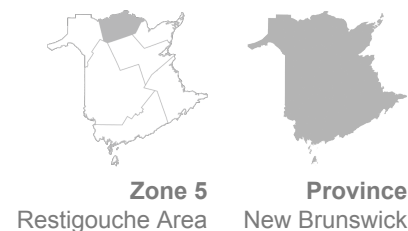


## POPULATION HEALTH

# Social and economic factors



## Family and Social Support

### Family and friends

Parents - report eating dinner (evening meal) with their children %   2016-2017	52.9	55.7
Children - with mental fitness needs highly satisfied by family %   2024-2025	77.0	78.7
Children - with mental fitness needs highly satisfied by friends %   2024-2025	84.0	88.0
Youth - eat an evening meal together with family, friends or guardians %   2023-2024	46.1	44.1
Youth - enjoy my cultural and family traditions %   2023-2024	48.6	53.3
Youth - my parent or caregiver knows a lot about me %   2023-2024	48.5	51.0
Youth - my family stands by me during difficult times %   2023-2024	46.8	51.0
Youth - with mental fitness needs highly satisfied by family %   2024-2025	81.9	82.3
Youth - my friends stand by me during difficult times %   2023-2024	39.8	39.6
Youth - with mental fitness needs highly satisfied by friends %   2024-2025	82.5	83.9
Youth - have people I look up to %   2023-2024	44.2	46.0
Adults and seniors - lack companionship some of the time or often %   2020	33.7	36.6
Adults and seniors - feel left out some of the time or often %   2020	25.0	31.2
Adults and seniors - feel isolated some of the time or often %   2020	26.5	31.2
Adults and seniors - provide long-term care to someone %   2020	12.1	9.1

### School and/or work

	<b>Zone 5 Restigouche Area</b>	<b>Province New Brunswick</b>
Children - feel teachers treat me fairly %   2024-2025	<b>58.8</b>	<b>66.6</b>
Children - feel safe at school %   2024-2025	<b>67.0</b>	<b>69.6</b>
Children - feel connected to my school %   2024-2025	<b>54.1</b>	<b>60.7</b>
Children - with mental fitness needs highly satisfied by school %   2024-2025	<b>69.2</b>	<b>65.4</b>
Youth - participate in activities or groups organized by school %   2024-2025	<b>61.3</b>	<b>61.1</b>
Youth - feel teachers treat me fairly %   2024-2025	<b>79.3</b>	<b>81.8</b>
Youth - feel safe at school %   2024-2025	<b>76.9</b>	<b>76.0</b>
Youth - feel connected to my school %   2024-2025	<b>84.1</b>	<b>86.8</b>
Youth - with mental fitness needs highly satisfied by school %   2024-2025	<b>59.3</b>	<b>59.4</b>
Youth - have opportunities to develop skills that will be useful later in life (like job skills and skills to care for others) %   2023-2024	<b>37.1</b>	<b>40.6</b>

## **Community**

Youth - volunteer outside school without being paid %   2024-2025	<b>51.8</b>	<b>59.1</b>
Youth - treated fairly in my community %   2023-2024	<b>33.1</b>	<b>34.9</b>
Youth - participate in activities or groups not organized by school %   2024-2025	<b>62.8</b>	<b>64.6</b>
Youth - know where to go in my community to get help %   2023-2024	<b>26.1</b>	<b>27.1</b>
Youth - sense of community belonging, somewhat strong or very strong Number   2023-2024	<b>17.3</b>	<b>18.1</b>
Have internet access at home %   2020	<b>91.5</b>	<b>96.9</b>
Adults %   2020	<b>94.8</b>	<b>95.7</b>
Seniors %   2020	<b>82.1</b>	<b>85.7</b>
Difficulties accessing a computer, tablet, or smartphone (when getting virtual care) %   2023	<b>9.0</b>	<b>7.9</b>
Adults %   2023	<b>5.3</b>	<b>5.0</b>
Seniors %   2023	<b>16.2</b>	<b>15.8</b>

