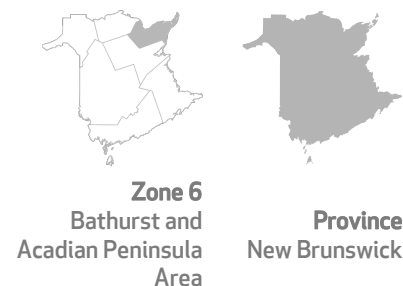


POPULATION HEALTH

Social and economic factors



Family and Social Support

Family and friends

Parents - report eating dinner (evening meal) with their children % 2016-2017	54.5	55.7
Children - with mental fitness needs highly satisfied by family % 2022-2023	81.7	76.6
Children - with mental fitness needs highly satisfied by friends % 2022-2023	91.1	88.2
Youth - eat an evening meal together with family, friends or guardians % 2021-2022	52.0	44.5
Youth - enjoy my cultural and family traditions % 2022-2023	47.0	50.4
Youth - my parent or caregiver knows a lot about me % 2022-2023	51.5	48.1
Youth - my family stands by me during difficult times % 2022-2023	48.4	48.2
Youth - with mental fitness needs highly satisfied by family % 2022-2023	80.7	76.4
Youth - my friends stand by me during difficult times % 2022-2023	39.5	38.4
Youth - with mental fitness needs highly satisfied by friends % 2022-2023	80.5	80.2
Youth - have people I look up to % 2022-2023	41.9	42.6
Adults and seniors - lack companionship some of the time or often % 2020	37.9	36.6
Adults and seniors - feel left out some of the time or often % 2020	24.0	31.2
Adults and seniors - feel isolated some of the time or often % 2020	27.5	31.2
Adults and seniors - provide long-term care to someone % 2020	8.3	9.1

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School and/or work

Children - feel teachers treat me fairly % 2022-2023	61.7	68.0
Children - feel safe at school % 2022-2023	70.2	69.6
Children - feel connected to my school % 2022-2023	60.8	60.3
Children - with mental fitness needs highly satisfied by school % 2022-2023	75.3	65.8
Youth - participate in activities or groups organized by school % 2022-2023	60.4	60.3
Youth - feel teachers treat me fairly % 2022-2023	84.5	82.9
Youth - feel safe at school % 2022-2023	81.1	78.4
Youth - feel connected to my school % 2022-2023	92.6	90.1
Youth - with mental fitness needs highly satisfied by school % 2022-2023	56.8	52.0
Youth - have opportunities to develop skills that will be useful later in life (like job skills and skills to care for others) % 2022-2023	37.9	35.8

Community

Youth - volunteer outside school without being paid % 2022-2023	50.6	56.5
Youth - treated fairly in my community % 2022-2023	32.2	32.3
Youth - participate in activities or groups not organized by school % 2022-2023	62.6	63.3
Youth - know where to go in my community to get help % 2022-2023	24.5	25.3
Youth - sense of community belonging, somewhat strong or very strong Number 2021-2022	18.6	18.4
Have internet access at home % 2020	97.6	96.9
Adults % 2020	93.5	95.7
Seniors % 2020	83.9	85.7
Difficulties accessing a computer, tablet, or smartphone (when getting virtual care) % 2022	13.1	11.0
Adults % 2022	8.0	7.3
Seniors % 2022	24.0	21.6

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Community Safety

Children

Victim of bullying % 2022-2023	30.9	31.8
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Youth

It is safe for younger children to play outside during the day % 2021-2022	76.8	74.9
Victim of bullying % 2022-2023	46.6	48.8
Victim of dating violence % 2022-2023	18.6	19.8
Sexually violated % 2022-2023	14.6	14.1

Adults and seniors

Crimes against persons Rate per 1,000 population 2019	17	16
Crimes against property Rate per 1,000 population 2019	21	33

Stress

Reasons for stress in adults

Time pressures or not having enough time % 2020	40.8	45.6
Physical health problem or condition % 2020	22.1	27.6
Emotional or mental health problem or condition % 2020	21.4	27.1
Financial situation % 2020	34.3	36.7
Work situation % 2020	32.5	38.9
Caring for others - parents, family or friends % 2020	26.1	27.9
Other personal or family responsibilities % 2020	21.5	27.0
Health of family members % 2020	39.6	41.8

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? Reasons for stress in seniors

Time pressures or not having enough time % 2020	16.3	14.1
Physical health problem or condition % 2020	22.7	24.9
Emotional or mental health problem or condition % 2020	11.8	12.1
Financial situation % 2020	11.8	14.9
Work situation % 2020	2.8	5.1
Caring for others - parents, family or friends % 2020	23.7	19.4
Other personal or family responsibilities % 2020	12.5	16.1
Health of family members % 2020	34.8	33.8

