

# Students in grades 4 and 5 who, on average, spend more than 2 hours a day on screen time

Unit: %

	Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2019-2020	Academic Year 2016-2017
Province				
New Brunswick	74.2	78.0	n/a	56.7
Health zones				
Zone 1 - Moncton and South-East Area	73.3	77.8	n/a	55.3
Zone 2 - Fundy Shore and Saint John Area	74.5	76.6	n/a	59.3
Zone 3 - Fredericton and River Valley Area	74.5	78.5	n/a	54.5
Zone 4 - Madawaska and North-West Area	66.8	76.4	n/a	54.5
Zone 5 - Restigouche Area	78.3	79.4	n/a	61.0
Zone 6 - Bathurst and Acadian Peninsula Area	75.3	80.8	n/a	61.2
Zone 7 - Miramichi Area	81.8	80.8	n/a	54.8
Communities				
Bathurst, Beresford, Petit-Rocher Area	76.4	78.0	n/a	60.3
Bouctouche, Richibucto, Saint-Antoine Area	78.4	85.1	75.4	59.4
Campbellton, Atholville, Tide Head Area	75.2	77.0	n/a	56.5
Caraquet, Paquetville, Bertrand Area	66.3	80.3	n/a	61.3
Dalhousie, Balmoral, Belledune Area	82.4	82.6	n/a	64.0
Dieppe and Memramcook	69.0	77.4	n/a	51.3
Douglas, Saint Marys, Doaktown Area	76.5	85.9	66.5	50.4
Edmundston, Rivière-Verte, Lac Baker Area	65.2	74.0	70.2	51.8
Florenceville-Bristol, Woodstock, Wakefield Area	73.2	78.9	47.6	54.4
Fredericton	72.6	76.1	n/a	51.5
Grand Bay-Westfield, Westfield, Greenwich Area	77.1	78.2	n/a	60.1



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Grand Falls, Saint-Léonard, Drummond Area	68.1	78.5	65.9	53.1
Hillsborough, Riverside-Albert, Alma Area	86.9	84.4	n/a	66.4
Kedgwick, Saint-Quentin and Grimmer	68.9	77.7	n/a	66.4
Minto, Chipman, Cambridge-Narrows Area	83.2	86.8	74.4	59.8
Miramichi, Rogersville, Blackville Area	81.1	80.0	n/a	53.9
Moncton	74.0	75.9	n/a	54.8
Nackawic, McAdam, Canterbury Area	75.5	73.8	n/a	57.9
Neguac, Alnwick, Esgenoopetitj Area	89.9	88.7	83.8	64.3
New Maryland, Kingsclear, Lincoln Area	71.8	77.0	69.9	52.1
Oromocto, Gagetown, Fredericton Junction Area	78.9	83.0	n/a	63.6
Perth-Andover, Plaster Rock, Tobique Area	82.1	77.3	n/a	54.8
Quispamsis, Rothesay, Hampton Area	67.1	73.5	n/a	52.1
Riverview and Coverdale	78.4	80.5	63.2	55.5
Sackville, Dorchester, Port Elgin Area	70.8	71.4	54.1	64.4
Saint John, Simonds and Musquash	78.4	78.7	n/a	63.7
Salisbury and Petitcodiac	65.8	75.5	n/a	52.4
Shediac, Beaubassin East and Cap-Pelé	68.5	85.3	n/a	58.5
Shippagan, Lamèque, Inkerman Area	82.9	83.1	70.0	67.2
St. George, Grand Manan, Blacks Harbour Area	79.4	83.6	n/a	58.1
St. Stephen, Saint Andrews, Campobello Island Area	76.0	80.0	82.2	61.0
Sussex, Norton, Sussex Corner Area	74.5	70.9	64.0	60.6
Tracadie and Saint-Isidore	75.1	83.2	69.4	58.9
School districts				
Anglophone East School District	76.5	77.6	n/a	56.3



	Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2019-2020	Academic Year 2016-2017
Anglophone North School District	80.6	80.1	n/a	54.3
Anglophone South School District	74.3	77.0	n/a	59.9
Anglophone West School District	75.5	79.2	n/a	55.2
Anglophone sector	75.9	78.2	n/a	57.0
District scolaire francophone Nord-Est	75.7	81.2	n/a	62.0
District scolaire francophone Nord-Ouest	64.5	74.9	n/a	53.4
District scolaire francophone Sud	69.4	76.7	n/a	53.2
Francophone sector	70.3	77.7	n/a	56.0
Grades				
Grade 4	73.2	76.8	n/a	n/a
Grade 5	75.2	79.2	n/a	n/a
Gender				
Female	65.8	71.0	n/a	48.1
Male	81.4	84.1	n/a	64.6
Indigenous identity				
Indigenous	78.1	81.2	n/a	n/a
Immigrant				
Immigrants	74.5	76.3	n/a	n/a



### **About**

This indicator is the percentage of students in grades 4 and 5 who, on average, spend more than 2 hours a day on screen time. This indicator is based on the Canadian 24 Hour Movement Guidelines for Children and Youth.

## Source

Student Wellness and Education Survey, Grades 4-5

## **Calculations**

This indicator adds the responses to the following 4 individual questions: 'On most days, how much time do you spend watching TV/movies?', 'On most days, how much time do you spend using a smart phone or tablet (for games, YouTube, FaceTime, etc.)?', 'On most days, how much time do you spend playing video games?' and 'On most days, how much time do you spend using the computer (not for school)?'. The response options for these 4 individual questions are: none, less than 30 min, 30 min, 1 hour, 1 hour and 30 min, '2 hours, 3 hours or more and I do not know. This indicator is calculated by dividing the number of respondents who have a total of 'more than 2 hours' by the number of respondents who answered all 4 individual questions.

## **Notes**

The 2019-2020 edition of this survey was conducted during the COVID-19 pandemic. Since the number of schools that participated in 2019-2020 is much lower than other editions of the survey, results at the provincial level were deemed not representative of the total student population. Therefore, survey results for New Brunswick, health zones and demographic groups are not available for the 2019-2020 edition. However, 2019-2020 results are available for communities in which the number of participating schools was deemed sufficient to be representative of the student population in that community.

Unit	Interpretation	NBHC code
%	Lower is better	SE_DAA01_1

### Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size