

## Students in grades 4 and 5 who have a moderate level of mental fitness

Unit : %

	Academic Year 2024-2025	Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2019-2020
<b>Province</b>				
New Brunswick	62.8	63.6	62.7	n/a
<b>Health zones</b>				
Zone 1 - Moncton and South-East Area	62.8	63.9	63.5	n/a
Zone 2 - Fundy Shore and Saint John Area	63.8	63.8	61.8	n/a
Zone 3 - Fredericton and River Valley Area	62.0	64.4	64.7	n/a
Zone 4 - Madawaska and North-West Area	59.9	60.5	57.6	n/a
Zone 5 - Restigouche Area	63.8	66.2	60.5	n/a
Zone 6 - Bathurst and Acadian Peninsula Area	62.1	60.8	59.5	n/a
Zone 7 - Miramichi Area	66.5	62.5	63.8	n/a
<b>Communities</b>				
Bathurst, Beresford, Petit-Rocher Area	61.5	64.1	61.4	n/a
Bouctouche, Richibucto, Saint-Antoine Area	61.3	65.6	64.3	60.6
Campbellton, Atholville, Tide Head Area	68.1	67.0	58.6	n/a
Caraquet, Paquetville, Bertrand Area	60.1	66.4	62.3	n/a
Dalhousie, Balmoral, Belledune Area	58.1	65.2	63.0	n/a
Dieppe and Memramcook	59.7	64.2	63.9	n/a
Douglas, Saint Marys, Doaktown Area	60.4	57.6	60.2	53.8
Edmundston, Rivière-Verte, Lac Baker Area	59.5	56.2	59.2	58.4
Florenceville-Bristol, Woodstock, Wakefield Area	63.0	61.6	69.1	60.8
Fredericton	60.5	64.9	63.8	n/a
Grand Bay-Westfield, Westfield, Greenwich Area	68.6	69.6	67.1	n/a
Grand Falls, Saint-Léonard, Drummond Area	60.1	66.3	56.4	63.8

	Academic Year 2024-2025	Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2019-2020
Hillsborough, Riverside-Albert, Alma Area	62.8	63.4	57.6	n/a
Kedgwick, Saint-Quentin and Grimmer	61.2	61.7	56.4	n/a
Minto, Chipman, Cambridge-Narrows Area	56.2	63.9	65.3	65.2
Miramichi, Rogersville, Blackville Area	66.4	61.6	63.6	n/a
Moncton	61.7	62.3	63.1	n/a
Nackawic, McAdam, Canterbury Area	61.8	72.7	66.5	n/a
Neguac, Alnwick, Esgenooetitj Area	67.1	72.7	66.0	63.8
New Maryland, Kingsclear, Lincoln Area	66.3	64.1	63.4	59.3
Oromocto, Gagetown, Fredericton Junction Area	64.3	65.9	65.1	n/a
Perth-Andover, Plaster Rock, Tobique Area	60.6	64.0	64.4	n/a
Quispamsis, Rothesay, Hampton Area	65.8	61.7	62.3	n/a
Riverview and Coverdale	72.2	65.0	62.7	62.6
Sackville, Dorchester, Port Elgin Area	66.6	67.2	66.8	63.1
Saint John, Simonds and Musquash	62.4	63.7	59.7	n/a
Salisbury and Petitcodiac	63.7	62.4	61.1	n/a
Shediac, Beaubassin East and Cap-Pelé	65.0	68.5	65.9	n/a
Shippagan, Lamèque, Inkerman Area	63.8	50.6	59.8	69.3
St. George, Grand Manan, Blacks Harbour Area	61.6	65.7	63.2	n/a
St. Stephen, Saint Andrews, Campobello Island Area	62.1	62.8	67.2	67.8
Sussex, Norton, Sussex Corner Area	64.2	67.0	61.2	56.1
Tracadie and Saint-Isidore	63.6	57.4	54.8	63.4
<b>School districts</b>				
Anglophone East School District	64.6	63.5	63.3	n/a
Anglophone North School District	63.0	63.5	61.9	n/a

	Academic Year 2024-2025	Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2019-2020
Anglophone South School District	63.3	63.9	62.0	n/a
Anglophone West School District	62.2	64.1	64.7	n/a
Anglophone sector	63.3	63.8	63.2	n/a
District scolaire francophone Nord-Est	63.8	61.9	60.5	n/a
District scolaire francophone Nord-Ouest	61.1	59.4	57.3	n/a
District scolaire francophone Sud	61.0	64.4	63.3	n/a
Francophone sector	61.8	62.9	61.6	n/a

### Grades

Grade 4	63.4	64.0	63.3	n/a
Grade 5	62.3	63.2	62.1	n/a

### Gender

Female	62.0	62.6	61.7	n/a
Male	64.1	64.8	64.1	n/a

### Indigenous identity

Indigenous	58.6	60.7	60.7	n/a
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### Immigrant

Immigrants	62.6	62.2	60.7	n/a
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## About

This indicator is the percentage of students in grades 4 and 5 who have a moderate level of mental fitness.

## Source

Student Wellness and Education Survey, Grades 4-5

## Calculations

This indicator is calculated by dividing the number of respondents who have a total mental fitness score between 2 specified cutoffs by the number of respondents who described their feelings and ideas for at least 5 of the following 9 questionnaire items: 'I feel I do things well at school', 'I like to spend time with my parents', 'I feel I do things well at home', 'I feel I have a choice about when and how to do my school work', 'I like to spend time with my teachers', 'I feel I have a choice about which activities to do with my friends', 'I feel I do things well when I am with my friends', 'I like to spend time with my friends' and 'I feel like I have a choice about when and how to do my household chores'. The response options for these 9 items are not like me, a little like me and a lot like me.

## Notes

The 2019-2020 edition of this survey was conducted during the COVID-19 pandemic. Since the number of schools that participated in 2019-2020 is much lower than other editions of the survey, results at the provincial level were deemed not representative of the total student population. Therefore, survey results for New Brunswick, health zones and demographic groups are not available for the 2019-2020 edition. However, 2019-2020 results are available for communities in which the number of participating schools was deemed sufficient to be representative of the student population in that community.

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Unit	Interpretation	NBHC code
%	Higher is better	SE_MEFMO_1

## Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size