

Students in grades 4 and 5 who have their mental fitness needs highly satisfied by family

Unit : %

	Academic Year 2025-2026	Academic Year 2024-2025	Academic Year 2023-2024	Academic Year 2022-2023
Province				
New Brunswick	79.3	78.7	77.2	76.6
Health zones				
Zone 1 - Moncton and South-East Area	79.6	79.1	77.6	76.8
Zone 2 - Fundy Shore and Saint John Area	78.0	78.2	75.3	74.3
Zone 3 - Fredericton and River Valley Area	79.6	78.2	75.6	75.8
Zone 4 - Madawaska and North-West Area	S	81.8	82.2	82.8
Zone 5 - Restigouche Area	75.4	77.0	75.7	75.3
Zone 6 - Bathurst and Acadian Peninsula Area	83.5	81.5	84.9	81.7
Zone 7 - Miramichi Area	71.6	74.0	74.6	74.4
Communities				
Bathurst, Beresford, Petit-Rocher Area	80.1	79.1	81.5	75.5
Bouctouche, Richibucto, Saint-Antoine Area	81.4	79.6	81.2	72.7
Campbellton, Atholville, Tide Head Area	74.4	74.3	72.3	71.1
Caraquet, Paquetville, Bertrand Area	88.1	83.8	87.0	86.1
Dalhousie, Balmoral, Belledune Area	76.6	80.5	80.0	80.9
Dieppe and Memramcook	84.0	81.3	79.3	78.9
Douglas, Saint Marys, Doaktown Area	81.1	79.4	68.9	71.6
Edmundston, Rivière-Verte, Lac Baker Area	S	82.4	82.7	81.3
Florenceville-Bristol, Woodstock, Wakefield Area	77.3	77.6	71.5	76.3
Fredericton	82.0	79.7	78.1	78.2
Grand Bay-Westfield, Westfield, Greenwich Area	75.8	75.5	73.1	75.2

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Grand Falls, Saint-Léonard, Drummond Area	S	79.3	79.6	83.5
Hillsborough, Riverside-Albert, Alma Area	79.3	79.5	69.4	81.2
Kedgwick, Saint-Quentin and Grimmer	S	86.5	87.0	85.0
Minto, Chipman, Cambridge-Narrows Area	80.0	71.3	70.4	73.9
Miramichi, Rogersville, Blackville Area	70.4	74.1	75.0	73.7
Moncton	79.0	78.6	78.1	78.1
Nackawic, McAdam, Canterbury Area	81.9	84.2	76.8	77.0
Neguac, Alnwick, Esgenoopetitj Area	79.3	73.1	70.4	82.1
New Maryland, Kingsclear, Lincoln Area	80.9	79.2	78.0	75.5
Oromocto, Gagetown, Fredericton Junction Area	75.1	74.0	73.0	70.4
Perth-Andover, Plaster Rock, Tobique Area	71.5	74.4	75.3	75.7
Quispamsis, Rothesay, Hampton Area	82.1	79.5	76.4	74.8
Riverview and Coverdale	73.0	78.6	72.3	76.2
Sackville, Dorchester, Port Elgin Area	77.7	76.7	74.5	78.7
Saint John, Simonds and Musquash	78.0	78.1	75.4	75.0
Salisbury and Petitcodiac	83.7	79.0	80.3	69.4
Shediac, Beaubassin East and Cap-Pelé	73.6	76.9	73.9	68.9
Shippagan, Lamèque, Inkerman Area	86.2	80.1	80.8	83.1
St. George, Grand Manan, Blacks Harbour Area	70.6	76.5	68.0	72.5
St. Stephen, Saint Andrews, Campobello Island Area	73.7	81.3	75.4	77.0
Sussex, Norton, Sussex Corner Area	76.4	74.9	77.6	69.8
Tracadie and Saint-Isidore	85.6	85.3	91.3	86.2
School districts				
Anglophone East School District	76.8	77.3	74.4	75.0

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Anglophone North School District	72.3	73.2	73.4	71.2
Anglophone South School District	77.9	77.7	75.0	74.0
Anglophone West School District	79.8	77.9	74.6	75.3
Anglophone sector	77.7	77.2	74.6	74.4
District scolaire francophone Nord-Est	83.9	82.5	85.4	83.2
District scolaire francophone Nord-Ouest	S	84.3	84.3	84.5
District scolaire francophone Sud	82.3	81.6	82.0	79.6
Francophone sector	83.2	82.3	83.3	81.4
Grades				
Grade 4	77.7	77.9	76.3	76.2
Grade 5	80.8	79.4	78.1	76.9
Gender				
Female	81.9	80.7	79.1	78.8
Male	77.7	77.7	76.5	75.3
Non-binary	67.2	n/a	n/a	60.4
Indigenous identity				
Indigenous	74.3	74.7	73.6	71.6
Immigrant				
Immigrants	79.9	77.4	75.5	77.8

About

This indicator is the percentage of students in grades 4 and 5 who have their mental fitness needs highly satisfied by family.

Source

Student Wellness and Education Survey, Grades 4-5

Calculations

This indicator is calculated by dividing the number of respondents who have a total family score higher than a specified cutoff by the number of respondents who described their feelings and ideas for at least 2 of the following 3 questionnaire items: 'I like to spend time with my parents', 'I feel I do things well at home', and 'I feel like I have a choice about when and how to do my household chores'. The response options for these 3 items are not like me, a little like me and a lot like me.

Notes

Due to a low school participation rate in some areas of the province for the 2025-2026 edition of this survey, survey results are not available for District scolaire francophone Nord-Ouest (school district), Madawaska and North-West Area (health zone), Kedgwick, Saint-Quentin and Grimmer (community), Grand Falls, Saint-Léonard, Drummond Area (community), and Edmundston, Rivière-Verte, Lac Baker Area (community). The 2019-2020 edition of this survey was conducted during the COVID-19 pandemic. Since the number of schools that participated in 2019-2020 is much lower than other editions of the survey, results at the provincial level were deemed not representative of the total student population. Therefore, survey results for New Brunswick, health zones and demographic groups are not available for the 2019-2020 edition. However, 2019-2020 results are available for communities in which the number of participating schools was deemed sufficient to be representative of the student population in that community.

Unit	Interpretation	NBHC code
%	Higher is better	SE_MEFFA_1

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size