Education

👤 Children and youth

Approved child care spaces - infants (1 and under) Rate per 100 population aged 1 and under 2019	18	18
Approved child care spaces - preschool (2-4 years) Rate per 100 population aged 2 to 4 2019	73	60
Approved child care spaces - school-age (5-12 years) Rate per 100 population aged 5 to 12 2019	37	29
Kindergarten school readiness % 2018-2019	81	85
Youth - school marks above average or excellent (80% or more) % 2018-2019	58.3	62.7
School dropout rate % 2018-2019	1.1	1.0

👤 Adults and seniors

Difficulty understanding written information about a medical condition or prescription, always or usually % 2020	14.5	12.3
Highest level completed of education - less than high school % 2021	21	11
Highest level completed of education - high school or equivalent % 2021	24	29

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Highest level completed of education - postsecondary certificate, diploma or degree % 2021	55	60
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Employment

🔗 Labour force

Participation rate % 2021	53	60
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Employment rate % 2021	46	54
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📋 Employment status

Employee % 2021	89	88
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Self-employed % 2021	9	10
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Work a full year, full time % 2021	40	53
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Work part of the year and/or part time % 2021	60	47
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Students with part-time jobs outside of school % 2018-2019	35.4	33.7
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Absence days of full-time employees in a year due to illness and disability Days 2020	n/a	10
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Absence days of full-time employees in a year due to personal or family responsibilities Days 2020	n/a	1.6
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Income

💰 Household income

Household income - less than \$25,000 % 2021	14	11
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Household income - \$25,000 to \$59,999 % 2021	35	31
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Household income - \$60,000 and more % 2021	51	58
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Median household income \$ 2021	60,800	70,000
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Median household income per household habitant \$ per person 2021	28,952	30,435
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Median lone-parent family income \$ 2021	30,600	35,600
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Live in low-income household % 2021	17	14
Youth - live in low-income household (0-17 years) % 2021	16	16
...Children - live in low-income household (0-5 years) % 2021	20	18
Adults - live in low-income household % 2021	12	11
Seniors - live in low-income household % 2021	30	22
Family resilience to financial shock - debt to asset ratio % 2019	13	15
\$ Composition of total income		
Families with children receiving social assistance or welfare benefits % 2020	4	5
Population receiving Employment Insurance % 2020	12	6
Composition of total income of the population in private households -market income (employment, investments, retirement, etc.) % 2021	68	78
Composition of total income of the population in private households - government transfer payments (pension, old age security, employment insurance, child benefits, etc.) % 2021	32	22
🍴 Food security		
Children - eat at a breakfast or snack program at school % 2022-2023	41.7	51.8
Youth - report going to school or to bed hungry because there is not enough food at home, often or always % 2022-2023	8.4	7.5
Food insecurity - moderate to severe % 2015 to 2019	7	n/a
Seniors - food insecurity - moderate to severe % 2015 to 2019	2	n/a
🏠 Housing security		
Median monthly shelter costs - rented residence \$ 2021	648	870
Median monthly shelter costs - owned residence \$ 2021	726	935
Tenants in subsidized housing % 2021	15	13
Spending 30% or more of household total income on shelter costs % 2021	11	13

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\$ Cost associated with health needs

No insurance for prescription medications % 2020	26.4	15.6
Did not fill a prescription for medicine, or skipped doses because of the cost % 2020	5.3	5.8

🛒 Other purchasing practices

Purchasing practices - alcohol sales \$ per person aged 19 and over 2019-2020	363	480
Purchasing practices - lottery sales \$ per person aged 19 and over 2019-2020	n/a	526
Purchasing practices - cannabis sales \$ per person aged 19 and over 2019-2020	59	70
Average debt owed at graduation - college graduate \$ 2015	n/a	15,100
Average debt owed at graduation - university degree graduate \$ 2015	n/a	40,000
College graduates with large debt at graduation of \$25,000 and over % 2015	n/a	17
University degree graduates with large debt at graduation of \$25,000 and over % 2015	n/a	72

About this Table

Social and economic factors, such as education, stable jobs, and strong social networks are fundamental to achieving long and healthy lives.

Content and description

Information on family and social support, community safety and stress, by age group. Information regarding education, employment, and income is also available here.

Why is this important?

Social and economic factors can significantly affect how well and how long we live. They can affect our ability to make healthy choices, afford housing, manage stress, and more.

Availability of the data

Indicators from a variety of sources are collected, organized, and analyzed by the NBHC. These data sources are used to represent the population health of New Brunswickers. Each have various levels of reliability and limitations as detailed in the Indicator pages.

The information for this data table is available for the 33 NBHC Communities, 7 Health Zones and for New Brunswick overall.

The Population Health data table series provides comprehensive view about the people who live, learn, work, take part in activities and in community life in this area.

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Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size