

## Students in grades 4 and 5 who have a low level of mental fitness

Unit : %

	Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2019-2020	Academic Year 2016-2017
<b>Province</b>				
New Brunswick	16.6	16.3	n/a	13.2
<b>Health zones</b>				
Zone 1 - Moncton and South-East Area	16.0	16.4	n/a	12.0
Zone 2 - Fundy Shore and Saint John Area	17.5	18.0	n/a	14.2
Zone 3 - Fredericton and River Valley Area	18.4	15.8	n/a	14.0
Zone 4 - Madawaska and North-West Area	13.1	13.8	n/a	9.2
Zone 5 - Restigouche Area	15.2	14.9	n/a	15.8
Zone 6 - Bathurst and Acadian Peninsula Area	11.7	13.5	n/a	12.3
Zone 7 - Miramichi Area	19.8	17.6	n/a	16.2
<b>Communities</b>				
Bathurst, Beresford, Petit-Rocher Area	13.8	17.0	n/a	12.8
Bouctouche, Richibucto, Saint-Antoine Area	14.6	19.4	22.6	9.8
Campbellton, Atholville, Tide Head Area	16.9	13.7	n/a	17.0
Caraquet, Paquetville, Bertrand Area	9.0	11.9	n/a	14.0
Dalhousie, Balmoral, Belledune Area	13.0	16.5	n/a	15.0
Dieppe and Memramcook	15.8	12.8	n/a	7.3
Douglas, Saint Marys, Doaktown Area	23.7	24.7	14.7	15.3
Edmundston, Rivière-Verte, Lac Baker Area	11.5	14.1	10.1	9.4
Florenceville-Bristol, Woodstock, Wakefield Area	23.4	17.7	19.1	18.0
Fredericton	16.0	12.5	n/a	12.6
Grand Bay-Westfield, Westfield, Greenwich Area	19.3	18.4	n/a	8.9
Grand Falls, Saint-Léonard, Drummond Area	15.3	13.7	10.6	9.1

	Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2019-2020	Academic Year 2016-2017
Hillsborough, Riverside-Albert, Alma Area	21.5	13.6	n/a	28.4
Kedgwick, Saint-Quentin and Grimmer	13.2	13.5	n/a	8.5
Minto, Chipman, Cambridge-Narrows Area	17.3	18.1	17.6	19.7
Miramichi, Rogersville, Blackville Area	20.6	18.4	n/a	16.6
Moncton	15.1	16.0	n/a	13.9
Nackawic, McAdam, Canterbury Area	15.6	16.5	n/a	14.1
Neguac, Alnwick, Esgenooetitj Area	10.7	S	23.4	13.2
New Maryland, Kingsclear, Lincoln Area	17.4	15.8	21.7	10.3
Oromocto, Gagetown, Fredericton Junction Area	20.5	18.0	n/a	13.0
Perth-Andover, Plaster Rock, Tobique Area	21.5	23.6	n/a	15.8
Quispamsis, Rothesay, Hampton Area	16.2	16.5	n/a	10.5
Riverview and Coverdale	19.0	19.9	16.7	13.7
Sackville, Dorchester, Port Elgin Area	18.5	16.4	20.0	14.1
Saint John, Simonds and Musquash	17.5	17.6	n/a	16.4
Salisbury and Petitcodiac	17.4	21.4	n/a	12.8
Shediac, Beaubassin East and Cap-Pelé	15.8	19.8	n/a	9.2
Shippagan, Lamèque, Inkerman Area	16.1	13.9	13.0	12.9
St. George, Grand Manan, Blacks Harbour Area	19.2	21.0	n/a	22.4
St. Stephen, Saint Andrews, Campobello Island Area	21.3	14.9	22.0	14.2
Sussex, Norton, Sussex Corner Area	16.8	23.3	19.8	13.3
Tracadie and Saint-Isidore	7.6	9.8	12.2	9.9
<b>School districts</b>				
Anglophone East School District	18.1	18.4	n/a	14.6
Anglophone North School District	20.1	19.7	n/a	16.9

	Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2019-2020	Academic Year 2016-2017
Anglophone South School District	17.5	18.4	n/a	14.3
Anglophone West School District	18.7	16.3	n/a	14.5
Anglophone sector	18.3	17.8	n/a	14.7
District scolaire francophone Nord-Est	10.2	11.3	n/a	11.8
District scolaire francophone Nord-Ouest	12.2	12.6	n/a	8.4
District scolaire francophone Sud	13.9	13.6	n/a	9.2
Francophone sector	12.6	12.8	n/a	9.8
<b>Grades</b>				
Grade 4	16.6	15.6	n/a	n/a
Grade 5	16.6	17.0	n/a	n/a
<b>Gender</b>				
Female	14.2	13.5	n/a	10.1
Male	17.9	17.9	n/a	16.1
<b>Indigenous identity</b>				
Indigenous	19.8	19.8	n/a	n/a
<b>Immigrant</b>				
Immigrants	15.7	14.4	n/a	n/a

## About

This indicator is the percentage of students in grades 4 and 5 who have a low level of mental fitness.

## Source

Student Wellness and Education Survey, Grades 4-5

## Calculations

This indicator is calculated by dividing the number of respondents who have a total mental fitness score lower than a specified cutoff by the number of respondents who described their feelings and ideas for at least 5 of the following 9 questionnaire items: 'I feel I do things well at school', 'I like to spend time with my parents', 'I feel I do things well at home', 'I feel I have a choice about when and how to do my school work', 'I like to spend time with my teachers', 'I feel I have a choice about which activities to do with my friends', 'I feel I do things well when I am with my friends', 'I like to spend time with my friends' and 'I feel like I have a choice about when and how to do my household chores'. The response options for these 9 items are not like me, a little like me and a lot like me.

## Notes

The 2019-2020 edition of this survey was conducted during the COVID-19 pandemic. Since the number of schools that participated in 2019-2020 is much lower than other editions of the survey, results at the provincial level were deemed not representative of the total student population. Therefore, survey results for New Brunswick, health zones and demographic groups are not available for the 2019-2020 edition. However, 2019-2020 results are available for communities in which the number of participating schools was deemed sufficient to be representative of the student population in that community.

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Unit	Interpretation	NBHC code
%	Lower is better	SE_MEFLO_1

## Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size