

Students in grades 4 and 5 who have their mental fitness needs highly satisfied by school

Unit : %

	Academic Year 2025-2026	Academic Year 2024-2025	Academic Year 2023-2024	Academic Year 2022-2023
Province				
New Brunswick	65.4	65.4	64.6	65.8
Health zones				
Zone 1 - Moncton and South-East Area	68.5	68.4	66.2	66.0
Zone 2 - Fundy Shore and Saint John Area	62.9	62.3	61.6	62.8
Zone 3 - Fredericton and River Valley Area	60.6	60.2	60.1	63.5
Zone 4 - Madawaska and North-West Area	S	76.1	74.2	75.1
Zone 5 - Restigouche Area	66.7	69.2	67.7	69.1
Zone 6 - Bathurst and Acadian Peninsula Area	75.0	75.3	76.1	75.3
Zone 7 - Miramichi Area	54.9	56.0	61.0	61.8
Communities				
Bathurst, Beresford, Petit-Rocher Area	74.0	72.9	71.9	73.2
Bouctouche, Richibucto, Saint-Antoine Area	66.0	68.2	67.4	60.8
Campbellton, Atholville, Tide Head Area	68.6	70.2	71.8	73.7
Caraquet, Paquetville, Bertrand Area	75.8	80.7	74.4	71.5
Dalhousie, Balmoral, Belledune Area	64.3	67.9	62.4	63.1
Dieppe and Memramcook	75.4	70.3	68.2	72.2
Douglas, Saint Marys, Doaktown Area	58.5	59.6	54.3	56.2
Edmundston, Rivière-Verte, Lac Baker Area	S	82.7	78.9	79.6
Florenceville-Bristol, Woodstock, Wakefield Area	55.4	54.7	52.9	55.9
Fredericton	63.3	63.4	63.5	68.1
Grand Bay-Westfield, Westfield, Greenwich Area	63.7	60.6	55.6	55.2

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Grand Falls, Saint-Léonard, Drummond Area	S	68.0	70.8	69.9
Hillsborough, Riverside-Albert, Alma Area	63.3	65.8	52.9	64.6
Kedgwick, Saint-Quentin and Grimmer	S	72.8	65.1	75.9
Minto, Chipman, Cambridge-Narrows Area	51.2	54.4	54.3	56.0
Miramichi, Rogersville, Blackville Area	52.8	56.4	59.3	60.4
Moncton	68.2	71.1	68.4	67.5
Nackawic, McAdam, Canterbury Area	45.8	60.5	60.2	68.1
Neguac, Alnwick, Esgenoopetitj Area	69.1	52.1	80.7	78.2
New Maryland, Kingsclear, Lincoln Area	66.7	60.4	61.9	64.9
Oromocto, Gagetown, Fredericton Junction Area	60.6	59.7	60.4	62.0
Perth-Andover, Plaster Rock, Tobique Area	61.2	49.8	53.5	53.2
Quispamsis, Rothesay, Hampton Area	63.4	61.5	62.0	64.8
Riverview and Coverdale	60.8	58.6	56.4	58.6
Sackville, Dorchester, Port Elgin Area	63.1	62.3	57.6	55.8
Saint John, Simonds and Musquash	64.2	63.1	61.5	63.1
Salisbury and Petitcodiac	64.9	61.8	66.0	60.5
Shediac, Beaubassin East and Cap-Pelé	69.5	69.3	66.6	65.4
Shippagan, Lamèque, Inkerman Area	68.7	68.5	81.6	75.7
St. George, Grand Manan, Blacks Harbour Area	57.7	61.5	62.9	57.7
St. Stephen, Saint Andrews, Campobello Island Area	54.2	57.7	57.8	64.4
Sussex, Norton, Sussex Corner Area	65.5	65.4	65.0	62.0
Tracadie and Saint-Isidore	81.3	80.8	80.7	80.4
School districts				
Anglophone East School District	64.3	63.4	61.2	61.4

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Anglophone North School District	56.7	57.4	58.3	60.4
Anglophone South School District	62.7	61.8	61.0	62.4
Anglophone West School District	59.5	59.2	59.3	62.6
Anglophone sector	61.5	61.0	60.2	62.0
District scolaire francophone Nord-Est	77.0	76.8	78.7	76.9
District scolaire francophone Nord-Ouest	S	78.2	75.5	76.6
District scolaire francophone Sud	73.4	75.2	72.8	72.4
Francophone sector	74.8	76.1	74.8	74.3
Grades				
Grade 4	66.9	68.4	66.7	69.4
Grade 5	64.0	62.6	62.5	62.3
Gender				
Female	74.0	73.5	72.6	73.5
Male	57.9	58.5	57.8	59.0
Non-binary	55.8	n/a	n/a	54.0
Indigenous identity				
Indigenous	62.3	60.2	60.6	60.5
Immigrant				
Immigrants	69.7	68.4	68.4	69.4

About

This indicator is the percentage of students in grades 4 and 5 who have their mental fitness needs highly satisfied by school.

Source

Student Wellness and Education Survey, Grades 4-5

Calculations

This indicator is calculated by dividing the number of respondents who have a total school score higher than a specified cutoff by the number of respondents who described their feelings and ideas for at least 2 of the following 3 questionnaire items: 'I feel I do things well at school', 'I feel I have a choice about when and how to do my school work', and 'I like to spend time with my teachers'. The response options for these 3 items are not like me, a little like me and a lot like me.

Notes

Due to a low school participation rate in some areas of the province for the 2025-2026 edition of this survey, survey results are not available for District scolaire francophone Nord-Ouest (school district), Madawaska and North-West Area (health zone), Kedgwick, Saint-Quentin and Grimmer (community), Grand Falls, Saint-Léonard, Drummond Area (community), and Edmundston, Rivière-Verte, Lac Baker Area (community). The 2019-2020 edition of this survey was conducted during the COVID-19 pandemic. Since the number of schools that participated in 2019-2020 is much lower than other editions of the survey, results at the provincial level were deemed not representative of the total student population. Therefore, survey results for New Brunswick, health zones and demographic groups are not available for the 2019-2020 edition. However, 2019-2020 results are available for communities in which the number of participating schools was deemed sufficient to be representative of the student population in that community.

Unit	Interpretation	NBHC code
%	Higher is better	SE_MEFSC_1

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size