

Students in grades 4 and 5 who reported being physically active for at least 60 minutes per day over the last 7 days

Unit : %

Province	Academic Year 2023-2024	Academic Year 2019-2020	Academic Year 2016-2017	Academic Year 2013-2014
	21.9	n/a	23.2	35.2
Health zones				
Zone 1 - Moncton and South-East Area	20.7	n/a	22.5	34.3
Zone 2 - Fundy Shore and Saint John Area	23.7	n/a	24.6	36.4
Zone 3 - Fredericton and River Valley Area	23.8	n/a	24.3	40.0
Zone 4 - Madawaska and North-West Area	18.8	n/a	19.6	25.9
Zone 5 - Restigouche Area	19.0	n/a	28.0	30.0
Zone 6 - Bathurst and Acadian Peninsula Area	16.8	n/a	17.9	30.4
Zone 7 - Miramichi Area	24.4	n/a	26.4	32.9
Communities				
Bathurst, Beresford, Petit-Rocher Area	18.8	n/a	23.1	33.5
Bouctouche, Richibucto, Saint-Antoine Area	21.8	19.7	17.2	28.2
Campbellton, Atholville, Tide Head Area	20.8	n/a	31.7	16.1
Caraquet, Paquetville, Bertrand Area	15.8	n/a	16.1	28.6
Dalhousie, Balmoral, Belledune Area	16.7	n/a	25.5	35.0
Dieppe and Memramcook	14.2	n/a	22.9	38.1
Douglas, Saint Marys, Doaktown Area	22.4	26.2	23.9	37.0
Edmundston, Rivière-Verte, Lac Baker Area	18.3	27.6	20.8	26.8
Florenceville-Bristol, Woodstock, Wakefield Area	24.1	21.5	26.8	43.5
Fredericton	23.9	n/a	23.0	41.4
Grand Bay-Westfield, Westfield, Greenwich Area	32.0	n/a	24.0	37.0

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Grand Falls, Saint-Léonard, Drummond Area	16.2	15.6	16.8	24.5
Hillsborough, Riverside-Albert, Alma Area	24.4	n/a	23.7	51.0
Kedgwick, Saint-Quentin and Grimmer	27.3	n/a	21.5	22.1
Minto, Chipman, Cambridge-Narrows Area	28.5	26.4	19.6	26.2
Miramichi, Rogersville, Blackville Area	24.7	n/a	27.0	34.6
Moncton	21.8	n/a	23.1	35.2
Nackawic, McAdam, Canterbury Area	29.1	n/a	31.3	36.8
Neguac, Alnwick, Esgenoopetitj Area	20.8	20.6	20.3	24.5
New Maryland, Kingsclear, Lincoln Area	18.5	36.5	21.3	37.2
Oromocto, Gagetown, Fredericton Junction Area	23.9	n/a	27.7	40.0
Perth-Andover, Plaster Rock, Tobique Area	26.3	n/a	14.6	36.1
Quispamsis, Rothesay, Hampton Area	23.1	n/a	27.3	42.3
Riverview and Coverdale	23.1	18.8	27.7	33.1
Sackville, Dorchester, Port Elgin Area	24.7	21.5	25.0	S
Saint John, Simonds and Musquash	23.6	n/a	24.3	33.8
Salisbury and Petitcodiac	26.8	n/a	26.0	39.3
Shediac, Beaubassin East and Cap-Pelé	18.3	n/a	16.7	31.6
Shippagan, Lamèque, Inkerman Area	12.8	19.1	9.1	23.8
St. George, Grand Manan, Blacks Harbour Area	21.6	n/a	21.3	32.2
St. Stephen, Saint Andrews, Campobello Island Area	19.7	15.8	22.5	31.7
Sussex, Norton, Sussex Corner Area	25.8	26.0	22.6	34.0
Tracadie and Saint-Isidore	16.5	20.1	16.0	29.2
School districts				
Anglophone East School District	23.7	n/a	26.4	35.5

	Academic Year 2023-2024	Academic Year 2019-2020	Academic Year 2016-2017	Academic Year 2013-2014
Anglophone North School District	25.5	n/a	27.8	32.3
Anglophone South School District	23.9	n/a	24.6	37.5
Anglophone West School District	24.3	n/a	24.2	39.3
Anglophone sector	24.1	n/a	25.2	37.2
District scolaire francophone Nord-Est	15.2	n/a	17.1	29.3
District scolaire francophone Nord-Ouest	18.7	n/a	20.2	26.0
District scolaire francophone Sud	16.6	n/a	19.1	33.2
Francophone sector	16.5	n/a	18.7	30.6
Grades				
Grade 4	22.0	n/a	n/a	n/a
Grade 5	21.8	n/a	n/a	n/a
Gender				
Female	17.1	n/a	19.1	32.0
Male	26.3	n/a	27.2	38.4
Indigenous identity				
Indigenous	29.8	n/a	n/a	n/a
Immigrant				
Immigrants	20.3	n/a	n/a	n/a

About

This indicator is the percentage of students in grades 4 and 5 who reported being physically active for at least 60 minutes per day over the last 7 days. This indicator is based on the Canadian 24 Hour Movement Guidelines for Children and Youth.

Source

Student Wellness and Education Survey, Grades 4-5

Calculations

This indicator is calculated by dividing the number of respondents who answered "7 days" by the number of respondents who answered "none, 1 day, 2 days, 3 days, 4 days, 5 days, 6 days or 7 days" to the question: Being very physically active means doing activities that make you breathe hard and sweat, such as running, biking, playing sports, skating, dancing, swimming, etc. Last week, on how many days were you very physically active for a total of 60 minutes (1 hour: it can be done at 5-10 minutes at one time, or all at once)?

Notes

The 2019-2020 edition of this survey was conducted during the COVID-19 pandemic. Since the number of schools that participated in 2019-2020 is much lower than other editions of the survey, results at the provincial level were deemed not representative of the total student population. Therefore, survey results for New Brunswick, health zones and demographic groups are not available for the 2019-2020 edition. However, 2019-2020 results are available for communities in which the number of participating schools was deemed sufficient to be representative of the student population in that community.

Unit	Interpretation	NBHC code
%	Higher is better	SE_PHY01_1

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size