

## Students in grades 4 and 5 who have a high level of mental fitness

Unit : %

	Academic Year 2024-2025	Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2019-2020
<b>Province</b>				
New Brunswick	21.2	19.8	21.0	n/a
<b>Health zones</b>				
Zone 1 - Moncton and South-East Area	22.3	20.2	20.1	n/a
Zone 2 - Fundy Shore and Saint John Area	20.0	18.7	20.2	n/a
Zone 3 - Fredericton and River Valley Area	20.5	17.1	19.4	n/a
Zone 4 - Madawaska and North-West Area	26.4	26.4	28.6	n/a
Zone 5 - Restigouche Area	19.7	18.7	24.6	n/a
Zone 6 - Bathurst and Acadian Peninsula Area	24.4	27.5	26.9	n/a
Zone 7 - Miramichi Area	13.9	17.7	18.6	n/a
<b>Communities</b>				
Bathurst, Beresford, Petit-Rocher Area	23.9	22.0	21.6	n/a
Bouctouche, Richibucto, Saint-Antoine Area	22.2	19.8	16.3	16.7
Campbellton, Atholville, Tide Head Area	14.6	16.2	27.7	n/a
Caraquet, Paquetville, Bertrand Area	26.7	24.6	25.7	n/a
Dalhousie, Balmoral, Belledune Area	26.6	21.9	20.4	n/a
Dieppe and Memramcook	27.3	20.0	23.3	n/a
Douglas, Saint Marys, Doaktown Area	17.1	18.7	15.1	31.5
Edmundston, Rivière-Verte, Lac Baker Area	29.3	32.3	26.7	31.6
Florenceville-Bristol, Woodstock, Wakefield Area	18.6	14.9	13.2	20.1
Fredericton	23.5	19.1	23.8	n/a
Grand Bay-Westfield, Westfield, Greenwich Area	15.4	11.2	14.5	n/a
Grand Falls, Saint-Léonard, Drummond Area	21.7	18.4	29.9	25.6

	Academic Year 2024-2025	Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2019-2020
Hillsborough, Riverside-Albert, Alma Area	23.6	15.2	28.8	n/a
Kedgwick, Saint-Quentin and Grimmer	28.0	25.1	30.1	n/a
Minto, Chipman, Cambridge-Narrows Area	24.4	18.8	16.6	17.1
Miramichi, Rogersville, Blackville Area	14.6	17.8	18.0	n/a
Moncton	23.0	22.5	20.9	n/a
Nackawic, McAdam, Canterbury Area	22.9	11.7	16.9	n/a
Neguac, Alnwick, Esgenooetitj Area	8.7	16.6	24.4	12.8
New Maryland, Kingsclear, Lincoln Area	19.2	18.4	20.7	19.0
Oromocto, Gagetown, Fredericton Junction Area	15.3	13.6	16.8	n/a
Perth-Andover, Plaster Rock, Tobique Area	14.8	14.4	12.0	n/a
Quispamsis, Rothesay, Hampton Area	18.6	22.1	21.3	n/a
Riverview and Coverdale	14.1	16.0	17.4	20.7
Sackville, Dorchester, Port Elgin Area	16.1	14.3	16.7	16.8
Saint John, Simonds and Musquash	21.4	18.8	22.7	n/a
Salisbury and Petitcodiac	19.3	20.2	17.5	n/a
Shediac, Beaubassin East and Cap-Pelé	20.2	15.7	14.4	n/a
Shippagan, Lamèque, Inkerman Area	20.8	33.2	26.3	17.7
St. George, Grand Manan, Blacks Harbour Area	16.3	15.1	15.8	n/a
St. Stephen, Saint Andrews, Campobello Island Area	22.8	15.9	17.9	10.2
Sussex, Norton, Sussex Corner Area	20.5	16.3	15.4	24.1
Tracadie and Saint-Isidore	25.9	35.0	35.4	24.3
<b>School districts</b>				
Anglophone East School District	19.0	18.4	18.3	n/a
Anglophone North School District	17.0	16.3	18.5	n/a

	Academic Year 2024-2025	Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2019-2020
Anglophone South School District	20.2	18.5	19.6	n/a
Anglophone West School District	20.0	17.3	19.1	n/a
Anglophone sector	19.5	17.9	19.0	n/a
District scolaire francophone Nord-Est	23.5	27.9	28.2	n/a
District scolaire francophone Nord-Ouest	27.2	28.4	30.1	n/a
District scolaire francophone Sud	25.9	21.7	23.0	n/a
Francophone sector	25.5	24.4	25.6	n/a

### Grades

Grade 4	21.1	19.4	21.1	n/a
Grade 5	21.4	20.2	20.9	n/a

### Gender

Female	24.7	23.2	24.9	n/a
Male	18.7	17.3	17.9	n/a

### Indigenous identity

Indigenous	20.6	19.6	19.5	n/a
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### Immigrant

Immigrants	22.5	22.1	24.9	n/a
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## About

This indicator is the percentage of students in grades 4 and 5 who have a high level of mental fitness.

## Source

Student Wellness and Education Survey, Grades 4-5

## Calculations

This indicator is calculated by dividing the number of respondents who have a total mental fitness score higher than a specified cutoff by the number of respondents who described their feelings and ideas for at least 5 of the following 9 questionnaire items: 'I feel I do things well at school', 'I like to spend time with my parents', 'I feel I do things well at home', 'I feel I have a choice about when and how to do my school work', 'I like to spend time with my teachers', 'I feel I have a choice about which activities to do with my friends', 'I feel I do things well when I am with my friends', 'I like to spend time with my friends' and 'I feel like I have a choice about when and how to do my household chores'. The response options for these 9 items are not like me, a little like me and a lot like me.

## Notes

The 2019-2020 edition of this survey was conducted during the COVID-19 pandemic. Since the number of schools that participated in 2019-2020 is much lower than other editions of the survey, results at the provincial level were deemed not representative of the total student population. Therefore, survey results for New Brunswick, health zones and demographic groups are not available for the 2019-2020 edition. However, 2019-2020 results are available for communities in which the number of participating schools was deemed sufficient to be representative of the student population in that community.

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Unit	Interpretation	NBHC code
%	Higher is better	SE_MEFHI_1

## Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size