

## Students in grades 4 and 5 who have a high level of mental fitness

Unit : %

	Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2019-2020	Academic Year 2016-2017
<b>Province</b>				
New Brunswick	19.8	21.0	n/a	24.2
<b>Health zones</b>				
Zone 1 - Moncton and South-East Area	20.2	20.1	n/a	25.1
Zone 2 - Fundy Shore and Saint John Area	18.7	20.2	n/a	23.7
Zone 3 - Fredericton and River Valley Area	17.1	19.4	n/a	23.3
Zone 4 - Madawaska and North-West Area	26.4	28.6	n/a	25.7
Zone 5 - Restigouche Area	18.7	24.6	n/a	16.6
Zone 6 - Bathurst and Acadian Peninsula Area	27.5	26.9	n/a	26.0
Zone 7 - Miramichi Area	17.7	18.6	n/a	23.9
<b>Communities</b>				
Bathurst, Beresford, Petit-Rocher Area	22.0	21.6	n/a	30.0
Bouctouche, Richibucto, Saint-Antoine Area	19.8	16.3	16.7	23.8
Campbellton, Atholville, Tide Head Area	16.2	27.7	n/a	14.6
Caraquet, Paquetville, Bertrand Area	24.6	25.7	n/a	26.6
Dalhousie, Balmoral, Belledune Area	21.9	20.4	n/a	17.8
Dieppe and Memramcook	20.0	23.3	n/a	32.4
Douglas, Saint Marys, Doaktown Area	18.7	15.1	31.5	23.0
Edmundston, Rivière-Verte, Lac Baker Area	32.3	26.7	31.6	31.6
Florenceville-Bristol, Woodstock, Wakefield Area	14.9	13.2	20.1	22.1
Fredericton	19.1	23.8	n/a	24.9
Grand Bay-Westfield, Westfield, Greenwich Area	11.2	14.5	n/a	32.3
Grand Falls, Saint-Léonard, Drummond Area	18.4	29.9	25.6	18.3

	Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2019-2020	Academic Year 2016-2017
Hillsborough, Riverside-Albert, Alma Area	15.2	28.8	n/a	6.9
Kedgwick, Saint-Quentin and Grimmer	25.1	30.1	n/a	21.4
Minto, Chipman, Cambridge-Narrows Area	18.8	16.6	17.1	18.1
Miramichi, Rogersville, Blackville Area	17.8	18.0	n/a	22.4
Moncton	22.5	20.9	n/a	24.1
Nackawic, McAdam, Canterbury Area	11.7	16.9	n/a	26.9
Neguac, Alnwick, Esgenooetitj Area	16.6	24.4	12.8	37.5
New Maryland, Kingsclear, Lincoln Area	18.4	20.7	19.0	22.7
Oromocto, Gagetown, Fredericton Junction Area	13.6	16.8	n/a	22.6
Perth-Andover, Plaster Rock, Tobique Area	14.4	12.0	n/a	15.4
Quispamsis, Rothesay, Hampton Area	22.1	21.3	n/a	27.0
Riverview and Coverdale	16.0	17.4	20.7	19.0
Sackville, Dorchester, Port Elgin Area	14.3	16.7	16.8	20.3
Saint John, Simonds and Musquash	18.8	22.7	n/a	22.6
Salisbury and Petitcodiac	20.2	17.5	n/a	26.9
Shediac, Beaubassin East and Cap-Pelé	15.7	14.4	n/a	26.4
Shippagan, Lamèque, Inkerman Area	33.2	26.3	17.7	24.5
St. George, Grand Manan, Blacks Harbour Area	15.1	15.8	n/a	16.8
St. Stephen, Saint Andrews, Campobello Island Area	15.9	17.9	10.2	23.2
Sussex, Norton, Sussex Corner Area	16.3	15.4	24.1	19.6
Tracadie and Saint-Isidore	35.0	35.4	24.3	20.0
<b>School districts</b>				
Anglophone East School District	18.4	18.3	n/a	22.0
Anglophone North School District	16.3	18.5	n/a	26.3

	Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2019-2020	Academic Year 2016-2017
Anglophone South School District	18.5	19.6	n/a	23.0
Anglophone West School District	17.3	19.1	n/a	22.9
Anglophone sector	17.9	19.0	n/a	23.1
District scolaire francophone Nord-Est	27.9	28.2	n/a	24.0
District scolaire francophone Nord-Ouest	28.4	30.1	n/a	27.1
District scolaire francophone Sud	21.7	23.0	n/a	28.1
Francophone sector	24.4	25.6	n/a	26.7
<b>Grades</b>				
Grade 4	19.4	21.1	n/a	n/a
Grade 5	20.2	20.9	n/a	n/a
<b>Gender</b>				
Female	23.2	24.9	n/a	29.3
Male	17.3	17.9	n/a	19.2
<b>Indigenous identity</b>				
Indigenous	19.6	19.5	n/a	n/a
<b>Immigrant</b>				
Immigrants	22.1	24.9	n/a	n/a

## About

This indicator is the percentage of students in grades 4 and 5 who have a high level of mental fitness.

## Source

Student Wellness and Education Survey, Grades 4-5

## Calculations

This indicator is calculated by dividing the number of respondents who have a total mental fitness score higher than a specified cutoff by the number of respondents who described their feelings and ideas for at least 5 of the following 9 questionnaire items: 'I feel I do things well at school', 'I like to spend time with my parents', 'I feel I do things well at home', 'I feel I have a choice about when and how to do my school work', 'I like to spend time with my teachers', 'I feel I have a choice about which activities to do with my friends', 'I feel I do things well when I am with my friends', 'I like to spend time with my friends' and 'I feel like I have a choice about when and how to do my household chores'. The response options for these 9 items are not like me, a little like me and a lot like me.

## Notes

The 2019-2020 edition of this survey was conducted during the COVID-19 pandemic. Since the number of schools that participated in 2019-2020 is much lower than other editions of the survey, results at the provincial level were deemed not representative of the total student population. Therefore, survey results for New Brunswick, health zones and demographic groups are not available for the 2019-2020 edition. However, 2019-2020 results are available for communities in which the number of participating schools was deemed sufficient to be representative of the student population in that community.

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Unit	Interpretation	NBHC code
%	Higher is better	SE_MEFHI_1

## Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size