**Zone 5** **Province**  
Restigouche Area New Brunswick

## Community Safety

### Children

Victim of bullying %   2024-2025	34.5	33.5
----------------------------------	------	------

### Youth

It is safe for younger children to play outside during the day %   2023-2024	65.2	71.3
--	------	------

Victim of bullying %   2024-2025	43.7	47.3
----------------------------------	------	------

Victim of dating violence %   2024-2025	13.8	13.4
---	------	------

Sexually violated %   2024-2025	13.8	12.5
---------------------------------	------	------

### Adults and seniors

Crimes against persons Rate per 1,000 population   2019	27	16
---	----	----

Crimes against property Rate per 1,000 population   2019	47	33
--	----	----

## Stress

### Reasons for stress in adults

Time pressures or not having enough time %   2020	40.2	45.6
---	------	------

Physical health problem or condition %   2020	25.8	27.6
---	------	------

Emotional or mental health problem or condition %   2020	23.5	27.1
--	------	------

Financial situation %   2020	31.0	36.7
------------------------------	------	------

Work situation %   2020	35.6	38.9
-------------------------	------	------

Caring for others - parents, family or friends %   2020	30.4	27.9
---	------	------

Other personal or family responsibilities %   2020	26.5	27.0
--	------	------

Health of family members %   2020	41.8	41.8
-----------------------------------	------	------

### Reasons for stress in seniors

	<b>Zone 5 Restigouche Area</b>	<b>Province New Brunswick</b>
Time pressures or not having enough time %   2020	<b>18.5</b>	<b>14.1</b>
Physical health problem or condition %   2020	<b>25.9</b>	<b>24.9</b>
Emotional or mental health problem or condition %   2020	<b>14.2</b>	<b>12.1</b>
Financial situation %   2020	<b>19.0</b>	<b>14.9</b>
Work situation %   2020	<b>6.6</b>	<b>5.1</b>
Caring for others - parents, family or friends %   2020	<b>21.5</b>	<b>19.4</b>
Other personal or family responsibilities %   2020	<b>15.1</b>	<b>16.1</b>
Health of family members %   2020	<b>28.6</b>	<b>33.8</b>

## Education

### Children and youth

Approved child care spaces - infants (1 and under) Rate per 100 population aged 1 and under   2019	<b>12</b>	<b>18</b>
Approved child care spaces - preschool (2-4 years) Rate per 100 population aged 2 to 4   2019	<b>48</b>	<b>60</b>
Approved child care spaces - school-age (5-12 years) Rate per 100 population aged 5 to 12   2019	<b>30</b>	<b>29</b>
Kindergarten school readiness %   2018-2019	<b>78</b>	<b>85</b>
Youth - school marks above average or excellent (80% or more) %   2018-2019	<b>53.4</b>	<b>62.7</b>
School dropout rate %   2018-2019	<b>1.6</b>	<b>1.0</b>

### Adults and seniors

Difficulty understanding written information about a medical condition or prescription, always or usually %   2020	<b>15.2</b>	<b>12.3</b>
Highest level completed of education - less than high school %   2021	<b>16</b>	<b>11</b>
Highest level completed of education - high school or equivalent %   2021	<b>26</b>	<b>29</b>
Highest level completed of education - postsecondary certificate, diploma or degree %   2021	<b>58</b>	<b>60</b>

**Zone 5** **Province**  
Restigouche Area New Brunswick

## Employment

### Labour force

Participation rate %   2021	51	60
Employment rate %   2021	44	54

### Employment status

Employee %   2021	89	88
Self-employed %   2021	8	10
Work a full year, full time %   2021	48	53
Work part of the year and/or part time %   2021	52	47
Students with part-time jobs outside of school %   2018-2019	38.5	33.7
Absence days of full-time employees in a year due to illness and disability Days   2020	n/a	10
Absence days of full-time employees in a year due to personal or family responsibilities Days   2020	n/a	1.6

