

Students in grades 4 and 5 who reported eating at a breakfast or snack program at school at least once in the last week

Unit : %

	Academic Year 2025-2026	Academic Year 2024-2025	Academic Year 2023-2024	Academic Year 2022-2023
Province				
New Brunswick	61.8	52.9	51.6	51.8
Health zones				
Zone 1 - Moncton and South-East Area	57.2	50.3	47.8	49.2
Zone 2 - Fundy Shore and Saint John Area	62.8	47.7	47.1	46.2
Zone 3 - Fredericton and River Valley Area	66.8	61.3	60.9	62.1
Zone 4 - Madawaska and North-West Area	S	52.7	47.8	45.6
Zone 5 - Restigouche Area	66.8	65.2	64.1	57.6
Zone 6 - Bathurst and Acadian Peninsula Area	56.2	41.5	40.8	41.7
Zone 7 - Miramichi Area	68.7	64.2	65.1	65.1
Communities				
Bathurst, Beresford, Petit-Rocher Area	50.6	36.7	36.0	31.0
Bouctouche, Richibucto, Saint-Antoine Area	65.3	60.4	53.9	50.3
Campbellton, Atholville, Tide Head Area	66.0	60.2	62.0	54.2
Caraquet, Paquetville, Bertrand Area	67.2	48.4	37.4	34.8
Dalhousie, Balmoral, Belledune Area	68.0	71.9	66.6	62.0
Dieppe and Memramcook	61.4	41.5	44.2	46.7
Douglas, Saint Marys, Doaktown Area	85.4	79.9	82.8	85.2
Edmundston, Rivière-Verte, Lac Baker Area	S	46.2	48.8	38.7
Florenceville-Bristol, Woodstock, Wakefield Area	72.4	65.2	66.0	63.8
Fredericton	62.5	58.2	52.2	55.9
Grand Bay-Westfield, Westfield, Greenwich Area	55.6	29.9	49.8	28.5

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Grand Falls, Saint-Léonard, Drummond Area	S	63.2	48.5	53.3
Hillsborough, Riverside-Albert, Alma Area		78.5	78.3	77.1
Kedgwick, Saint-Quentin and Grimmer	S	49.4	42.3	45.1
Minto, Chipman, Cambridge-Narrows Area		87.1	79.8	80.2
Miramichi, Rogersville, Blackville Area		67.1	64.2	64.8
Moncton		51.5	47.2	46.8
Nackawic, McAdam, Canterbury Area		71.5	71.5	56.8
Neguac, Alnwick, Esgenoopetitj Area		80.0	64.0	68.4
New Maryland, Kingsclear, Lincoln Area		60.6	49.3	47.5
Oromocto, Gagetown, Fredericton Junction Area		66.4	59.6	72.1
Perth-Andover, Plaster Rock, Tobique Area		74.8	77.6	80.5
Quispamsis, Rothesay, Hampton Area		55.6	29.9	31.3
Riverview and Coverdale		63.0	62.0	54.6
Sackville, Dorchester, Port Elgin Area		71.6	72.6	72.9
Saint John, Simonds and Musquash		63.9	53.5	48.5
Salisbury and Petitcodiac		52.4	44.5	41.9
Shediac, Beaubassin East and Cap-Pelé		59.6	46.8	44.1
Shippagan, Lamèque, Inkerman Area		52.2	35.0	61.8
St. George, Grand Manan, Blacks Harbour Area		79.6	73.6	70.8
St. Stephen, Saint Andrews, Campobello Island Area		60.8	50.6	63.9
Sussex, Norton, Sussex Corner Area		71.3	62.0	56.7
Tracadie and Saint-Isidore		63.9	50.3	48.6
School districts				
Anglophone East School District		61.8	59.9	53.9

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Anglophone North School District	63.4	60.9	60.1	59.8
Anglophone South School District	62.7	47.6	46.6	46.1
Anglophone West School District	67.5	63.4	64.5	64.9
Anglophone sector	64.1	57.3	55.9	55.6
District scolaire francophone Nord-Est	59.6	44.3	45.3	45.5
District scolaire francophone Nord-Ouest	S	47.9	42.4	39.0
District scolaire francophone Sud	53.2	39.4	39.2	43.4
Francophone sector	56.5	42.2	41.4	43.2
Grades				
Grade 4	64.6	55.2	51.8	51.6
Grade 5	59.1	50.8	51.4	52.1
Gender				
Female	62.4	53.0	52.3	53.3
Male	61.3	52.6	50.8	50.4
Non-binary	55.2	n/a	n/a	44.8
Indigenous identity				
Indigenous	70.2	64.0	61.8	64.6
Immigrant				
Immigrants	65.2	57.4	55.9	56.6

About

This indicator is the percentage of students in grades 4 and 5 who reported eating at a breakfast or snack program at school at least once in the last week.

Source

Student Wellness and Education Survey, Grades 4-5

Calculations

This indicator is calculated by dividing the number of respondents who answered "1 time, 2 times, 3 times, 4 times, 5 times, 6 times or 7+ times" by the number of respondents who answered "none, 1 time, 2 times, 3 times, 4 times, 5 times, 6 times or 7+ times" to the question: Last week, how many times did you eat at a breakfast or snack program at school?

Notes

Due to a low school participation rate in some areas of the province for the 2025-2026 edition of this survey, survey results are not available for District scolaire francophone Nord-Ouest (school district), Madawaska and North-West Area (health zone), Kedgwick, Saint-Quentin and Grimmer (community), Grand Falls, Saint-Léonard, Drummond Area (community), and Edmundston, Rivière-Verte, Lac Baker Area (community). The 2019-2020 edition of this survey was conducted during the COVID-19 pandemic. Since the number of schools that participated in 2019-2020 is much lower than other editions of the survey, results at the provincial level were deemed not representative of the total student population. Therefore, survey results for New Brunswick, health zones and demographic groups are not available for the 2019-2020 edition. However, 2019-2020 results are available for communities in which the number of participating schools was deemed sufficient to be representative of the student population in that community.

Unit	NBHC code
%	SE_EAT05_1

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size