

Students in grades 4 and 5 who have a low level of mental fitness

Unit : %

	Academic Year 2024-2025	Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2019-2020
Province				
New Brunswick	15.9	16.6	16.3	n/a
Health zones				
Zone 1 - Moncton and South-East Area	14.9	16.0	16.4	n/a
Zone 2 - Fundy Shore and Saint John Area	16.2	17.5	18.0	n/a
Zone 3 - Fredericton and River Valley Area	17.5	18.4	15.8	n/a
Zone 4 - Madawaska and North-West Area	13.7	13.1	13.8	n/a
Zone 5 - Restigouche Area	16.4	15.2	14.9	n/a
Zone 6 - Bathurst and Acadian Peninsula Area	13.5	11.7	13.5	n/a
Zone 7 - Miramichi Area	19.6	19.8	17.6	n/a
Communities				
Bathurst, Beresford, Petit-Rocher Area	14.6	13.8	17.0	n/a
Bouctouche, Richibucto, Saint-Antoine Area	16.5	14.6	19.4	22.6
Campbellton, Atholville, Tide Head Area	17.3	16.9	13.7	n/a
Caraquet, Paquetville, Bertrand Area	13.2	9.0	11.9	n/a
Dalhousie, Balmoral, Belledune Area	15.3	13.0	16.5	n/a
Dieppe and Memramcook	13.0	15.8	12.8	n/a
Douglas, Saint Marys, Doaktown Area	22.5	23.7	24.7	14.7
Edmundston, Rivière-Verte, Lac Baker Area	11.2	11.5	14.1	10.1
Florenceville-Bristol, Woodstock, Wakefield Area	18.4	23.4	17.7	19.1
Fredericton	16.0	16.0	12.5	n/a
Grand Bay-Westfield, Westfield, Greenwich Area	16.0	19.3	18.4	n/a
Grand Falls, Saint-Léonard, Drummond Area	18.2	15.3	13.7	10.6

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Hillsborough, Riverside-Albert, Alma Area	13.6	21.5	13.6	n/a
Kedgwick, Saint-Quentin and Grimmer	10.8	13.2	13.5	n/a
Minto, Chipman, Cambridge-Narrows Area	19.4	17.3	18.1	17.6
Miramichi, Rogersville, Blackville Area	19.0	20.6	18.4	n/a
Moncton	15.3	15.1	16.0	n/a
Nackawic, McAdam, Canterbury Area	15.2	15.6	16.5	n/a
Neguac, Alnwick, Esgenooetitj Area	24.1	10.7	S	23.4
New Maryland, Kingsclear, Lincoln Area	14.5	17.4	15.8	21.7
Oromocto, Gagetown, Fredericton Junction Area	20.3	20.5	18.0	n/a
Perth-Andover, Plaster Rock, Tobique Area	24.6	21.5	23.6	n/a
Quispamsis, Rothesay, Hampton Area	15.6	16.2	16.5	n/a
Riverview and Coverdale	13.8	19.0	19.9	16.7
Sackville, Dorchester, Port Elgin Area	17.3	18.5	16.4	20.0
Saint John, Simonds and Musquash	16.2	17.5	17.6	n/a
Salisbury and Petitcodiac	17.0	17.4	21.4	n/a
Shediac, Beaubassin East and Cap-Pelé	14.8	15.8	19.8	n/a
Shippagan, Lamèque, Inkerman Area	15.3	16.1	13.9	13.0
St. George, Grand Manan, Blacks Harbour Area	22.2	19.2	21.0	n/a
St. Stephen, Saint Andrews, Campobello Island Area	15.1	21.3	14.9	22.0
Sussex, Norton, Sussex Corner Area	15.3	16.8	23.3	19.8
Tracadie and Saint-Isidore	10.4	7.6	9.8	12.2
School districts				
Anglophone East School District	16.4	18.1	18.4	n/a
Anglophone North School District	20.0	20.1	19.7	n/a

	Academic Year 2024-2025	Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2019-2020
Anglophone South School District	16.5	17.5	18.4	n/a
Anglophone West School District	17.8	18.7	16.3	n/a
Anglophone sector	17.2	18.3	17.8	n/a
District scolaire francophone Nord-Est	12.7	10.2	11.3	n/a
District scolaire francophone Nord-Ouest	11.7	12.2	12.6	n/a
District scolaire francophone Sud	13.1	13.9	13.6	n/a
Francophone sector	12.8	12.6	12.8	n/a
Grades				
Grade 4	15.5	16.6	15.6	n/a
Grade 5	16.4	16.6	17.0	n/a
Gender				
Female	13.3	14.2	13.5	n/a
Male	17.2	17.9	17.9	n/a
Indigenous identity				
Indigenous	20.8	19.8	19.8	n/a
Immigrant				
Immigrants	14.9	15.7	14.4	n/a

About

This indicator is the percentage of students in grades 4 and 5 who have a low level of mental fitness.

Source

Student Wellness and Education Survey, Grades 4-5

Calculations

This indicator is calculated by dividing the number of respondents who have a total mental fitness score lower than a specified cutoff by the number of respondents who described their feelings and ideas for at least 5 of the following 9 questionnaire items: 'I feel I do things well at school', 'I like to spend time with my parents', 'I feel I do things well at home', 'I feel I have a choice about when and how to do my school work', 'I like to spend time with my teachers', 'I feel I have a choice about which activities to do with my friends', 'I feel I do things well when I am with my friends', 'I like to spend time with my friends' and 'I feel like I have a choice about when and how to do my household chores'. The response options for these 9 items are not like me, a little like me and a lot like me.

Notes

The 2019-2020 edition of this survey was conducted during the COVID-19 pandemic. Since the number of schools that participated in 2019-2020 is much lower than other editions of the survey, results at the provincial level were deemed not representative of the total student population. Therefore, survey results for New Brunswick, health zones and demographic groups are not available for the 2019-2020 edition. However, 2019-2020 results are available for communities in which the number of participating schools was deemed sufficient to be representative of the student population in that community.

Unit	Interpretation	NBHC code
%	Lower is better	SE_MEFLO_1

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size