## Income

### Household income

Household income - less than \$25,000 %   2021	15	11
Household income - \$25,000 to \$59,999 %   2021	39	31
Household income - \$60,000 and more %   2021	46	58
Median household income \$   2021	55,600	70,000
Median household income per household habitant \$ per person   2021	26,476	30,435
Median lone-parent family income \$   2021	30,600	35,600
Live in low-income household %   2021	19	14
Youth - live in low-income household (0-17 years) %   2021	22	16

	<b>Zone 5 Restigouche Area</b>	<b>Province New Brunswick</b>
...Children - live in low-income household (0-5 years) %   2021	<b>29</b>	<b>18</b>
Adults - live in low-income household %   2021	<b>15</b>	<b>11</b>
Seniors - live in low-income household %   2021	<b>25</b>	<b>22</b>
Family resilience to financial shock - debt to asset ratio %   2019	<b>S</b>	<b>15</b>

## **\$ Composition of total income**

Families with children receiving social assistance or welfare benefits %   2020	<b>6</b>	<b>5</b>
Population receiving Employment Insurance %   2020	<b>8</b>	<b>6</b>
Composition of total income of the population in private households -market income (employment, investments, retirement, etc.) %   2021	<b>70</b>	<b>78</b>
Composition of total income of the population in private households - government transfer payments (pension, old age security, employment insurance, child benefits, etc.) %   2021	<b>30</b>	<b>22</b>

## **🍴 Food security**

Children - eat at a breakfast or snack program at school %   2024-2025	<b>65.2</b>	<b>52.9</b>
Youth - report going to school or to bed hungry because there is not enough food at home, often or always %   2024-2025	<b>6.6</b>	<b>5.4</b>
Food insecurity - moderate to severe %   2015 to 2019	<b>10</b>	<b>n/a</b>
Seniors - food insecurity - moderate to severe %   2015 to 2019	<b>n/a</b>	<b>n/a</b>

## **🏠 Housing security**

Median monthly shelter costs - rented residence \$   2021	<b>624</b>	<b>870</b>
Median monthly shelter costs - owned residence \$   2021	<b>708</b>	<b>935</b>
Tenants in subsidized housing %   2021	<b>22</b>	<b>13</b>
Spending 30% or more of household total income on shelter costs %   2021	<b>11</b>	<b>13</b>

## **\$ Cost associated with health needs**

No insurance for prescription medications %   2020	<b>22.5</b>	<b>15.6</b>
Did not fill a prescription for medicine, or skipped doses because of the cost %   2023	<b>9.1</b>	<b>8.9</b>

**Zone 5** **Province**  
Restigouche Area New Brunswick

### 📄 Other purchasing practices

Purchasing practices - alcohol sales \$ per person aged 19 and over   2019-2020	<b>191</b>	<b>480</b>
Purchasing practices - lottery sales \$ per person aged 19 and over   2019-2020	n/a	<b>526</b>
Purchasing practices - cannabis sales \$ per person aged 19 and over   2019-2020	<b>86</b>	<b>70</b>
Average debt owed at graduation - college graduate \$   2015	n/a	<b>15,100</b>
Average debt owed at graduation - university degree graduate \$   2015	n/a	<b>40,000</b>
College graduates with large debt at graduation of \$25,000 and over %   2015	n/a	<b>17</b>
University degree graduates with large debt at graduation of \$25,000 and over %   2015	n/a	<b>72</b>

## About this Table

Social and economic factors, such as education, stable jobs, and strong social networks are fundamental to achieving long and healthy lives.

**Content and description**

Information on family and social support, community safety and stress, by age group.  
Information regarding education, employment, and income is also available here.

**Why is this important?**

Social and economic factors can significantly affect how well and how long we live. They can affect our ability to make healthy choices, afford housing, manage stress, and more.

**Availability of the data**

Indicators from a variety of sources are collected, organized, and analyzed by the NBHC. These data sources are used to represent the population health of New Brunswickers. Each have various levels of reliability and limitations as detailed in the Indicator pages. The information for this data table is available for the 33 NBHC Communities, 7 Health Zones and for New Brunswick overall.

----


The Population Health data table series provides comprehensive view about the people who live, learn, work, take part in activities and in community life in this area.


.....

**Caption**

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size

 Above-average performance

 Below-average performance