\% \mid 2024\text{-}2025$	83.1	82.3
Youth - my friends stand by me during difficult times % 2023-2024	39.5	39.6
Youth - with mental fitness needs highly satisfied by friends % 2024-2025	85.1	83.9
Youth - have people I look up to % 2023-2024	45.9	46.0
Adults and seniors - lack companionship some of the time or often % 2020	34.6	36.6
Adults and seniors - feel left out some of the time or often % 2020	30.3	31.2
Adults and seniors - feel isolated some of the time or often % 2020	28.0	31.2
Adults and seniors - provide long-term care to someone % 2020	7.7	9.1



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Children - feel teachers treat me fairly % 2024-2025	67.5	
Children - feel safe at school % 2024-2025	70.3	
Children - feel connected to my school % 2024-2025	61.1	
Children - with mental fitness needs highly satisfied by school % 2024-2025	68.4	
outh - participate in activities or groups organized by school % 2024-2025	57.0	
outh - feel teachers treat me fairly % 2024-2025	83.8	
Youth - feel safe at school % 2024-2025	78.5	
Youth - feel connected to my school % 2024-2025	88.7	
Youth - with mental fitness needs highly satisfied by school % 2024-2025	63.2	
Youth - have opportunities to develop skills that will be useful later in life (like job skills and skills to care for others) $\%$ 2023-2024	40.9	
Community		
outh - volunteer outside school without being paid % 2024-2025	56.9	
Youth - treated fairly in my community % 2023-2024	35.5	
Youth - participate in activities or groups not organized by school % 2024-2025	63.1	
outh - know where to go in my community to get help % 2023-2024	27.7	
Youth - sense of community belonging, somewhat strong or very strong Number 2023-2024	18.3	
Have internet access at home % 2020	95.5	
Adults % 2020	97.8	
Seniors % 2020	88.6	
Difficulties accessing a computer, tablet, or smartphone (when getting virtual care) % 2024	5.4	,
	3.7	



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Seniors % | 2023 **16.6 15.8**

