

## Students in grades 4 and 5 who have a moderate level of mental fitness

Unit : %

	Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2019-2020	Academic Year 2016-2017
<b>Province</b>				
New Brunswick	63.6	62.7	n/a	62.6
<b>Health zones</b>				
Zone 1 - Moncton and South-East Area	63.9	63.5	n/a	62.9
Zone 2 - Fundy Shore and Saint John Area	63.8	61.8	n/a	62.1
Zone 3 - Fredericton and River Valley Area	64.4	64.7	n/a	62.7
Zone 4 - Madawaska and North-West Area	60.5	57.6	n/a	65.1
Zone 5 - Restigouche Area	66.2	60.5	n/a	67.6
Zone 6 - Bathurst and Acadian Peninsula Area	60.8	59.5	n/a	61.7
Zone 7 - Miramichi Area	62.5	63.8	n/a	59.9
<b>Communities</b>				
Bathurst, Beresford, Petit-Rocher Area	64.1	61.4	n/a	57.2
Bouctouche, Richibucto, Saint-Antoine Area	65.6	64.3	60.6	66.5
Campbellton, Atholville, Tide Head Area	67.0	58.6	n/a	68.4
Caraquet, Paquetville, Bertrand Area	66.4	62.3	n/a	59.4
Dalhousie, Balmoral, Belledune Area	65.2	63.0	n/a	67.2
Dieppe and Memramcook	64.2	63.9	n/a	60.3
Douglas, Saint Marys, Doaktown Area	57.6	60.2	53.8	61.8
Edmundston, Rivière-Verte, Lac Baker Area	56.2	59.2	58.4	58.9
Florenceville-Bristol, Woodstock, Wakefield Area	61.6	69.1	60.8	59.8
Fredericton	64.9	63.8	n/a	62.5
Grand Bay-Westfield, Westfield, Greenwich Area	69.6	67.1	n/a	58.8
Grand Falls, Saint-Léonard, Drummond Area	66.3	56.4	63.8	72.6

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Hillsborough, Riverside-Albert, Alma Area	63.4	57.6	n/a	64.7
Kedgwick, Saint-Quentin and Grimmer	61.7	56.4	n/a	70.1
Minto, Chipman, Cambridge-Narrows Area	63.9	65.3	65.2	62.2
Miramichi, Rogersville, Blackville Area	61.6	63.6	n/a	61.0
Moncton	62.3	63.1	n/a	62.0
Nackawic, McAdam, Canterbury Area	72.7	66.5	n/a	58.9
Neguac, Alnwick, Esgenoopeitj Area	72.7	66.0	63.8	49.3
New Maryland, Kingsclear, Lincoln Area	64.1	63.4	59.3	67.1
Oromocto, Gagetown, Fredericton Junction Area	65.9	65.1	n/a	64.4
Perth-Andover, Plaster Rock, Tobique Area	64.0	64.4	n/a	68.8
Quispamsis, Rothesay, Hampton Area	61.7	62.3	n/a	62.5
Riverview and Coverdale	65.0	62.7	62.6	67.3
Sackville, Dorchester, Port Elgin Area	67.2	66.8	63.1	65.6
Saint John, Simonds and Musquash	63.7	59.7	n/a	60.9
Salisbury and Petitcodiac	62.4	61.1	n/a	60.3
Shediac, Beaubassin East and Cap-Pelé	68.5	65.9	n/a	64.4
Shippagan, Lamèque, Inkerman Area	50.6	59.8	69.3	62.7
St. George, Grand Manan, Blacks Harbour Area	65.7	63.2	n/a	60.9
St. Stephen, Saint Andrews, Campobello Island Area	62.8	67.2	67.8	62.6
Sussex, Norton, Sussex Corner Area	67.0	61.2	56.1	67.2
Tracadie and Saint-Isidore	57.4	54.8	63.4	70.1

### School districts

Anglophone East School District	63.5	63.3	n/a	63.4
Anglophone North School District	63.5	61.9	n/a	56.9

	Academic Year 2023-2024	Academic Year 2022-2023	Academic Year 2019-2020	Academic Year 2016-2017
Anglophone South School District	63.9	62.0	n/a	62.7
Anglophone West School District	64.1	64.7	n/a	62.6
Anglophone sector	63.8	63.2	n/a	62.2
District scolaire francophone Nord-Est	61.9	60.5	n/a	64.2
District scolaire francophone Nord-Ouest	59.4	57.3	n/a	64.5
District scolaire francophone Sud	64.4	63.3	n/a	62.7
Francophone sector	62.9	61.6	n/a	63.5

### Grades

Grade 4	64.0	63.3	n/a	n/a
Grade 5	63.2	62.1	n/a	n/a

### Gender

Female	62.6	61.7	n/a	60.6
Male	64.8	64.1	n/a	64.6

### Indigenous identity

Indigenous	60.7	60.7	n/a	n/a
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### Immigrant

Immigrants	62.2	60.7	n/a	n/a
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### About

This indicator is the percentage of students in grades 4 and 5 who have a moderate level of mental fitness.

### Source

Student Wellness and Education Survey, Grades 4-5

### Calculations

This indicator is calculated by dividing the number of respondents who have a total mental fitness score between 2 specified cutoffs by the number of respondents who described their feelings and ideas for at least 5 of the following 9 questionnaire items: 'I feel I do things well at school', 'I like to spend time with my parents', 'I feel I do things well at home', 'I feel I have a choice about when and how to do my school work', 'I like to spend time with my teachers', 'I feel I have a choice about which activities to do with my friends', 'I feel I do things well when I am with my friends', 'I like to spend time with my friends' and 'I feel like I have a choice about when and how to do my household chores'. The response options for these 9 items are not like me, a little like me and a lot like me.

### Notes

The 2019-2020 edition of this survey was conducted during the COVID-19 pandemic. Since the number of schools that participated in 2019-2020 is much lower than other editions of the survey, results at the provincial level were deemed not representative of the total student population. Therefore, survey results for New Brunswick, health zones and demographic groups are not available for the 2019-2020 edition. However, 2019-2020 results are available for communities in which the number of participating schools was deemed sufficient to be representative of the student population in that community.

Unit	Interpretation	NBHC code
%	Higher is better	SE_MEFMO_1

### Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size