

## Students in grades 4 and 5 who reported that, on average, spend 2 hours or less of screen time per day during their free time

Unit : %

	Academic Year 2024-2025	Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2019-2020
<b>Province</b>				
New Brunswick	23.6	25.8	22.0	n/a
<b>Health zones</b>				
Zone 1 - Moncton and South-East Area	22.8	26.7	22.2	n/a
Zone 2 - Fundy Shore and Saint John Area	23.5	25.5	23.4	n/a
Zone 3 - Fredericton and River Valley Area	24.5	25.5	21.5	n/a
Zone 4 - Madawaska and North-West Area	31.7	33.2	23.6	n/a
Zone 5 - Restigouche Area	19.5	21.7	20.6	n/a
Zone 6 - Bathurst and Acadian Peninsula Area	23.1	24.7	19.2	n/a
Zone 7 - Miramichi Area	18.8	18.2	19.2	n/a
<b>Communities</b>				
Bathurst, Beresford, Petit-Rocher Area	27.7	23.6	22.0	n/a
Bouctouche, Richibucto, Saint-Antoine Area	19.8	21.6	14.9	24.6
Campbellton, Atholville, Tide Head Area	21.1	24.8	23.0	n/a
Caraquet, Paquetville, Bertrand Area	21.0	33.7	19.7	n/a
Dalhousie, Balmoral, Belledune Area	17.4	17.6	17.4	n/a
Dieppe and Memramcook	27.2	31.0	22.6	n/a
Douglas, Saint Marys, Doaktown Area	28.5	23.5	14.1	33.5
Edmundston, Rivière-Verte, Lac Baker Area	33.3	34.8	26.0	29.8
Florenceville-Bristol, Woodstock, Wakefield Area	26.5	26.8	21.1	52.4
Fredericton	26.0	27.4	23.9	n/a
Grand Bay-Westfield, Westfield, Greenwich Area	18.8	22.9	21.8	n/a

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Grand Falls, Saint-Léonard, Drummond Area	32.4	31.9	21.5	34.1
Hillsborough, Riverside-Albert, Alma Area	23.7	13.1	15.6	n/a
Kedgwick, Saint-Quentin and Grimmer	23.1	31.1	22.3	n/a
Minto, Chipman, Cambridge-Narrows Area	19.1	16.8	13.2	25.6
Miramichi, Rogersville, Blackville Area	19.2	18.9	20.0	n/a
Moncton	22.4	26.0	24.1	n/a
Nackawic, McAdam, Canterbury Area	19.5	24.5	26.2	n/a
Neguac, Alnwick, Esgenoopetitj Area	15.5	S	S	16.2
New Maryland, Kingsclear, Lincoln Area	24.3	28.2	23.0	30.1
Oromocto, Gagetown, Fredericton Junction Area	21.0	21.1	17.0	n/a
Perth-Andover, Plaster Rock, Tobique Area	17.4	17.9	22.7	n/a
Quispamsis, Rothesay, Hampton Area	27.9	32.9	26.5	n/a
Riverview and Coverdale	23.5	21.6	19.5	36.8
Sackville, Dorchester, Port Elgin Area	21.4	29.2	28.6	45.9
Saint John, Simonds and Musquash	21.8	21.6	21.3	n/a
Salisbury and Petitcodiac	21.1	34.2	24.5	n/a
Shediac, Beaubassin East and Cap-Pelé	18.2	31.5	14.7	n/a
Shippagan, Lamèque, Inkerman Area	14.9	17.1	16.9	30.0
St. George, Grand Manan, Blacks Harbour Area	20.8	20.6	16.4	n/a
St. Stephen, Saint Andrews, Campobello Island Area	19.7	24.0	20.0	17.8
Sussex, Norton, Sussex Corner Area	25.6	25.5	29.1	36.0
Tracadie and Saint-Isidore	20.8	24.9	16.8	30.6
<b>School districts</b>				
Anglophone East School District	21.3	23.5	22.4	n/a

	Academic Year 2024-2025	Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2019-2020
Anglophone North School District	19.6	19.4	19.9	n/a
Anglophone South School District	23.5	25.7	23.0	n/a
Anglophone West School District	24.3	24.5	20.8	n/a
Anglophone sector	22.8	24.1	21.8	n/a
District scolaire francophone Nord-Est	22.7	24.3	18.8	n/a
District scolaire francophone Nord-Ouest	31.9	35.5	25.1	n/a
District scolaire francophone Sud	25.4	30.6	23.3	n/a
Francophone sector	25.7	29.7	22.3	n/a
<b>Grades</b>				
Grade 4	24.6	26.8	23.2	n/a
Grade 5	22.8	24.8	20.8	n/a
<b>Gender</b>				
Female	30.7	34.2	29.0	n/a
Male	17.6	18.6	15.9	n/a
<b>Indigenous identity</b>				
Indigenous	19.9	21.9	18.8	n/a
<b>Immigrant</b>				
Immigrants	22.5	25.5	23.7	n/a

## About

This indicator is the percentage of students in grades 4 and 5 who reported that, on average, spend 2 hours or less of screen time per day during their free time. This indicator is based on the Canadian 24 Hour Movement Guidelines for Children and Youth.

## Source

Student Wellness and Education Survey, Grades 4-5

## Calculations

This indicator adds the responses to the following 4 individual questions: 'On most days, how much time do you spend watching TV/movies?', 'On most days, how much time do you spend using a smart phone or tablet (for games, YouTube, FaceTime, etc.)?', 'On most days, how much time do you spend playing video games?' and 'On most days, how much time do you spend using the computer (not for school)?'. The response options for these 4 individual questions are: none, less than 30 min, 30 min, 1 hour, 1 hour and 30 min, 2 hours, 3 hours or more and I do not know. This indicator is calculated by dividing the number of respondents who have a total of '2 hours or less' by the number of respondents who answered all 4 individual questions.

## Notes

The 2019-2020 edition of this survey was conducted during the COVID-19 pandemic. Since the number of schools that participated in 2019-2020 is much lower than other editions of the survey, results at the provincial level were deemed not representative of the total student population. Therefore, survey results for New Brunswick, health zones and demographic groups are not available for the 2019-2020 edition. However, 2019-2020 results are available for communities in which the number of participating schools was deemed sufficient to be representative of the student population in that community.

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Unit	Interpretation	NBHC code
%	Higher is better	SE_DAA01_2

## Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size