

## Students in grades 4 and 5 who report eating vegetables and fruit 5 times or more, on the day before the survey

Unit : %

	Academic Year 2023-2024	Academic Year 2019-2020	Academic Year 2016-2017	Academic Year 2013-2014
<b>Province</b>				
New Brunswick	56.5	n/a	52.7	50.6
<b>Health zones</b>				
Zone 1 - Moncton and South-East Area	56.9	n/a	54.2	51.3
Zone 2 - Fundy Shore and Saint John Area	57.1	n/a	50.6	52.4
Zone 3 - Fredericton and River Valley Area	58.9	n/a	53.4	51.7
Zone 4 - Madawaska and North-West Area	52.2	n/a	56.9	50.8
Zone 5 - Restigouche Area	47.5	n/a	50.5	29.9
Zone 6 - Bathurst and Acadian Peninsula Area	53.1	n/a	53.4	47.4
Zone 7 - Miramichi Area	54.9	n/a	45.6	43.1
<b>Communities</b>				
Bathurst, Beresford, Petit-Rocher Area	55.8	n/a	57.4	48.2
Bouctouche, Richibucto, Saint-Antoine Area	54.7	43.9	43.0	49.9
Campbellton, Atholville, Tide Head Area	52.1	n/a	54.3	22.6
Caraquet, Paquetville, Bertrand Area	52.3	n/a	52.7	46.7
Dalhousie, Balmoral, Belledune Area	41.6	n/a	48.1	32.5
Dieppe and Memramcook	56.6	n/a	55.9	63.5
Douglas, Saint Marys, Doaktown Area	53.4	51.8	50.4	37.7
Edmundston, Rivière-Verte, Lac Baker Area	56.8	63.8	58.6	51.5
Florenceville-Bristol, Woodstock, Wakefield Area	54.8	53.8	48.3	49.2
Fredericton	61.7	n/a	58.6	63.1
Grand Bay-Westfield, Westfield, Greenwich Area	48.5	n/a	56.2	58.2

	Academic Year 2023-2024	Academic Year 2019-2020	Academic Year 2016-2017	Academic Year 2013-2014
Grand Falls, Saint-Léonard, Drummond Area	45.6	50.5	53.2	49.9
Hillsborough, Riverside-Albert, Alma Area	48.3	n/a	41.2	57.4
Kedgwick, Saint-Quentin and Grimmer	52.1	n/a	58.7	47.7
Minto, Chipman, Cambridge-Narrows Area	53.8	38.3	50.4	39.3
Miramichi, Rogersville, Blackville Area	54.7	n/a	43.9	48.0
Moncton	56.3	n/a	53.1	50.6
Nackawic, McAdam, Canterbury Area	60.1	n/a	48.3	39.7
Neguac, Alnwick, Esgenoopetitj Area	57.4	47.6	60.9	20.7
New Maryland, Kingsclear, Lincoln Area	61.0	59.1	54.3	42.5
Oromocto, Gagetown, Fredericton Junction Area	58.4	n/a	49.9	46.0
Perth-Andover, Plaster Rock, Tobique Area	47.2	n/a	42.4	42.6
Quispamsis, Rothesay, Hampton Area	62.7	n/a	56.5	59.7
Riverview and Coverdale	57.6	57.2	63.4	46.1
Sackville, Dorchester, Port Elgin Area	64.1	40.3	61.9	61.0
Saint John, Simonds and Musquash	55.0	n/a	48.4	50.5
Salisbury and Petitcodiac	59.5	n/a	54.0	43.0
Shediac, Beaubassin East and Cap-Pelé	59.4	n/a	55.4	49.1
Shippagan, Lamèque, Inkerman Area	38.2	47.5	47.3	41.0
St. George, Grand Manan, Blacks Harbour Area	61.8	n/a	48.1	40.4
St. Stephen, Saint Andrews, Campobello Island Area	51.3	45.6	47.2	43.7
Sussex, Norton, Sussex Corner Area	55.4	55.6	45.2	49.2
Tracadie and Saint-Isidore	57.8	50.1	51.3	48.8
<b>School districts</b>				
Anglophone East School District	57.0	n/a	52.5	47.1

	Academic Year 2023-2024	Academic Year 2019-2020	Academic Year 2016-2017	Academic Year 2013-2014
Anglophone North School District	53.3	n/a	47.4	48.4
Anglophone South School District	57.0	n/a	50.3	51.8
Anglophone West School District	57.9	n/a	52.7	50.6
Anglophone sector	56.9	n/a	51.3	50.0
District scolaire francophone Nord-Est	51.8	n/a	52.2	43.2
District scolaire francophone Nord-Ouest	51.9	n/a	56.9	51.1
District scolaire francophone Sud	58.4	n/a	57.5	58.0
Francophone sector	55.6	n/a	55.7	51.8
<b>Grades</b>				
Grade 4	54.5	n/a	n/a	n/a
Grade 5	58.6	n/a	n/a	n/a
<b>Gender</b>				
Female	58.0	n/a	54.3	53.7
Male	55.1	n/a	51.1	47.5
<b>Indigenous identity</b>				
Indigenous	58.3	n/a	n/a	n/a
<b>Immigrant</b>				
Immigrants	56.0	n/a	n/a	n/a

## About

This indicator is the percentage of students in grades 4 and 5 who report eating vegetables and fruit 5 times or more, on the day before the survey.

## Source

Student Wellness and Education Survey, Grades 4-5

## Calculations

This indicator adds the responses to the following 2 individual questions: 'Yesterday, how many times did you eat fruits fresh, cooked, frozen, canned or dried? (Do not count: fruit juice, fruit roll-ups or other fruit flavoured candies.)' and 'Yesterday, how many times did you eat vegetables, fresh, cooked, frozen or canned?'. The response options for these 2 individual questions are: 'none, 1 time, 2 times, 3 times, 4 times, 5 times, 6 times and 7+ times'. This indicator is calculated by dividing the number of respondents who have a total of '5 times or more' by the number of respondents who answered at least 1 of the 2 individual questions.

## Notes

The 2019-2020 edition of this survey was conducted during the COVID-19 pandemic. Since the number of schools that participated in 2019-2020 is much lower than other editions of the survey, results at the provincial level were deemed not representative of the total student population. Therefore, survey results for New Brunswick, health zones and demographic groups are not available for the 2019-2020 edition. However, 2019-2020 results are available for communities in which the number of participating schools was deemed sufficient to be representative of the student population in that community.

---

Unit	Interpretation	NBHC code
%	Higher is better	SE_EATFV_1

## Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size