Vicitim of bullying % 2024-2025 32.4 3 Youth 1t is safe for younger children to play outside during the day % 2023-2024 72.2 7 Victim of bullying % 2024-2025 45.8 4 Victim of dating violence % 2024-2025 11.2 1 Sexually violated % 2024-2025 11.6 1 Adults and seniors 2 17 Crimes against persons Rate per 1,000 population 2019 17 Crimes against property Rate per 1,000 population 2019 47 tress 2 Peasons for stress in adults 2 Time pressures or not having enough time % 2020 50.5 4 Physical health problem or condition % 2020 29.9 2 Emotional or mental health problem or condition % 2020 31.0 2 Financial situation % 2020 41.0 3 Work situation % 2020 43.9 3 Caring for others - parents, family or friends % 2020 31.1 2 Other personal or family responsibilities % 2020 29.8 2	Community Safety		
Youth It is safe for younger children to play outside during the day % 2023-2024 72.2 7 Victim of bullying % 2024-2025 45.8 4 Victim of dating violence % 2024-2025 11.2 1 Sexually violated % 2024-2025 11.6 1 Adults and seniors Crimes against persons Rate per 1,000 population 2019 17 Crimes against property Rate per 1,000 population 2019 47 tress Decide the property Rate per 1,000 population 2019 47 tress Population 2019 47 tress Population 2019 50.5 4 Population 2020 50.5 4 Population 2020 50.5 4 Population 2020 31.0 2 Emotional or mental health problem or condition % 2020 31.0 2 Financial situation % 2020 43.9 3 Caring for others - parents, family or friends % 2020 31.1 2	∱ Children		
It is safe for younger children to play outside during the day % 2023-2024 72.2 7 Victim of bullying % 2024-2025 45.8 4 Victim of dating violence % 2024-2025 11.2 1 Sexually violated % 2024-2025 11.6 1 Adults and seniors Crimes against persons Rate per 1,000 population 2019 17 Crimes against property Rate per 1,000 population 2019 47 **Time pressures or not having enough time % 2020 50.5 4 Physical health problem or condition % 2020 29.9 2 Emotional or mental health problem or condition % 2020 41.0 3 Work situation % 2020 43.9 3 Caring for others - parents, family or friends % 2020 31.1 2 Other personal or family responsibilities % 2020 29.8 2	Victim of bullying % 2024-2025	32.4	33
Victim of bullying % 2024-2025 45.8 4 Victim of dating violence % 2024-2025 11.2 1 Sexually violated % 2024-2025 11.6 1 Adults and seniors Crimes against persons Rate per 1,000 population 2019 17 Crimes against property Rate per 1,000 population 2019 47 tress Reasons for stress in adults Time pressures or not having enough time % 2020 50.5 4 Physical health problem or condition % 2020 29.9 2 Emotional or mental health problem or condition % 2020 31.0 2 Financial situation % 2020 41.0 3 Work situation % 2020 43.9 3 Caring for others - parents, family or friends % 2020 31.1 2 Other personal or family responsibilities % 2020 29.8 2	Youth		
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Sexually violated % 2024-2025 11.6 1 Adults and seniors Crimes against persons Rate per 1,000 population 2019 17 Crimes against property Rate per 1,000 population 2019 47 treess D Reasons for stress in adults Time pressures or not having enough time % 2020 50.5 4 Physical health problem or condition % 2020 29.9 2 Emotional or mental health problem or condition % 2020 31.0 2 Financial situation % 2020 41.0 3 Work situation % 2020 43.9 3 Caring for others - parents, family or friends % 2020 31.1 2 Other personal or family responsibilities % 2020 29.8 2	Victim of bullying % 2024-2025	45.8	47
Adults and seniors Crimes against persons Rate per 1,000 population 2019 17 Crimes against property Rate per 1,000 population 2019 47 tress Reasons for stress in adults Time pressures or not having enough time % 2020 50.5 4 Physical health problem or condition % 2020 29.9 2 Emotional or mental health problem or condition % 2020 31.0 2 Financial situation % 2020 41.0 3 Work situation % 2020 43.9 3 Caring for others - parents, family or friends % 2020 31.1 2 Other personal or family responsibilities % 2020 29.8 2	Victim of dating violence % 2024-2025	11.2	13
Crimes against persons Rate per 1,000 population 2019 17 Crimes against property Rate per 1,000 population 2019 47 tress Reasons for stress in adults Time pressures or not having enough time % 2020 50.5 4 Physical health problem or condition % 2020 29.9 2 Emotional or mental health problem or condition % 2020 31.0 2 Financial situation % 2020 41.0 3 Work situation % 2020 43.9 3 Caring for others - parents, family or friends % 2020 31.1 2 Other personal or family responsibilities % 2020 29.8 2	Sexually violated % 2024-2025	11.6	12
Crimes against property Rate per 1,000 population 2019 tress Reasons for stress in adults Time pressures or not having enough time % 2020 50.5 4 Physical health problem or condition % 2020 29.9 2 Emotional or mental health problem or condition % 2020 31.0 2 Financial situation % 2020 41.0 3 Work situation % 2020 43.9 3 Caring for others - parents, family or friends % 2020 31.1 2 Other personal or family responsibilities % 2020 29.8 2	Adults and seniors		
tress Reasons for stress in adults Time pressures or not having enough time % 2020 50.5 4 Physical health problem or condition % 2020 29.9 2 Emotional or mental health problem or condition % 2020 31.0 2 Financial situation % 2020 41.0 3 Work situation % 2020 43.9 3 Caring for others - parents, family or friends % 2020 31.1 2 Other personal or family responsibilities % 2020 29.8 2	Crimes against persons Rate per 1,000 population 2019	17	,
Reasons for stress in adults Time pressures or not having enough time % 2020 50.5 4 Physical health problem or condition % 2020 29.9 2 Emotional or mental health problem or condition % 2020 31.0 2 Financial situation % 2020 41.0 3 Work situation % 2020 43.9 3 Caring for others - parents, family or friends % 2020 31.1 2 Other personal or family responsibilities % 2020 29.8 2	Crimes against property Rate per 1,000 population 2019	47	,
Time pressures or not having enough time % 2020 50.5 4 Physical health problem or condition % 2020 29.9 2 Emotional or mental health problem or condition % 2020 31.0 2 Financial situation % 2020 41.0 3 Work situation % 2020 43.9 3 Caring for others - parents, family or friends % 2020 31.1 2 Other personal or family responsibilities % 2020 29.8 2	Stress		
Physical health problem or condition % 2020 Emotional or mental health problem or condition % 2020 Financial situation % 2020 Work situation % 2020 41.0 Caring for others - parents, family or friends % 2020 Other personal or family responsibilities % 2020 29.9 29.9 41.0 31.1 20.0 43.9 31.1 20.0 29.8 29.8 20.0	Reasons for stress in adults		
Emotional or mental health problem or condition % 2020 Financial situation % 2020 Work situation % 2020 43.9 Caring for others - parents, family or friends % 2020 Other personal or family responsibilities % 2020 29.8 2	Time pressures or not having enough time % 2020	50.5	45
Financial situation % 2020 41.0 3 Work situation % 2020 43.9 3 Caring for others - parents, family or friends % 2020 31.1 2 Other personal or family responsibilities % 2020 29.8 2	Physical health problem or condition % 2020	29.9	27
Work situation % 2020 43.9 3 Caring for others - parents, family or friends % 2020 31.1 2 Other personal or family responsibilities % 2020 29.8 2	Emotional or mental health problem or condition % 2020	31.0	27
Caring for others - parents, family or friends % 2020 Other personal or family responsibilities % 2020 29.8 29.8	Financial situation % 2020	41.0	36
Other personal or family responsibilities % 2020 29.8 2	Work situation % 2020	43.9	38
	Caring for others - parents, family or friends % 2020	31.1	27
Health of family members % 2020 44.0 4	Other personal or family responsibilities % 2020	29.8	27
	Health of family members % 2020	44.0	41



