

## Students in grades 4 and 5 who, on average, spend 2 hours or less of screen time per day

Unit : %

	Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2019-2020	Academic Year 2016-2017
<b>Province</b>				
New Brunswick	25.8	22.0	n/a	43.3
<b>Health zones</b>				
Zone 1 - Moncton and South-East Area	26.7	22.2	n/a	44.7
Zone 2 - Fundy Shore and Saint John Area	25.5	23.4	n/a	40.7
Zone 3 - Fredericton and River Valley Area	25.5	21.5	n/a	45.5
Zone 4 - Madawaska and North-West Area	33.2	23.6	n/a	45.5
Zone 5 - Restigouche Area	21.7	20.6	n/a	39.0
Zone 6 - Bathurst and Acadian Peninsula Area	24.7	19.2	n/a	38.8
Zone 7 - Miramichi Area	18.2	19.2	n/a	45.2
<b>Communities</b>				
Bathurst, Beresford, Petit-Rocher Area	23.6	22.0	n/a	39.7
Bouctouche, Richibucto, Saint-Antoine Area	21.6	14.9	24.6	40.6
Campbellton, Atholville, Tide Head Area	24.8	23.0	n/a	43.5
Caraquet, Paquetville, Bertrand Area	33.7	19.7	n/a	38.7
Dalhousie, Balmoral, Belledune Area	17.6	17.4	n/a	36.0
Dieppe and Memramcook	31.0	22.6	n/a	48.7
Douglas, Saint Marys, Doaktown Area	23.5	14.1	33.5	49.6
Edmundston, Rivière-Verte, Lac Baker Area	34.8	26.0	29.8	48.2
Florenceville-Bristol, Woodstock, Wakefield Area	26.8	21.1	52.4	45.6
Fredericton	27.4	23.9	n/a	48.5
Grand Bay-Westfield, Westfield, Greenwich Area	22.9	21.8	n/a	39.9

	Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2019-2020	Academic Year 2016-2017
Grand Falls, Saint-Léonard, Drummond Area	31.9	21.5	34.1	46.9
Hillsborough, Riverside-Albert, Alma Area	13.1	15.6	n/a	33.6
Kedgwick, Saint-Quentin and Grimmer	31.1	22.3	n/a	33.6
Minto, Chipman, Cambridge-Narrows Area	16.8	13.2	25.6	40.2
Miramichi, Rogersville, Blackville Area	18.9	20.0	n/a	46.1
Moncton	26.0	24.1	n/a	45.2
Nackawic, McAdam, Canterbury Area	24.5	26.2	n/a	42.1
Neguac, Alnwick, Esgenoopetitj Area	S	S	16.2	35.7
New Maryland, Kingsclear, Lincoln Area	28.2	23.0	30.1	47.9
Oromocto, Gagetown, Fredericton Junction Area	21.1	17.0	n/a	36.4
Perth-Andover, Plaster Rock, Tobique Area	17.9	22.7	n/a	45.2
Quispamsis, Rothesay, Hampton Area	32.9	26.5	n/a	47.9
Riverview and Coverdale	21.6	19.5	36.8	44.5
Sackville, Dorchester, Port Elgin Area	29.2	28.6	45.9	35.6
Saint John, Simonds and Musquash	21.6	21.3	n/a	36.3
Salisbury and Petitcodiac	34.2	24.5	n/a	47.6
Shediac, Beaubassin East and Cap-Pelé	31.5	14.7	n/a	41.5
Shippagan, Lamèque, Inkerman Area	17.1	16.9	30.0	32.8
St. George, Grand Manan, Blacks Harbour Area	20.6	16.4	n/a	41.9
St. Stephen, Saint Andrews, Campobello Island Area	24.0	20.0	17.8	39.0
Sussex, Norton, Sussex Corner Area	25.5	29.1	36.0	39.4
Tracadie and Saint-Isidore	24.9	16.8	30.6	41.1
<b>School districts</b>				
Anglophone East School District	23.5	22.4	n/a	43.7

	Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2019-2020	Academic Year 2016-2017
Anglophone North School District	19.4	19.9	n/a	45.7
Anglophone South School District	25.7	23.0	n/a	40.1
Anglophone West School District	24.5	20.8	n/a	44.8
Anglophone sector	24.1	21.8	n/a	43.0
District scolaire francophone Nord-Est	24.3	18.8	n/a	38.0
District scolaire francophone Nord-Ouest	35.5	25.1	n/a	46.6
District scolaire francophone Sud	30.6	23.3	n/a	46.8
Francophone sector	29.7	22.3	n/a	44.0
<b>Grades</b>				
Grade 4	26.8	23.2	n/a	n/a
Grade 5	24.8	20.8	n/a	n/a
<b>Gender</b>				
Female	34.2	29.0	n/a	51.9
Male	18.6	15.9	n/a	35.4
<b>Indigenous identity</b>				
Indigenous	21.9	18.8	n/a	n/a
<b>Immigrant</b>				
Immigrants	25.5	23.7	n/a	n/a

## About

This indicator is the percentage of students in grades 4 and 5 who, on average, spend 2 hours or less of screen time per day. This indicator is based on the Canadian 24 Hour Movement Guidelines for Children and Youth.

## Source

Student Wellness and Education Survey, Grades 4-5

## Calculations

This indicator adds the responses to the following 4 individual questions: 'On most days, how much time do you spend watching TV/movies?', 'On most days, how much time do you spend using a smart phone or tablet (for games, YouTube, FaceTime, etc.)?', 'On most days, how much time do you spend playing video games?' and 'On most days, how much time do you spend using the computer (not for school)?'. The response options for these 4 individual questions are: none, less than 30 min, 30 min, 1 hour, 1 hour and 30 min, 2 hours, 3 hours or more and I do not know. This indicator is calculated by dividing the number of respondents who have a total of '2 hours or less' by the number of respondents who answered all 4 individual questions.

## Notes

The 2019-2020 edition of this survey was conducted during the COVID-19 pandemic. Since the number of schools that participated in 2019-2020 is much lower than other editions of the survey, results at the provincial level were deemed not representative of the total student population. Therefore, survey results for New Brunswick, health zones and demographic groups are not available for the 2019-2020 edition. However, 2019-2020 results are available for communities in which the number of participating schools was deemed sufficient to be representative of the student population in that community.

---

<b>Unit</b>	<b>Interpretation</b>	<b>NBHC code</b>
%	Higher is better	SE_DAA01_2

## Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size