

Students in grades 4 and 5 who reported eating breakfast daily

Unit : %

Province	Academic Year 2024-2025	Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2019-2020
	50.0	50.5	51.0	n/a
Health zones				
Zone 1 - Moncton and South-East Area	51.0	53.8	52.0	n/a
Zone 2 - Fundy Shore and Saint John Area	50.1	49.5	52.8	n/a
Zone 3 - Fredericton and River Valley Area	47.3	46.4	47.5	n/a
Zone 4 - Madawaska and North-West Area	56.0	52.5	56.7	n/a
Zone 5 - Restigouche Area	47.0	51.9	42.6	n/a
Zone 6 - Bathurst and Acadian Peninsula Area	54.9	54.9	53.9	n/a
Zone 7 - Miramichi Area	42.7	44.6	45.9	n/a
Communities				
Bathurst, Beresford, Petit-Rocher Area	55.2	53.5	52.8	n/a
Bouctouche, Richibucto, Saint-Antoine Area	48.8	60.0	51.0	62.5
Campbellton, Atholville, Tide Head Area	47.8	53.9	41.3	n/a
Caraquet, Paquetville, Bertrand Area	53.3	56.8	55.9	n/a
Dalhousie, Balmoral, Belledune Area	46.0	49.4	44.3	n/a
Dieppe and Memramcook	55.7	54.9	58.7	n/a
Douglas, Saint Marys, Doaktown Area	26.2	29.8	36.6	54.0
Edmundston, Rivière-Verte, Lac Baker Area	57.6	58.1	55.5	72.6
Florenceville-Bristol, Woodstock, Wakefield Area	41.8	45.9	42.9	55.1
Fredericton	53.6	51.0	51.6	n/a
Grand Bay-Westfield, Westfield, Greenwich Area	56.0	52.4	51.1	n/a
Grand Falls, Saint-Léonard, Drummond Area	51.8	45.6	54.2	70.5

	Academic Year 2024-2025	Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2019-2020
Hillsborough, Riverside-Albert, Alma Area	43.2	47.1	50.6	n/a
Kedgwick, Saint-Quentin and Grimmer	61.5	49.2	65.7	n/a
Minto, Chipman, Cambridge-Narrows Area	30.3	31.7	25.7	56.8
Miramichi, Rogersville, Blackville Area	43.9	43.4	47.5	n/a
Moncton	51.4	54.3	52.2	n/a
Nackawic, McAdam, Canterbury Area	39.6	42.4	47.0	n/a
Neguac, Alnwick, Esgenoopetitj Area	32.3	58.5	27.6	60.8
New Maryland, Kingsclear, Lincoln Area	51.1	50.1	49.9	58.3
Oromocto, Gagetown, Fredericton Junction Area	46.8	45.1	50.1	n/a
Perth-Andover, Plaster Rock, Tobique Area	32.8	28.5	36.7	n/a
Quispamsis, Rothesay, Hampton Area	57.4	57.1	59.6	n/a
Riverview and Coverdale	49.6	52.2	47.2	70.8
Sackville, Dorchester, Port Elgin Area	42.2	48.6	46.2	38.7
Saint John, Simonds and Musquash	49.7	50.0	52.6	n/a
Salisbury and Petitcodiac	50.3	45.6	47.1	n/a
Shediac, Beaubassin East and Cap-Pelé	46.7	49.6	45.1	n/a
Shippagan, Lamèque, Inkerman Area	56.9	61.0	48.2	70.9
St. George, Grand Manan, Blacks Harbour Area	34.4	29.7	38.1	n/a
St. Stephen, Saint Andrews, Campobello Island Area	41.2	40.5	45.8	46.1
Sussex, Norton, Sussex Corner Area	45.4	43.8	50.2	58.1
Tracadie and Saint-Isidore	54.1	52.7	57.6	70.0

School districts

Anglophone East School District	46.3	47.7	47.9	n/a
Anglophone North School District	40.2	42.2	44.5	n/a

	Academic Year 2024-2025	Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2019-2020
Anglophone South School District	49.9	49.5	52.5	n/a
Anglophone West School District	45.7	43.9	45.9	n/a
Anglophone sector	46.6	46.5	48.4	n/a
District scolaire francophone Nord-Est	56.9	57.8	52.3	n/a
District scolaire francophone Nord-Ouest	59.6	58.1	61.2	n/a
District scolaire francophone Sud	58.4	61.3	57.9	n/a
Francophone sector	58.2	59.9	56.9	n/a
Grades				
Grade 4	51.3	50.6	52.1	n/a
Grade 5	48.7	50.4	49.9	n/a
Gender				
Female	49.6	50.4	51.1	n/a
Male	51.1	51.3	51.7	n/a
Indigenous identity				
Indigenous	43.9	42.5	40.6	n/a
Immigrant				
Immigrants	47.1	47.5	49.4	n/a

About

This indicator is the percentage of students in grades 4 and 5 who reported eating breakfast daily.

Source

Student Wellness and Education Survey, Grades 4-5

Calculations

This indicator is calculated by dividing the number of respondents who answered "7+ times" by the number of respondents who answered "none, 1 time, 2 times, 3 times, 4 times, 5 times, 6 times or 7+ times" to the question: Last week, how many times did you eat breakfast?

Notes

The 2019-2020 edition of this survey was conducted during the COVID-19 pandemic. Since the number of schools that participated in 2019-2020 is much lower than other editions of the survey, results at the provincial level were deemed not representative of the total student population. Therefore, survey results for New Brunswick, health zones and demographic groups are not available for the 2019-2020 edition. However, 2019-2020 results are available for communities in which the number of participating schools was deemed sufficient to be representative of the student population in that community.

Unit	Interpretation	NBHC code
%	Higher is better	SE_EAT04_1

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size