	Zone 1 Moncton and South-East Area	Province New Brunswick
? Reasons for stress in seniors		
Time pressures or not having enough time % 2020	14.0	14.1
Physical health problem or condition % 2020	24.1	24.9
Emotional or mental health problem or condition % 2020	12.9	12.1
Financial situation % 2020	17.8	14.9
Work situation % 2020	6.7	5.1
Caring for others - parents, family or friends % 2020	20.2	19.4
Other personal or family responsibilities % 2020	16.6	16.1
Health of family members % 2020	34.9	33.8
♠ Children and youth Approved child care spaces - infants (1 and under) Rate per 100 population aged 1 and under 2019	20	18
Approved child care spaces - preschool (2-4 years) Rate per 100 population aged 2 to 4 2019	63	60
Approved child care spaces - school-age (5-12 years) Rate per 100 population aged 5 to 12 2019	34	29
Kindergarten school readiness % 2018-2019	79	85
Youth - school marks above average or excellent (80% or more) % 2018-2019	60.4	62.7
School dropout rate % 2018-2019	0.7	1.0
Å Adults and seniors		
Difficulty understanding written information about a medical condition or prescription, always or usually $\% \mid$ 2020	13.0	12.3
Highest level completed of education - less than high school % 2021	10	11
Highest level completed of education - high school or equivalent % 2021	27	29



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Highest level completed of education - postsecondary certificate, diploma or degree % |

60

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Emp	A a a Y	
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F	Participation rate % 2021	63	60
E	Employment rate % 2021	57	54

