

Students in grades 4 and 5 who report eating breakfast daily

Unit : %

	Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2019-2020	Academic Year 2016-2017
Province				
New Brunswick	50.5	51.0	n/a	69.8
Health zones				
Zone 1 - Moncton and South-East Area	53.8	52.0	n/a	73.6
Zone 2 - Fundy Shore and Saint John Area	49.5	52.8	n/a	67.2
Zone 3 - Fredericton and River Valley Area	46.4	47.5	n/a	67.6
Zone 4 - Madawaska and North-West Area	52.5	56.7	n/a	78.0
Zone 5 - Restigouche Area	51.9	42.6	n/a	61.4
Zone 6 - Bathurst and Acadian Peninsula Area	54.9	53.9	n/a	69.8
Zone 7 - Miramichi Area	44.6	45.9	n/a	67.3
Communities				
Bathurst, Beresford, Petit-Rocher Area	53.5	52.8	n/a	69.6
Bouctouche, Richibucto, Saint-Antoine Area	60.0	51.0	62.5	69.8
Campbellton, Atholville, Tide Head Area	53.9	41.3	n/a	65.3
Caraquet, Paquetville, Bertrand Area	56.8	55.9	n/a	70.8
Dalhousie, Balmoral, Belledune Area	49.4	44.3	n/a	58.8
Dieppe and Memramcook	54.9	58.7	n/a	79.5
Douglas, Saint Marys, Doaktown Area	29.8	36.6	54.0	61.6
Edmundston, Rivière-Verte, Lac Baker Area	58.1	55.5	72.6	78.7
Florenceville-Bristol, Woodstock, Wakefield Area	45.9	42.9	55.1	64.0
Fredericton	51.0	51.6	n/a	73.1
Grand Bay-Westfield, Westfield, Greenwich Area	52.4	51.1	n/a	73.6
Grand Falls, Saint-Léonard, Drummond Area	45.6	54.2	70.5	74.1

	Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2019-2020	Academic Year 2016-2017
Hillsborough, Riverside-Albert, Alma Area	47.1	50.6	n/a	61.6
Kedgwick, Saint-Quentin and Grimmer	49.2	65.7	n/a	83.8
Minto, Chipman, Cambridge-Narrows Area	31.7	25.7	56.8	57.3
Miramichi, Rogersville, Blackville Area	43.4	47.5	n/a	67.3
Moncton	54.3	52.2	n/a	72.1
Nackawic, McAdam, Canterbury Area	42.4	47.0	n/a	53.6
Neguac, Alnwick, Esgenooetitj Area	58.5	27.6	60.8	67.2
New Maryland, Kingsclear, Lincoln Area	50.1	49.9	58.3	70.4
Oromocto, Gagetown, Fredericton Junction Area	45.1	50.1	n/a	66.0
Perth-Andover, Plaster Rock, Tobique Area	28.5	36.7	n/a	55.3
Quispamsis, Rothesay, Hampton Area	57.1	59.6	n/a	75.7
Riverview and Coverdale	52.2	47.2	70.8	72.7
Sackville, Dorchester, Port Elgin Area	48.6	46.2	38.7	79.4
Saint John, Simonds and Musquash	50.0	52.6	n/a	63.6
Salisbury and Petitcodiac	45.6	47.1	n/a	73.8
Shediac, Beaubassin East and Cap-Pelé	49.6	45.1	n/a	73.4
Shippagan, Lamèque, Inkerman Area	61.0	48.2	70.9	70.2
St. George, Grand Manan, Blacks Harbour Area	29.7	38.1	n/a	54.3
St. Stephen, Saint Andrews, Campobello Island Area	40.5	45.8	46.1	66.0
Sussex, Norton, Sussex Corner Area	43.8	50.2	58.1	63.1
Tracadie and Saint-Isidore	52.7	57.6	70.0	69.3
School districts				
Anglophone East School District	47.7	47.9	n/a	69.8
Anglophone North School District	42.2	44.5	n/a	63.5

	Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2019-2020	Academic Year 2016-2017
Anglophone South School District	49.5	52.5	n/a	66.8
Anglophone West School District	43.9	45.9	n/a	66.8
Anglophone sector	46.5	48.4	n/a	67.2
District scolaire francophone Nord-Est	57.8	52.3	n/a	69.2
District scolaire francophone Nord-Ouest	58.1	61.2	n/a	79.3
District scolaire francophone Sud	61.3	57.9	n/a	78.6
Francophone sector	59.9	56.9	n/a	75.8
Grades				
Grade 4	50.6	52.1	n/a	n/a
Grade 5	50.4	49.9	n/a	n/a
Gender				
Female	50.4	51.1	n/a	70.8
Male	51.3	51.7	n/a	69.0
Indigenous identity				
Indigenous	42.5	40.6	n/a	n/a
Immigrant				
Immigrants	47.5	49.4	n/a	n/a

About

This indicator is the percentage of students in grades 4 and 5 who report eating breakfast daily.

Source

Student Wellness and Education Survey, Grades 4-5

Calculations

This indicator is calculated by dividing the number of respondents who answered "7+ times" by the number of respondents who answered "none, 1 time, 2 times, 3 times, 4 times, 5 times, 6 times or 7+ times" to the question: Last week, how many times did you eat breakfast?

Notes

The 2019-2020 edition of this survey was conducted during the COVID-19 pandemic. Since the number of schools that participated in 2019-2020 is much lower than other editions of the survey, results at the provincial level were deemed not representative of the total student population. Therefore, survey results for New Brunswick, health zones and demographic groups are not available for the 2019-2020 edition. However, 2019-2020 results are available for communities in which the number of participating schools was deemed sufficient to be representative of the student population in that community.

Unit	Interpretation	NBHC code
%	Higher is better	SE_EAT04_1

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size