Citizens who strongly agree that their health largely depends on how well they take care of themselves

Unit : %

	Year 2020	Year 2017	Year 2014	Year 2011
Province				
New Brunswick	**59.1**	**52.5**	**55.2**	**54.3**
Health zones				
Zone 1 - Moncton and South-East Area	**61.9**	**55.0**	**59.4**	**55.6**
Zone 2 - Fundy Shore and Saint John Area	**60.9**	**55.4**	**59.1**	**56.7**
Zone 3 - Fredericton and River Valley Area	**60.9**	**53.6**	**56.5**	**56.1**
Zone 4 - Madawaska and North-West Area	**48.3**	**45.6**	**48.1**	**49.7**
Zone 5 - Restigouche Area	**50.4**	**49.2**	**43.2**	**49.7**
Zone 6 - Bathurst and Acadian Peninsula Area	**54.3**	**46.9**	**45.4**	**49.0**
Zone 7 - Miramichi Area	**53.2**	**44.6**	**48.4**	**50.4**
Communities				
Bathurst, Beresford, Petit-Rocher Area	**60.7**	**54.5**	**49.9**	**55.3**
Bouctouche, Richibucto, Saint-Antoine Area	**52.1**	**43.9**	**51.4**	**49.9**
Campbellton, Atholville, Tide Head Area	**51.4**	**51.3**	**43.8**	**50.0**
Caraquet, Paquetville, Bertrand Area	**46.5**	**43.3**	**48.9**	**41.2**
Dalhousie, Balmoral, Belledune Area	**49.4**	**47.4**	**42.5**	**49.4**
Dieppe and Memramcook	**68.6**	**59.2**	**61.1**	**53.9**
Douglas, Saint Marys, Doaktown Area	**62.7**	**54.7**	**60.8**	**59.3**
Edmundston, Rivière-Verte, Lac Baker Area	**49.5**	**46.6**	**50.2**	**49.7**
Florenceville-Bristol, Woodstock, Wakefield Area	**59.8**	**51.9**	**50.3**	**46.6**
Fredericton	**59.2**	**54.4**	**56.5**	**60.2**
Grand Bay-Westfield, Westfield, Greenwich Area	**65.1**	**54.6**	**61.8**	**57.3**

	Year 2020	Year 2017	Year 2014	Year 2011
Grand Falls, Saint-Léonard, Drummond Area	**47.5**	**47.8**	**45.2**	**51.0**
Hillsborough, Riverside-Albert, Alma Area	**65.5**	**48.3**	**58.0**	**52.7**
Kedgwick, Saint-Quentin and Grimmer	**44.8**	**36.1**	**46.0**	**46.3**
Minto, Chipman, Cambridge-Narrows Area	**54.3**	**48.1**	**53.6**	**52.0**
Miramichi, Rogersville, Blackville Area	**54.8**	**45.8**	**52.3**	**52.2**
Moncton	**61.6**	**57.9**	**64.3**	**59.3**
Nackawic, McAdam, Canterbury Area	**62.4**	**50.7**	**55.5**	**51.4**
Neguac, Alnwick, Esgenoopetitj Area	**44.9**	**38.0**	**32.6**	**42.7**
New Maryland, Kingsclear, Lincoln Area	**65.0**	**55.5**	**58.0**	**60.2**
Oromocto, Gagetown, Fredericton Junction Area	**64.8**	**59.6**	**61.4**	**59.6**
Perth-Andover, Plaster Rock, Tobique Area	**58.2**	**42.6**	**57.9**	**48.2**
Quispamsis, Rothesay, Hampton Area	**60.7**	**56.9**	**63.2**	**60.4**
Riverview and Coverdale	**64.2**	**54.7**	**55.9**	**60.1**
Sackville, Dorchester, Port Elgin Area	**60.6**	**46.4**	**54.5**	**55.5**
Saint John, Simonds and Musquash	**63.0**	**57.1**	**57.9**	**57.9**
Salisbury and Petitcodiac	**61.6**	**58.5**	**57.3**	**48.8**
Shediac, Beaubassin East and Cap-Pelé	**60.2**	**54.2**	**55.8**	**50.2**
Shippagan, Lamèque, Inkerman Area	**47.6**	**37.4**	**37.9**	**45.0**
St. George, Grand Manan, Blacks Harbour Area	**59.1**	**50.2**	**49.9**	**49.6**
St. Stephen, Saint Andrews, Campobello Island Area	**62.8**	**55.3**	**62.5**	**48.7**
Sussex, Norton, Sussex Corner Area	**52.5**	**49.9**	**58.3**	**55.6**
Tracadie and Saint-Isidore	**55.0**	**43.0**	**39.1**	**46.3**
Age				
18-64	**62.1**	**55.4**	**57.9**	**57.0**

	Year 2020	Year 2017	Year 2014	Year 2011
65 and over	**51.1**	**43.3**	**44.6**	**42.4**
Sex at birth				
Female	**60.1**	**52.9**	**56.3**	**55.1**
Male	**58.7**	**52.0**	**54.0**	**53.3**
Sexual identity				
Minority sexual identity	**60.2**	n/a	n/a	n/a
Heterosexual	**59.6**	n/a	n/a	n/a
Language				
Preferred language of service: English	**60.8**	**53.8**	**57.0**	**56.0**
Preferred language of service: French	**55.4**	**48.1**	**49.6**	**50.1**
Indigenous identity				
Indigenous	**58.3**	**42.7**	**49.1**	**55.1**
Non-Indigenous	**59.2**	**53.0**	**55.5**	**54.3**
Immigrant				
Immigrants	**63.6**	**53.3**	n/a	n/a
Non-immigrants	**59.4**	**52.4**	n/a	n/a
Education level				
High school or less	**51.2**	**44.2**	**47.5**	**47.7**
Postsecondary	**63.9**	**57.9**	**60.0**	**59.3**
Household income				
Less than $25,000	**49.2**	**44.4**	**45.5**	**44.8**
$25,000 to less than $60,000	**55.4**	**50.2**	**53.1**	**51.7**
$60,000 or more	**68.1**	**59.1**	**62.0**	**63.3**

	Year 2020	Year 2017	Year 2014	Year 2011
Persons with a disability				
Without disability	**63.0**	**55.3**	**57.6**	n/a
With disability	**47.3**	**43.1**	**46.8**	n/a

About

This indicator is the percentage of citizens who strongly agree that their health largely depends on how well they take care of themselves.

Source

Primary Health Survey and Primary Care Survey

Calculations

This indicator is calculated by dividing the number of respondents who answered "strongly agree" by the number of respondents who answered "strongly disagree, disagree, neutral, agree or strongly agree" to the question: My health largely depends on how well I take care of myself

Notes

The 2020 edition of the Primary Health Survey (PHS) was conducted during the COVID-19 pandemic. While the pandemic did not influence the survey's response rate, NBHC had to assess the impact of surveying during the pandemic. Accordingly, advanced statistical analyses were performed to allow for comparison between the results obtained in 2020 and those obtained in previous PHS cycles. Despite these analyses, users are advised to use the PHS 2020 data with caution, especially when creating estimates for small sub-populations or when comparing it to other PHS editions.

Unit	Interpretation	NBHC code
%	Higher is better	PH_BELDM_1

Caption
n/a = Not applicable / not available
S = Data suppressed due to confidentiality requirements and/or small sample size