Employment status		
Employee % 2021	88	88
Self-employed % 2021	10	10
Work a full year, full time % 2021	54	53
Work part of the year and/or part time % 2021	46	47
Students with part-time jobs outside of school % 2018-2019	34.5	33.7
Absence days of full-time employees in a year due to illness and disability Days 2020	n/a	10
Absence days of full-time employees in a year due to personal or family responsibilities Days 2020	n/a	1.6

Income

\$ Household income

Household income - less than \$25,000 % 2021	10	11
Household income - \$25,000 to \$59,999 % 2021	30	31
Household income - \$60,000 and more % 2021	60	58
Median household income \$ 2021	73,000	70,000
Median household income per household habitant \$ per person 2021	31,739	30,435
Median lone-parent family income \$ 2021	37,200	35,600



	Zone 1 Moncton and South-East Area	Province New Brunswick
Live in low-income household % 2021	13	14
Youth - live in low-income household (0-17 years) % 2021	15	16
Children - live in low-income household (0-5 years) % 2021	18	18
Adults - live in low-income household % 2021	10	11
Seniors - live in low-income household % 2021	19	22
Family resilience to financial shock - debt to asset ratio % 2019	16	15
\$ Composition of total income		
Families with children receiving social assistance or welfare benefits % 2020	4	5
Population receiving Employment Insurance % 2020	5	6
Composition of total income of the population in private households -market income (employment, investments, retirement, etc.) $\%\mid 2021$	79	78
Composition of total income of the population in private households - government transfer payments (pension, old age security, employment insurance, child benefits, etc.) $\%$ 2021	21	22
% Food security		
Children - eat at a breakfast or snack program at school % 2024-2025	50.3	52.9
Youth - report going to school or to bed hungry because there is not enough food at home, often or always $\% \mid$ 2024-2025	5.5	5.4
Food insecurity - moderate to severe % 2015 to 2019	9	n/a
Seniors - food insecurity - moderate to severe % 2015 to 2019	4	n/a
⋒ Housing security		
Median monthly shelter costs - rented residence \$ 2021	968	870
Median monthly shelter costs - owned residence \$ 2021	1,036	935
Tenants in subsidized housing % 2021	11	13
Spending 30% or more of household total income on shelter costs % 2021	15	13

\$ Cost associated with health needs



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No insurance for prescription medications $\% \mid 2020$	12.0	15.6
Did not fill a prescription for medicine, or skipped doses because of the cost % 2024	8.1	9.2
₩ Other purchasing practices		
Purchasing practices - alcohol sales \$ per person aged 19 and over 2019-2020	536	480
Purchasing practices - lottery sales \$ per person aged 19 and over 2019-2020	n/a	526
Purchasing practices - cannabis sales \$ per person aged 19 and over 2019-2020	83	70
Average debt owed at graduation - college graduate \$ 2015	n/a	15,100
Average debt owed at graduation - university degree graduate \$ 2015	n/a	40,000
College graduates with large debt at graduation of \$25,000 and over $\% \mid$ 2015	n/a	17
University degree graduates with large debt at graduation of \$25,000 and over $\%\mid 2015$	n/a	72



About this Table

Social and economic factors, such as education, stable jobs, and strong social networks are fundamental to achieving long and healthy lives.

Content and description

Information on family and social support, community safety and stress, by age group. Information regarding education, employment, and income is also available here.

Why is this important?

Social and economic factors can significantly affect how well and how long we live. They can affect our ability to make healthy choices, afford housing, manage stress, and more.

Availability of the data

Indicators from a variety of sources are collected, organized, and analyzed by the NBHC. These data sources are used to represent the population health of New Brunswickers. Each have various levels of reliability and limitations as detailed in the Indicator pages. The information for this data table is available for the 33 NBHC Communities, 7 Health Zones and for New Brunswick overall.

The Population Health data table series provides comprehensive view about the people who live, learn, work, take part in activities and in community life in this area.

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size

Above-average performance

P Below-average performance