

Parents of students in grades K to 5 who report that their child usually sleeps 9 or more hours each night

Unit : %

Academic Year
2019-2020

Province

New Brunswick n/a

Health zones

Zone 1 - Moncton and South-East Area n/a

Zone 2 - Fundy Shore and Saint John Area n/a

Zone 3 - Fredericton and River Valley Area n/a

Zone 4 - Madawaska and North-West Area n/a

Zone 5 - Restigouche Area n/a

Zone 6 - Bathurst and Acadian Peninsula Area n/a

Zone 7 - Miramichi Area n/a

Communities

Bathurst, Beresford, Petit-Rocher Area n/a

Bouctouche, Richibucto, Saint-Antoine Area **61.3**

Campbellton, Atholville, Tide Head Area n/a

Caraquet, Paquetville, Bertrand Area n/a

Dalhousie, Balmoral, Belledune Area n/a

Dieppe and Memramcook n/a

Douglas, Saint Marys, Doaktown Area **60.5**

Edmundston, Rivière-Verte, Lac Baker Area **65.8**

Florenceville-Bristol, Woodstock, Wakefield Area **56.6**

Fredericton n/a

Grand Bay-Westfield, Westfield, Greenwich Area n/a

	Academic Year 2019-2020
Grand Falls, Saint-Léonard, Drummond Area	67.1
Hillsborough, Riverside-Albert, Alma Area	n/a
Kedgwick, Saint-Quentin and Grimmer	n/a
Minto, Chipman, Cambridge-Narrows Area	57.7
Miramichi, Rogersville, Blackville Area	n/a
Moncton	n/a
Nackawic, McAdam, Canterbury Area	n/a
Neguac, Alnwick, Esgenooetitj Area	69.5
New Maryland, Kingsclear, Lincoln Area	70.3
Oromocto, Gagetown, Fredericton Junction Area	n/a
Perth-Andover, Plaster Rock, Tobique Area	n/a
Quispamsis, Rothesay, Hampton Area	n/a
Riverview and Coverdale	65.7
Sackville, Dorchester, Port Elgin Area	52.1
Saint John, Simonds and Musquash	n/a
Salisbury and Petitcodiac	n/a
Shediac, Beaubassin East and Cap-Pelé	n/a
Shippagan, Lamèque, Inkerman Area	73.1
St. George, Grand Manan, Blacks Harbour Area	n/a
St. Stephen, Saint Andrews, Campobello Island Area	51.6
Sussex, Norton, Sussex Corner Area	58.9
Tracadie and Saint-Isidore	78.9
School districts	
Anglophone East School District	n/a

	Academic Year 2019-2020
Anglophone North School District	n/a
Anglophone South School District	n/a
Anglophone West School District	n/a
Anglophone sector	n/a
District scolaire francophone Nord-Est	n/a
District scolaire francophone Nord-Ouest	n/a
District scolaire francophone Sud	n/a
Francophone sector	n/a
Gender	
Woman/Girl	n/a
Man/Boy	n/a

About

This indicator is the percentage of students in grades K to 5 who usually sleep 9 or more hours each night. Survey responses are provided by the parent.

Source

Elementary Student Wellness Survey

Calculations

This indicator is calculated by dividing the number of respondents who answered "9 to 10 hours, 10 to 11 hours, or 11 hours or more" by the number of respondents who answered "under 6 hours, 6 to 7 hours, 7 to 8 hours, 8 to 9 hours, 9 to 10 hours, 10 to 11 hours, or 11 hours or more" to the question: How long do you think your child usually spends sleeping each night?

Notes

The 2019-2020 edition of this survey was conducted during the COVID-19 pandemic. Since the number of schools that participated is much lower than other editions of the survey, results at the provincial level were deemed not representative of the total student population. Therefore, survey results for New Brunswick, health zones and demographic groups are not available for the 2019-2020 edition. However, results are available for communities in which the number of participating schools was deemed sufficient to be representative of the student population in that community.

Unit	NBHC code
%	SP_SLE01_1

Caption

n/a = Not applicable / not available

S = Data was suppressed due to low respondent counts