

## Students in grades 4 and 5 who reported eating vegetables and fruits 5 times or more, on the day before the survey

Unit : %

	Academic Year 2025-2026	Academic Year 2023-2024	Academic Year 2019-2020	Academic Year 2016-2017
<b>Province</b>				
New Brunswick	65.0	56.5	n/a	52.7
<b>Health zones</b>				
Zone 1 - Moncton and South-East Area	64.2	56.9	n/a	54.2
Zone 2 - Fundy Shore and Saint John Area	65.8	57.1	n/a	50.6
Zone 3 - Fredericton and River Valley Area	66.0	58.9	n/a	53.4
Zone 4 - Madawaska and North-West Area	S	52.2	n/a	56.9
Zone 5 - Restigouche Area	61.7	47.5	n/a	50.5
Zone 6 - Bathurst and Acadian Peninsula Area	60.9	53.1	n/a	53.4
Zone 7 - Miramichi Area	63.5	54.9	n/a	45.6
<b>Communities</b>				
Bathurst, Beresford, Petit-Rocher Area	60.3	55.8	n/a	57.4
Bouctouche, Richibucto, Saint-Antoine Area	57.1	54.7	43.9	43.0
Campbellton, Atholville, Tide Head Area	61.3	52.1	n/a	54.3
Caraquet, Paquetville, Bertrand Area	64.9	52.3	n/a	52.7
Dalhousie, Balmoral, Belledune Area	62.4	41.6	n/a	48.1
Dieppe and Memramcook	62.5	56.6	n/a	55.9
Douglas, Saint Marys, Doaktown Area	60.8	53.4	51.8	50.4
Edmundston, Rivière-Verte, Lac Baker Area	S	56.8	63.8	58.6
Florenceville-Bristol, Woodstock, Wakefield Area	64.2	54.8	53.8	48.3
Fredericton	69.3	61.7	n/a	58.6
Grand Bay-Westfield, Westfield, Greenwich Area	66.4	48.5	n/a	56.2

	Academic Year 2025-2026	Academic Year 2023-2024	Academic Year 2019-2020	Academic Year 2016-2017
Grand Falls, Saint-Léonard, Drummond Area	S	45.6	50.5	53.2
Hillsborough, Riverside-Albert, Alma Area	60.7	48.3	n/a	41.2
Kedgwick, Saint-Quentin and Grimmer	S	52.1	n/a	58.7
Minto, Chipman, Cambridge-Narrows Area	68.2	53.8	38.3	50.4
Miramichi, Rogersville, Blackville Area	64.2	54.7	n/a	43.9
Moncton	66.3	56.3	n/a	53.1
Nackawic, McAdam, Canterbury Area	55.4	60.1	n/a	48.3
Neguac, Alnwick, Esgenoopetitj Area	58.0	57.4	47.6	60.9
New Maryland, Kingsclear, Lincoln Area	70.0	61.0	59.1	54.3
Oromocto, Gagetown, Fredericton Junction Area	62.1	58.4	n/a	49.9
Perth-Andover, Plaster Rock, Tobique Area	52.9	47.2	n/a	42.4
Quispamsis, Rothesay, Hampton Area	69.0	62.7	n/a	56.5
Riverview and Coverdale	65.2	57.6	57.2	63.4
Sackville, Dorchester, Port Elgin Area	66.1	64.1	40.3	61.9
Saint John, Simonds and Musquash	65.7	55.0	n/a	48.4
Salisbury and Petitcodiac	61.5	59.5	n/a	54.0
Shediac, Beaubassin East and Cap-Pelé	60.3	59.4	n/a	55.4
Shippagan, Lamèque, Inkerman Area	58.6	38.2	47.5	47.3
St. George, Grand Manan, Blacks Harbour Area	65.6	61.8	n/a	48.1
St. Stephen, Saint Andrews, Campobello Island Area	55.9	51.3	45.6	47.2
Sussex, Norton, Sussex Corner Area	66.2	55.4	55.6	45.2
Tracadie and Saint-Isidore	61.2	57.8	50.1	51.3
<b>School districts</b>				
Anglophone East School District	64.1	57.0	n/a	52.5

	Academic Year 2025-2026	Academic Year 2023-2024	Academic Year 2019-2020	Academic Year 2016-2017
Anglophone North School District	62.0	53.3	n/a	47.4
Anglophone South School District	65.6	57.0	n/a	50.3
Anglophone West School District	65.6	57.9	n/a	52.7
Anglophone sector	64.8	56.9	n/a	51.3
District scolaire francophone Nord-Est	60.7	51.8	n/a	52.2
District scolaire francophone Nord-Ouest	S	51.9	n/a	56.9
District scolaire francophone Sud	65.8	58.4	n/a	57.5
Francophone sector	65.6	55.6	n/a	55.7
<b>Grades</b>				
Grade 4	63.3	54.5	n/a	n/a
Grade 5	66.8	58.6	n/a	n/a
<b>Gender</b>				
Female	67.3	58.0	n/a	54.3
Male	63.3	55.1	n/a	51.1
Non-binary	57.9	n/a	n/a	n/a
<b>Indigenous identity</b>				
Indigenous	65.4	58.3	n/a	n/a
<b>Immigrant</b>				
Immigrants	66.0	56.0	n/a	n/a

## About

This indicator is the percentage of students in grades 4 and 5 who reported eating vegetables and fruits 5 times or more, on the day before the survey.

## Source

Student Wellness and Education Survey, Grades 4-5

## Calculations

This indicator adds the responses to the following 2 individual questions: 'Yesterday, how many times did you eat fruits fresh, cooked, frozen, canned or dried? (Do not count: fruit juice, fruit roll-ups or other fruit flavoured candies.)' and 'Yesterday, how many times did you eat vegetables, fresh, cooked, frozen or canned?'. The response options for these 2 individual questions are: 'none, 1 time, 2 times, 3 times, 4 times, 5 times, 6 times and 7+ times'. This indicator is calculated by dividing the number of respondents who have a total of '5 times or more' by the number of respondents who answered at least 1 of the 2 individual questions.

## Notes

Due to a low school participation rate in some areas of the province for the 2025-2026 edition of this survey, survey results are not available for District scolaire francophone Nord-Ouest (school district), Madawaska and North-West Area (health zone), Kedgwick, Saint-Quentin and Grimmer (community), Grand Falls, Saint-Léonard, Drummond Area (community), and Edmundston, Rivière-Verte, Lac Baker Area (community). The 2019-2020 edition of this survey was conducted during the COVID-19 pandemic. Since the number of schools that participated in 2019-2020 is much lower than other editions of the survey, results at the provincial level were deemed not representative of the total student population. Therefore, survey results for New Brunswick, health zones and demographic groups are not available for the 2019-2020 edition. However, 2019-2020 results are available for communities in which the number of participating schools was deemed sufficient to be representative of the student population in that community.

Unit	Interpretation	NBHC code
%	Higher is better	SE_EATFV_1

## Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size